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**Topic
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Obesity Research
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**For
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Obesity
Research
Paper**

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extensive database

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of Guide to
Reference, this up-
to-date resource
provides an
annotated list of
print and electronic
biomedical and
health-related
reference sources,
including internet
resources and
digital image
collections. Readers

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will find relevant
research, clinical,
and consumer
health information
resources in such
areas as Medicine
Psychiatry Bioethics
Consumer health
and health care
Pharmacology and
pharmaceutical
sciences Dentistry
Public health

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Medical
jurisprudence
International and
global health Guide
to Reference
entries are selected
and annotated by
an editorial team of
top reference
librarians and are
used internationally
as a go-to source
for identifying

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information as well
as training
reference
professionals.
Library staff
answering health
queries as well as
library users
undertaking
research on their
own will find this an
invaluable resource.
Widely praised,

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ARGUMENTATION
AND DEBATE, 13E,
uses a clear,
concise, and
engaging
presentation that
makes even
complex material
easy for students to
understand. The
authors have
adapted the text
over the years to

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match changing practices in debate and teaching while preserving classical and conventional approaches to learning debate. This edition retains its rhetorical roots with a flexible tone open to a diverse array of debate styles that is

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appropriate in the contemporary context. It values the importance of inclusion and sensitivity to differences of culture, gender, orientation, class and other factors as they impact communicative choices and

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argumentation. The authors have a preference for team topic evidence-based policy debate; however, the text strives to offer viable tools for a wide range of readers interested in improving their critical thinking for reasoned decision

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BUSINESS
COMMUNICATION:

IN PERSON, IN
PRINT, ONLINE, 9E

offers a realistic
approach to
communication in
today's
organizations. The
text covers the
most important
business
communication

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concepts in detail and thoroughly integrates coverage of today's social media and other communication technologies. Building on core written and oral communication skills, the ninth edition helps readers make

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sound medium
choices and
provides guidelines
and examples for
the many ways
people
communicate at
work. Readers learn
how to create
PowerPoint decks,
use instant
messaging and
texting effectively

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at work, engage customers using social media, lead web meetings and conference calls, and more.

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the ebook version.
A perfectly
delivered speech is
something that
takes time,
practice, and
knowledge. This
guide is teeming
with resources,
whether you are
looking to get over
your fear of
speaking to a group

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of people or are running for student assembly and need an edge on your competition. You will discover how to overcome stage fright by being prepared, rehearsed, and ready for a number of unforeseen circumstances. You

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will learn how to write a memorable speech and how to impact and persuade your audience. You'll learn how to gauge your audience's reaction and tailor the remainder of your presentation to have maximum appeal to the group

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you are speaking
to.

Life Cycle Nutrition
Manifesting Your
True Self

A Practical Guide
for nurses and
public health
practitioners

The Young Adult's
Guide to Public
Speaking

Medical Writing

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The Little Penguin Handbook

Children's health has made tremendous strides over the past century. In general, life expectancy has increased by more than thirty years since 1900 and much of this improvement is due to the reduction of infant and early childhood

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mortality. Given this trajectory toward a healthier childhood, we begin the 21st-century with a shocking

developmentâ€"an epidemic of obesity in children and youth.

The increased number of obese children throughout the U.S. during the past 25

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years has led
policymakers to rank
it as one of the most

critical public health

threats of the 21st-

century. Preventing

Childhood Obesity

provides a broad-

based examination of

the nature, extent, and

consequences of

obesity in U.S.

children and youth,

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including the social, environmental, medical, and dietary factors responsible for its increased prevalence. The book also offers a prevention-oriented action plan that identifies the most promising array of short-term and longer-term interventions, as

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well as

recommendations for
the roles and

responsibilities of
numerous

stakeholders in

various sectors of
society to reduce its
future occurrence.

Preventing Childhood
Obesity explores the
underlying causes of
this serious health

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problem and the actions needed to initiate, support, and sustain the societal and lifestyle changes that can reverse the trend among our children and youth. Childhood obesity is a serious health problem that has adverse and long-lasting consequences

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for individuals, families, and communities. The magnitude of the problem has increased dramatically during the last three decades and, despite some indications of a plateau in this growth, the numbers remain stubbornly high. Efforts to prevent

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childhood obesity to date have focused largely on school-aged children, with relatively little attention to children under age 5. However, there is a growing awareness that efforts to prevent childhood obesity must begin before children ever enter the school

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system. Early
Childhood Obesity
Prevention Policies

reviews factors

related to overweight

and obese children

from birth to age 5,

with a focus on

nutrition, physical

activity, and sedentary

behavior, and

recommends policies

that can alter

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children's environments to promote the maintenance of healthy weight. Because the first years of life are important to health and well-being throughout the life span, preventing obesity in infants and young children can contribute to

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reversing the epidemic
of obesity in children

and adults. The book

recommends that

health care providers

make parents aware of

their child's excess

weight early. It also

suggests that parents

and child care

providers keep

children active

throughout the day,

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provide them with healthy diets, limit screen time, and ensure children get adequate sleep. In addition to providing comprehensive solutions to tackle the problem of obesity in infants and young children, Early Childhood Obesity Prevention Policies

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identifies potential actions that could be taken to implement those recommendations. The recommendations can inform the decisions of state and local child care regulators, child care providers, health care providers, directors of federal and local child care

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and nutrition programs, and government officials at all levels.

Our nation stands at a crossroads. Today's epidemic of overweight and obesity threatens the historic progress we have made in increasing American's quality and years of

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healthy life. Two-third of adults and nearly one in three children are overweight or obese. In addition, many racial and ethnic groups and geographic regions of the United States are disproportionately affected. The sobering impact of these numbers is reflected in

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the nation's concurrent epidemics of diabetes, heart disease, and other chronic diseases. If we do not reverse these trends, researchers warn that many of our children—our most precious resource—will be seriously afflicted in early adulthood with

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medical conditions such as diabetes and heart disease. This future is unacceptable. The Surgeon General asks you to join me in combating this crisis. Every one of us has an important role to play in the prevention and control of obesity. Mothers, fathers, teachers, business

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executives, child care professionals, clinicians, politicians, and government and community leaders—we must all commit to changes that promote the health and wellness of our families and communities. As a nation, we must create neighborhood

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communities that are focused on healthy nutrition and regular physical activity, where the healthiest choices are accessible for all citizens.

Children should be having fun and playing in environments that provide parks, recreational facilities,

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community centers,
and walking and bike
paths. Healthy foods
should be affordable
and accessible.

Increased consumer
knowledge and
awareness about
healthy nutrition and
physical activity will
foster a growing
demand for healthy
food products and

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exercise options, dramatically influencing marketing trends. Hospitals, work sites, and communities should make it easy for mothers to initiate and sustain breastfeeding as this practice has been shown to prevent childhood obesity. Working together, we

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will create an environment that promotes and facilitates healthy choices for all Americans. And we will live longer and healthier lives. In the 2001 Surgeon General's Call to Action to Prevent and Decrease Overweight and Obesity, former

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Surgeon General David Satcher, MD, PhD, warned us of the negative effects of the increasing weight of our citizens and outlined a public health response to reverse the trend. Although we have made some strides since 2001, the prevalence of obesity,

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obesity-related diseases, and premature death remains too high. The Surgeon General is calling on all Americans to join in a national grassroots effort to reverse this trend. Plans include showing people how to choose nutritious food, add more

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physical activity to their daily lives, and manage the stress that so often derails their best efforts at developing healthy habits. The real goal is not just a number on a scale, but optimal health for all Americans at every stage of life. To achieve this goal, we

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must all work together to share resources, educate our citizens, and partner with business and government leaders to find creative solutions in our neighborhoods, towns, and cities from coast to coast.

Together, we can become a nation committed to become

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healthy and fit.

This innovative text equips pharmacists and pharmacy students with the skills to assist patients in managing existing conditions and controlling the development of preventable disorders. The text demonstrates how important

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lifestyle modification strategies—including nutrition, physical activity, weight control, and smoking cessation—can be used in a pharmacy setting to improve patients' well-being. Case studies show how lifestyle modifications can positively impact patients with chronic

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diseases. Chapters explain how lifestyle modification strategies might be different for children, adolescents, older adults, women, and minorities. The book includes detailed instructions for writing wellness plans for patients who have, or are at risk for,

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certain chronic
diseases.
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Clinical Obesity in
Adults and Children
A Guide for
Clinicians, Educators,
and Researchers
OCR A Level
Psychology: Year 2
Guide to Reference in
Medicine and Health
Beyond Parenting
Advice

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This is it!

*Grade level: 1,
2, 3, 4, 5, 6, 7,
k, p, e, i, t.*

*Public speaking
is an art, and
some of the
most effective
communicators
in history have
been artists.*

Think of Steve

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*Jobs, John F.
Kennedy, Dale
Carnegie,
Martin Luther
King, Jr., and
even President
Barack Obama
all public
figures known
for their
eloquence when
delivering a*

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*speech. A
perfectly
delivered
speech is
something that
takes time,
practice, and
knowledge. How
to Deliver a
Great Speech
that Will
Change Minds*

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*and Influence
People: Tips,
Tricks & Expert
Advice for
Effective Public
Speaking is
teeming with
resources for
public speaking,
whether you are
looking to get
over your fear of*

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speaking to a group of people or are running for political office and need an edge on your competition. According to The Phobia Clinic, fear of public speaking ranks among

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*Americans top
dreads,
surpassing fear
of illness, flying,
terrorism, and
often the fear of
death itself. It s
no wonder
delivering a
speech can
seem like a
large hurdle for*

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*many people.
Even the most
brilliant ideas
have to be
communicated
with poise and
enthusiasm or
the message will
be lost due to
poor delivery.
You will
discover how to*

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overcome public speaking fright and phobia by being prepared, rehearsed, and ready for a number of unforeseen circumstances. You will learn how to write a memorable

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speech and how to impact and persuade your audience. This book also includes tips on understanding your audience, holding their attention, knowing what to talk about and

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what not to include, organizing your speech, perfecting your timing, handling Q&A sessions, and much more. You will also grasp how to put together informative,

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*educational, and
well-designed
visual aides,
including
electronic
presentations.
How to Deliver
a Great Speech
that Will
Change Minds
and Influence
People will also*

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*show you how
you can gauge
your audience's
reaction and
tailor the
remainder of
your
presentation to
have maximum
appeal to the
group you are
speaking to.*

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*There s no need
to worry with
this book in
your arsenal:
You ll learn
everything you
need to know to
deliver an
expertly written
speech with
poise and
confidence.*

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The "Park and Recreation Professional's Handbook" offers a thorough grounding in all areas of programming, leadership, operations, administration,

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and
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*professionalism.
It integrates
foundational
concepts, the
latest research,
and real-world
examples to
present readers
with a complete
picture of all of
the skills*

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*needed for
success in the
field.*

*Both practical
and
comprehensive,
this book
provides a clear
framework for
the assessment,
treatment, and
prevention of*

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*eating disorders
and obesity.*
Obesity Research
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*Focusing on
best practices
and offering a
range of current
techniques,
leaders in the
field examine
these life-
threatening
disorders and*

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*propose
treatment
options for
clients of all
ages. This text,
written
specifically for
counselors,
benefits from
the authors'
collective
expertise and*

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emphasizes practitioner-friendly,

wellness-based

approaches that

counselors can

use in their

daily practice.

Parts I and II of

the text address

risk factors in

and

sociocultural

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*influences on
the development
of eating
disorders,
gender
differences, the
unique concerns
of clients of
color, ethical
and legal issues,
and assessment
and diagnosis.*

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Part III explores prevention and early

intervention with high-risk groups in school, university, and community settings. The final section presents a

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*variety of
treatment
interventions,
such as cognitiv
e-behavioral,
interpersonal,
dialectical
behavior, and
family-based
therapy.*

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digital versions*

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can be found on
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nseling.org.*

*Ending
Childhood
Obesity*

*Academic
English
How
Contemplative
Christian*

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*Practices Can
Transform
Individuals and
Their World
Tips, Tricks &
Expert Advice
for Effective
Public Speaking
na*

Providing
authoritative,
everyday guidance in

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the diagnosis and
management of
children with
congenital and
acquired heart
disease, Park's
Pediatric Cardiology
for Practitioners is the
go-to reference of
choice for
pediatricians, family
practitioners, NPs,
and PAs—as well as
medical students,

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residents, and fellows.
The 7th Edition of this
core text
comprehensively
covers every aspect
of pediatric cardiology
in an easy-to-read,
practical manner for
the non-specialist,
bringing you
completely up to date
with all that's new in
this fast-changing
field. Covers

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everything from
history and physical
examination through
preventative
treatment and the
management of
special problems.
Incorporates all of the
latest concepts and
most recent
developments in
pediatric cardiology.
Offers highly
accessible content

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through the extensive use of numbered lists, easy-to-use tables, and explanatory graphs and diagrams. Features new chapter outlines, as well as a new larger size and two-color format for greater readability. Provides fresh perspectives and expertise from new author Dr. Mehrdad

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Salamat, who joins Dr. Park for this 7th Edition. Synthesizes the most important references for generalists in a Suggested Readings section, ideal for additional reading in greater depth.

Help students develop the research skills they need for success in academic, career,

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and everyday situations with THE CENGAGE GUIDE TO RESEARCH, 3rd Edition. Recognizing that technology is a part of daily life, the authors show students how to apply the research skills they use every day (buying a car or choosing a cell phone plan, for example) to

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academic and
professional settings.

Annotated student
samples, research
scenarios, and
Techno Tips illustrate
the how and why of
researching and
engage students with
key research
technologies
important to success.
This edition has been
updated to reflect

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guidelines from the
2016 MLA

HANDBOOK, Eighth
Edition. Important
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product description or
the product text may
not be available in the
ebook version.

Highly Commended in
the 2006 British
Medical

Association Book

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Awards

(Endocrinology) This
Second Edition brings
together more than 20
internationally recognized
experts in the
field to provide a
timely review
of current knowledge.
The text remains an
invaluable resource
for all healthcare
professionals involved
in the care of patients

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who are obese. New features of this

Second Edition

include: Addition of two new co-editors □

Professor Bill

Dietz, USA and

Professor Ian

Caterson, Australia

Increased number of contributors from

around the globe

□ providing a truly

international

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perspective Includes
new information about
the causes of obesity,
its complications and
new (and novel)
methods of prevention
and treatment

Reorganized into
sections that address
obesity and its
social and cultural
aspects, biology,
associated diseases,
life stages (pediatric

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and adult),
management, and
environmental and
policy approaches
Nurses and other
public health
practitioners have a
crucial role to play in
helping to improve the
collective well being
of society and so
developing skills in
public health -
preventing disease,

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Report

prolonging life and promoting health is key to this process.

Public Health Skills: A practical guide for nurses and public health practitioners covers the complete spectrum of public health practice: the effective assessment and management of need, understanding policy and how to

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affect its

implementation;

before moving on to

explore practical

issues and themes

surrounding the

facilitation of public

health. Within the four

sections of the book,

the text is organised

around the ten core

public health skills

outlined in the

National Occupational

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Standards for the practice of public health, covering skills including surveillance and assessment, collaborative working, working with communities, strategy development, risk management, leadership and ethics. Public Health Skills: A practical guide for nurses and public

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health practitioners provides the fundamental, essential knowledge and skills required to provide safe and effective practice and is an invaluable resource for all those connected to this vital, challenging and rapidly expanding aspect of health provision.

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Lifestyle Modifications
in Pharmacotherapy
Pediatric Obesity:
From the Spectrum of
Clinical-Physiology,
Social-Psychology,
and Translational
Research

The Reframing of
Children's Leisure
Lives

Argumentation and
Debate

How to Deliver a

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Report
Great Speech that
Will Change Minds
and Influence People
The Park and
Recreation
Professional's
Handbook

*Are children
playing less
than they used
to? Are rising
obesity rates
linked to a*

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*decline in
children's
time to play
freely? These
and other
related
questions have
filled the
pages of
newspapers,
magazines and
scholarly*

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*journals for
the past
decade.*

*Researchers
and
journalists
have
attributed
these issues
to societal
changes around
children's*

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*lives and
leisure, the
growth of
structured and
organised
activities and
increasing
perceptions of
risk in
children's
play. Play,
Physical*

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*Activity and
Public Health
presents a
discussion of
the way modern
notions of
play are
rendering
children's
leisure
activities
less free and*

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*less engaged
in simply for
fun. Based on
original
qualitative
research, and
analysis of
contemporary
media from
Canada and
elsewhere,
this book*

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*argues that
the growing
health*

*concerns
around
childhood play
entail a
paradox: by
advocating,
promoting,
discussing,
and re-*

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*directing
children's
play, a new
form of
children's
leisure is
emerging - one
that is purpos
e-driven, inst
rumentalised
for health,
and*

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*ultimately,
less free. We
explore how
play has
become goal-
oriented, a
means to
health ends,
and how the
management of
pleasure in
play as well*

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*as diverse
risk
discourses
around play
continue to
limit and
constrain
possibilities
for children
and families
to play and
engage in*

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leisure
freely.
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*Incorporating
past critiques
of this trend
in play, we
argue for
research and
practice to
create new
possibilities
and ways of*

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*thinking about
children's
play, leisure,
fun and
childhood,
that are less
constrained
and managed,
and
importantly
less geared
towards health*

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*goals. This is
a valuable
resource for
students of
the sociology
of sport,
kinesiology,
sports and
health
psychology,
education,
public health,*

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and childhood studies. It is also an important read for school teachers, public health practitioners, psychologists, physical education teachers,

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academics and
Obesity Research
parents
Paper

*interested in
how children's
leisure lives
are being
shaped by the
growing and
diverse
discussions
around play.
Qualitative*

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*research, once
on the
fringes, now
plays a
central part
in advancing
nursing and
midwifery
knowledge,
contributing
to the
development of*

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*the evidence
base for
healthcare
practice.
Divided into
four parts,
this
authoritative
handbook
contains over
forty chapters
on the state*

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of the art and science of qualitative research in nursing. The first part begins by addressing the significance of qualitative inquiry to the development of

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nursing
Obesity Research
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knowledge, and then goes on to explore in depth programs of qualitative nursing research. The second section focuses on a wide range of core

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*qualitative
methods, from
descriptive
phenomenology,
through to
formal
grounded
theory and to
ethnography,
and narrative
research. The
third section*

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Paper

*highlights key
issues and
controversies
in
contemporary
qualitative
nursing
research,
including
discussion of
ethical and
political*

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issues,
Obesity Research
Paper

*evidence-based
practice and
Internet
research. The
final section
takes a unique
look at
qualitative
nursing
research as it
is practiced*

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throughout the world with chapters on countries and regions from the UK and Europe, North America, Australasia, Latin America, to Japan, China, and

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Korea. With an international selection of established scholars contributing, this is an essential overview and will help to propel qualitative

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research in nursing well into the twenty-first century. It is an invaluable reference for all nursing researchers.

The Little Penguin Handbook :

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*Australasian
Edition offers
student-
friendly
features and
includes
coverage of
the most
current MLA,
APA, CMS and
Harvard
citation,*

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documentation,
Obesity Research
and style
Paper
guidelines.

Lyn Gannon
from School of
Education,
Southern Cross
University,
has reviewed
and further
adapted the
book

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*specifically
for the
Australasian
context. With
more visuals
and sample
documents than
other
essential
handbooks,
this handy
full-colour*

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*reference
gives students
just what they
need to know
about the
writing and
research
processes,
while
providing
coverage of
documentation*

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*and grammar.
The 2nd
edition has
been improved
with some
additional
content and
tabbed
sections to
allow students
improved
navigation and*

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ease of use.

*"Life cycle
nutrition*

texts

*generally lack
specificity*

*when it comes
to breaking*

down each

*portion of the
lifespan.*

Nutrition

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Obesity Research
Paper

*Across Life
Stages
carefully
differentiates
different
segments of
the pediatric
and geriatric
populations,
providing a
comprehensive
rundown of*

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*normal and
clinical
nutrition for
lactation,
infancy, early
childhood,
older adult,
and geriatric
populations"--
Fuel for
Learning
Nutrition*

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Paper

*Across Life
Stages*

*Little Penguin
Handbook*

*Gastroenterolo
gy and*

Nutrition

Research

The Effects of

a Childhood

Obesity and

Stress

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Obesity Research
Paper

*Prevention
Program on the
Parents of
Participating
Children*

*Despite the fact that
the prevalence of
obesity in early
childhood has been
stable and is no
longer increasing in
many developed and*

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Paper

industrialized countries, the incidence of both obesity and full-blown metabolic syndrome in children and adolescents is still very high.

Obesity is a major disease burden in all societies and needs to be prevented early

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in life. New approaches are eagerly sought and absolutely necessary. This book presents a comprehensive and state-of-the-art summary of current and new knowledge in this critical field. Crucial issues such

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*as nutrition and
Obesity Research
genetics are
Paper
described in detail.*

*In addition, new
ideas such as e-
health and the
consequences of
urban living
conditions are
explored. Last but
not least, modern
treatment concepts*

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*and prevention even
at an early age are
competently*

*discussed. Offering a
valuable update on
new developments in
obesity research and
the treatment in
children and
adolescents, this
book is essential
reading for all*

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Paper

*pediatricians and
health-care
professionals who
look after young
patients on a regular
basis.*

*Written by leading
authors and
examiners Matt
Jarvis, Julia Russell,
Lizzie Gauntlett and
Fiona Lintern, OCR*

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*A Level Year 2
Psychology has been
developed to match
the 2015 OCR A
level Psychology
specification. This
student book has
been endorsed by
OCR and offers
thorough
preparation for
exams, with*

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*knowledge covered
in the right depth
and dedicated exam
support, including
practice questions
and examiner
commentaries. There
are new sections
comparing classic
and contemporary
studies paired
around key themes,*

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and a new feature to develop maths skills required for the linear exams and university-level study. OCR A Level Psychology: AS and Year 1 Student Book is also available for the new 2015 specification.

This book is a

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synthesis of the current thinking on contemplation and spirituality and is not meant to be a "how to" guide on practices such as meditation. Rather, the author addresses the question "Why would a Christian who regularly

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attends church, or those currently not practicing their faith, integrate contemplative practices into their daily lives?" The term religion essentially means "realignment," but what should be realigned in order to

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*bring a new
perspective into our
lives? Does*

*organized religion
help to transform
and thus realign
parishioners into the
people God wants
them to be? The
author suggests that
churches today need
to do more to bring*

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about this transformation, and attempts to develop a logical argument for progressing beyond the religious experiences most of us grew up with. This progression should result in a more complete understanding of the

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Gospel message and illustrate how this message might apply in today's ever-changing world.

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*Recognizing that
technology is a part
of your daily life, the
authors will show
you how to apply the
research skills you
use every day
(buying a car,
choosing a movie,
etc.) to academic*

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*and professional
settings. Annotated
student samples,
research scenarios,
and Techno Tips
show you the how
and why of
researching and the
key research
technologies
important to success.*

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*The Wadsworth
Guide to Research*

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*The Surgeon
General's Vision for
a Healthy and Fit
Nation*

*Play, Physical
Activity and Public
Health*

*A Challenge at the
Crossroads of
International
Economic and
Human Rights Law*

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*Health in the
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Balance
Paper*

*Energy Balance and
Obesity*

Revised and
updated with
the latest
epidemiologic
research, the
Second Edition
of Life Cycle
Nutrition: An

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Evidence-Based
Approach
explores

nutritional
foundations
and the
growth,
development
and normal
functioning of
individuals
through each

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stage of life.
With subjects
as diverse as
media
influences on
eating,
skipping
breakfast,
fruit juice
consumption,
and clinical
nutrition,

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this text
gives students
current
knowledge,
helps them
evaluate
emerging
knowledge, and
prepares them
to uncover new
knowledge for
the public,

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their clients,
and
themselves.

Key Features:
Evidence-Based
Practice
sections
contains
research
articles that
provide
students with

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an opportunity
to create peer-
reviewed
studies and
clinical
trials.

Cultural
Diversity
Sidebars,
integrated
throughout the
text, present

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issues that challenge students to think critically about the nutritional and health differences among ethnic groups. Interesting

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Vignettes,
based on
nutrition and
health,
enhance
student
understanding
of the
material
presented.
Issues to
Debate

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sections
provides
timely topics
for debate and
further
consideration
such as
withholding
and
withdrawing
nutrition, the
ethical

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implications
of nutrition
care, and
right to die
case law.
Students will
learn the
physiological,
moral,
ethical, and
legal issues
surrounding

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these emotionally charged issues. Case Studies and Nutritional Management help students develop knowledge and skills within a wide variety

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of subjects
and improve
critical
thinking,
public
speaking, and
group
interactions.
Understanding
the
relationship
between energy

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balance and obesity is essential to develop effective prevention programs and policies. The International Agency for Research on Cancer

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convened a
Working Group
of world-
leading
experts in
December 2015
to review the
evidence
regarding
energy balance
and obesity,
with a focus

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on low- and middle-income countries, and to consider the following scientific questions: (i) Are the drivers of the obesity epidemic related only

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to energy
excess and/or
do specific
foods or
nutrients play
a major role
in this
epidemic? (ii)
What are the
factors that
modulate these
associations?

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(iii) Which types of data and/or studies will further improve our understanding? This book provides summaries of the evidence from the literature as

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well as the
Working
Group's
conclusions
and recommenda
tions to
tackle the
global
epidemic of
obesity.

The Little
Penguin

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Handbook:
Australasian
edition 3e is
a handy full-
colour
reference
guide that
gives students
just what they
need to know
about the
writing and

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research
Obesity Research
processes,
Paper
while

providing
coverage of
documentation
and grammar.
It offers stud
ent-friendly
features and
includes
coverage of

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the most
current
Harvard, APA,
MLA and CMS
citation,
documentation
and style
guidelines.
Associate
Lecturer and
Professional
Writing

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Consultant
Angela
Shetler, from
University of
Sydney, has
reviewed and
further
adapted the
book
specifically
for the
Australasian

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context.

Angela's expertise has ensured the handbook reflects the needs of Australasian students. This book provides pregnant women

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and new parents with evidence-based information on pregnancy and parenting.

Most parenting books advise pregnant women or new parents what to do and, at best,

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defend that
advice by
citing recomme
ndations from
highly
selected
“experts” or
equally
selective
“studies.”

Some parents
prefer an

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advice book,
but an
increasing
number do not
trust the
advice they
receive unless
they are
convinced of
its scientific
backing. Dr.
Kramer does

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not tell
pregnant women
or new parents
what they
should or
should not do.
Instead, he
focuses on
controversial
decision
choices for
which recommen

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dations and
practices
differ
substantially.

He
systematically
reviews and
synthesizes
the available
scientific
evidence
bearing on

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those choices, summarizes the strengths and weaknesses of that evidence, and translates the summaries in a way that encourages parents to make their own informed

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decisions. He summarizes the risks and benefits of different decision options, as well as the degree of certainty around them. The risks and

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benefits then need to be valued by the individual parent and balanced against the effort and financial costs incurred by the decision.

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Beyond Parenting Advice does not cover every conceivable topic relevant to pregnancy, infancy, and childhood. Instead, it focuses on key

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controversial areas with abundant but conflicting advice and information.

The book's contents are organized into four sections: an initial section

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comprising two introductory chapters and one section each devoted to topics concerning pregnancy, infancy/toddlerhood, and childhood/adolescence. Each topic

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is limited to one chapter.

The two introductory chapters are short but dense. They are essential, however, to understand the scientific concepts and

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vocabulary
used in the
evidence
review of each
topic area.
After reading
the two
initial
chapters, the
rest of the
book can
actually be

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used like an
encyclopedia.

In other
words, the
reader should
be able to
read and
understand any
later chapter
in the book,
or even a
short section

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from any
chapter.

Despite the
chronological
order of
pregnancy and
the aging
child, the
topic chapters
in sections
2-4 could have
been written,

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and can be
read, in any
order. An

initial

Reference

Tools section

provides a

glossary and

reproduces a

diagram and

two tables

that define

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unfamiliar
words and
concepts.

Armed with the
information
provided in
this book,
different
parents will
make different
decisions. But
those

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decisions will
be informed
decisions—not
blind
obedience to a
book, blog,
health
provider,
friend,
family, or
public health
authority.

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Moreover, the skills that parents acquire in reading this book will help them throughout their lives in critically evaluating new information

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relevant to
health,
science, and
technology.

Role
Development
for the Nurse
Practitioner
Park's
Pediatric
Cardiology for
Practitioners,

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7 Edition:
South Asia
Edition - E-
Book

Preventing
Childhood
Obesity
A Counselor's
Guide to
Prevention and
Treatment
Routledge

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International
Handbook of
Qualitative
Nursing
Research
Public Health
Skills

***This authoritative
guide discusses
the "do's,"
"don'ts," and
"can'ts" that***

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***school leaders
must consider
when creating and
implementing new
school policies for
wellness, nutrition,
fitness, and health.
Gastroenterology
& Nutrition is a
new e-book in a
collection of
subject-themed e-
books containing***

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***relevant key
articles from
Medicine. The e-
books provide a
perfect source of
revision for post-
graduate exams in
clinical medicine
and portfolio
material for life-
long learning. As
well as mapping to
the UK Core***

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Medical Training curriculum, these e-books also enable anyone with a short-term interest in a specific area to buy individual articles at a price-point that will give affordable access to all readers (from medical students

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to GPs and practitioners in related areas). The quality of user experience on mobiles, tablets and laptops will be an added bonus for learning on the move. The whole board has been involved in the creation of this

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content and are therefore listed as authors on all the e-books. In addition we extend our warm thanks for their contribution to these e-books to the past Chairman Allister Vale (who stepped down from the board in

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2015) and to John Mucklow, who stepped down in 2016. Derek Waller, on behalf of the Editorial Board About the journal The parent journal (www.medicinejournal.co.uk) is a rolling, continuously updated review of

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***clinical medicine
over a 4-year cycle
covering all the
important topics
for core medical
training. Its
Editorial Board
comprises some of
Europe's most
influential
specialists. The
journal's articles
are refreshed,***

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updated,
augmented or
replaced as

*appropriate each
time the subject is
due for revision to
provide a concise
overview of
knowledge and
practice core to
the curriculum.
Each article is
written by invited*

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***experts and
overseen by the
relevant subject
specialist on the
Board. A trainee
representative on
the Board ensures
relevance and
accessibility for
exam candidates.
About the
Medicine journal e-
books***

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***Gastroenterology
& Nutrition is a
new e-book in a
collection of
subject-themed e-
books containing
relevant key
articles from
Medicine. The e-
books provide a
perfect source of
revision for post-
graduate exams in***

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***clinical medicine
and portfolio
material for life-
long learning. As
well as mapping to
the UK Core
Medical Training
curriculum, these
e-books also
enable anyone
with a short-term
interest in a
specific area to***

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***an added bonus
for learning on the
move. The whole
board has been
involved in the
creation of this
content and are
therefore listed as
authors on all the
e-books. In
addition we extend
our warm thanks
for their***

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***contribution to
these e-books to
the past Chairman
Allister Vale (who
stepped down
from the board in
2015) and to John
Mucklow, who
stepped down in
2016. Derek Waller,
on behalf of the
Editorial Board
About the journal***

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***The parent journal
(www.medicinejournal.co.uk) is a***

***rolling,
continuously
updated review of
clinical medicine
over a 4-year cycle
covering all the
important topics
for core medical
training. Its
Editorial Board***

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***comprises some of
Europe's most***

influential

specialists. The

journal's articles

are refreshed,

updated,

augmented or

replaced as

appropriate each

time the subject is

due for revision to

provide a concise

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***overview of
knowledge and
practice core to
the curriculum.
Each article is
written by invited
experts and
overseen by the
relevant subject
specialist on the
Board. A trainee
representative on
the Board ensures***

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**relevance and
accessibility for
exam candidates.**

**Essentials of Life
Cycle Nutrition is a
more basic version
of the author s
larger text,
Nutrition in the
Life Cycle: An
Evidenced-Based
Approach, without
the high-level**

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**research basics
more appropriate
for advanced**

**nutrition courses.
It covers nutrition
requirements
through out the life
span, with a
special emphasis
on both pregnancy
and end of life
issues. Including
over 100**

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*illustrations,
photos and tables,
Essentials*

*provides a look
into contemporary
nutritional issues
such as pediatric
vegetarianism,
childhood obesity,
diabetes, eating
disorders, chronic
disease,
pharmacologic*

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**considerations,
physical activity
and weight**

**management, and
unique nutrition
needs in the older
adult. The text also
provides a full
spectrum of the
nutritional
guidelines to begin
the solid
preparation**

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***needed for a
career in practice.”
The first edition of
this book (titled
“The Clinician’s
Guide to Medical
Writing”) has
become a standard
in its field and
remains an
indispensible
reference for any
clinician, academic***

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physician, or health professional who wishes to hone their writing skills. However, since its publication in 2004, significant changes have taken place in the way medical professionals communicate with

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each other and the world. Medical Writing: A Guide for Clinicians and Academicians, 2e retains all of the fundamental writing advice of the first edition and has been expanded to include two brand new chapters: How

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***to Write a
Research Protocol
(including why a
research project
needs a written
protocol, elements
of the research
protocol and
common
problems) How to
Write a Grant
Proposal
(including sections***

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***on government
and private grant
funding sources,
what you need to
know about grant
writing, and
elements of a
successful grant
proposal) New
information is also
included
throughout the
book on becoming***

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***a successful
writer, medical
tables and figures,
conflict of interest
and disclosures,
how to review a
scientific article,
statistical analysis,
“pay-to-publish”
journal publishing,
electronic
submission of
manuscripts,***

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issues in medical publishing and the future of medical writing and publication. New appendices address commonly encountered research and statistical terms and memorable aphorisms regarding writing,

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**medical and
otherwise.**

**Early Childhood
Obesity Prevention
Policies**

**Key Articles from
the Medicine
journal**

Business

**Communication: In
Person, In Print,
Online**

A Guide for School

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Leaders
Park's Pediatric
Cardiology for
Practitioners E-
Book
The Cengage
Guide to Research,
2016 MLA Update
Role
Development for
the Nurse
Practitioner is

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an integral text that guides students in their transition from the role of registered nurse to nurse practitioner.

The text provides a comprehensive framework for

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interactive
discussions on
the role of the
nurse
practitioner,
giving students
a full
understanding
of the skills and
knowledge
needed for this
dynamic

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profession. The authors cover the history of the nurse practitioner role while weaving in the AACN Master's Essentials and Doctor of Nursing Practice

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Essentials.
This book
features five
theme-based
units on cross-
disciplinary
academic
English skills,
focusing on the
needs of first-
year
undergraduate

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students. Each unit covers academic writing, reading and speaking skills. The units progressively take students through the steps needed to complete three common

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academic
assignments:
the essay,
report and
tutorial
discussion.

These steps
include
searching for
sources, note-
taking,
establishing

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personal stance,
synthesizing
information
from multiple
sources and
structuring
academic texts.
Each unit also
includes
opportunities
for students to
analyze texts,

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apply their
critical thinking
skills, try out
what they have
learnt in
productive
tasks, as well as
reflect upon
their progress.
It is aimed at
first-time
university

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students. Many of the readings in the book are related to China and the broader Asian context. As such, this textbook might appeal to first-year university students in Hong Kong,

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Mainland China
and Taiwan.

Covers
everything from
history and
physical
examination
through
preventative
treatment and
the
management of

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special
problems.

Incorporates all
of the latest
concepts and
most recent
developments in
pediatric
cardiology.
Offers highly
accessible
content through

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the extensive use of numbered lists, easy-to-use tables, and explanatory graphs and diagrams.

Features new chapter outlines, as well as a new larger

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size and two-
color format for
greater

readability.

Provides fresh
perspectives
and expertise
from new author
Dr. Mehrdad
Salamat, who
joins Dr. Park
for this 7th

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Edition.

Synthesizes the
most important
references for
generalists in a
Suggested
Readings
section, ideal
for additional
reading in
greater depth.
Research: This

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is it! is a unique textbook that offers an integrated discussion of quantitative and qualitative research. The theory is easily accessible, with appealing examples taken

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from all kinds of studies. This textbook light-heartedly describes the essence of quantitative and qualitative research in four steps in a such a way that students will

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want to do the
research
presented in the
book. Step 1:
Formulating the
problem Step 2:
The research
design Step 3:
Collecting data
Step 4:
Processing,
analysing and

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reporting
research data
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With these
steps, you have
a valuable
checklist at your
disposal for
designing and
conducting your
own research
and for
evaluating

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research
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proposals and
Paper
reports. Excel is

used for
quantitative
data analysis, in
addition the
book has an
appendix
explaining how
to use SPSS.
How Science

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Should Guide
Your Decisions
on Pregnancy
and Child-
Rearing
Skills for
Success, Second
Edition
Tips, Tricks &
Expert Advice
for Delivering a
Great Speech

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without Being
Nervous
Essentials of
Life Cycle
Nutrition
Developmental
Physical
Education for
All Children
Eating
Disorders and
Obesity

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Abstract:
Americans are
overweight and
incredibly
stressed and
there is no
indication of this
being reversed.
The obesity
epidemic in this
country
continues to

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escalate rapidly. Both children and adults are suffering the physical and mental effects of this crisis. Fuel For Learning (FFL) is an eight week nutrition and stress prevention

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intervention targeted primarily at third graders in order to give them the skills necessary to make healthy choices for themselves. The program focuses on nutrition, yoga movement,

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and stress
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prevention while
meeting

selected third
grade education
standards so
that it fits into
the school
curriculum.

These topics and
associated
activities are

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presented in
DVD format and
classroom
teachers
function as the
program
facilitators. One
of the most
influential forces
in the lives of
children is their
parents,

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especially at a young age.

Parents who practice good health habits are not only benefiting themselves, but also setting an example for their children. For this reason,

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it is crucial that both the parents and children be educated about these topics.

Parents of participating students were given educational handouts that outline the

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lesson that the children learned that week along with specific, practical advice for adults. This study was a non-equivalent, wait list control study. It evaluated the impact that this

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program had on parents/caregivers' selected food behaviors and dietary habits, stage of change for ten selected health behaviors, and the level of perceived stress.

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Demographic data was also collected. Fifty-six parents participated in the study. Parents' food behaviors changed significantly for one of the thirteen

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selected food behaviors, their stage of change improved significantly for two of the ten selected health behaviors, and there was no observable change in parents' level of

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perceived stress following the intervention.

Childhood obesity is one of the most pressing global public health challenges of the 21st century. In response, States

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need to employ a multisectoral approach including labelling rules, food marketing restrictions and fiscal policies. However, these legal measures interact in a complex fashion

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with
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international
economic and
human rights
law raising a
range of legal
questions. This
timely book
edited by Garde,
Curtis and De
Schutter
explores these

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questions offering insightful perspectives. Of fundamental interest to legal professionals and academics, Ending Childhood Obesity also makes the legal

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complexities accessible to a broad range of public health and other policy actors addressing obesity and related non-communicable diseases.

Overcoming

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Obesity in
Childhood and
Adolescence
Metabolic
Syndrome and
Obesity in
Childhood and
Adolescence