

The Secret Of Chinese Pulse Diagnosis

This book offers an assessment of China's assertive foreign policy behavior with a special focus on Chinese policies in the South China Sea (SCS). By providing a detailed account of the events in the SCS and by analyzing power dynamics in the region, it identifies the driving forces behind China's assertive foreign policy. Considering China's power on a domestic as well as an international level, it examines a number of different sources of hard and soft power, including military, economics, geopolitics, and domestic legitimacy. The author demonstrates that Chinese assertiveness in the SCS can be explained not only by increases in China's power, but also by effective reactions to other actors' foreign policy changes. The book will appeal to scholars in international relations, especially those interested in a better understanding of South China Sea developments, China's political power and foreign policy, and East Asian international affairs.

Discusses 38 common paediatric diseases and their treatment using Chinese medicine and alternative therapies

Medical ideas and practices originating in China became entangled in the activities of other places through processes of alteration once known as *translatio*. Recognition of differences provoked creative responses in Japan, the imperial court, and Enlightenment Europe.

"[A] smart take on modern Chinese nationalism" (Foreign Policy), this provocative account shows that "China"--and its 5,000 years of unified history--is a national myth, created only a century ago with a political agenda that persists to this day. China's current leadership lays claim to a 5,000-year-old civilization, but "China" as a unified country and people, Bill Hayton argues, was created far more recently by a small group of intellectuals. In this compelling account, Hayton shows how China's present-day geopolitical problems--the fates of Hong Kong, Taiwan, Tibet, Xinjiang, and the South China Sea--were born in the struggle to create a modern nation-state. In the late nineteenth and early twentieth centuries, reformers and revolutionaries adopted foreign ideas to "invent" a new vision of China. By asserting a particular, politicized version of the past the government bolstered its claim to a vast territory stretching from the Pacific to Central Asia. Ranging across history, nationhood, language, and territory, Hayton shows how the Republic's reworking of its past not only helped it to justify its right to rule a century ago--but continues to motivate and direct policy today.

The Tao of Healthy Eating

Pulse of the Jungle

Life in China's High-Tech Penal Colony

Pulse of the Market

A New World Disorder

A Compendium of TCM Patterns & Treatments

Atlas of Tongue Diagnosis

In Physiognomy in Ming China: Fortune and the Body, Xing Wang provides an extensive reading of the Ming (1368-1644 C. E.) texts of a well-known body divination technique 'xiangshu' (physiognomy), and investigates its unique 'somatic cosmology' in Ming religious and intellectual context.

The Secret of Chinese Pulse Diagnosis Blue Poppy Enterprises, Inc. *Handbook of Contemporary Chinese Pulse Diagnosis*

The author chronicles the lives of three generations of Chinese men in America, woven from memory, myth and fact. Here's a storyteller's tale of what they endured in a strange new land.

This is a study of traditional medical education in the People's Republic of China. The author became a disciple of a scholarly private practitioner, a Qigong master; attended courses given by a senior acupuncturist and masseur; and studied with undergraduates at the Yunnan College of Traditional Chinese Medicine, where the standardized knowledge of official Chinese medicine is inculcated. She compares theories and practices of these different Chinese medical traditions, and her fascinating insider's account of traditional medical practices brings out the way in which the context of instruction shapes knowledge.

Chinese Medicine in Contemporary China

The Ancient Art of Ayurvedic Pulse Diagnosis

Tongue Diagnosis in Chinese Medicine

The Definitive Guide to Holistic Healing

Hospice and Palliative Care Acupuncture

China Unbound

China's Secret Strategy to Replace America as the Global Superpower

For over two thousand years, Traditional Chinese Medicine (TCM) has made many significant contributions to China's growth and prosperity. This textbook, based on the unique characteristics of TCM, discusses its principle theories and presents a comprehensive daily practice guide for health maintenance and disease treatment. The book provides clinical practitioners with a fundamental understanding of the essence of TCM. We highly recommend this book for students interested in TCM, Chinese medicine doctors and other healthcare professionals, biomedical researchers, and interested individuals. Readers will benefit from the inspirational viewpoints discussed in the book.

Tongue diagnosis is a vital instrument used in Chinese medicine both to assess the current health of a patient and to provide a basis for prognosis. It also informs the practitioner about the underlying strength or weakness of the patient's constitution. This new (2nd) edition of Atlas of Chinese Tongue Diagnosis contains over two hundred color photographs of tongues seen in a Western clinic. The photos provide a graphic representation of a wide variety of common disorders. Each photograph is accompanied by a description of the significant features of the tongue, the corresponding

Chinese diagnosis for each feature, accompanying symptoms, Western diagnosis, and pertinent background information. The sequence of the photos within a chapter shows the increasing degree of imbalance among the body's energies. The presentation of the tongues is organized according to the nature of the underlying organ disharmony: Lungs, Spleen, Stomach, Kidney, Heart, Liver. Other chapters focus on particular aspects of the tongue such as pale tongues, cracked tongues, special coatings, as well as those associated with heat disorders and blood stasis. A final chapter surveys several cases that reflect how the tongue changed over the course of treatment, with before and after photographs. This systematic presentation provides the student and practitioner with a much deeper understanding of the methodology of tongue diagnosis in Chinese medicine. This second edition of the Atlas combines and reconfigures the content of the two volumes in the original edition into one new, integrated volume. The new edition retains most of the photos from the first volume and a number of case histories from the second. A few new photos that are particularly good examples of specific tongue colors or other signs have also been added. At the same time, some of the photos and case histories in the original volumes have been discarded to enhance the readability of the book and thus make it more useful as a single volume reference work. An extensive and detailed index provides access to virtually every aspect of the hundreds of tongues presented in this atlas, and their interrelationships.

As the world's second-largest economy, China is extending its influence across the globe with the complicity of democratic nations. Joanna Chiu has spent a decade tracking China's propulsive rise, from the political aspects of the multi-billion-dollar "New Silk Road" global investment project to a growing sway on foreign countries and multilateral institutions through "United Front" efforts. For too long, Western societies have mishandled or simply ignored Beijing's actions out of narrow self-interest. Decades of willful misinterpretation have over time become complicity in the toxic diplomacy, human rights abuses and foreign interference seen from China today, Chiu argues. Engaging chapters transport readers to a frozen lake in Russia, protests in Hong Kong, underground churches in Beijing, and exile Uyghur communities in Turkey, exposing Beijing's high-tech surveillance and aggressive measures resulting in human rights violations against those who challenge its power. The new world disorder documented in 'China Unbound' lays out the disturbing implications for global stability, prosperity, and civil rights everywhere.

"This small, concise book on Chinese dietary therapy has been written specifically for lay readers. It is meant to replace two earlier books I have written on Chinese dietary therapy, Prince Wen Hui's Cook, and Arisal of the Clear." --Preface.

The Nature of Disaster in China

Pocket Atlas of Pulse Diagnosis

A Textbook & Clinical Manual

Dietary Wisdom According to Traditional Chinese Medicine

Physiognomy in Ming China: Fortune and the Body

Pulse Diagnosis

In 2014, Chinese president Xi Jinping said there was an 'ocean of goodwill' between our country and his. Since then, that ocean has shown dramatic signs of freezing over. Australia is in the grip of a China panic. How did we get here, and what's the way out? In this brilliant book, David Brophy takes apart Australia's China debate – its strange alliances and diplomatic failures. Justified criticism of China has too often given way to paranoia and exaggeration. While the xenophobic right hovers in the wings, some of the loudest voices decrying Chinese subversion come, unexpectedly, from the left. They call for new security laws, increased scrutiny of Chinese Australians and, if necessary, military force – a prescription for a sharp rightward turn in Australian politics. In China Panic, Brophy offers a progressive alternative. Instead of punitive moves and chest-beating that will only make Australia more like China, we need solutions and strategies that strengthen Australian democracy. 'The most stimulating book I've read on the most important question facing Australian foreign and strategic policy. Brophy is not just answering questions others have asked, he's asking new questions.' —Allan Gyngell, author of Fear of Abandonment 'Anyone who wants to know how and why Australia's China narrative has descended to such a dismal point needs to read China Panic.' —Wanning Sun, professor of media and communications, UTS 'David Brophy dissects the clichés and prejudices . . . China Panic is essential reading.' —Linda Jaivin, author of The Shortest History of China

Thousands of years ago Ayurveda described multiple levels of the radial pulse that could be used to interpret the status of the organs and systems of the body as well as the mental and physical constitutions of the individual. For the first time in the west this book presents this ancient art and provides a method by which anyone can learn to read his or her own pulse. Imbalances and potential disease states can be detected in their early stages, giving one the opportunity to correct them before they affect the quality of life. With practice and guidance, one can acquire the proficiency to use this knowledge to heal self and others. This book will give guidelines to think about various ways of feeling, reading and gathering information through the pulse. It is quite difficult to put subjective experience into words. It is an attempt to express these simple ways of feeling the pulse.

The Treatment of Diabetes Mellitus with Chinese Medicine is a textbook and a clinical manual on the Chinese medical treatment of diabetes mellitus (DM) and its many complications. Each facet of this complex condition is discussed in terms of its Western medical definition, epidemiology, etiology, pathophysiology, diagnosis, current standards of care, complications, and treatment plans. This text outlines goals of therapeutic care, general considerations, diet & exercise, patient education, blood glucose monitoring and much more. This text discusses: * Gestational Diabetes * Diabetic Ketoacidosis * Diabetic Hypertension * Diabetic Hyperlipoproteinemia * Diabetic Retinopathy *

Diabetic Neuropathy * Common opportunistic infections in patients with diabetes * Patient adherence and practitioner monitoring * Appendix of Chinese medicinals, and Western pharmaceuticals.

Paradigm Publications brings the medicine and healing of the Oriental tradition to English-speaking readers. Our work is based on the premise that the West will successfully absorb Oriental traditional healing arts only by honoring the respect for language, tradition, and nature on which they were founded. Seeking to accurately transmit an Asian expertise that is rooted in bedside skills and highly trained sensory observations, our books for clinical professionals are produced by cooperative teams of Asian and Western clinical experts, scholars, and linguists. By adhering to voluntary, multi-author, multi-publisher standards, these works become part of a valuable library that is not limited by the interests of any one author or publisher. Based on similar principles, our books for discriminating readers offer the simple utility people need to apply these arts to their lives. The only English language ed. of the 16th-c. classic available.

A Parent's Guide to the Care and Prevention of Common Childhood Diseases

Keeping Your Child Healthy with Chinese Medicine

The Invention of China

Power Sources, Domestic Politics, and Reactive Foreign Policy

Stealth War

Red Cell

A Comprehensive Guide

One of the U.S. government's leading China experts reveals the hidden strategy fueling that country's rise and how Americans have been seduced into helping China overtake us as the world's leading superpower. For more than forty years, the United States has played an indispensable role helping the Chinese government build a booming economy, develop its scientific and military capabilities, and take its place on the world stage, in the belief that China's rise will bring us cooperation, diplomacy, and free trade. But what if the "China Dream" is to replace us, just as America replaced the British Empire, without firing a shot? Based on interviews with Chinese defectors and newly declassified, previously undisclosed national security documents, *The Hundred-Year Marathon* reveals China's secret strategy to supplant the United States as the world's dominant power, and to do so by 2049, the one-hundredth anniversary of the founding of the People's Republic. Michael Pillsbury, a fluent Mandarin speaker who has served in senior national security positions in the U.S. government since the days of Richard Nixon and Henry Kissinger, draws on his decades of contact with the "hawks" in China's military and intelligence agencies and translates their documents, speeches, and books to show how the teachings of traditional Chinese statecraft underpin their actions. He offers an inside look at how the Chinese really view America and its leaders as barbarians who will be the architects of their own demise. Pillsbury also explains how the U.S. government has helped sometimes unwittingly and sometimes deliberately to make this "China Dream" come true, and he calls for the United States to implement a new, more competitive strategy toward China as it really is, and not as we might wish it to be. *The Hundred-Year Marathon* is a wake-up call as we face the greatest national security challenge of the twenty-first century.

Part I: Diagnosis by Observation Section 1: Observation of the Body, Mind and Complexion 1. Observation Of The Body Shape, Physique And Demeanor 2. Observation Of The Mind, Spirit And Emotion 3. Observation Of The Complexion Color 4. Observation Of Body Movements Section 2: Parts of the Body 5. Observation Of Head, Face And Hair 6. Observation Of The Eyes 7. Observation Of The Nose 8. Observation Of Lips, Mouth, Palate, Teeth, Gums And Philtrum 9. Observation Of The Ears 10. Observation Of Throat And Neck 11. Observation Of The Back 12. Observation Of Women's Breasts 13. Observation Of The Heartbeat 14. Observation Of The Hands 15. Observation Of The Nails 16. Observation Of The Chest And Abdomen 17. Observation Of Genitalia 18. Observation Of The Four Limbs 19. Observation Of The Legs 20. Observation Of Excretions 21. Observation Of The Skin 22. Observation In Children Section 3: Tongue Diagnosis 23. Tongue Diagnosis 24. Tongue-Body Color 25. Tongue Body Shape 26. Tongue Coating 27. Tongue Images And Patterns Part II: Diagnosis by Interrogation 28. Introduction 29. Pain 30. Food And Taste 31. Stools And Urine 32. Thirst And Drink 33. Energy Levels 34. Head 35. Face 36. Throat And Neck 37. Body 38. Chest And Abdomen 39. Limbs 40. Sleep 41. Sweating 42. Ears And Eyes 43. Feeling Of Cold, Feeling Of Heat And Fever 44. Mental-Emotional Symptoms 45. Sexual Symptoms 46. Women's Symptoms 47. Children's Symptoms 48. Diagnosing The Causes Of Disease Part III: Diagnosis by Palpation 49. Diagnosis by Palpation 50. Pulse Qualities 51. Palpation Of Parts Of The Body 52. Palpation Of Channels Part IV: Diagnosis by Hearing and Smelling 53. Diagnosis By Hearing 54. Diagnosis By Smelling Part V: Symptoms and Signs Section 1: Symptoms and Signs of Parts of the Body 55. Head And Face 56. Face Color 57. Ears 58. Nose 59. Throat 60. Mouth, Tongue, Teeth, Gums, Lips, Palate And Philtrum 61. Eyes 62. Neck, Shoulders And Upper Back 63. Chest 64. Limbs 65. Arms 66. Legs 67. Lower Back 68. Body 69. Digestive System And Taste 70. Thirst And Drink 71. Abdomen 72. Defecation 73. Urination 74. Anus 75. Men's Sexual And Genital Symptoms 76. Sweating 77. Skin Signs 78. Emotional Symptoms 79. Mental And Emotional Symptoms 80. Mental Difficulties 81. Sleep 82. Feeling Of Cold, Feeling Of Heat, Fever 83. Voice, Speech And Sounds Section 2: Gynecological Symptoms and Signs 84. Menstrual Symptoms 85. Problems At Period Time 86. Problems Of Pregnancy 87. Problems After Childbirth 88. Breast Signs 89. Miscellaneous Gynecological Symptoms Section 3: Pediatric Symptoms and Signs 90. Children's Problems Part VI: Identification of Internal Organ Patterns 91. Heart 92. Spleen 93. Liver 94. Lungs 95. Kidneys 96. Small Intestine 97. Stomach 98. Gall-Bladder 99. Large Intestine 100. Bladder Appendices Appendix 1: Case Histories Appendix 2: Prescriptions Appendix 3: History of Diagnosis in Chinese Medicine Glossary Bibliography Chinese Chronology

Unearths the forgotten history of a catastrophic flood, examining its profound impact upon the environment and society of modern China.

San Francisco's residential real estate is the hottest market for buyers and sellers in the country. If you're planning on entering the market, you may need the advice of real estate agent Malcolm Kaufman (BRE#01310392). For ten years, Kaufman has chronicled the region's real estate market. Through this publication, he has educated buyers on how to save money and sellers on how to maximize their profit. For the first time, these articles are now collected into one book-with sections dedicated to topics like changing neighborhoods, the factors driving San Francisco real estate, and what to keep in mind when

buying/selling a home. Pulse of the Market offers an array of valuable information from an insider who knows both ends of the spectrum. So whether you're a buyer or a seller, Kaufman can help you make more informed decisions and negotiate a better deal. Just like his monthly newsletters, Kaufman's book is both concise and entertaining. A San Francisco resident, he knows what makes the area's real estate market tick-bringing his extensive knowledge in this one-of-a-kind guide to the hottest market around.

China Panic

Australia's Alternative to Paranoia and Pandering

A Novel

Ayahuasca, Adventures, and Social Enterprise in the Amazon

The Chinese Navy

How China Took Over While America's Elite Slept

Pulse Diagnosis E-Book

A handbook for acupuncturists and healthcare practitioners on the use of acupuncture for end-of-life care. The book covers the major hospice and palliative care diagnoses from a Chinese medicine perspective, as well as grief and loss, and includes the roots of Chinese historical perspectives on death and dying. The acupuncturist is introduced to the working medical model of hospice care and the interdisciplinary team approach and provided with evidence-based strategies for the use the acupuncture in symptom management.

The Chinese Medicine Bible explores the key principles of Chinese alternative therapies, explaining the importance of balancing yin and yang and the nuances of the five element theory, before delving deeper to explain the causes of disease, the diagnostic tools needed such as tongue and pulse analysis, and the methods employed to treat common ailments. The book also contains a detailed directory of Chinese herbal medicine, including a materia medica of 50 essential healing herbs, and outlines the principles of acupuncture and moxabustion. Along with fully illustrated step-by-step guides to self-help techniques you can try at home including acupressure, tai chi and Qigong, The Chinese Medicine Bible shows you how to easily maintain your health and vitality using these natural, time-tested techniques.

This authoritative text provides a complete overview of Chinese moxabustion techniques and methods, including detailed treatments and contraindications for a wide range of conditions. The authors cover the fundamentals of theory as well as the skills and techniques practitioners will need, and provide a detailed summary of all of the acupoints commonly used in moxotherapy. The book also covers the ways in which moxotherapy can be used to cultivate general health and wellbeing in patients, and explains in detail how to treat a wide range of complaints; for each complaint, descriptions of typical cases and the acupoints and procedures needed for treatment are provided. Extensively illustrated with photographs which clearly demonstrate clinical procedures, this is an essential reference for practitioners and students of acupuncture.

In China's vast northwestern region, more than a million and a half Muslims have vanished into internment camps and associated factories. Based on hours of interviews with camp survivors and workers, thousands of government documents, and over a decade of research, Darren Byler, one of the leading experts on Uyghur society uncovers their plight. Revealing a sprawling network of surveillance technology supplied by firms in both China and the West, Byler shows how the country has created an unprecedented system of Orwellian control. A definitive account of one of the world's gravest human rights violations, In the Camps is also a potent warning against the misuse of technology and big data.

Empress Dowager Cixi

Chinese Assertiveness in the South China Sea

The Hundred-Year Marathon

The Paradox of Economic Boom and Vast Corruption

Handbook Of Traditional Chinese Medicine (In 3 Volumes)

Illustrated Chinese Moxibustion Techniques and Methods

Secrets of the Pulse

From the Tom Clancy for a new generation, a debut thriller following two CIA outcasts who must race to stop a secret Chinese weapon that threatens to provoke a world war After her first assignment in Venezuela goes disastrously awry, rookie case officer Kyra Stryker is brought back to Langley to work in the Red Cell, the CIA's out-of-the-box think tank. There she's paired with Jonathan Burke, a straitlaced analyst who has alienated his colleagues with his unorthodox methods and a knack for always being right, political consequences be damned. When a raid on Chinese spies in Taiwan ends in a shoot-out and the release of a deadly chemical, CIA director Kathy Cooke turns to the Red Cell to figure out why China is ready to invade the island nation without any fear of reprisal from the US Navy. Stryker and Burke's only lead is the top CIA asset in China, code named Pioneer. But when Pioneer reports that Chinese security has him under surveillance, Stryker is offered a chance for redemption with a highly dangerous mission: extract Pioneer from China before he's arrested and executed. The answers he holds could mean the difference between peace in the Pacific or another world war. From CIA headquarters to the White House to a Navy carrier in the South China Sea and the dark alleyways of Beijing, Red Cell takes readers on a whirlwind race

against time as Stryker and Burke work to save Pioneer and discover the hidden threat to America's power: China's top-secret weapon. CIA analyst Mark Henshaw infuses expert knowledge of the intelligence world into a pulse-pounding plot to create a fascinating, authentic, and unforgettable read. As a traditional healing art that has established a contemporary global presence, Chinese medicine defies categories and raises many interesting questions. If Chinese medicine is "traditional," why has it not disappeared with the rest of traditional Chinese society? If, as some claim, it is a science, what does that imply about what we call science? What is the secret of Chinese medicine's remarkable adaptability that has allowed it to prosper for more than 2,000 years? In *Chinese Medicine in Contemporary China* Volker Scheid presents an ethnography of Chinese medicine that seeks to answer these questions, but his ethnography is informed by some atypical approaches. Scheid, a medical anthropologist and practitioner of Chinese medicine in practice since 1983, has produced an ethnography that accepts plurality as an intrinsic and nonreducible aspect of medical practice. It has been widely noted that a patient visiting ten different practitioners of Chinese medicine may receive ten different prescriptions for the same complaint, yet many of these various treatments may be effective. In attempting to illuminate the plurality in Chinese medical practice, Scheid redefines-and in some cases abandons-traditional anthropological concepts such as tradition, culture, and practice in favor of approaches from disciplines such as science and technology studies, social psychology, and Chinese philosophy. As a result, his book sheds light not only on Chinese medicine but also on the Western academic traditions used to examine it and presents us with new perspectives from which to deliberate the future of Chinese medicine in a global context. *Chinese Medicine in Contemporary China* is the product of two decades of research including numerous interviews and case studies. It will appeal to a western academic audience as well as practitioners of Chinese medicine and other interested medical professionals, including those from western biomedicine.

Discover the extraordinary story of the woman who brought China into the modern age, from the bestselling author of *Wild Swans* In this groundbreaking biography, Jung Chang vividly describes how Empress Dowager Cixi - the most important woman in Chinese history - brought a medieval empire into the modern age. Under her, the ancient country attained virtually all the attributes of a modern state and it was she who abolished gruesome punishments like 'death by a thousand cuts' and put an end to foot-binding. Jung Chang comprehensively overturns the conventional view of Cixi as a diehard conservative and cruel despot and also takes the reader into the depths of her splendid Summer Palace and the harem of Beijing's Forbidden City, where she lived surrounded by eunuchs - with one of whom she fell in love, with tragic consequences. Packed with drama, fast-paced and gripping, it is both a panoramic depiction of the birth of modern China and an intimate portrait of a woman: as the concubine to a monarch, as the absolute ruler of a third of the world's population, and as a unique stateswoman. 'Powerful' Simon Sebag Montefiore 'Truly authoritative' New York Times 'Wonderful' Sunday Times **Shortlisted for the James Tait Black Biography Prize**

The heralding of ambitions and hardening of geopolitical and military stances by China has given rise to few questions: Did China challenge the United States too hard and too soon and, by doing so, seriously jeopardize its chances of achieving its objectives? Can Washington still contain China's ascendancy and retain its current leading status? This book attempts to explore these questions and analyse if China has tried to display its strength to America too soon. It argues that by comparing the comprehensive national power of the two countries, one may be able to answer the above questions.

In the Camps

Diagnosis in Chinese Medicine

The Lakeside Master's Study of the Pulse

Translation at Work

Chinese Medicine in the First Global Age

The 1931 Yangzi River Flood

The Chinese Medicine Bible

Many people today feel trapped and unsatisfied with the way their lives are going, but those who do can take heart. Daniel Cleland is living proof that you can have it all-adventure, spiritual health, emotional fulfillment, and business success-if you are open to unique experiences, prepared to take risks, and willing to ignore the limits that you have imposed on yourself. Daniel's fearless curiosity and entrepreneurial vision carried him deep into the Peruvian jungle, a world away from his native Ontario and farther from the mundane than he ever thought possible. In the Amazon rain forest, he participated in shamanic rituals involving the powerful medicinal plant ayahuasca. The insights and enlightenment he gained awakened him to new commercial as well as spiritual opportunities and led him to create the Ayahuasca Adventure Center and Pulse Tours in the jungle's heart. PULSE OF THE JUNGLE is Daniel's fascinating chronicle of cultural immersion and bold innovation, coupled with enlightening stories of colleagues, artists, and others who also sought and achieved profound change in their lives. It will educate, enthrall, entertain, and illuminate while encouraging readers to embark on their own transformative life journeys. Pulse diagnosis is a subtle yet highly effective instrument used in Chinese medicine for the diagnosis and prevention of disease. The method set forth in this book is unsurpassed in obtaining the greatest amount

of physical and psychological information about an individual. Although based on traditional methods, it is contemporary because it recognizes that pulse diagnosis must continue to develop over time. In the hands of master pulse diagnostician Dr. John Shen, his apprentice Dr. Leon Hammer, and their students, it has evolved in recent decades to better reflect modern times and lifestyles. This handbook summarizes the key elements of Chinese Pulse Diagnosis: A Contemporary Approach in a portable edition. It is the result of the very hard work, by many practitioners, of extracting the essentials from each area of this subject. The present volume offers a clear and practical path toward a better understanding of traditional pulse diagnosis, while recasting its interpretation in the context of our own times. The book is organized in eighteen chapters. The early chapters consider such general issues as terminology, classification of pulse qualities, historical comparisons of positions and depths, and a methodology for taking the pulse. The middle chapters provide an in-depth look at each of the individual pulse qualities, identified by felt sensation based on such characteristics as rate and rhythm, stability, volume, depth, size, and shape. The types of pathology associated with each of the qualities are also discussed. Later chapters examine the significance of the qualities when found across the entire pulse, or large segments of the pulse, and at different depths. The relationship of the pulse qualities to psychology and prognosis are addressed in separate chapters. The final chapters on interpretation and case histories draw everything together to show how this information can be formulated into a rational diagnosis. Key information in the book is organized and richly illustrated in over a hundred tables and graphic drawings. There is also a glossary of special terms, bibliography, and full index to the contents.

China expert Robert Spalding reveals the shocking success China has had infiltrating American institutions and compromising our national security. The media often suggest that Russia poses the greatest threat to America's national security, but the real danger lies farther east. While those in power have been distracted and disorderly, China has waged a six-front war on America's economy, military, diplomacy, technology, education, and infrastructure--and they're winning. It's almost too late to undo the shocking, though nearly invisible, victories of the Chinese. In Stealth War, retired Air Force Brigadier General Robert Spalding reveals China's motives and secret attacks on the West. Chronicling how our leaders have failed to protect us over recent decades, he provides shocking evidence of some of China's most brilliant ploys, including: • Placing Confucius Institutes in universities across the United States that serve to monitor and control Chinese students on campus and spread communist narratives to unsuspecting American students. • Offering enormous sums to American experts who create investment funds that funnel technology to China. • Signing a thirty-year agreement with the US that allows China to share peaceful nuclear technology, ensuring that they have access to American nuclear know-how. Spalding's concern isn't merely that America could lose its position on the world stage. More urgently, the Chinese Communist Party has a fundamental loathing of the legal protections America grants its people and seeks to create a world without those rights. Despite all the damage done so far, Spalding shows how it's still possible for the U.S. and the rest of the free world to combat--and win--China's stealth war.

This exciting new book, Pulse Diagnosis: A Clinical Guide describes a reliable method of pulse assessment. The authors' style and approach to pulse diagnosis provides a unique insight into this often ambiguous system of diagnosis drawing upon the traditions of Chinese medicine, the knowledge of biomedical constructs and the relationship of each to contemporary TCM clinical practice. Subjects covered include exploration of the concept of 'pulse' and establishment of it within the context of health, current limitations of current pulse literature in relation to clinical practice, pulse diagnosis within contemporary TCM clinical practice and pulse taking procedures.

The Transmission of Chinese Medicine

Plurality and Synthesis

A Clinical Guide

China Men

China Versus The Us: Who Will Prevail?

The Concubine Who Launched Modern China

Making Money and Avoiding Mistakes

The Pocket Atlas of Pulse Diagnosis unravels the mystery of pulse diagnosis. Detailed explanations of the 28 individual pulses are presented, along with simple diagrams that vividly illustrate how the different pulses should "feel" like under the fingers at each level of palpation. Useful comparisons of the different pulses are also included to aid the reader in understanding how to differentiate between the many types of pulses.

Unbundles corruption into different types, examining corruption as access money in China through a comparative-historical lens.

Clinical Acupuncture in Traditional Chinese Medicine

China's Gilded Age

The Secret of Chinese Pulse Diagnosis

The Treatment of Diabetes Mellitus with Chinese Medicine

Handbook of Contemporary Chinese Pulse Diagnosis

Atlas of Chinese Tongue Diagnosis