

## The Kidney Disease Solution Version 2

*The Kidney Disease Solution - A Step-by-Step Guide to Reversing Kidney Disease Naturally*The Kidney Disease Solution is a segmented program that educates you of all you need to know about living with kidney disease in an efficient, accessible manner.It also guides you to change your lifestyle in a way that improves the function of your ailing kidneys, without any harmful medications. It is a versatile tool that each person can use in their own way, to utilize it to the fullest. Owing to the program's diverse range of tools, from ancient remedies to more modern methods of tackling kidney illnesses.

The treatment of hypertension is the most important intervention in the management of all forms of chronic kidney disease. Chronic Kidney Disease and Hypertension is a current, concise, and practical guide to the identification, treatment and management of hypertension in patients with chronic kidney disease. In depth chapters discuss many relevant clinical questions and the future of treatment through medications and or novel new devices. Written by expert authors, Chronic Kidney Disease and Hypertension provides an up-to-date perspective on management and treatment and how it may re-shape practice approaches tomorrow.

*How to Avoid Dialysis and Cure Kidney Disease Do you have chronic kidney disease, or kidney stones ? Your doctor told you there is no cure, right ? Well, there is a cure ! And this book brings you the details of that cure so you can cure yourself. This book gives you two ways to avoid dialysis AND the way to cure yourself of chronic kidney disease and kidney stones naturally as the author did ! This book is NOT about gimmicks. The cure for kidney disease is proven science that your doctors COULD tell you, but don't ! By doing what this book says, the least you will do is greatly improve your health. There is no other book available that gives you the information that is in this book. This book empowers you with the knowledge to save your own life and cure yourself of chronic kidney disease, Diabetes, Gout, Heart Disease and Kidney stones. And for the rare few who do not, the least you will do is significantly improve your health. This book is not from some author who picked this book to be his next subject to write a book about ! No, this book was written by a man who had to learn these things he shares in this book just to save his own life ! After doctors diagnosed him with chronic kidney disease, he was told he would be on dialysis or dead by 2008 or 2009. And without any help for his kidneys from the medical profession, he used himself as the guinea pig to see if he could make his kidneys better and thus, save his own life. This book tells you how he succeeded at that ! Doctors have no cures. Doctors only treat your diseases to prolong them to maximize their income. Doctors do not study cures. So cures can only be found outside the medical profession. But there is one Doctor in America that can help you avoid dialysis through his clinically proven drug treatments. Find out about that doctor in this book. Since all disease is caused by poisons(except for viruses and germs) avoiding poisons is the key to preventing and curing almost all diseases. Get rid of the cause of the diseases and you get rid of the diseases. This is why you have to get serious about avoiding and eliminating poisons in our food, drinks and water. And this is what this book teaches you how to do ! Doing what this book says can cure you of chronic kidney disease, and do so within a matter of months, with improvement coming within just a few weeks. The more things in this book that you do for yourself, the better the results. When you get the book, know that Chapter 5 means get both a water and shower filter. Then use Chapters 6 & 7 in guiding you in eliminating poisons from your food and drinks. Chapter 8 gives the details of what the author went through with doctors as he was "dying". Chapter 9 gives you specific things to speed your healing for the 3 main diseases that almost all kidney patients develop. Get started today with How to Avoid Dialysis and Cure Kidney Disease - The book that brings you real Health Care reform.....a Revolutionary book to save you from doctors' sick care system. Table of Contents ----- 1- Introduction 2 -You're Probably Dying, So Let's Get You Some Help What If My Kidney problem is Kidney stones ? 3 -How to Avoid Dialysis Through Drug Treatments 4 -How to Cure Kidney Disease Naturally, Without Doctors The Perfect Diet 5 -Poisons in Your Water 6 -Poisons in Your Drinks 7 -Poisons in Your Food 8 -The Details of My "Chronic" Kidney Disease Dialysis, Death ? OR Cure Myself ? My Personal Perspective 9 -More Help For Your Kidneys and Diabetes, Gout & Heart Disease 10 -My Final Words DISCLAIMER Alphabetical Index ----- All Rights Reserved - 2011 © American Publishing US*

Managing kidney disease and diabetes can be challenging. Nutrition is important every step of the way, whether you are newly diagnosed, stage 3, 4, or on dialysis. This book is here to help you find tasty meals that are good for diabetes and kidney health. This book Renal Diet covers the following topics: -Kidney disease -Symptoms and causes of kidney disease -Introduction to the renal diet -Benefits of renal diet -How to limit sodium, potassium, and phosphorus in the diet -What you can eat and what you can avoid in renal diet -Top 10 foods to eat for kidney health -Renal diet meal plan -How to slow kidney disease -The reasons diets don't work -The basics of renal diet -Eating well to live well -Pointers to remember when slow cooking

Reversing Kidney Disease Naturally

Kidney Disease Diet Cookbook

Kidney Disease Solution

Guidance for all stages from prevention of kidney failure to living a good life on dialysis and kidney transplantation

Managing the Kidney when the Heart is Failing

A Recipe, Nutrition and Meal Planning Guide to Treat the Factors Driving the Progression of Incurable Kidney Disease

Issues in Kidney Disease Research and Treatment: 2013 Edition is a ScholarlyEditions™ book that delivers timely, authoritative, and comprehensive information about Nephrology. The editors have built Issues in Kidney Disease Research and Treatment: 2013 Edition on the vast information databases of ScholarlyNews.™ You can expect the information about Nephrology in this book to be deeper than what you can access anywhere else, as well as consistently reliable, authoritative, informed, and relevant. The content of Issues in Kidney Disease Research and Treatment: 2013 Edition has been produced by the world's leading scientists, engineers, analysts, research institutions, and companies. All of the content is from peer-reviewed sources, and all of it is written, assembled, and edited by the editors at ScholarlyEditions™ and available exclusively from us. You now have a source you can cite with authority, confidence, and credibility. More information is available at http://www.ScholarlyEditions.com/.

If you are currently suffering from Kidney Disease and are looking to utilize a kidney friendly diet to help you manage your disease, then this is the perfect Kidney Disease Diet Cookbook for you. With this file of this Renal Diet Cookbook, The Kidney Disease Solution-The Ultimate Kidney Disease Diet Cookbook: The Only Renal Diet Cookbook You Will Ever Need you will find over 25 kidney friendly recipes as well as learn a few things about kidney disease in the process. This book is certainly the only kidney disease solution you will ever need to help you manage your kidney disease.

Issues in Kidney Disease Research and Treatment: 2011 Edition is a ScholarlyEditions™ eBook that delivers timely, authoritative, and comprehensive information about Kidney Disease Research and Treatment. The editors have built Issues in Kidney Disease Research and Treatment: 2011 Edition on the vast information databases of ScholarlyNews.™ You can expect the information about Kidney Disease Research and Treatment in this eBook to be deeper than what you can access anywhere else, as well as consistently reliable, authoritative, informed, and relevant. The content of Issues in Kidney Disease Research and Treatment: 2011 Edition has been produced by the world's leading scientists, engineers, analysts, research institutions, and companies. All of the content is from peer-reviewed sources, and all of it is written, assembled, and edited by the editors at ScholarlyEditions™ and available exclusively from us. You now have a source you can cite with authority, confidence, and credibility. More information is available at http://www.ScholarlyEditions.com/.

The current volume entitled, "Free Radicals and Diseases" integrates knowledge in free radical-associated diseases from the basic level to the advanced level, and from the bench side to bed side. The chapters in this book provide an extensive overview of the topic, including free radical formations and clinical interventions.

A Kidney Disease Solution

Diabetes and the Kidney

Uric Acid in Chronic Kidney Disease

A Science Based Treatment Plan to Use Your Doctor, Drugs, Diet and Exercise to Slow Or Stop the Progression of Incurable Kidney Disease

Diagnosis and Treatment

Endocrine Disorders in Kidney Disease

Kidney Disease Diet: Kidney Disease Solution - Kidney Disease Cookbook with 25 Recipes for People Suffering from Chronic Kidney Disease This Kidney Disease Cookbook has useful information for kidney patients because you will come to know the things to eat and essential things to avoid. Your diet should contain less sodium, potassium, and phosphate. This book has essential fruits and vegetables that are good for you. If you are in early stages of kidney disease, these essential steps to follow that will help you to improve your health and reduce the chances of kidney disease. Keep it in mind that the kidneys are really important for your body. Kidney Disease Solution is essential for every person suffering from this disease. If you want to improve your health, you can get the advantage of this diet. If you are suffering from chronic kidney disease, you should pay special attention to your diet. There are various things that are good for your health and this book has details of all those items. Read this book to get the advantage of Kidney Disease Diet. This book offers: \* Things to include in Kidney Disease Diet \* Kidney Friendly Breakfast \* Kidney Friendly Lunch \* Kidney Friendly Dinner Buy this book because it will help you to cook healthy food for all kidney patients. This will enhance your health and make your kidney treatment easy.

This renal and kidney diet guide is for kidney or renal patients who want to try to slow or stop the progression of incurable kidney disease. The chronic kidney disease diet and CKD recipes and eating plan in this book are based on the research in Stopping Kidney Disease, the highest rated book on kidney disease which has benefited hundreds of patients. It's simple. We as patients want our kidneys to last as long as possible, and we want to live longer and better lives. We want a cure, but if we can't get a cure we want to slow the kidney disease progression to a snail's pace. That's what we want and deserve. The problem is today's kidney diets have nothing in common with our real goals. Traditional and other current kidney diets focus on treating just three conditions as we all know: sodium, phosphorus, and potassium. However, most of us have many more comorbid conditions made worse by traditional kidney diets. We need to try and treat, cure or manage as many conditions as possible, not just three. You would never know you need treat other conditions or have other dietary options unless you get educated. The Stopping Kidney Disease Food Guide contains: How to treat as many factors as possible that are contributing to kidney disease progression Foods that are good for kidney patients Kidney disease or renal disease diet meal planning Chronic kidney disease CKD diet information and restrictions The mathematics of slowing incurable kidney disease The first kidney disease diet book or renal disease guide book with acid load and antioxidant values Sample meal plans based on different cuisines A reference guide for the most common fruit and vegetables in grocery stores with information on potential renal acid load, protein, potassium, sodium, phosphorus, and antioxidant values(ORAC), nitrates polyphenols and AGE's for each meal And much more The diet can be customized for Stage 3, Stage 4, and Stage 5 kidney disease patients. Educated patients live longer and better lives. Education on your disease and treatment options will likely be the greatest factor in your success or failure in dealing with this disease. This book is meant to be a companion book to Stopping Kidney Disease.

Instruction on how to reduce the sodium, potassium, and phosphorus in your pre-dialysis diet.

WHAT EXACTLY IS THE KIDNEY DISEASE SOLUTION?The Kidney Disease Solution is an "all in one" step-by-step program that provides you with everything you need in order to reverse your kidney disease and improve your impaired kidney functionKidney Repair Tools including detailed descriptions of every product you need from ancient remedies to modern science to help your body healThe Kidney Disease Treatment Plan has been tailored to individual circumstances so you can feel confident that the cause of your kidney disease has a solutionComprehensive Nutrition Plan outlining the exact foods that you can eat to help your kidneys heal and increase your kidney functionDear Kidney Disease Sufferer,You're about to find out that it's possible to reverse impaired kidney function and avoid dialysis and/or kidney transplant surgery. By following the same step-by-step holistic healing protocols that thousands of people around the world have already followed with successful results, you can improve your kidney function and your quality of life, too. My name is Duncan Capicchiano and over the last 8 years, I have had a special interest in kidney disease because one of my beloved family members, my wife's Nanna, was diagnosed with advanced kidney failure without warning.Once I was over the shock ... love and compassion drove me to research night and day ... investigating ancient remedies through to modern science, finally developing a 100% guaranteed solution that works. Kidney disease sufferers who diligently follow the step-by- step strategies in this system are having astounding results.And ... Nanna was my first extremely grateful patient. The smile on her face and the joy in her voice when she told us how well she was feeling after following my recommendations was worth all the sleepless nights and researcher frustration I experienced in finding this kidney disease solution.

Handbook of Nutrition and the Kidney

Eating a Pre-Dialysis Kidney Diet - Sodium, Potassium, Phosphorus and Fluids

Your Kitchen Companion Guide to the Kidney Disease Solutions

Diabetic Nephropathy: Prevention, Diagnosis, Treatment

A 12-Step Treatment Program to Help You Avoid Dialysis

Tasty Disease Solution

Thoroughly revised and updated for its Sixth Edition, this handbook is a practical, easily accessible guide to nutritional management of patients with acute and chronic renal diseases. Leading international experts present state-of-the-art information on these patients' nutritional requirements and offer dietary recommendations, with menus and lists of supplements to enhance patient compliance. Numerous tables and figures enable readers to find essential information quickly. This edition includes new chapters on the physical activity as they relate to patients with kidney disease. Kidney disease is a global health concern that affects people of all ages and races. Based on the work of the National Kidney Foundation and the Kidney Disease: Improving Global Outcomes foundation, guidelines have been developed outlining the parameters for patient care. Nutritional Therapy for Chronic Kidney Disease builds upon the discoveries ma

This comprehensive book examines the complex interplay between endocrine and kidney disorders, and how this inter-relationship impacts patients with chronic kidney disease. Authored by experts in areas of endocrinology and nephrology, chapters cover a variety of topics, including diabetes, metabolic syndrome, thyroid dysfunction, gonadal disorders, dyslipidemia, mineral bone disorders, obesity, and pituitary disorders. These comorbidities are thoroughly examined and provide the clinician, researcher, and trainee with

to identify persistent gaps in knowledge for future investigation, and move closer towards the goal of improving the health and survival of the chronic kidney disease population. Chronic kidney disease, also called chronic kidney failure, describes the gradual loss of kidney function. Your kidneys filter wastes and excess fluids from your blood, which are then excreted in your urine. When chronic kidney disease reaches an advanced stage, dangerous levels of fluid, electrolytes and wastes can build up in your body.In the early stages of chronic kidney disease, you may have few signs or symptoms. Chronic kidney disease may not become apparent until your kidney function is significantly impaired

by controlling the underlying cause. Chronic kidney disease can progress to end-stage kidney failure, which is fatal without artificial filtering (dialysis) or a kidney transplant. Renal Diet

Stopping Kidney Disease Food Guide

Kidney Disease Solution: Kidney Disease Cookbook with 25 Recipes for People Suffering from Chronic Kidney Disease

The Low Sodium, Low Potassium, Healthy Kidney Cookbook

Renal Diet Instruction

Coping with Kidney Disease

The presence of Chronic Kidney Disease (CKD) increases the risk of death from cardiovascular causes and makes the management of heart failure difficult. The coexistence of CKD and heart failure is increasing in prevalence worldwide and requires a unique and subtle approach to patient management. Managing the Kidney in Heart Failure focuses on the therapeutic management of cardio renal patients. Common heart and kidney failure conditions are presented along with treatment scenarios aimed to reduce cardiovascular mortality and preserve kidney function. Co-authored by a Nephrologist and Cardiologist, each chapter of this concise and practical handbook offers a unified perspective to these chronic conditions.

Stopping Kidney Disease is the most comprehensive guide to understanding how your kidneys work and how to make your remaining kidney function last as long as possible. Lee Hull wrote this book after living successfully with incurable kidney disease for over twenty years.

Chronic Renal Disease - Second Edition comprehensively investigates the etiology, pathophysiology, treatment and management of chronic kidney disease (CKD). This translational reference book takes an in-depth look at CKD with no coverage of dialysis or transplantation. Chapters are devoted to the scientific investigation of chronic kidney disease, the most common problems faced by nephrologists in the management of chronic kidney disease, specific illnesses in the CKD framework, and how the management of CKD in a polycystic kidney disease patient differs from other CKD patients. This award-winning reference features a series of case studies, covering both clinical aspects and pathophysiology. Questions are open ended, progressively more difficult, and repetitive across different patient clinical problems and different chapters. The cases and questions included will be useful for medical students, residency board reviews, and clinician teaching or conference preparation. Includes case studies and questions which can be used as a teaching tool for medical students and resident Provides coverage of classification and measurement, epidemiology, pathophysiology, complications of CKD, fluid/electrolyte disorders in CKD, CKD and systemic illnesses, clinical considerations, therapeutic considerations, and special considerations

Whether you are following a restorative plan of 80/20 or a maintenance plan of 60/40 (as described in the kidney disease solution ebook), I am sure you will find the delectable dishes within these pages a great help and inspiration in achieving your goals. As with any type of diet, whether it be necessitated by serious health concerns or simply to attain a healthy weight and overall fitness, it is often difficult to stick to a program, particularly when the journey is a tough one and the options are less than appetizing. Hard-to-find ingredients, complicated preparation methods, and results that lack the "delicious" factor all contribute to the possibility of abandoning what may be the most important lifestyle change you need to make right now for the health of your kidneys and your ultimate well-being. With all these important points in mind, I have tried to gather together a collection of recipes that are easy to follow, quick to prepare, and most of all, enticing to the palate. Having been developed with the assistance of an experienced personal chef, I can assure you that the dishes included here - from tasty snacks and appetizers to mouth-watering entrees and side dishes - will make your road to recovery not only a healthy one but a delicious one too.

Reversing Kidney Disease At Home

Nutrition Therapy for Chronic Kidney Disease

Natural Remedies to Cure Kidney Disease, the Complete Guide to Managing Kidney Disease and Avoid Dialysis, Stopping Kidney Disease

Free Radicals and Diseases

A Step-by-Step Guide to Reversing Kidney Disease Naturally

The Kidney Disease Solution, the Ultimate Kidney Disease Diet Cookbook

The Kidney Disease Solution - A Proven Natural Program for Reversing Kidney Disease And Living A Normal Healthy Life

This book provides a comprehensive and systematic review of the latest findings in a wide spectrum of clinically important aspects of chronic kidney disease (CKD), focusing on clinical diagnosis and therapeutics. CKD is a global health problem with a rising morbidity and mortality. The last decade has seen significant improvements in determining the incidence, prevalence, and complications of CKD, mainly thanks to the definitions of CKD developed by the National Kidney Foundation 's Kidney Disease Outcomes Quality Initiative (K/DOQI). However, increased recognition of CKD has led to awareness of the limitations of its clinical diagnosis and treatment, which are essential to patients ' wellbeing. This book is of particular value not only to nephrologists, but also to general practitioners and residents with an interest in CKD. It offers a well-organized exposition of the current knowledge base. Compared with previously published books on kidney disease and CKD, it has a smaller number of more concise chapters. As a result, readers can easily obtain an overview of the most important topics in CKD. We hope that practitioners will gain as much from reading this practical guide to clinical management of CKD as we have from editing it.

Diabetes, when untreated, leads to damage to several organs within the body, particularly the kidneys. This damage may also go undetected for several years, until the later stages of kidney failure are reached, with a need for kidney replacement therapy - either dialysis or transplantation. Such progression is not inevitable. With good management, diabetes can be well controlled and kidney function can be maintained; to a certain extent, the damage can even be reversed. Diabetes and the Kidney is written for people with diabetes, their families and carers. It describes the function of the kidneys, the development of nephropathy, the ways to recognize it early and the correct way to manage it. The title emphasizes how people should take responsibility for their own health, with information on diet, giving up smoking and taking exercise. Clearly written description of kidney function, how it goes wrong in diabetic nephropathy and ways to prevent this Guidance on diet, exercise and generally encouraging people to become involved in their own health care Information on treatment of kidney disease and kidney replacement therapy

The Kidney Disease Solution - Reversing Kidney Disease At Home

Issues in Kidney Disease Research and Treatment: 2012 Edition

Handbook of Chronic Kidney Disease Management

Renal Eating Plan To Solve Kidney Disease: Paleo Diet Cuisine

Issues in Kidney Disease Research and Treatment: 2013 Edition

The Kidney Disease Solution

National Clinical Guideline for Early Identification and Management in Adults in Primary and Secondary Care

**"Dr.Prashant C Dheerendra has done an admirable job of distilling what is important from the patient point of view. Information overload has been avoided, and visuals have been used to present information in an accessible way. I'm confident that this book will be useful to anyone looking to manage their health better, and congratulate Dr. Prashant for having written it."** **Dr.Vivekanand Jha MD DM FRCP FAMS President, International Society of Nephrology Professor of Nephrology and James Martin Fellow, University of Oxford** Kidney failure is the last stage of chronic kidney disease(CKD). The most important risk factors are diabetes and high blood pressure. Even though the risk factors are very common in the community, awareness about their effects on the kidneys is poor. Since the disease is chronic, it can be present for years and even decades with no symptoms. Hence it is diagnosed quite late in its course. Acceptance of the diagnosis is difficult as symptoms can be trivial even with severe disease. Then there is always the temptation of trying unproven, unscientific treatment offered by quacks as a simple solution to what is really a complex disease process. On the whole more than the disease it is the fear and lack of awareness that extracts a big toll on the patient, her family and society at large. Dr.Prashant C Dheerendra, a well known nephrologist (kidney specialist) from Bangalore, India has written this book to provide the readers with a simple but effective path to prevent and treat chronic kidney disease. The emphasis is on prevention in the early stages. In the later stages preparing well for dialysis and kidney transplantation is emphasized. At all stages advice is given to maintain one's independence and quality of life. "This book is lucidly written and simplifies the process of taking care of patients with chronic kidney disease (CKD). I will certainly recommend this book not only to my own CKD patients but also to health care workers in this field, as a friendly guide on the path to better health." **Dr. Gokulnath Director Nephrology Services, Apollo Hospitals, Bangalore** "This book is a simple and easy to understand guide on all aspects of kidney disease from prevention of chronic kidney disease to dialysis. Everything written in these pages is validated information. The effort put in by Dr. Prashant needs to be commended wholeheartedly." **Dr. H. Sudarshan Ballal Chairman - Manipal Hospitals and Director of Manipal Institute of Nephrology and Urology**

Hyperuricemia is often associated with life-style related disorders such as diabetes mellitus, hypertension, and dyslipidemia, which, in turn, are major causes of CKD. Improved management of hyperuricemia is thus expected to be beneficial for both the general population and CKD patients. This book presents new information on uric acid in tubular transport, early recognition of renal lesions, genetic predisposition, preecclampsia, metabolic syndrome, diabetes, high blood pressure in the young, and the relationship with vitamin D. Moreover, the relationship between AKI and uric acid, as well as the rejection of renal transplants due to hyperuricemia, are discussed. This publication will be of interest to both general practitioners and researchers working in the field of CKD. It provides new insights into renal damage caused by hyperuricemia and into prevention and treatment possibilities.

Cardiovascular, respiratory, and related conditions cause more than 40 percent of all deaths globally, and their substantial burden is rising, particularly in low- and middle-income countries (LMICs). Their burden extends well beyond health effects to include significant economic and societal consequences. Most of these conditions are related, share risk factors, and have common control measures at the clinical, population, and policy levels. Lives can be extended and improved when these diseases are prevented, detected, and managed. This volume summarizes current knowledge and presents evidence-based interventions that are effective, cost-effective, and scalable in LMICs.

Issues in Kidney Disease Research and Treatment: 2012 Edition is a ScholarlyEditions™ eBook that delivers timely, authoritative, and comprehensive information about Kidney Disease. The editors have built Issues in Kidney Disease Research and Treatment: 2012 Edition on the vast information databases of ScholarlyNews.™ You can expect the information about Kidney Disease in this eBook to be deeper than what you can access anywhere else, as well as consistently reliable, authoritative, informed, and relevant. The content of Issues in Kidney Disease Research and Treatment: 2012 Edition has been produced by the world's leading scientists, engineers, analysts, research institutions, and companies. All of the content is from peer-reviewed sources, and all of it is written, assembled, and edited by the editors at ScholarlyEditions™ and available exclusively from us. You now have a source you can cite with authority, confidence, and credibility. More information is available at http://www.ScholarlyEditions.com/.

A Proven Natural Program for Reversing Kidney Disease And Living A Normal Healthy Life

How to Avoid Dialysis and Cure Kidney Disease

Stopping Kidney Disease

Issues in Kidney Disease Research and Treatment: 2011 Edition

Chronic Kidney Disease

Complete Book on Information about Prevention and Treatment of Kidney Disease

This guideline presents clear criteria for testing of chronic kidney disease, for suspecting progressive CKD and referring people for specialist assessment.

The Handbook of Chronic Kidney Disease Management focuses on practical aspects of managing patients with mild to moderate Chronic Kidney Disease (CKD), incorporating the expertise of cardiologists, endocrinologists, general internists, and nephrologists. Chapters include case vignettes and management algorithms, and treatment recommendations reconcile recently published clinical guidelines from NKF, AHA, NCEP, and ADA. In addition, treatment recommendations in this handbook take into account the realities of reimbursements in the U.S.

This guide to the nutritional management of patients with kidney disorders presents the latest information regarding their nutritional requirements, as well as detailing the management of lipid disorders and abnormalities in calcium, phosphorus and bone metabolism.

Save Your Kidneys Second Edition, is a book in English language for the prevention of kidney diseases and education of kidney patients. Incidence of kidney diseases is increasing very fast and awareness about same is very low in society. Cost of therapy of advanced stage of chronic kidney diseases is prohibitively high. So prevention and early diagnosis is the need. Save Your Kidneys is a complete, compact and practical guide on all major kidney problems written by Nephrologist Dr. Edgar W. Linder. Dr. Sanjay Pandya, Elizabeth Ampley, Lapid-Rossia, Coralie Therese C. Dioquino-Dimacali, Filipina Cevallos Schnabel, Contents of this book are divided in to two groups. First part contains all basic information about kidney and major kidney diseases as well as their prevention. First part is aimed for all those individuals who value awareness. Second part contains basic information about early diagnosis care and treatment of common kidney diseases, which every patient and their family needs to know. Book is prepared with long experience of authors to treat kidney patients. So this book will provide answers of all common questions frequently asked by kidney patients about their diseases and normal individual about prevention of kidney problems. Highlights of the Book: Easy to read - aimed to provide up-to-date and practical information about kidney diseases. Simple guidelines that everyone must know to keep kidneys healthy. Simple tips on how to recognize warning signs of kidney diseases to enable an early diagnosis. Practical and detailed treatment advice for a person with chronic kidney diseases, helping delay dialysis or even avoid it altogether. Detailed explanation of dietary selections and restrictions for patients with kidney failure.

A Proven Natural Program for Regaining Kidney Function and Living A Normal Healthy Life

Cardiovascular, Respiratory, and Related Disorders

The Most Complete Manual to Naturally Treat Chronic Kidney Disease (CKD) and Stay Off Dialysis

Chronic Kidney Disease and Hypertension

Chronic Kidney Disease Solution: Starter's Cookbook

The Only Renal Diet Cookbook You Will Ever Need

*A revolutionary program that can instantly postpone the need for dialysis if you've been diagnosed with kidney failure. This book could save your life. If you suffer from diabetes, hypertension, obesity, or any of a host of conditions that put you at risk for kidney disease, you owe it to yourself to read what is in this book. If you are among the 60,000 North Americans who go on dialysis each year, the information in this book could substantially improve your quality of life. In Coping with Kidney Disease, a leading expert tells you, in plain English, what you need to know to: \* Understand kidney failure \* Recognize early warning signs of kidney failure \* Get a proper diagnosis \* Talk with your doctors about it \* Confidently evaluate treatment options \* Take charge of your treatment \* Delay dialysis or even avoid the need for it altogether The centerpiece of Coping with Kidney Disease is Dr. Walser's revolutionary 12-step program for avoiding dialysis. Based on treatments he has pioneered with his own patients at the Johns Hopkins University School of Medicine, the program calls for a supplemented low-protein diet supported by treatments to control blood pressure and correct high cholesterol. So effective has this breakthrough strategy proven to be that in many patients it actually worked to slow or arrest the progression of kidney failure to the point where you will what you need to take charge of kidney disease.*

Chronic Renal Disease

Prevention and Treatment of Chronic Kidney Disease and Kidney Failure - The Common Man's Guide

The Kidney Disease Solution Cookbook

Dr. Sebi Kidney Failure Solution

Disease Control Priorities, Third Edition (Volume 5)

Save Your Kidneys