

The Dance Experience Insights Into History Culture

Structured around a personal account of the illness and death of the author's partner, Jane, this book explores how something hard to bear became a threshold to a world of insight and discovery. Drawing on German Idealism and Jane's own research in the area, *The Aesthetic Experience of Dying* looks at the notion of life as a binary synthesis, or a return enhanced, as a way of coming to understand death. Binary synthesis describes the interplay between dynamically opposing pairs of concepts - such as life and death - resulting in an enhanced version of one of them to move forward in a new cycle of the process. Yet what relevance does this elegant word game have to the shocking diagnosis of serious illness? Struggling to balance reason with sense, thought with feeling, this book examines the experience of caring for someone from diagnosis to death and is illustrated with examples of the return enhanced. The concluding chapter outlines how the tension of Jane's dying has been resolved as the rhythmic patterns of the lifeworld have been understood through the process of reflecting on the experience. This creative and insightful book will appeal to those interested in the medical humanities. It will also be an important reference for practising and student health professionals.

A compelling and detailed "living history," this book chronicles dance through the writings of its greatest innovators.

Feeling initially aimless and out of place in rural Nepal where she accompanied her anthropologist husband for a year of fieldwork, Katharine Bjork Guneratne turned to writing to make sense of her sojourn in the shadow of the Himalaya. The resulting book is both an acute portrait of a village and an intimate account of her struggles to adapt to a different way of life. Like the best cultural travel narratives, *In the Circle of the Dance* draws on the author's experiences to illuminate both exterior and interior worlds. Bjork's book is in many ways a primer on the realities of fieldwork, from setting up house to participating in the work of the village women to finding ways to communicate across cultural divides. It describes how this outsider achieved a gradual and provisional inclusion in the community, an inclusion represented by her participation in a traditional women's circle dance. The book also depicts the effects of modernization and tourism on a society that remained closed to the West well into this century, while offering comparative insights about wider South Asian cultures. The author's lyrical, frequently moving descriptions of everyday life guide her readers through the stages of her cultural apprenticeship. In the end, as Bjork joins the circle dance, she is a stranger to the community still, but a familiar and welcome one. Offers advice to aspiring dancers on turning a passion for the art into a career, featuring information on training regimens, techniques, expression, physical conditioning, and getting ahead in the competitive industry.

Information Experience

Sharing the Dance

A Step-by-Step Guide to Creating Dance for the Screen (2nd ed)

Musicology and Dance

Insights Into History, Culture, and Creativity

Dance Appreciation

Perspectives on dance, young people and change

"Accessible and well researched, [combines] practical and theoretical perspectives on ways that dance shapes the American experience. . . . Highly recommended."--Choice "Unpredictable. Counterintuitive. Stunningly conceived. So you think you know dance history? These anthologies are full of revelations."--Mindy Aloff, editor of *Leaps in the Dark: Art and the World* "This is a picture of American dance--and a picture of America through dance--as we have not conceived of it before, advancing the bold and capacious idea that movement can illuminate who Americans are and who they want to be. A startlingly original compilation that includes stops in the unlikeliest places, it makes the case that following the moving body into every byway of life reveals an America that has been hiding in plain sight. It will be impossible to think of this subject in the same way again."--Suzanne Carbonneau, George Mason University and scholar-in-residence, *Jacob's Pillow Dancing* embodies cultural history and beliefs, and each dance carries with it features of the place where it originated. Influenced by different social, political, and environmental circumstances, dances change and adapt. American dance evolved in large part through combinations of multiple styles and forms that arrived with each new group of immigrants. *Perspectives on American Dance* is the first anthology in over twenty-five years to focus exclusively on American dance practices across a wide span of American culture. This volume and its companion show how social experience, courtship, sexualities, and other aspects of life in America are translated through dancing into spatial patterns, gestures, and partner relationships. In this volume of *Perspectives on American Dance*, the contributors explore a variety of subjects: white businessmen in Prescott, Arizona, who created a "Smoki tribe" that performed "authentic" Hopi dances for over seventy years; swing dancing by Japanese American teens in World War II internment camps; African American jazz dancing in the work of ballet choreographer Ruth Page; dancing in early Hollywood movie musicals; how critics identified "American" qualities in the dancing of ballerina Nana Gollner; the politics of dancing with the American flag; English Country Dance as translated into American communities; Bob Fosse's sociopolitical choreography; and early break dancing as Latino political protest. The accessible essays use a combination of movement analysis, thematic interpretation, and historical context to convey the vitality and variety of American dance. They offer new insights on American dance practices while simultaneously illustrating how dancing functions as an essential template for American culture and identity. Jennifer Atkins is associate professor of dance at Florida State University. Sally R. Sommer is professor of dance and director of the FSU in NYC program at Florida State University. Tricia Henry Young is professor emerita of dance history and former director of the American Dance

Studies program at Florida State University. Contributors: Jennifer Atkins | Kathaleen Boche | Cutler Edwards | Karen Eliot | Lizzie Leopold | Julie Malnig | Adrienne L. McLean | Joellen A. Meglin | Dara Milovanovic | Jill Nunes Jensen | Marta Robertson | Lynette Russell | Sally Sommer, Ph.D. | Daniel J. Walkowitz | Sara Wolf, Ph.D. | Tricia Henry Young

This edited collection is the first book to that focus on the intersection between dance, disability and law. Bringing together a range of writers from different disciplines, this volume considers the question of how we value, validate and speak about diversity in performance practice with a specific focus on the experience of differently-abled dance artists within the changing world of the arts in the UK. *Dance, Disability and Law* addresses the legal frameworks that support or otherwise the work of disabled dancers (including IPR, human rights and medical law) and explore factors that impact on their full participation, including those related to policy, arts funding, dance criticism and audience reception. By bringing together leading voices, this book makes an important contribution to several fields, and in particular the disciplines of dance, law, philosophical aesthetics, disability studies and spectatorship in performance. The long-awaited memoir from one of the most celebrated modern dancers of the past fifty years: the story of her own remarkable career, of the formative years of the Merce Cunningham Dance Company, and of the two brilliant, iconoclastic, and forward-thinking artists at its center—Merce Cunningham and John Cage. From its inception in the 1950s until her departure in the 1970s, Carolyn Brown was a major dancer in the Cunningham company and part of the vibrant artistic community of downtown New York City out of which it grew. She writes about embarking on her career with Cunningham at a time when he was a celebrated performer but a virtually unknown choreographer. She describes the heady exhilaration—and dire financial straits—of the company's early days, when composer Cage was musical director and Robert Rauschenberg designed lighting, sets and costumes; and of the struggle for acceptance of their controversial, avant-garde dance. With unique insight, she explores Cunningham's technique, choreography, and experimentation with compositional procedures influenced by Cage. And she probes the personalities of these two men: the reticent, moody, often secretive Cunningham, and the effusive, fun-loving, enthusiastic Cage. *Chance and Circumstance* is an intimate chronicle of a crucial era in modern dance, and a revelation of the intersection of the worlds of art, music, dance, and theater that is Merce Cunningham's extraordinary hallmark.

Names: McPherson, Katrina, author. Title: Making video dance : a step-by-step guide to creating dance for the screen / Katrina McPherson. Description: Second edition. | Abingdon, Oxon ; New York, NY : Routledge, 2019. | Includes bibliographical references and index. Identifiers: LCCN 2018020888| ISBN 9781138699120 (hardback ; alk. paper) | ISBN 9781138699137 (pbk. ; alk. paper) | ISBN 9781315452654 (ebook) Subjects: LCSH: Dance in motion pictures,

television, etc.--Production and direction--Handbooks, manuals, etc. | Video recordings--Production and direction--Handbooks, manuals, etc. | LCGFT: Handbooks and manuals. Classification: LCC GV1779 .M36 2019 | DDC 792.8--dc23 LC record available at <https://lccn.loc.gov/2018020888>

Understanding Dance

Notes of an Outsider in Nepal

Dancing to Transform

InVisible difference

Contact Improvisation and American Culture

Dancing Through History

The Dance to Death

Providing an understanding of the history, evolution, and universality of dance as an art form, this guidebook explores the significance of dance in culture, the relationship of dance to other art forms, the contributions of great pioneering choreographers, dancers, and teachers, and the creative process. Highlighting an extensive range of types of dance—including ballet, modern, jazz, tap, folk, ethnic, and social—this comprehensive collection features a variety of engaging essays written by experts in their respective fields. Students of dance, professionals, instructors, and enthusiasts will learn what to look for during a performance, and how to appreciate dance styles from around the world. This newly revised edition includes five new chapters and an extensive, annotated appendix of film resources giving helpful suggestions for viewing that will enhance the dance experience. Long treated as peripheral to music history, dance has become prominent within musicological research, as a prime and popular subject for an increasing number of books, articles, conference papers and special symposiums. Despite this growing interest, there remains no thorough-going critical examination of the ways in which musicologists might engage with dance, thinking not only about specific repertoires or genres, but about fundamental commonalities between the two, including embodiment, agency, subjectivity and consciousness. This volume begins to fill this gap. Ten chapters illustrate a range of conceptual, historical and interpretive approaches that advance the interdisciplinary study of music and dance. This methodological eclecticism is a defining feature of the volume, integrating insights from critical theory, film and cultural studies, the visual arts, phenomenology, cultural anthropology and literary criticism into the study of music and dance.

Dance and Light examines the interconnected relationship between movement and design, the fluid partnership that exists between the two disciplines, and the approaches that designers can take to enhance dance performances through lighting design. The book demystifies lighting for the dancer and helps designers understand how the dancer/choreographer thinks about their art form, providing insight into the choreographer's process and exploring how designers can make the most of their resources. The author shares anecdotes and ideas from an almost 50-year career as a lighting designer, along with practical examples and insights from colleagues, and stresses the importance of clear communication between designers, choreographers, and dancers. Attention is also given to the choreographer who wants to learn what light can do to help enhance their work on stage. Written in short, stand-alone chapters that allow readers to quickly navigate to areas of interest, Dance and Light is a valuable resource for lighting

design classes wishing to add a section on dance lighting, as well as for choreography classes who want to better equip young artists for a significant collaborative partnership.

Dance has always been an important aspect of all human cultures, and the study of human movement and action has become a topic of increasing relevance over the last decade, bringing dance into the focus of the cognitive sciences. This book discusses the wide range of interrelations between body postures and body movements as conceptualised in dance with perception, mental processing and action planning. The volume brings together cognitive scientists, psychologists, neuroscientists, choreographers, and ballet teachers, to discuss important issues regarding dance and cognition. First, scientists introduce ideas that offer different perspectives on human movement and therefore can be applied to dance. Secondly, professionals from the world of dance have their say, reporting on how their creative and pedagogical work relates to cognition and learning. Finally, researchers with personal links to the dance world demonstrate how neurocognitive methods are applied to studying different aspects related to dance. This book is suitable for students and professionals from the fields of psychology, neuropsychology, cognitive psychology, sport psychology and sport science, movement science, motor control, motor development, kinesiology, dance, choreography, dance education and dance therapy; to teachers who want to teach dance to students of any age.

The surprising secret to being smarter, stronger, happier

World History of the Dance

Twenty Years with Cage and Cunningham

Dance and Creativity within Dance Movement Therapy

The Dance Experience

The Dance of Life

Historical and Critical Perspectives

Understanding Dance is a comprehensive introduction to the aesthetics of dance, and will be an essential text for all those interested in dance as an object of study. Focusing on the work of a number of major choreographers, companies and critics Graham McFee explores the nature of our understanding of Dance by considering the practice of understanding dance-works themselves. He concludes with a validation of the place of dance in society and in education. Throughout he provides detailed insights into the nature and appreciation of art as well as a general grounding in philosophy.

Dance and Organisation is the first comprehensive work to integrate dance theory and methods into the study of management, which have developed an interest in the arts and the humanities. Dance represents dynamics and change and puts the moving body at the centre, which has been ignored and oppressed by traditional management theory. 'Being' a leader however also means to 'move' like one, and critical lessons can be learned from ballerinas and modern dancers. Leadership is a dialogue, as in the work of musicians, conductors and DJs who manage groups without words. Movement in organisational space, in a museum or a techno club can be understood as a choreography and site-specific performance. Movement also is practically used for leadership and employee development workshops and can be deployed as an organisational research method. By taking a firm interdisciplinary stance in dance studies and organisational research to explore management topics, reflecting on practitioner accounts and research projects, the book seeks to make an innovative contribution to our understanding of the moving body, generating new insights on teamwork, leadership, gender in management, organisational space, training and research methods. It comprises an important contribution to the organizational behaviour and critical management studies disciplines, and looks to push the boundaries of the academic literature.

In response to a scarcity of writings on the intersections between dance and Christianity, Dancing to

Transform examines the religious lives of American Christians who, despite the historically tenuous place of dance within Christianity, are also professional dancers. Emily Wright details how these dancing Christians transform what they perceive as secular professional by transforming concert dance into different kinds of religious practices in order to express individual and communal religious identities. Through a multi-site, qualitative study of four professional dance companies, Wright explores how religious and artistic commitments, everyday lived experience and varied performance contexts influence and shape the approaches of Christian professional dancers to creating, transforming and performing dance. Subsequently, this book provides readers with a greater awareness and appreciation for the complex interactions between American Christianity and dance. This study, in turn, delivers audiences a richer, more nuanced picture of the complex histories of these Christian, dancing communities and offers more fruitful readings of their choreographic productions.

'Quite simply the best book about science and life that I have ever read' - Alice Roberts How does life begin? What drives a newly fertilized egg to keep dividing and growing until it becomes 40 trillion cells, a greater number than stars in the galaxy? How do these cells know how to make a human, from lips to heart to toes? How does your body build itself? Magdalena Zernicka-Goetz was pregnant at 42 when a routine genetic test came back with that dreaded word: abnormal. A quarter of sampled cells contained abnormalities and she was warned her baby had an increased risk of being miscarried or born with birth defects. Six months later she gave birth to a healthy baby boy and her research on mice embryos went on to prove that – as she had suspected – the embryo has an amazing and previously unknown ability to correct abnormal cells at an early stage of its development. The Dance of Life will take you inside the incredible world of life just as it begins and reveal the wonder of the earliest and most profound moments in how we become human. Through Magda 's trailblazing research as a professor at Cambridge – where she has doubled the survival time of human embryos in the laboratory, and made the first artificial embryo-like structures from stem cells – you ' ll discover how early life is programmed to repair and organise itself, what this means for the future of pregnancy, and how we might one day solve IVF disorders, prevent miscarriages and learn more about the dance of life as it starts to take shape. The Dance of Life is a moving celebration of the balletic beauty of life ' s beginnings.

Looking at Contemporary Dance

The Social Anthropology of Process and Performance

Dance Education around the World

The Lived Experience of Improvisation

Making Video Dance

Dance and Organization

Understanding North Korea's Young Dictator

This book explores the experience and value of dancing for people living with the neurodegenerative disorder Parkinson ' s disease. Linking aesthetic values to well-being, Sara Houston articulates the importance of the dancing experience for those with Parkinson ' s, and argues that the benefits of participatory dance are best understood through the experiences, lives, needs and challenges of people living with Parkinson ' s who have chosen to dance. Presenting personal narratives from a study that investigates the experience of people with Parkinson ' s who dance, intertwined with the social and political contexts in which the dancers live, this volume examines the personal and systemic issues as well as the attitudes and identities that shape people ' s relationship to dance. Taking this new primary research as a starting point, Dancing with Parkinson ' s builds an argument for how dance becomes a way of helping people live well with Parkinson ' s.

The Routledge Companion to Dance Studies maps out the key features of dance studies as the field stands today, while pointing to potential future developments. It locates these features both historically–within dance in particular social and cultural contexts–and in relation to other academic influences that have impinged on dance studies as a discipline. The editors use a thematically based approach that emphasizes that dance scholarship does not stand

alone as a single entity, but is inevitably linked to other related fields, debates, and concerns. Authors from across continents have contributed chapters based on theoretical, methodological, ethnographic, and practice-based case studies, bringing together a wealth of expertise and insight to offer a study that is in-depth and wide-ranging. Ideal for scholars and upper-level students of dance and performance studies, *The Routledge Companion to Dance Studies* challenges the reader to expand their knowledge of this vibrant, exciting interdisciplinary field.

The honey bee waggle dance communication is a complex, unique, at times controversial, and ultimately fascinating behavior. In an elaborate figure-of-eight movement, a returning forager conveys the distance and direction from the hive to resources, usually the nectar and pollen that is their food, and it remains one of the most sophisticated, known forms of non-human communication. Not surprisingly, since its discovery more than 60 years ago by Karl von Frisch, the dance has been subject to investigations that span from basic biology through human culture and neurophysiology to landscape ecology. Here we collate recent advances in our understanding of the dance.

Based on ethnographic research conducted in 'Starlets', a lap-dancing club in the North of England, this book delves into what is often seen as the 'deviant', and 'stigmatized' world of lap-dancing. As well as the relationships between dancers, the author offers a unique insider's account of lap-dancing club culture, having worked as a lap-dancer both prior to, and during, the study. The book tells a fascinating tale of the author's experiences working as a lap dancer and the insights this has provided. This book projects a textured picture of working, socializing and living as a lap-dancer by following the dancer from the beginning of her career, to her eventual exit; providing a fluid and comprehensive examination of the occupation of lap-dancing. As well as building on the popular themes of 'dancer motivation', 'dancer exploitation/empowerment' and risk already embedded in existing literature, this book also offers completely new insight into this industry by drawing attention to the occupational subculture of which lap-dancers at 'Starlets' were found to be a part. This book is recommended for anyone studying or researching in this field.

The Partnership Between Choreography and Lighting Design

The Wise Body

The Dance Cure

History of Dance

Conversations with Experienced Dancers

A Guide for the Internet Age

Nordic Dance Spaces

Dance Appreciation is an exciting exploration of how to understand and think about dance in all of its various contexts. This book unfolds a brief history of dance with engaging insight into the social, cultural, aesthetic, and kinetic aspects of various forms of dance. Dedicated chapters cover ballet, modern, tap, jazz, and hip-hop dance, complete with summaries, charts, timelines, discussion questions, movement prompts, and an online companion website all designed to foster awareness of and appreciation for dance in a variety of contexts. This wealth of resources helps to uncover the fascinating history that makes this art form so diverse and entertaining, and to answer the questions of why we dance and how we dance. Written for the novice dancer as well as the more experienced dance student, Dance Appreciation enables readers to learn and think critically about dance as a form of entertainment and art.

Improvisation is crucial to a wide range of artistic activities—most prominently, perhaps, in music, but extending to other fields of experience such as literature and pedagogy. Yet it gets short shrift in both appreciation and analysis of art within education. This is in no small part due to our tendency to view the world in fixed categories and structures

that belie our ability to generate creative, ground-breaking responses within and between those structures. The Lived Experience of Improvisation draws on an analysis of interviews with highly regarded improvisers, including Roscoe Mitchell, Pauline Oliveros and George Lewis. Simon Rose also exploits his own experience as a musician and teacher, making a compelling case for bringing back improvisation from the margins. He argues that improvisation is a pervasive aspect of being human and that it should be at the heart of our teaching and understanding of the world.

In Sharing the Dance, Cynthia Novack considers the development of contact improvisation within its web of historical, social, and cultural contexts. This book examines the ways contact improvisers (and their surrounding communities) encode sexuality, spontaneity, and gender roles, as well as concepts of the self and society in their dancing. While focusing on the changing practice of contact improvisation through two decades of social transformation, Novack's work incorporates the history of rock dancing and disco, the modern and experimental dance movements of Merce Cunningham, Anna Halprin, and Judson Church, among others, and a variety of other physical activities, such as martial arts, aerobics, and wrestling.

This book comprises innovative research on the information behavior of various age groups. It also looks at special populations such as ethnic minorities, indigenous peoples, and users with disabilities. The book presents research and reflections on designing systems that help the new generation cope with a complex knowledge society.

Chance and Circumstance

The Neurocognition of Dance

A Philosophy of Bodily Becoming

Music and Heritage

Ballroom Biology: Recent Insights into Honey Bee Waggle Dance Communications

Mind, Movement and Motor Skills

Dance and Light

Dance and Creativity within Dance Movement Therapy discusses the core work and basic concepts in dance movement therapy (DMT), focusing on the centrality of dance, the creative process and their aesthetic-psychological implications in the practice of the profession for both patients and therapists. Based on interdisciplinary and multidisciplinary inputs from fields such as philosophy, anthropology and dance, contributions examine the issues presented by cultural differences in DMT through the input of practitioners from several diverse countries. Chapters blend theory and case studies with personal, intimate reflections to support critical descriptions of DMT interventions and share methods to help structure practice and facilitate communication between professionals and researchers. The book's multicultural, multidisciplinary examination of the essence of dance and its countless healing purposes will give readers new insights into the value and functions of dance both in and out of therapy.

Dance has been connected to the practices and ideologies that have shaped notions of a Nordic region for more than a century and it is ingrained into the culture and society of the region. This book investigates different dance phenomena that have either engaged with or dismantled notions of Nordicism. Looking to the motion of dancers and dance forms between different locations, organizations and networks of individuals, its authors discuss social dancing, as well as historical processes associated with collaborations in folk dance and theatre dance. They consider how similarities and differences between the Nordic countries may be discerned, for instance in patterns of reception at the arrival of dance forms from outside the Nordic countries - and vice versa, how dance from the Nordic countries is received in other parts of the world, as seen for example in the Nordic Cool Festival at the Kennedy

Centre in 2013. The book opens a rare window into Nordic culture seen through the prism of dance. While it grants the reader new insights into the critical role of dance in the formation and imagining of a region, it also raises questions about the interplay between dance practices and politics.

Setting dance within a cultural context that is both understandable and interesting, this insightful reference captures the true art form of dance and traces the activity of dance as it existed down through the ages and all over the world. Beginning with the origins of dance and moving on to what takes place on Western dance stages today, this volume offers a sweeping overview of primitive, ethnic, and folk dance forms ... examines the major branches of Western dance art including ballet from its inception in 16th century Europe, modern dance, jazz, avant-garde, and the international eclectic contemporary scene ... tracks the repertory, technical training of performers, and creative theory of the many traditions that unify this art form ... includes discussions of significant dancers, their contributions, and the performers that inspired them; the background of period styles; pertinent ideas of major choreographers; capsule biographies of outstanding dance artists; effects of music and design on choreography; national characteristics of dance; the psychology of performers; and coverage on such concepts as Classic, Romantic, and Avant-garde to clarify trends and invoke thought on the Dance Art and society ... and makes many comparisons to current day events. Suitable for anyone involved or interested in dance history.

History of Dance, Second Edition, offers readers a panoramic view of dance from prehistory to the present. The text covers the dance forms, designs, artists, costumes, performing spaces, and accompaniments throughout the centuries and around the globe. Its investigative approach engages students in assignments and web projects that reinforce the learning from the text, and its ancillaries for both teachers and students make it easy for students to perceive, create, and respond to the history of dance. New to This Edition History of Dance retains its strong foundations from the first edition while adding these new and improved features:

- An instructor guide with media literacy assignments, teaching tips, strategies for finding historical videos, and more
- A test bank with hundreds of questions for creating tests and quizzes
- A presentation package with hundreds of slides that present key points and graphics
- A web resource with activities, extensions of chapter content, annotated links to useful websites, and study aids
- Developing a Deeper Perspective assignments that encourage students to use visual or aesthetic scanning, learn and perform period dances, observe and write performance reports, develop research projects and WebQuests (Internet-based research projects), and participate in other learning activities
- Experiential learning activities that help students dig deeper into the history of dance, dancers, and significant dance works and literature
- Eye-catching full-color interior that adds visual appeal and brings the content to life

Also new to this edition is a chapter entitled “ Global Interactions: 2000–2016, ” which examines dance in the 21st century. Resources and Activities The web resources and experiential learning activities promote student-centered learning and help students develop critical thinking and investigative skills. Teachers can use the experiential learning activities as extended projects to help apply the information and to use technology to make the history of dance more meaningful. Three Parts History of Dance is presented in three parts. Part I covers early dance history, beginning with prehistoric times and moving through ancient civilizations in Greece, Crete, Egypt, and Rome and up to the Renaissance. Part II explores dance from the Renaissance to the 20th century, including a chapter on dance in the United States from the 17th through 19th centuries. Part III unfolds the evolution of American dance from the 20th century to the present, examining imported influences, emerging modern dance and ballet, and new directions for both American ballet and modern dance. Chapters Each chapter focuses on the dancers and choreographers, the dances, and significant dance works and literature from the time period. Students will learn how dance

design has changed through the ages and how new dance genres, forms, and styles have emerged and continue to emerge. The chapters also include special features, such as History Highlight sidebars and Time Capsule charts, to help students place dancers, events, and facts in their proper context and perspective. Vocabulary words appear at the end of each chapter, as do questions that prompt review of the chapter's important information. The text is reader-friendly and current, and it is supported by the national standards in dance, arts education, social studies, and technology education. Through History of Dance, students will acquire a well-rounded view of dance from the dawn of time to the present day. This influential text offers students a foundation for understanding and a springboard for studying dance in the 21st century.

The Complete Resource for Aspiring Dancers

The Dance of Anger

Society and the Dance

Perspectives on American Dance

An Ethnography of Lap Dancing

The Dance Bible

A Woman's Guide to Changing the Patterns of Intimate Relationships

The renowned classic and New York Times bestseller that has transformed the lives of millions of readers, dramatically changing how women and men view relationships. Anger is something we feel. It exists for a reason and always deserves our respect and attention. We all have a right to everything we feel—and certainly our anger is no exception. "Anger is a signal and one worth listening to," writes Dr. Harriet Lerner in her renowned classic that has transformed the lives of millions of readers. While anger deserves our attention and respect, women still learn to silence our anger, to deny it entirely, or to vent it in a way that leaves us feeling helpless and powerless. In this engaging and eminently wise book, Dr. Lerner teaches both women and men to identify the true sources of anger and to use it as a powerful vehicle for creating lasting change. For decades, this book has helped millions of readers learn how to turn their anger into a constructive force for reshaping their lives. With a new introduction by the author, The Dance of Anger is ready to lead the next generation.

Dance has the power to change the lives of young people. It is a force in shaping identity, affirming culture and exploring heritage in an increasingly borderless world. Creative and empowering pedagogies are driving curriculum development worldwide where the movement of peoples and cultures generates new challenges and possibilities for dance education in multiple contexts. In Dance Education around the World: Perspectives on Dance, Young People and Change, writers across the globe come together to reflect, comment on and share their expertise and experiences. The settings are drawn from a spectrum of countries with contributions from Europe, the Americas, the Middle East, Asia, the Pacific and Africa giving insights and fresh

perspectives into contrasting ideas, philosophies and approaches to dance education from Egypt to Ghana, Brazil to Finland, Jamaica to the Netherlands, the UK, USA, Australia, New Zealand and more. This volume offers chapters and narratives on: Curriculum developments worldwide Empowering communities through dance Embodiment and creativity in dance teaching Exploring and assessing learning in dance as artistic practice Imagined futures for dance education Reflection, evaluation, analysis and documentation are key to the evolving ecology of dance education and research involving individuals, communities and nations.

Dance Education around the World: Perspectives on Dance, Young People and Change provides a great resource for dance educators, practitioners and researchers, and pushes for the furtherance of dance education around the world. Charlotte Svendler Nielsen is Assistant professor and head of educational studies at the Department of Nutrition, Exercise and Sports, research group Body, Learning and Identity, University of Copenhagen, Denmark. Stephanie Burridge lectures at Lasalle College of the Arts and Singapore Management University, and is the series editor for Routledge *Celebrating Dance in Asia and the Pacific*.

"Peter has brilliantly put into words what I have felt my whole dancing life: that the power of dance can liberate and change all our lives." Darcey Bussell
Humans are born to dance. And in today's sedentary world, we would all benefit from doing more of it. Science shows that just ten minutes of dancing provides a thorough work out for the body and brain, raising the heartbeat to cause a release of feel-good endorphins, connecting us to our emotions and reducing our stress levels. Dancing quite simply makes us feel more alive. Dr Peter Lovatt, a former professional dancer turned dance psychologist, has spent the past two decades studying why we dance and what it does for us, and is on a personal mission to make dancing as natural an activity in our daily lives as walking or drinking coffee. Filled with fascinating case studies from his research as well as great stories from dance history, *The Dance Cure* will inspire even those who think they "can't dance" to turn the music on, get up on the floor and dance themselves happy.

Interviews with twelve distinguished dancers, from different cultural backgrounds, who have continued to perform well beyond the conventional retirement age for dancers. The interviews challenge widely held prejudices about dance and age and hold illuminating observations from practitioners with 30, 40 or 50 years experience of the dancer's life.

Integrating Dance Theory and Methods into the Study of Management

Approaches to Theory and Practice

Dance as a Theatre Art

The Twentieth Century

Symmetry, Cells and How We Become Human

The Aesthetic Experience of Dying

Within intellectual paradigms that privilege mind over matter, dance has long appeared as a marginal, derivative, or primitive art. Drawing support from theorists and artists who embrace matter as dynamic and agential, this book offers a visionary definition of dance that illuminates its constitutive work in the ongoing evolution of human persons. *Why We Dance* introduces a philosophy of bodily becoming that posits bodily movement as the source and telos of human life. Within this philosophy, dance appears as an activity that humans evolved to do as the enabling condition of their best bodily becoming. Weaving theoretical reflection with accounts of lived experience, this book positions dance as a catalyst in the development of human consciousness, compassion, ritual proclivity, and ecological adaptability. Aligning with trends in new materialism, affect theory, and feminist philosophy, as well as advances in dance and religious studies, this work reveals the vital role dance can play in reversing the trajectory of ecological self-destruction along which human civilization is racing.

'The young dictator comes under close scrutiny in this intelligent account' Sunday Times The mysterious, brutal, and calculating Kim Jong Un has risen to become the unchallenged dictator of a nuclear rogue state. He now possesses weaponry capable of threatening America and its allies, and his actions have already significantly changed global politics. It's believed that Kim Jong Un is in his thirties, only a few years into what will likely be decades of leadership. He is in the news almost every day, and yet we still know almost nothing about him and how he became the supreme leader of the hermit kingdom. Former CIA analyst and North Korea expert Jung H. Pak reveals the explosive story of Kim Jong Il's third son: the spoilt and impetuous child, the mediocre student, the ruthless murderer, the shrewd grand strategist.

"Organized chronologically by the decades in which innovators were born or dance organizations were founded, [this history] covers more than 110 choreographers, companies, institutions, and dancers from both modern dance and ballet, and from around the world. Readers can view clips of dances from over 220 Internet search addresses that illustrate the text. Videographies are provided at the end of each chapter for viewing complete dances and documentaries."--P. [4] of cover.

Annotation Includes 15 week course guide for teachers.

Becoming Kim Jong Un

Practicing and Imagining a Region

Why We Dance

Source Readings in Dance History from 1581 to the Present

Dirty Dancing

New Perspectives on Place-making and Sonic Identity

Philosophy, Pedagogy, Practice

Music and Heritage provides new thinking about the diverse ways people engage with heritage. By exploring the relationships that exist between music, place and identity, the book illustrates how people form attachments to place and how such attachments are represented by sound and music--

making. Presenting case studies and perspectives from across a range of genres, the volume argues that combining music with heritage provides an alternative and productive opportunity to think about heritage values and place attachment. Contributions to this edited collection use a diversity of methods, perspectives, cues and genres to reflect critically on issues related to these and other interconnections in ways that encourage new thinking about the character, meaning and purpose of cultural heritage, and the various ways in which people can interact with it through sound – thus re-encountering the supposedly familiar world around them. Taking heritage studies, musicology and place-making research in new directions, *Music and Heritage* will be of interest to academics and students engaged in the study of heritage, history, music, geography and anthropology. It will also be relevant to those with an interest in how music relates to place-making and place attachment, as well as to practitioners and policymakers working in the planning, design and creative sectors. What happens when artists take touch as a starting point for embodied research? This collection of essays offers unique insights into contact in dance, by considering the importance of touch in choreography, philosophy, scientific research, social dance, and education. The performing arts have benefitted from the growth of an ever-widening spectrum of tactile explorations since the advent of contact improvisation (CI) in 1972. Building on the research proposal CI offers, partnering forms such as tango, martial arts, and somatic therapies have helped shape the landscape of embodied practices in contemporary dance. Presenting a range of practitioner and scholarly perspectives relevant to undergraduate students and researchers alike, this volume considers the significance of touch in the development of 21st century pedagogy, art-making, and performance philosophy.

Presenting seven examples from Africa, Southeast Asia, Melanesia and Oceania, this study attempts to further the anthropological understanding of dance's social significance and critical relevance by exploring it as a reflection of social forces.

The Routledge Companion to Dance Studies

How Concert Dance Becomes Religious in American Christianity
In the Circle of the Dance

Thinking Touch in Partnering and Contact Improvisation
International Perspectives
Dance, Disability and Law
Dancing with Parkinson's