

## The Autobiography Of A Yogi Hindi

Autobiography of a Yogi introduces the reader to the life of Paramahansa Yogananda and his encounters with spiritual figures of both the Eastern and the Western world. The book follows him through childhood, how he met his guru, and how he became a monk and established his teachings of Kriya Yoga meditation. He also chronicles his journey to speak in a religious congress in Boston, Massachusetts and his travels across America lecturing and establishing his teachings in Los Angeles, California. Autobiography of a Yogi has been in print for seventy years and translated into over fifty languages. It is highly acclaimed as a spiritual classic that serves as an introduction to the methods of attaining God-realization and to the spiritual wisdom of the East. One of the most famous advocates for the book was Steve Jobs, who ensured a copy was handed out to everyone at his memorial service. This case laminate collector's edition includes a Victorian inspired dust-jacket.

Autobiography of a Yogi is an immensely gratifying spiritual read that has altered and enriched the lives of millions across the world, since it was first published in 1946. An originaive text that tells the story of Paramahansa Yogananda, this book has been revered for its memorable, incisive and instructive teachings. This spiritual autobiography will take you on an incredible journey of Indian mysticism and spirituality and deliver humbling, comforting truths about life and existence.

Paramahansa Yogananda's remarkable life story takes you on an unforgettable exploration of the world of saints and yogis, science and miracles, death and resurrection. Millions of us are drawn each year to find the one great book that will capture our imagination and inspire us to chart a course to personal and professional fulfillment. 50 Success Classics is the first and only 'bite-sized' guide to the books that have helped legions of readers unleash their potential and discover the secrets of success. Mapping the road to prosperity, motivation, leadership and life success, 50 Success Classics summarizes each work's key ideas to make clear how these timeless insights and techniques can inform, inspire and illuminate a path to authentic achievement. Following his recent bestseller 50 Self-Help Classics, Tom Butler-Bowden presents this wide-ranging selection of enduring works in the literary and the legendary: pioneering thinkers, philosophers and powerful leaders who have shown us how to Think and Grow Rich, acquire The 7 Habits of Highly Effective People, become The One-Minute Manager, solve the challenging puzzle of Who Moved My Cheese? and discover The Art of Wordly Wisdom. From the inspirational rags-to-riches stories of such entrepreneurs as Andrew Carnegie, Warren Buffet and Sam Walton to the leadership lessons of Sir Ernest Shackleton, Eleanor Roosevelt, Abraham Lincoln and Nelson Mandela, 50 Success Classics goes back to the basics to find the classic books on staying true to ourselves and fulfilling our potential. Practical yet philosophical, sensible yet stimulating, the 50 all-time classics span biography and business, psychology and ancient philosophy, exploring the rich and fertile ground of books that have helped millions of people achieve success in their work and personal lives.

Understanding the Hidden Teachings of the Gospels

The classic story of one of India 's greatest spiritual thinkers

Biography of a Yogi

The Original 1946 Edition plus Bonus Material

Michael A. Singer, author of *The Untethered Soul*, tells the extraordinary story of what happened when, after a deep spiritual awakening, he decided to let go of his personal preferences and simply let life call the shots. As Singer takes you on this great experiment and journey into life's perfection, the events that transpire will both challenge your deepest assumptions about life and inspire you to look at your own life in a radically different way. Spirituality is meant to bring about harmony and peace. But the diversity of our philosophies, beliefs, concepts, and views about the soul often leads to confusion. To reconcile the noise that clouds spirituality, Michael Singer combines accounts of his own life journey to enlightenment - from his years as a hippie-loner to his success as a computer program engineer to his work in spiritual and humanitarian efforts - with lessons on how to put aside conflicting beliefs, let go of worries, and transform misdirected desires. Singer provides a road map to a new way of living not in the moment, but to exist in a state of perpetual happiness.

This acclaimed autobiography presents a fascinating portrait of one of the great spiritual figures of our time. With engaging candor, eloquence, and wit, Paramahansa Yogananda narrates the inspiring chronicle of his life: the experiences of his remarkable childhood, encounters with many saints and sages during his youthful search throughout India for an illumined teacher, ten years of training in the hermitage of a revered yoga master, and the thirty years that he lived and taught in America. Also recorded here are his meetings with Mahatma Gandhi, Rabindranath Tagore, Luther Burbank, the Catholic stigmatist Therese Neumann, and other celebrated spiritual personalities of East and West. Autobiography of a Yogi is at once a beautifully written account of an exceptional life and a profound introduction to the ancient science of Yoga and its time-honored tradition of meditation. The author clearly explains the subtle but definite laws behind both the ordinary events of everyday life and the extraordinary events commonly termed miracles. His absorbing life story thus becomes the background for a penetrating and unforgettable look at the ultimate mysteries of human existence.

The autobiography of Paramahansa Yogananda (1893- 1952) details his search for a guru, during which he encountered many spiritual leaders and world-renowned scientists. When it was published in 1946 it was the first introduction of many westerners to yoga and meditation. The famous opera singer Amelia Galli-Curci said about the book: "Amazing, true stories of saints and masters of India, blended with priceless superphysical information-much needed to balance the Western material efficiency with Eastern spiritual efficiency-come from the vigorous pen of Paramahansa Yogananda, whose teachings my husband and myself have had the pleasure of studying for twenty years."

Autobiography of a Yogi is an eloquently written story of an extraordinary life and an inspiring meditation on the art of yoga. Written decades ago, this poignant autobiography still has ample vigor and relevance in today's world.

Steve Jobs

God Talks With Arjuna

The Yoga of Jesus

Songs of the soul

(With Pictures)

As a young man Paramhansa Yogananda embarked on a quest to find his spiritual master, which he did in the form of Swami Sri Yukteswar together they achieved 'a oneness of silence, words seemed the rankest superfluties'. A mixture of biography and scholarly reflections on the deepest mysteries of life, this is the classic text which introduced millions in the West to the teachings of meditation and kriya yoga. "

This is a book of inspirational stories of Swami Rama's experiences and lessons learned with the great teachers who guided his life including Mahatma Gandhi, Tagore and more. "Buy this book for yourself. Each page is filled with joy and cheer. What I like best us that Swami Rama's message does not require us to transform ourselves, it teaches that we are already perfect." -- Judith Benn Hurley, author of *The Good Herb*, *Savouring the Day and Healing Secrets of the Seasons* "One of the great spiritual classics of all time. An insider's view of hidden adepts who live outside time and space as we know it, yogis and yogis who can't possibly exist-but do!" -- Linda Johnsen, author of *The Living Goddess: Reclaiming the Tradition of the Mother of the Universe*

"Contains selected excerpts from Paramahansa Yogananda's book "The Second Coming of Christ. The Resurrection of the Christ Within You," which book is a commentary on the New Testament gospels and noncanonical source material, focusing on the quest to uncover the original teachings of Jesus"--Provided by publisher.

The life story of spiritualist Yogananda from his childhood in India to the thirty years he lived and taught in America.

Complete Book of Yoga

The Classic Story of One of India's Greatest Spiritual Thinkers

Yogananda and the Birth of Modern Yoga

Apprenticed to a Himalayan Master

Swami Vivekananda revealed to the world the true foundations of India's unity as a nation. He taught how a nation with such a vast diversity can be bound together by a feeling of humanity and brother-hood. Vivekananda emphasized the points of drawbacks of western culture and the contribution of India to overcome those. Netaji Subhash Chandra Bose once said: "Swamiji harmonized the East and the West, religion and science, past and present. And that is why he is great. Our countrymen have gained unprecedented self-respect, self-reliance and self-assertion from his teachings." Vivekananda was successful in constructing a virtual bridge between the culture of East and the West. He interpreted the Hindu scriptures, philosophy and the way of life to the Western people. He made them realize that in spite of poverty and backwardness, India had a great contribution to make to world culture. He played a key role in ending India's cultural isolation from the rest of the world.

A Top 100 Spiritual Book of the Twentieth Century This is a new edition, featuring previously unavailable material, of a true spiritual classic. Autobiography of a Yogi is one of the best-selling Eastern philosophy titles of all-time, with millions of copies published. New Bonus Materials added to this edition include: a) the last chapter that Yogananda wrote in 1951 covering the years 1946-1951 that was not originally available in the first edition (and without posthumous changes), b) the eulogy that Yogananda wrote for Gandhi, and c) a new afterword by Swami Kriyananda, one of Yogananda's closest direct disciples. Yogananda's masterpiece has been named one of the greatest and most influential books of the twentieth century. This highly prized verbatim reprinting of the original 1946 edition is (unlike other publishers' editions) free from textual changes made after Yogananda's death. Yogananda was the first yoga master of India whose mission brought him to live and teach in the West. His firsthand account of his life experiences in India includes childhood revelations, stories of his visits to saints and masters in India, and long-secret teachings of yoga and Self-realization that he first made available to the Western reader.

Draws on more than forty interviews with Steve Jobs, as well as interviews with family members, friends, competitors, and colleagues to offer a look at the co-founder and leading creative force behind the Apple computer company. This powerful book shows you how to transform your life: - Dislodge negative thoughts & depression - Uproot fear and thoughts of failure ? even in the midst of trying circumstances - Cure nervousness - Systematically eliminate worry from your life - Overcome anger, sorrow, over-sensitivity, and a host of other troublesome emotional responses - Learn to strengthen the heroic element in yourself.

Autobiography of a Yogi (Indonesian)

Autobiography of a Yogi (100 Copy Collector's Edition)

The Story of the Yogi Who Became the First Modern Guru

Unabridged 1946 Edition

Autobiography Of A Yogi Bengali

With over four million copies in print, Paramahansa Yogananda's autobiography has been translated into thirty-three languages, and it still serves as a gateway into yoga and alternative spirituality for countless North American practitioners. This book examines Yogananda's life and work toclarify linkages between the seemingly disparate aspects of modern yoga, and illuminates the intimate connections between yoga and metaphysically-leaning American traditions such as Unitarianism, New Thought, and Theosophy. Instead of treating yoga as a stable practice, Anya P. Foxen proposes thatit is the figure of the Yogi that give the practice of his followers both form and meaning. Focusing on Yogis rather than yoga during the period of transnational popularization highlights the continuities in the concept of the Yogi as superhuman even as it illuminates the transformation of thepractice itself. Skillfully balancing traditional yogic ritual, metaphysical spirituality, physical culture, and a flair for the stage, Foxen shows, Yogananda taught a proto-modern yoga to his American audiences. His Yogoda program has remained under the radar of yoga scholarship due to its lack of reliance onrecognizable postures. However, as a regimen of training for the modern Yogi, Yogananda's method synthesizes the spiritual and superhuman aspirations of Indian traditions with the metaphysical and health-oriented sensibilities of Euro-American progressivism in a way that exactly prefigurespresent-day transnational yoga culture. Yet, at the heart of it all, Yogananda retains a sense of what it means to be a Yogi: his message is that the natural destiny of the human is the superhuman.

Selected as "One of the 100 Best Spiritual Books of the 20th Century," Yogananda's Autobiography of a Yogi has been translated into over 33 languages, and is regarded worldwide as a spiritual classic. It reads like an adventure story while answering questions about religion, God, existence, yoga, higher consciousness, and the challenges of daily spiritual living.

The metamorphosis of Mumtaz Ali Khan into Sri 'M', a yogi with profound knowledge of the Upanishads and deep personal insights, born of first hand experiences with higher levels of consciousness is indeed a fascinating story. He traveled to snow clad Himalayas at 19 where he met and lived for several years with a real yogi, Babaji.

Throughout the decades, one title that continues to appear on best-seller lists is Paramahansa Yogananda's Autobiography of a Yogi. This timeless book remains a seminal work in the field of Eastern religion -- the definitive introduction to the science and philosophy of yoga meditation that draws more readers worldwide than any other. All 100 editions of the Autobiography include extensive material added by the author after the first edition was published, including a final chapter on the closing years of his life. Also included are numerous high-quality photographs and a complete subject index.

Autobiography of a Yogi - With Pictures

Autobiography of a Blue-eyed Yogi

50 Success Classics

Autobiography, Religious

The Bhagavad Gita

A fascinating look at India's remarkable impact on Western culture, this eye-opening popular history shows how the ancient philosophy of Vedanta and the mind-body methods of Yoga have profoundly affected the worldview of millions of Americans and radically altered the religious landscape. What exploded in the 1960s, following the Beatles trip to India for an extended stay with their new guru, Maharishi Mahesh Yogi, actually began more than two hundred years earlier, when the United States started importing knowledge--as well as tangy spices and colorful fabrics--from Asia. The first translations of Hindu texts found their way into the libraries of John Adams and Ralph Waldo Emerson. From there the ideas spread to Henry David Thoreau, Walt Whitman, and succeeding generations of receptive Americans, who absorbed India's "science of consciousness" and wove it into the fabric of their lives. Charismatic teachers like Swami Vivekananda and Paramahansa Yogananda came west in waves, prompting leading intellectuals, artists, and scientists such as Aldous Huxley, Joseph Campbell, Allen Ginsberg, J. D. Salinger, John Coltrane, Dean Ornish, and Richard Alpert, aka Ram Dass, to adapt and disseminate what they learned from them. The impact has been enormous, enlarging our current understanding of the mind and body and dramatically changing how we view ourselves and our place in the cosmos. Goldberg paints a compelling picture of this remarkable East-to-West transmission, showing how it accelerated through the decades and eventually moved from the counterculture into our laboratories, libraries, and living rooms. Now physicians and therapists routinely recommend meditation, words like karma and mantra are part of our everyday vocabulary, and Yoga studios are as ubiquitous as Starbucks. The insights of India's sages permeate so much of what we think, believe, and do that they have redefined the meaning of life for millions of Americans--and continue to do so every day. Rich in detail and expansive in scope, American Veda shows how we have come to accept and live by the central teaching of Vedic wisdom: "Truth is one, the wise call it by many names."

What stops you performing at your best? Your ego. Your ego is your natural defence system, triggered when strong emotions such as anxiety and fear sweep through you. When you're doing something important - preparing for an exam, taking a driving test, speaking in public, making a business presentation, or striving to improve your performance in sport - your ego is sure to interfere. By enabling you to understand your underlying motivations and anxieties, DETOX YOUR EGO helps you improve the way you go about achieving those goals. DETOX YOUR EGO takes you on a journey of self-discovery, a process that enables you to master your own ego in order to increase your health, happiness and purpose. Psychologist Steven Sylvester's inspiring and ground-breaking approach focuses on a brand new approach to winning. In DETOX YOUR EGO, Sylvester shares for the very first time the seven easy steps to be freer, happier and more successful in your life. DETOX YOUR EGO liberates you to be the best that you can be.

"In the fall, I went for walks and brought home bones. The best bones weren't on trails--deer and moose don't die conveniently--and soon I was wandering so far into the woods that I needed a map and compass to find my way home. When winter came and snow blew into the mountains, burying the bones, I continued to spend my days and often my nights in the woods. I vaguely understood that I was doing this because I could no longer think; I found relief in walking up hills. When the night temperatures dropped below zero, I felt visited by necessity, a baseline purpose, and I walked for miles, my only objective to remain upright, keep moving, preserve warmth. When I was lost, I told myself stories . . ." So Charles D'Ambrosio recounted his life in Phillipsburg, Montana, the genesis of the brilliant stories collected here, six of which originally appeared in *The New Yorker*. Each of these eight burnished, terrifying, masterfully crafted stories is set against a landscape that is both deeply American and unmistakably universal. A son confronts his father's madness and his own hunger for connection on a misguided hike in the Pacific Northwest. A screenwriter fights for his sanity in the bleak corridors of a Manhattan psych ward while lusting after a ballerina who sets herself ablaze. A Thanksgiving hunting trip in Northern Michigan becomes the scene of a haunting reckoning with marital infidelity and desperation. And in the magnificent title story, carpenters building sets for a porn movie drift dreamily beneath a surface of sexual tension toward a racial violence they will never fully comprehend. Taking place in remote cabins, asylums, Indian reservations, the backroads of Iowa and the streets of Seattle, this collection of stories, as muscular and challenging as the best novels, is about people who have been orphaned, who have lost connection, and who have exhausted the ability to generate meaning in their lives. Yet in the midst of lacerating difficulty, the sensibility at work in these fictions boldly insists on the enduring power of love. D'Ambrosio conjures a world that is fearfully inhospitable, darkly humorous, and touched by glory; here are characters, tested by every kind of failure, who struggle to remain human, whose lives have been sharpened rather than numbed by adversity, whose apprehension of truth and beauty has been deepened rather than defeated by their troubles. Many writers speak of the abyss. Charles D'Ambrosio writes as if he is inside of it, gazing upward, and the gaze itself is redemptive, a great yearning ache, poignant and wondrous, equal parts grit and grace. A must read for everyone who cares about literary writing, *The Dead Fish Museum* belongs on the same shelf with the best American short fiction.

Paramahansa Yogananda's Collected Talks and Essays present in-depth discussions of the fast range of inspiring and universal truths that have captivated millions in his Autobiography of a Yogi. Readers will find these talks alive with the unique blend of all-embracing wisdom, encouragement, and love for humanity that have made the author one of our era's most revered and trusted guides to the spiritual life. In this anthology of talks, Paramahansa Yogananda speaks to the deepest needs of the human heart and soul. He shows how we can meet the daily challenges to our physical, psychological, emotional, and spiritual well-being by awakening our divine nature, the neglected reality at the core of our being. The practical, how-to-live talks in this volume show how each of us can discover the limitless inner resources already present within our souls, and bring greater harmony to ourselves, our families, our communities, our world. Topics include: How to Cultivate Divine Love Do Souls Reincarnate? How to Free Yourself from Bad Habits The Yoga Art of Overcoming Mortal Consciousness and Death Practicing Religion Scientifically.

The Wisdom of Yogananda

Russian Edition

Detox Your Ego

The Autobiography of a Yogi

Baba

This is the 70th-anniversary edition of Autobiography of a Yogi. Designated one of the 100 most important spiritual books of the 20th century, this book is the reprint of the 1946 first edition, with all its intact inherent power. Autobiography of a Yogi is the autobiography of the realized master Paramahansa Yogananda and his encounters with spiritual figures of both the East and the West. The autobiography begins with Yogananda's childhood family life, to finding his guru, to becoming a monk and establishing his teachings of Kriya Yoga meditation. The book continues in 1920 when Yogananda accepts an invitation to speak in a religious congress in Boston, Massachusetts, USA. He then travels across America lecturing and establishing his teachings in Los Angeles, California. Autobiography of a Yogi is both an engaging narrative of Yogananda's life, as well as a monumental work of spiritual teaching. It has been in print for seventy years and has been highly acclaimed as a spiritual classic. A timeless masterpiece. One Volume, 502 pages.

"One of the best-loved scriptures in the world, the Bhagavad Gita has been translated by many scholars and poets over thousands of years. This new version, rendered in modern english prose by Swami Kriyananda, is based on the interpretations of his Guru, Paramahansa Yogananda, author of Autobiography of a Yogi." "The Gita is the heroic story of the battlefield counsel given by Krishna to Arjuna just prior to the start of a great war. Responding to Arjuna's moral dilemma over fighting against his beloved friends, family, and teachers, Krishna advises Arjuna on his duties as a warrior. Yogananda's insights reveal that The Gita is in fact a spiritual allegory, and that each character in the story symbolizes psychological traits and aspects of our own consciousness. As Arjuna looks upon the warriors on the battlefield, he is really facing his own inner battle between the forces of delusion and the forces of Spirit within. Krishna's advice to Arjuna on how to win the battle - using yogic tools of devotion, selfless service, and spiritual discrimination - gives each of us the guidance we need to move forward in dharma (right-action) in every material or spiritual test that life may bring."--BOOK JACKET.

As a young man Paramahansa Yogananda embarked on a quest to find his spiritual master, which he did in the form of Swami Sri Yukteswar - together they achieved 'a oneness of silence, words seemed the rankest superfluties'. A mixture of biography and scholarly reflections on the deepest mysteries of life, this is the classic text which introduced millions in the West to the teachings of meditation and kriya yoga. Designated One of the 100 Most Important Spiritual Books of the 20th century, here is a verbatim reprinting of the 1946 first edition, with all its inherent power intact.Read about real-life saints and masters, how yogis perform miracles, the science of kriya yoga, and much more.

Autobiography of a Yogi Illustrated

Autobiography of a Yogi (Japanese)

From Emerson and the Beatles to Yoga and Meditation How Indian Spirituality Changed the West

Scientific Healing Affirmations

The Dead Fish Museum

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Autobiography of a Yogi introduces the reader to the life of Paramahansa Yogananda and his encounters with spiritual figures of both the East and West. The book begins with his childhood family life, to finding his guru, to becoming a monk and establishing his teachings of Kriya Yoga meditation. The book continues in 1920 when Yogananda accepts an invitation to speak in a religious congress in Boston, Massachusetts, USA. He then travels across America lecturing and establishing his teachings in Los Angeles, California. In 1935 he returns to India for a yearlong visit. When he returns to America, he continues to establish his teachings, including writing this book. He was called "the 20th century's first superstar guru" (Los Angeles Times), and today, nearly a century after he arrived in the United States, he's still the best known and most beloved of all the Indian spiritual teachers who have come to the West. Now, finally, Paramahansa Yogananda has the authoritative biography he deserves. Yogananda, considered by many to be the father of modern yoga, has had an unsurpassed global impact thanks to the durability of his teachings, the institutions he created or inspired, and especially his iconic memoir, Autobiography of a Yogi. Since its publication in 1946, that book has sold millions of copies and changed millions of lives. But it doesn't tell the whole story. Much of Yogananda's seminal text is devoted to tales about other people, and it largely overlooks the three vital decades he spent living, working, and teaching in America. Huge chunks of his life ---challenges, controversies, and crises; triumphs, relationships, and formative experiences ---remain unknown to even his most ardent devotees. In this captivating biography, scholar and teacher Philip Goldberg fills the gaps, charting a journey that spanned six decades, two hemispheres, two world wars, and unprecedented social changes. The result is an objective, thoroughly researched account of Yogananda's remarkable life in all its detail, nuance, and complex humanity. But this is more than a compelling life story. "Yogananda would, I believe, want any book about him to not only inform but transform," Goldberg writes. "It is my hope that readers will be enriched, and deepened by this humble offering." That's sure to be the case for both Yogananda enthusiasts and those who discover him for the first time in these illuminating pages.

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Living with the Himalayan Masters

American Veda

How to Have Courage, Calmness and Confidence

Autobiography of a Yogi

Winning Wisdom For Work & Life From 50 Landmark Books

Describes the late 1960s spiritual quest of a California surgeon's son that took him to India and into an ashram, and discusses how his western background and views affected his journey.

"The words of Lord Krishna to Arjuna in the Bhagavad Gita," writes Paramahansa Yogananda, "are at once a profound scripture the science of Yoga, union with God, and a textbook for everyday living." The Bhagavad Gita has been revered by truth seekers of both the Eas...

Autogrophy of a Yogi: Reprint of the Original (1946) Edition

The Surrender Experiment

The Life of Yogananda

My Journey into Life's Perfection

Autobiography of a Yogi (Royal Collector's Edition) (Annotated) (Case Laminate Hardcover with Jacket)