

## *Super Ager You Can Look Younger Have More Energy*

Casper Quinn has a secret. Brant Mitchell has two. Hickory Ditch, Arkansas – July 2012 Popular fried chicken chain Wings of Glory is under attack from homosexual activists, and Harvest Mission Pentecostal Church is ready to fight back. Caught in the crossfire of a culture war in which they never enlisted, Casper and Brant will each have to find his own answer to the age-old question: Am I really what I eat? Because if they could find the courage to tell each other their truths, they might discover that really is life after the Ditch. CHICKEN is a Southern Gothic YA novel with an infusion of magical realism. It's a raw, honest, sometimes funny, sometimes poignant look at falling in love in a place where angels and demons are believed in without question but the human heart is always subject to suspicion.

(Business Leaders Edition Volume #4 - Edition 3) Every enterprise needs leadership and great leaders are formed through both success and failure. Are you and your organization positioned properly for this new age of leadership? Adam Torres and Dr. Alejandro Badia are here to help you move forward. In their latest edition of Mission Matters (Business Leaders Edition Volume #18) 18 top professionals share their lessons on leadership. In these pages, through inspiring stories, you'll discover: How patient care and technology meet in the medical field. How digital transformation is imperative for companies. What creating your dream retirement looks like. How to create a result-driven culture in your company. How to pivot your marketing to survive crisis situations. Why cohesion is more important than engagement in an organization. And much more! Adam Torres is the co-founder of Mission Matters Media, a media and publishing company dedicated to the needs of business owners, entrepreneurs, and executives. An international speaker and the author of multiple bestselling books, Adam's advice has been featured in major publications such as Forbes, Inc., and Fox Business. Listen to Adam's popular podcast Mission Matters at MissionMatters.com. Dr. Alejandro Badia is a hand and upper extremity surgeon at Badia Hand to Shoulder Center and former chief of hand surgery at Baptist Hospital and author of Healthcare From the Trenches published June 2020. Dr. Badia studied physiology at Cornell University and obtained his medical degree at NYU, where he also trained in orthopedics. A hand fellowship at Allegheny General Hospital in Pittsburgh was followed by an AO trauma fellowship in Freiburg, Germany. He runs an active international hand fellowship, was past president of the International Society for Sport Traumatology of the Hand (ISSPORTH), and has lectured on all seven continents. He ran a yearly Miami course for surgeons/therapists devoted to upper limb arthroscopy and arthroplasty held at MARC Institute, which he co-founded in 2005. He also founded OrthoNOW(R), a network of orthopedic walk-in centers and has authored the upcoming book Healthcare from the Trenches.

Four thousand years ago the world's first super human walked the earth. Possessing the strength of one hundred men, skin impervious to attack, and the ability to read minds, this immortal being used his power to conquer and enslave nations. Now he is in motion that will transport this super human to the present, where he'll usher in a new age of tyranny unlike anything the world has ever seen. Determined to stand against them, using powers they've only just begun to master, is a ragtag group of

young heroes. For them this first test may be their greatest . . . and last. Watch a Video

This book provides detailed information about various illnesses and how they can be prevented or cured through the use of antioxidants.

Live with Purpose, Master Your Time

Super Ager

World's Leading Entrepreneurs Reveal Their Top Tips To Success (Business Leaders Vol.4 - Edition 3)

Mission Matters

The Tall House

The Gilded Age (Volume 2 of 2 ) (EasyRead Super Large 18pt Edition)

Pause and Reverse offers a detailed explanation of how to look 7 - 10 years younger than your actual age with specific surgical and non-surgical treatments and remedies. Dr. Kotlus' second book is the ultimate "user manual" for looking your best.

The life force, also known as "spirit," is the essence of being and the conscious and most important form of energy. Living energy is personal and within our conscious control, and by learning about it, we can use it to transform our life into vibrant and meaningful expressions of who we really are. Consciousness is purely energetic and therefore difficult to quantify in mechanistic terms. It is the characteristic of living energy and is the foundation of awareness. Consciousness is the thread running through all life. Living Energy is an introduction to the process of mystic spirituality. The reader is encouraged to attain a deep and meaningful connection to the divine with expanded awareness. The principles given in this book are equally relevant to the novice and the advanced practitioner. Robert explains how we may reveal our hidden potential by shifting our perception away from what is customary and comfortable to open the doors to greater spiritual awareness.

Zhang Xiaofan, a graduate of the University of Medical Sciences, came home to farm. He had fortuitous encounters, started a journey to counterattack, and went to the hospital to save people, fight bullies, and all sorts of other fields to work for him. The beautiful boss bought his vegetables, put on an act when there was nothing to do, and had a good time of his life. Welcome to the message: 18291490637

The Tall House is a children's picture book about a house that reached the sky.

A Bold New Path to Living Your Best Life at Every Age

Television/radio Age

Younger for Longer

Sustainable Well-Being Through the Ancient Power of Ayurveda Panchakarma Therapy

Living Energy

Volume 5

*Super Freedom is just that ? a guide for women to super. This guide has a strong, aspirational focus on what superannuation*

*can provide for women, regardless of their marital circumstances, age or even their current superannuation balances. For women it's not so much about the actual amount of super they have, but what they can do with it, eg travel, shop, live. Throwing aside the shackles of jargon and terminology, Trish Power's guide to superannuation for women, provides with women with everything they need to know about how much super they need, getting their super set up, how to increase their super balance, how to move into retirement, insurance and estate planning.*

*It is an adaptation of the age-old Biblical tale of David and Goliath and opens the door for discussions on self-confidence and faith in the face of great obstacles. It is also an excellent book for schools, day cares and Sunday Schools. It is simple, inviting story, and is widely available in print and e-book for easy access.*

*Books for All Kinds of Readers Read HowYouWant offers the widest selection of on-demand, accessible format editions on the market today. Our 7 different sizes of EasyRead are optimized by increasing the font size and spacing between the words and the letters. We partner with leading publishers around the globe. Our goal is to have accessible editions simultaneously released with publishers' new books so that all readers can have access to the books they want to read. To find more books in your format visit [www.readhowyouwant.com](http://www.readhowyouwant.com)*

*Former UCLA volleyball star and fitness expert, Sharkie Zartman, collaborates with healthcare providers across the nation to help readers discover how to age healthy and vibrantly. Whether you're in your forties, fifties, sixties, or beyond, Empowered Aging will inspire you to take charge and live well.*

*Why They Will Change the Face of Healthcare in the 21st Century*

*The Super Age*

*How Friendship, Optimism and Kindness Can Help You Live to 100*

*Lessons on Leadership from Two Women Who Went First*

*Chicken*

*A Funny Thing Happened on My Way to Old Age (EasyRead Super Large 20pt Edition)*

"A wondrous, sparkling fusion of wisdom and insight." - Patricia Santhuff What do the wonderful myths of ancient Greece, the beautiful stories in the Bible and Qur'an, and all the sacred stories from traditions around the world, have in common? They open our hearts to wonder, mystery, passion, and joy. I know, on the outside these stories seem very different, confusing, conflicting, and often violent and divisive. But when read symbolically and internally, they are all telling the same story. They show us the path of spiritual awakening and enlightenment. Sometimes the story is called "Returning to the Promised Land." Sometimes it's called "Seeking the Holy Grail." Sometimes it's called "Persephone's Return to Olympus." But whatever it's called, the inner meaning and purpose is always the same. The stories are all a call to awaken, to live passionately and consciously, and to enter the door that leads to enlightenment and communion with the divine. The door is always open. The light is always ready to receive us. But we have to learn how to tread the path! Fortunately, that's what all the sacred stories are really about. THE DOOR IS OPEN uncovers the 7 Universal Steps that are found within the symbols and allegories of all great mythology

and scripture. Each chapter ends with a series of practical and enjoyable spiritual exercises and activities. You can do this work on your own, or together with a group. It could be a church or synagogue group, a book club, a classroom, or any group of friends who want to get together and expand their spiritual horizons.

This is the fantastical tale of the origin of "Fall" (Autumn) as the product of a single idea. The story resonates messages of confidence, courage, anti-bullying concepts and the encouragement to go forward with a "good idea". Vivid images and dazzling colours merge these ideas together and deliver an important and lasting culmination – Don't be afraid to be different or to change! Know that the most significant changes can happen with just one good idea".

Aging is indeed unavoidable and everyone faces it sooner or later. What really matters is to age gracefully and delay the dreadful signs of aging as much as possible. So whether it is the lines on your skin, the puffiness under the eyes, the unwanted wrinkles, graying hair or increasing pounds, you can control everything with the right approach. In this book, we have covered everything you need to know about aging and the most effective anti-aging skin care, homemade remedies and super food recipes to help you age gracefully and beautifully. In this book you will find: 1. The signs of aging and effective ways to avoid them 2. 10 interesting ways to defy your age naturally and enjoy more years of youthfulness 3. 40 tips to keep aging in your control 4. Homemade natural recipes from ingredients available in your kitchen for aging skincare 5. Skincare natural recipes from people around the world 6. Details on super foods, essential oil and herbs to help you look younger 7. Delicious and nutritionally rich anti-aging juicing recipes 8. Anti-aging food recipes to keep you fresh and young all these years Ready to enjoy aging? Get started now

Discover A Life-Changing Detoxification and Rejuvenation Therapy Psychiatrist Judith E. Pentz, MD, travels to Nagpur, India, to study 5000-year-old Ayurvedic Panchakarma detoxification and rejuvenation therapy in a quest to provide enhanced holistic wellness treatment for her patients. A change at the cellular level. Part travel memoir and part spiritual guide, *Cleanse Your Body and Reveal Your Soul* is one woman's transformative quest with Ayurvedic Panchakarma (a fivefold detoxification treatment involving massage, herbal therapy, and other procedures) and the profound shifts that led to some sustainable, substantial life changes. Dissatisfied with a mainstream psychiatric practice, Dr. Pentz heads to India, where she undergoes an ancient, rejuvenating cleanse. The tools and practices of Panchakarma. Dr. Pentz's narrative offers a compassionate and compelling path for Western audiences and the Ayurveda-curious. Complete with healing oils, Ayurvedic daily rituals, and yoga poses, she supplements her journey with tips about preventive lifestyle changes that promote sustainable well-being. Inside, find definitions, quizzes and wisdom, as well as chapters like: • Cellular Shift: the science behind Panchakarma and cellular change • Food As Medicine: tips about one of the central tenets of Ayurveda, food is healing, and maintaining an Ayurvedic diet • The Dish on Doshas: facts that illuminate concepts around the three doshas—vata, pitta, kapha—your constitutional and functional intelligence If you have benefited from books like *Ayurveda Beginner's Guide*, *The Ayurvedic Self-Care Handbook*, *Body Thrive*, or *Ayurveda and Panchakarma*, then *Cleanse Your Body and Reveal Your Soul* should be your next read.

Age Gracefully, Look Younger and Live Longer

Decoding Our Demographic Destiny

The Gilded Age (Volume 1 of 2 ) (EasyRead Super Large 18pt Edition)

Super Freedom

Amber's Destiny

Empowered Aging

How much do we know ourselves is critically very important and perhaps very essential. Life we do face many curves up and down while in course of life. Marriage, becoming parent, life traumas and recoveries, retiring from jobs, empty nest, loss of relations, death of beloved. So yes various experiences... We get tired sometimes and immediately ask a question "why me?," but do remember the universe is not short of any wakeup calls we are just very quick in reactions. The four elements of life Air, Water, Earth, Fire are the only truth which than render the whole meaning of being as a human. Are we authentic? Are we living in courage? Are we kind and in patience? Are we grateful? How we face life and respond to life is all that matters. Elements of Life explores the options and choices which will help you to live more in tune with what you want from life. Motivational chapters simple questions based on elements of life - air, fire, water and earth providing simple strategies of life help you to live in harmony with yourself, others and the world, enhancing you to be true to your values and to interact with others while being In more patience. To do otherwise is to foster discontentment and unhappiness, but everyone wants to be in peace and lead a happy life in the end of the day. Living in moderation balancing all the elements of being authentic, being in peace, being grateful, being a little more compassionate can improve the very purpose of being in this awesome life.

'If you care about the length and quality of your life but can't stomach yet another diet or workout routine, this book is for you' - Adam Grant, New York Times bestselling author 'Finally, a lifestyle book that transcends diet and exercise for solutions for living longer' - Dan Buettner, National Geographic Fellow and New York Times bestselling author A smart, research-driven case for why optimism, kindness and strong social networks will help us live to 100. What to do to live long? From fountain-searching Ponce de Leon to pill-popping Silicon Valley techies humanity has been trying to pinpoint the answer for centuries, often fixating on all the wrong things: miracle diets, miracle foods, miracle supplements. We skip gluten and invest in exercise gadgets. We swallow vitamins. We obsess about BMI. While healthy nutrition and physical activity are indeed important for health, there are things we all too often sacrifice in favour of fad diets that have an outsize impact on our centenarian potential. Friendships. Purpose in life. Empathy. Kindness. Science shows that these 'soft' health drivers are often more powerful than diet and exercise. Consider the numbers: studies show that building a strong support network of family and friends lowers mortality risk by about 45 per cent. Exercise, on the other hand, can lower that risk by 23 to 33 per cent. Eating six servings of fruit and veg per day can cut the danger of dying early by 26 per cent, while following the Mediterranean diet by 21 per cent. For volunteering, it's 22 to 44 per cent. Many more examples like this led Marta Zaraska to her ultimate conclusion: you should be contemplating your purpose in life, not the best fitness

tracker to buy. Humans are social animals. Over the course of our evolution we've developed intertwined systems that regulate our social lives on one hand and our physiology on the other, contributing to our centenarian potential. The amygdala and the insula in the brain, the social hormones oxytocin and serotonin, the vagus nerve, the HPA stress axis - these all link our bodies and our minds, contributing to our centenarian potential. We feel safe when we are surrounded by friendly others. The nervous system, the gastrointestinal system, the immune system all function properly when the tribe is there for us and when we are there for the tribe. We flourish as part of a group. Marta Zaraska based *Growing Young* on hundreds of research papers and on interviews with dozens of leading scientists from fields as diverse as molecular biochemistry, cyber psychology, marketing and zoology. The book's research took her to rather unexpected places, too: catching wild mice in the woods of England, sipping super-smoothies at a longevity bootcamp in Portugal and arranging flowers with octogenarians in Japan. In the end, all the studies, the interviews and the travels brought her to a simple conclusion: self-improvement, commitment to growing as a person, can also help us grow younger. To Michael Pollan's famous statement on health: 'Eat food, not too much, mostly plants,' she now adds: 'Be social, care for others, enjoy life.'

Perry Pig had a problem. Peppy Puppy and Peggy Porcupine picked on Perry, called him "Pudgy Porky" and posted his picture in the paper without his permission. With Paula Panda's prodding Perry plots a plan, and Peppy and Peggy apologize.

A demographic futurist explains the coming Super Age—when there will be more people older than sixty-five than those under the age of eighteen—and explores what it could mean for our collective future. Societies all over the world are getting older, the result of the fact that we are living longer and having fewer children. At some point in the near future, much of the developed world will have at least twenty percent of their national populations over the age of sixty-five. Bradley Schurman calls this the Super Age. Today, Italy, Japan, and Germany have already reached the Super Age, and another ten countries will have gone over the tipping point in 2021. Thirty-five countries will be part of this club by the end of the decade. This seismic shift in the world population can portend a period of tremendous growth—or leave swaths of us behind. Schurman explains how changing demographics will affect government and business and touch all of our lives. Fewer people working and paying income taxes, due to outdated employment and retirement practices, could mean less money feeding popular programs such as Social Security and Medicare—with greater numbers relying on them. The forced retirement or redundancy of older workers could impact business by creating a shortage of workers, which would likely drive wages up and result in inflation. Corporations, too, must rethink marketing strategies—older consumers are already purchasing the majority of new cars, and they are a growing and vitally important market for health technologies and housing. Architects and designers must re-create homes and communities that are more inclusive of people of all ages and abilities. If we aren't prepared for the changes to come, Schurman warns, we face economic stagnation, increased isolation of at-risk populations, and accelerated decline of rural communities. Instead, we can plan now to harness the benefits of the Super Age: extended and

healthier lives, more generational cooperation at work and home, and new markets and products to explore. The choice is ours to make.

A Funny Thing Happened on My Way to Old Age (EasyRead Super Large 24pt Edition)

The Idea Tree

Immortal Doctor with Super Vision

Cleanse Your Body, Reveal Your Soul

The Three Little Pigs of London

How Journaling Thankfulness for Just 5 Minutes a Day Can Change Your Life

**A National Bestseller! "Jo Ann Jenkins's Disrupt Aging is spot-on: every single year is a gift. By confronting the most common stereotypes about aging, this book will help us all live each year to the fullest." -Sheryl Sandberg, COO, Facebook, and founder, LeanIn.org**  
We've all seen the ads on TV and in magazines--"50 is the new 30!" or "60 is the new 40!"  
A nice sentiment to be sure, but CEO of AARP Jo Ann Jenkins disagrees. 50 is 50, and she, for one, likes the look of it. In *Disrupt Aging*, Jenkins focuses on three core areas--health, wealth, and self--to show us how to embrace opportunities and change the way we look at getting older. Here, she chronicles her own journey and that of others who are making their mark as disrupters to show readers how we can be active, healthy, and happy as we get older. Through this powerful and engaging narrative, she touches on all the important issues facing people 50+ today, from caregiving and mindful living to building age-friendly communities and making our money last. This is a book for all the makers and doers who have a desire to continue exploring possibilities, to celebrate discovery over decline, and to seek out opportunities to live the best life there is. Do you feel like you struggle to make time for everything? We are living in a time-poor society, working more than ever and with less time for ourselves and family. The pressures and stress of the obligations we feel we have, often leave us without time to do everything that we would like to. More critically, we lack the time to reflect, review our lives and consider our direction. Time to contemplate if the decisions we are making are going to lead us to a life of purpose or an old age filled with regret. Time for *Anything* is based on 5 years of research by Craig D Robinson. Using the techniques in

this book, Craig went from working in an entry level position to, in just four years: start 2 companies, recharge with 12 weeks holiday a year, start a family, grow and sell his startups and retire at the age of 34. This book shows you how you too can have time for it all.

Super Minds is a seven-level course for young learners. This exciting seven-level course enhances your students' thinking skills, improving their memory along with their language skills. Super Minds develops creativity with visualisation exercises and art and craft activities, explores social values with lively stories and encourages cross-curricular thinking with fascinating 'English for school' sections. For ease of use, this Level 1 Teacher's Book is interleaved with pages from the Student's Book. It includes detailed lesson aims, clear instructions and a vast array of extra activities.

This book is for children of all ages. This book explains how things could be the same or different between siblings.

Duney

You Can Look Younger, Have More Energy, a Better Memory, and Live a Long and Healthy Life Carry the Day

Gratitude with Attitude

Nerve

How to Look Younger Than Your Age with Or Without Cosmetic Surgery

'Revelatory and accessible' Sunday Post '[Dr Carmichael] has studied nutrition, hormone balancing and aesthetic medicine, and his passion he lectures globally, is healthy ageing. His approach in his fascinating new book, Younger for Longer, is scientific and holistic' The Times yourself . . . [Younger for Longer] features wisdom on nutrition, sleep, mood regulation and, most importantly, hormonal health for men Scotsman 'I have not stopped learning on my Low-Carb, Healthy Fat journey. Younger for Longer continues that process for me with an well-referenced text. It's refreshing to see the balance of nutrition and lifestyle discussed in such an informed and robust manner' Gary orthopaedic surgeon, health activist and author 'Younger for Longer tells you exactly what you need in order to live an extended, healthy 80/20 and one of the best books I've read in ages' Richard Koch, author of million-seller The 80/20 Principle 'Fascinating. Packed with incredible information about health' Radio Today, South Africa 'Offers valuable, honest and solid medical insights into how you can age better without doubt, one of the best books I have read in my many years as a health activist' Longevity magazine Targeted at the general reader this book is to show readers how to live a healthy life free from the debilitating effects of ageing, helping them to stay mentally alert and active, and making sure they get the most out of all of their years. It reveals practical steps to slow the ageing process and stay healthy

stay younger for longer. With research showing that obesity, nutrition and lifestyle illnesses can hamper our body's response to Covid-19, staying healthy has become even more crucial in reducing Covid-19 risk factors. The key is to aim for optimal health. However, focusing on one factor alone won't get us there. Our sleep, our mood, what we eat, our detoxification system and our hormones are just some of the factors that interact to make us who we are; they are also at the very heart of the ageing process. This book shows how these different strands combine in ways that are positive or negative, and explains why this interaction depends far more on the lifestyle we choose than on the genes we inherit. In this book, the reader is given a unique and comprehensive understanding of their body and tells them how, with this knowledge, they can optimise their health. Topics range from nutrition, toxins, men's health and women's health to understanding why our skin, brain and liver age - and how to undo the damage and stave off ageing. But the book's main focus underlying all of this is hormones: the chemicals that tell different parts of our body what to do. Hormone levels vary throughout our life, but if they are supported correctly, they can keep us youthful and vital into our final years. Finally, this book is not about 'seven ways to detox' or 'the five best vitamins'. The body is far more complex than that and, in an approach aimed at the layperson, *Younger for Longer* traces the exciting path of how the body works to help the reader create the best person they can be for the rest of their life.

Candid and insightful perspectives on the dilemmas and opportunities women confront as they take on leadership positions Martha Piper and Samarasekera had vastly different career paths on their way to becoming the first (and so far only) female presidents of two of Canada's most respected research universities and directors of some of the nation's largest market cap companies, but what they had in common was their gender, their willingness to take risks when leadership opportunities presented themselves, and a work ethic second to none. It was not always easy, pretty, or fair, but it was always the result of choosing to answer the call to lead. A call that in the authors' view, too many women still shy away from. In *Nerve: Lessons on Leadership from Two Women Who Went First*, Piper and Samarasekera share their personal and professional stories and offer guidance for women leaders of every age and at every stage of their career. *Nerve* is a must-read for any woman who is leading today, considering leading, or thinking about life after leading.

Live long and prosper One of America's top yoga and embodied mindfulness teachers reveals secrets and practices for optimal aging *Rejuvenate* matter: *Super Ager* has everything you need to know to "live long and prosper"; from movement, diet, fasting, brain and memory health to the impact of relationships on longevity. *Younger aging*: Filled with science, suggestions for gentle daily movement, natural remedies and more. *Super Ager* is a practical and concise guide to optimal aging. Yoga instructor, nutrition expert and healthy living blogger Elise Marie Collins has compiled a comprehensive look at what "Super Agers" are doing to live long and prosper. Learn about movement at any age, brain fitness, skin care, maintenance, foods, vitamin and mineral content cues and clues, and what they do to promote health, prevent disease, and decrease and manage symptoms of illness. *Increased lifespan, better healthspan*: In her revolutionary book, Collins presents us with a bold new paradigm of aging and shows us how we can increase not only our lifespan but also our health span. Through a journey of cultures that have the distinction of producing the world's healthiest, oldest people, Collins reveals the secrets for living an extended and fulfilling life in which our later years become a period of wisdom, vitality, and happiness. From India to Japan, northern Europe and the Greek Island of Ikaria "where people forgot to die," she shows how the unique lifestyles of these people can influence and improve our own lives.

*Thankful Thinking for 5 Minutes a Day* A daily dose of humor and heart. Find inspiration through writing prompts and quotes in this gratitude journal by bestselling author Ronnie Walter. The creator of a coloring series dedicated to stress relief and fun (*The Coloring Café®*), Ronnie brings over 20 years of successful illustrating and writing to this daily journal dedicated to personal growth and happiness. Exercise gratitude each day.

comes at the start of our day or the end, making time to think about what we're grateful for is beneficial in many ways. Practicing an gratitude strengthens our spirit and quiets our mind, even if just for a moment. It provides the peace and zen we long for and need in 1 days and packed schedules. Move forward to a happier and more meaningful life. Journaling is a form of self-care because it encourages with ourselves and examine our thoughts and feelings on a deeper level. By using this 5-minute journal to record things we're grateful meaningful intentions, and celebrate tiny victories, we create a space to grow in gratitude for what we have and see better who we w your "Thank You Power" in just 5 minutes with the help of Ronnie Walter's Gratitude with Attitude journal. Dive into it each day and fin connecting to your sense of abundance and wellbeing • Ways to express your creativity and imagination • Inspiration for deepening you spirituality Be sure to pick up Gratitude with Attitude if you've enjoyed other titles such as Good Days Start With Gratitude, Zen as F\*c Practicing the Mindful Art of Not Giving a Sh\*t, and The One-Minute Gratitude Journal.

The Super Anti-Oxidants

The Gilded Age (Volume 1 of 3 ) (EasyRead Super Large 24pt Edition)

Disrupt Aging

Super Minds Level 1 Teacher's Book

Elements of Life

How Come?

*'It started almost 15 years ago ... the assault on our prime-of-life status from every quarter of society.... Waitresses have stopped asking if we qualify for the senior discount; they simply give it to us. When I'm in public, young women step aside for me to enter doors ahead of them.'* Whether you are 50 or 70, you have probably shared some of Stanley Baldwin's experiences. Here is an opportunity to relive them with laughter. But, more important, in these pages you'll find an opportunity to reflect on how these life changes relate to your Christian life. This is a book for those who reject the grumpiness of aging and embrace the grace of life with Christ.

*Carry the Day, is a story of the iconic but common beauty between struggle & success. Like the sunflower, Phadila has an unwavering amount of faith in her failures and her successes. Because of her optimism she's hopes for brighter days. Though she has moments of defeat, uncertainty and heart break, she remains patient through her circumstances until her change comes and eventually, it does!*

*Oh no! The big bad wolf is in London! But he is no match for these three little pigs! Staring a silly big bad Siberian Husky, the cleverest Guinea Pig this side of a hard hat, and famous London city landmarks, this version of the Three Little Pigs turns the classic children's story into a hilarious tale of London pride! Includes a write your own story activity especially for children ages 3-8 who are planning to visit, or who have recently visited, the great city of London! Looking for a different city? Search Dr. Silly Goose for more city-specific versions of The Three Little Pigs. Also available: Los Angeles, Chicago, Houston, Philadelphia, San Antonio, San Diego, Dallas, New York City, Jacksonville, San Francisco, Austin, Seattle, Denver, Washington DC, and Boston.*

*Growing Young*

*Pause and Reverse*

*The Gilded Age (Volume 2 of 3 ) (EasyRead Super Large 24pt Edition)*

*Pudgy Porky*

*The Gilded Age (Volume 1 of 2 ) (EasyRead Super Large 20pt Edition)*

*The Door Is Open*