

Read Book Shame

Shame

Our journey as Christians is full of challenges and one of the greatest challenge we face is when a constant barrage of the question will I ever shake off the feeling of my disgraceful past? This lingers or keeps popping up in our subconscious mind when your conscious is constantly bombarded with nasty, painful and shameful thoughts of your past that you seek to forget, when your shameful past is constantly thrown right in your face either by the accuser of the brethren or by your fellow brother or sister, my prayer is

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*that after reading this book you will let go and let God gently wash away every limitation of past obstacles and gradually transform you into the person you were created to become
You can overcome shame.*

For almost a century the concept of guilt, as embedded in drive theory, has dominated psychoanalytic thought. Increasingly, however, investigators are focusing on shame as a key aspect of human behavior. This volume captures a range of compelling viewpoints on the role of shame in psychological development, psychopathology, and the therapeutic process. Donald Nathanson

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has assembled internationally prominent authorities, engaging them in extensive dialogue about their areas of expertise. Concise introductions to each chapter place the authors both historically and theoretically, and outline their emphases and contributions to our understanding of shame. Including many illustrative clinical examples, the book covers such topics as the relationship between shame and narcissism, shame's central place in affect theory, psychosis and shame, and shame in the literature of French psychoanalysis and philosophy.

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A Proven Path to Move from Shame to Healing
If you persistently feel you don't measure up, you are feeling shame—that vague, undefined heaviness that presses on our spirit, dampens our gratitude for the goodness of life, and diminishes our joy. The good news is that shame can be healed. With warmth and wit, Lewis B. Smedes examines why and how we feel shame, and presents a profound, spiritual plan for healing. Step by step, Smedes outlines the road to well-being and the peace that comes from knowing we are accepted by the grace of One whose acceptance of us matters most.

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Shame is one of a family of self-conscious emotions that includes embarrassment, guilt, disgrace, and humiliation. On Shame examines this emotion psychologically and philosophically, in order to show how it can be a galvanizing force for moral action against the violence and atrocity that characterize the world we live in. Michael L. Morgan argues that because shame is global in its sense of the self, the moral failures of all groups in which we are a member – including the entire human race – reflect on each person individually. Drawing on historical and current affairs to explore the

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emotion of shame, as well as films such as Night and Fog, Hotel Rwanda and Life is Beautiful and the work of Primo Levi, Bernard Williams, and Stanley Cavell, Michael Morgan illustrates how moral responsibility can be facilitated by calling upon an emotional reaction that is familiar, complex, and central to our conception of ourselves as individuals and as members of society.

Masters of Disguise

On Shame

*Shame in Contemporary Australian
Autobiographies and Culture*

Shame & Guilt

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The Exposed Self

Affect Theory, Shame, and Christian Formation

The effort to surmount shame and formidable defenses in psychotherapy can trigger shame and self-doubt in therapists. Susan Warren Warshow offers a user-friendly guide to help therapists move past common treatment barriers. This unique book avoids jargon and breaks down complex concepts into digestible elements for practical application. The core principles of Dynamic Emotional Focused Therapy (DEFT), a comprehensive treatment approach for demonstrable change, are illustrated with rich and abundant clinical vignettes. This engaging, often lyrical handbook emphasizes "shame-

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sensitivity" to create the safety necessary to achieve profound interpersonal connection. Often overlooked in treatment, shame can undermine the entire process. The author explains the "therapeutic transfer of compassion for self," a relational phenomenon that purposefully generates affective expression. She introduces a three-step, robust framework, The Healing Triad, to orient therapists to intervene effectively when the winds of resistance arise. Chapters clarify: Why we focus on feelings How to identify and move beyond shame and anxiety How to transform toxic guilt into reparative actions How to disarm defenses while avoiding ruptures This book is essential reading for both advanced and

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newly practicing mental health practitioners striving to access the profound emotions in their clients for transformative change.

This book analyzes personal experiences of language through the voices of Mexican immigrant women, in relation to the racialization discourses that frame the social life of Mexican immigrant communities in the United States. It reveals the power of narrative, understood as a social practice, to validate and give meaning to people's lives.

Our culture often views shame in a negative light. However, Paul's use of shame, when properly understood and applied, has much to teach the

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contemporary church. Filling a lacuna in Pauline scholarship, this book shows how Paul uses shame to admonish and to transform the minds of his readers into the mind of Christ. The author examines Paul's use of shame for moral formation within his Jewish and Greco-Roman context, compares and contrasts Paul's use of shame with other cultural voices, and offers a corrective understanding for today's church. Foreword by Luke Timothy Johnson.

Having lived in this world, we've been fed devious lies about the true definitions of love and romance. We have been tangled in a cycle of misconceptions and heartbreak—imprisoning our feminine souls. Enough

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hearts have been broken, and a revival is on its way. The time has come to overwhelm the lies and reveal to this world the true definition of love: Jesus' love. God has written the most romantic love story, and since the beginning of time, we have been living in the center of it. It is time to take up the role we have been given as daughters of the light—a light of joy, hope, romance, and freedom. Dare to be fulfilled. Dare to be romanced. Dare to be swept up in a love you've never felt before. It's a love that's putting fairy tales to shame.

The Lonely Way of A.E. Housman

40 Crowns of Shame

Shame and Pride in Narrative

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The Hardest Thing for People to See Is the Way Out
For Shame, Boone! For Shame, Iowa! The
Disappearance of Norma Maynard

Understanding and Treating Chronic Shame

The murder of a young Haida carver reawakens sibling rivalries best forgotten and sends Meg Harris and her husband, Eric Odjik, to Haida Gwaii in search of the boy's family and his killer. She unravels a tangle of betrayal and clan rivalries that not only reach back to when the Haida were mighty warriors, but continue to the present day.

Despite the wide use of shame in the media and politics, through 'name and shame' campaigns and cause-related

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marketing, it is not a term well or universally understood. This book points to ways in which we can and should use this powerful emotion to address and act against atrocities in the modern world.

This book addresses the eclipse of shame in Christian theology by showing how shame emerges in Christian texts and practice in ways that can be neither assimilated into a discourses of guilt nor dissociated from embodiment. Stephanie N. Arel argues that the traditional focus on guilt obscures shame by perpetuating the image of the lonely sinner in guilt. Drawing on recent studies in affect and attachment theories to frame the theological analysis, the text examines the theological

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anthropological writings of Augustine and Reinhold Niebuhr, the interpretation of empathy by Edith Stein, and moments of touch in Christian praxis. Bringing the affective dynamics of shame to the forefront enables theologians and religious leaders to identify where shame emerges in language and human behavior. The text expands work in trauma theory, providing a multi-layered theological lens for engaging shame and accompanying suffering.

The Baseball Hall of Shame 4 contains more than 100 absurd, offbeat and hysterically funny stories proving that on the playing field and in the ballpark, truth is indeed stranger than fiction.

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Serving Up Shame

Shame, Guilt, and Alcoholism

A Relational/Neurobiological Approach

Shame and Glory of the Intellectuals

Mexican Women's Language Experiences at the
U.S.-Mexico Border

Shame and the Origins of Self-Esteem

What role does emotion play in child and family social work practice? In this book, researcher Matthew Gibson reviews the role of shame and pride in social work, providing invaluable new insights from the first study undertaken into the role of

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these emotions within professional practice. The author demonstrates how these emotions, which are embedded within the very structures of society but experienced as individual phenomena, are used as mechanism of control in relation to both professionals themselves and service users. Examining the implications of these emotional experiences in the context of professional practice and the relationship between the individual, the family and the state, the book calls for a more humane form of practice, rooted in

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more informed policies that take in to consideration the realities and frailties of the human experience.

Argues that shame and guilt are the main causes of dysfunctional families, describes the characteristics of adults shamed in childhood, and offers advice on developing feelings of self-worth

Braithwaite argues that shame can be used as a constructive way to help criminals.

* Revelation of little known facts about historical buildings* Draws inspiration from important events in world history*

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Interesting take on why certain buildings look the way they look* Humourous and far-fetched accounts written in a dead-pan style* Includes original artwork drawn by the author

Putting Fairy Tales to Shame

Worldly Shame

How America's Past Sins Have Polarized Our Country

Melville, Shame, and the Evil Eye

Ethos in Action

Baseball Hall of Shame 4

Have you grown up in a home where at least one of

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your parents were addicted to alcohol or some other substance? Have you noticed that many of the emotions that impacted you as a child are still effecting you today? Shame is one of the leading emotions that stem from growing up in a dysfunctional house hold. Feelings of shame is usually experienced in the form of self-hatred. One who feels shame can see the world as a place of suffering and loneliness. You have the ability to set these hurtful feelings free! Contained in the book is a compassionate method that gently guides you on how to let go of these painful emotions. The Blue

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Rainbow series is a collection of purposely short teachings and complimentary corresponding meditations. They have been created to convey single-focused topics. These topics teach and guide you on how you can let go of negative painful emotions. Contained in this book is a link that allows you to download the FREE gently guided Letting go Shame meditation. Find out how you will benefit by joining me on my website <http://barbbailey.com> Available to you are many FREE downloadable meditations and guidance's.

One of the most commonly reported emotions in

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people seeking psychotherapy is shame, and this emotion has become the subject of intense research and theory over the last 20 years. In *Shame: Interpersonal Behavior, Psychopathology, and Culture*, Paul Gilbert and Bernice Andrews, together with some of the most eminent figures in the field, examine the effect of shame on social behavior, social values, and mental states. The text utilizes a multidisciplinary approach, including perspectives from evolutionary and clinical psychology, neurobiology, sociology, and anthropology. In Part I, the authors cover some of the core issues and

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current controversies concerning shame. Part II explores the role of shame on the development of the infant brain, its evolution, and the relationship between shame as a personal and interpersonal construct and stigma. Part III examines the connection between shame and psychopathology. Here, authors are concerned with outlining how shame can significantly influence the formation, manifestation, and treatment of psychopathology. Finally, Part IV discusses the notion that shame is not only related to internal experiences but also conveys socially shared information about one's

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status and standing in the community. Shame will be essential reading for clinicians, clinical researchers, and social psychologists. With a focus on shame in the context of social behavior, the book will also appeal to a wide range of researchers in the fields of sociology, anthropology, and evolutionary psychology.

On the edge of a small Australian town, far from the battlefields of the Second World War, a camp holds thousands of Japanese, Italian and Korean prisoners of war. The locals are unsure how to treat the 'enemy', though Alice Herman, whose young

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husband is himself a prisoner in Europe, becomes drawn to the Italian soldier sent to work on her father-in-law's farm. The camp commander and his deputy, each concealing a troubled private life, are disunited. And both fatally misread their Japanese captives, who burn with shame at being taken alive. The stage is set for a clash of cultures that has explosive, far-reaching consequences.

Shame is one of our most central feelings and a universal human characteristic. Why do we experience it? For what purpose? How can we cope with excessive feelings of shame? In this elegant

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exposition informed by many years of helping people to understand feelings of shame, leading Jungian analyst Mario Jacoby provided a comprehensive exploration of the many aspects of shame and showed how it occupies a central place in our emotional experience. Jacoby demonstrated that a lack of self-esteem is often at the root of excessive shame, and as well as providing practical examples of how therapy can help, he drew upon a wealth of historical and cultural scholarship to show how important shame is for us in both its individual and social aspects. This Classic Edition includes a new

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foreword by Marco Della Chiesa.

Shame and Social Work

Shame

Its Formative Power in Paul's Letters

Interpersonal Behavior, Psychopathology, and
Culture

Crime, Shame and Reintegration

Chronic shame is painful, corrosive, and elusive. It resists self-help and undermines even intensive psychoanalysis. Patricia A. DeYoung's cutting-edge book gives chronic shame the serious

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attention it deserves, integrating new brain science with an inclusive tradition of relational psychotherapy. She looks behind the myriad symptoms of shame to its relational essence. As DeYoung describes how chronic shame is wired into the brain and developed in personality, she clarifies complex concepts and makes them available for everyday therapy practice. Grounded in clinical experience and alive with case examples, Understanding and Treating Chronic Shame is highly readable and immediately helpful. Patricia A. DeYoung's clear, engaging writing helps readers recognize the presence of

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shame in the therapy room, think through its origins and effects in their clients' lives, and decide how best to work with those clients.

Therapists will find that Understanding and Treating Chronic Shame enhances the scope of their practice and efficacy with this client group, which comprises a large part of most therapy practices. Challenging, enlightening, and nourishing, this book belongs in the library of every shame-aware therapist.

Shame, the quintessential human emotion, received little attention during the years in which the central forces believed to be motivating us

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were identified as primitive instincts like sex and aggression. Now, redressing the balance, there is an explosion of interest in the self-conscious emotion. Much of our psychic lives involve the negotiation of shame, asserts Michael Lewis, internationally known developmental and clinical psychologist. Shame is normal, not pathological, though opposite reactions to shame underlie many conflicts among individuals and groups, and some styles of handling shame are clearly maladaptive. Illustrating his argument with examples from everyday life, Lewis draws on his own pathbreaking studies and the theory and

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research of many others to construct the first comprehensive and empirically based account of emotional development focused on shame. In this paperback edition, Michael Lewis adds a compelling new chapter on stigma in which he details the process in which stigmatization produces shame.

The commentaries of other critics are taken into account, but the author also presents her own explications based on her close reading and wide knowledge of literature."--BOOK JACKET.

Shame influences more of our thoughts and actions than many other emotions. Used as a

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punishment for bad behavior, shame acts as an incentive for us to behave in socially acceptable ways. As a common method used to regulate children's behavior, shame is by far one of the most pervasive socializing agents. Many of our more persistent, punitive, and critical feelings about ourselves stem from humiliations in early childhood even if we don't remember the specific events that prompted them. While w

Shame and Grace

Silver Totem of Shame

A Jungian approach

A Meg Harris Mystery

A Therapist's Handbook to Dissolve Shame and Defense Treatment Issues in Clinical Practice, Second Edition

In this enlightening and gracefully written study, Susan Miller examines shame in a variety of clinical contexts en route to a richer understanding of shame dynamics. Miller attends especially to the role of shame in creating and maintaining character pathology and devotes separate sections of the book to shame in the context of obsessive-compulsive, narcissistic, and masochistic personality organizations. Within each of these clinical contexts, a chapter of theoretical discussion is followed by a chapter of engaging case examples. Integral to Shame in Context is Miller's informed and

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thoughtful critique of current theories about shame, including those of Broucek, Morrison, Schore, Wurmser, Nathanson, and Kinston. In reviewing the contributions of these and other writers, she is most concerned with achieving a balanced comprehension of shame that incorporates the insights of different theoretical perspectives without embracing the selective emphases of any one investigator or school of thought. Like Freud, she appreciates the defensive utility of shame, but she attends equally to the painful and at times pathogenic aspects of shame experiences. In line with more recent shame literature, she emphasizes the pathogenicity of early shaming, but she is equally sensitive to the role of shame in sustaining character defenses. And she goes beyond the purview of other shame researchers in examining the ways in which individuals unconsciously seek to maintain shame experiences when these

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experiences sustain their personality organizations. Offering a critical evaluation and synthesis of contemporary shame theories, and culminating in a balanced clinical understanding of shame in its various contexts, *Shame in Context* takes its place as, in the words of Frances Broucek, "the most sophisticated and definitive clinical study of shame to date."

In this classic volume, written at the height of the Cold War, with a new preface of 2006, Peter Viereck, one of the foremost intellectual spokesmen of modern conservatism, examines the differing responses of American and European intellectuals to the twin threats of Nazism and Soviet communism. In so doing, he seeks to formulate a humanistic conservatism with which to counter the danger of totalitarian thought in the areas of politics, ethics, and art. The glory of the intellectuals was the firm moral stance they

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took against Nazism at a time when appeasement was the preferred path of many politicians; their shame lay in their failure to recognize the brutality of Stalinism to the extent of becoming apologists for or accomplices of its tyranny. In Viereck's view, this failure is rooted in an abandonment of humane values that he sees as a legacy of nineteenth-century romanticism and certain strands of modernist thought and aesthetics. Among his targets are literary obscurantism as personified by Ezra Pound, the academicization of literary culture, the rigidity of adversarial avant-gardism, and the failure of many writers and cultural institutions to conserve the very heritage their political freedom and security depend on. Viereck represents their attitude in a series of satirical dialogues with Gaylord Babbitt, son of Sinclair Lewis' embodiment of conservative philistinism. Babbitt Junior is as unreflective as his father, but the

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objects of his credulity are the received ideas of liberal progressivism and avant-garde mandarinism. Ultimately, Viereck's critique stands as a timely rebuke to the extremism of both left and right.

For Shame, Boone! For Shame, Iowa! The Disappearance of Norma Maynard By: Sidney S. Louis If you have a hidden, secret, wish to be Sherlock Holmes—and who doesn't, really—the Norma Maynard story is for you. An innocent woman was murdered and made to vanish—as if she had never existed. City of Boone, county of Boone and Iowa state level law enforcement were unable to determine what happened. To this day, it is not known: · Exactly when the missing woman was murdered · Who committed the murder · How it was done · Why it was done · Where the missing woman's remains are Join the author as he fights for twelve years to have his

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sister's murder properly investigated, only to be met with a stone wall of resistance from Iowa officials at city, county and state level. The author provides readers with the ability to set up their own investigative files. He helps them devise a scale to measure the effectiveness of officials that are part of the story. The reader will be able to question, with some authority, why the Norma Maynard case has not been resolved. Was this a deliberate choice by Iowa law enforcement and legal and judicial officials? If you elect to sleuth along with the author, will you be the one to solve the almost forty year riddle of the disappearance of Norma Maynard?

Born in Somerset and raised in the West Midlands and Wiltshire, Nikki Copleston worked in local government in London for many years. Her grandfather and great-grandfather were policemen, which may explain why she's always enjoyed watching detective

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series on television and reading crime novels. She is an active member of Frome Writers' Collective, which supports and promotes writers in the Frome area. When she isn't writing, she enjoys exploring the West Country with her camera. She is already working on the next DI Jeff Lincoln novel. She and her husband now live in Wells, Somerset, with their cat.

Shameful Autobiographies

Shame and Guilt

The Road of Danger, Guilt, and Shame

Loving Jesus through Dating, Marriage, Sex, and Womanhood

New Uses for an Old Tool

Overcoming Shame

In an emotionally revealing way John

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Bradshaw shows us how toxic shame is the core problem in our compulsions, co-dependencies, addictions and the drive to super-achieve. The result is a breakdown in the family system and our inability to go forward with our lives. We are bound by our shame. Drawing from his 22 years of experience as a counselor, Bradshaw offers us the techniques to heal this shame. Using affirmations, visualizations, "inner voice" and "feeling" work plus guided meditations and other

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useful healing techniques, he releases the shame that binds us to the past. This important book breaks new ground in the core issues of societal and personal breakdown, offering techniques of recovery vital to all of us.

Writing autobiography is a risky business. What is shameful can be inadvertently rather than deliberately revealed. Yet reading autobiography can also be risky, as it may lead to the confrontation of shame in ourselves.

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Perhaps it is this element of risk, together with the magnetism of another person's confession of shameful experience, that make us such avid readers of autobiography. Rosamund Dalziell proposes that shame is the driving force in many Australian autobiographies. Indeed, she suggests that the representation of shame is fundamental to the autobiographical process. Shame seeks concealment - and this, she argues, explains both why this

fascinating link has not before been explored and why, when it is pointed out, we immediately know it to be authentic. Shameful Autobiographies looks at pervasive patterns of shame in the autobiographies of such leading Australian writers as Germaine Greer, Sally Morgan, Bernard Smith, Kathleen Fitzpatrick, Morris Lurie, Ruby Langford Ginibi and Robert Dessaix. In so doing it establishes the centrality of shame to problems of Australian identity and to

current political debate - for instance, it is shame that fuels angry repudiations of the so-called 'black armband' view of history.

For many service users and professionals in the field of social work, shame is an ongoing part of their daily experience. Providing an in-depth examination of the complex phenomena of shame and humiliation, this book sets out key contextual issues and theoretical approaches to comprehend shame and its

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relevance within social work. It provides a broad understanding of shame, its underlying social and political contexts and its effects on service users and professionals. The book uses innovative international scholarship and includes theoretical considerations, as well as empirical findings within the field of social work. It shows the importance of sensitive, reflective and relationship-oriented practice based on a better understanding of the complexity of

shame.

In Is Shame Necessary? rising star Jennifer Jacquet shows that we have to use shame if we want to bring about political change and hold the powerful to account In cultures that champion the individual, guilt is seen as the cornerstone of conscience yet it proves impotent in the face of corrupt corporate policies. Jennifer Jacquet persuasively argues that modern-day shaming is a non-violent form of resistance that can be

used to bring about large-scale change. Shaming, Jacquet shows, works best when used sparingly, but when applied in just the right way and at just the right time, it can keep us from failing ourselves.

Shame of Innocence

Freedom from the Emotions that

Originate from Alcoholic Parents

Healing the Shame That Binds You

Architecture of Shame

Theory, Reflexivity and Practice

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Defending Shame

In a postcolonial world, where structures of power, hierarchy, and domination operate on a global scale, writers face an ethical and aesthetic dilemma: How to write without contributing to the inscription of inequality? How to process the colonial past without reverting to a pathology of self-disgust? Can literature ever be free of the shame of the postcolonial epoch--ever be truly postcolonial? As disparities of power seem only to be increasing, such questions are more urgent than ever. In this book, Timothy Bewes argues that shame is a dominant temperament in twentieth-century literature, and the key to understanding the ethics and aesthetics of the contemporary world. Drawing on thinkers such as

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Jean-Paul Sartre, Frantz Fanon, Theodor Adorno, and Gilles Deleuze, Bewes argues that in literature there is an "event" of shame that brings together these ethical and aesthetic tensions. Reading works by J. M. Coetzee, Joseph Conrad, Nadine Gordimer, V. S. Naipaul, Caryl Phillips, Ngugi wa Thiong'o, and Zoë Wicomb, Bewes presents a startling theory: the practices of postcolonial literature depend upon and repeat the same structures of thought and perception that made colonialism possible in the first place. As long as those structures remain in place, literature and critical thinking will remain steeped in shame. Offering a new mode of postcolonial reading, The Event of Postcolonial Shame demands a literature and a criticism that acknowledge their own ethical

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deficiency without seeking absolution from it. Explore the causes and effects of the shame/guilt/addiction cycle! Since the original edition in 1989, great strides have been made in understanding the overlapping functions of shame and guilt and the ways these painful emotions are linked with addictions. Shame, Guilt, and Alcoholism: Treatment Issues in Clinical Practice, Second Edition, integrates up-to-date psychological research with penetrating insight into the emotional realities of substance abuse. It provides a clear and practical model for understanding the shame/guilt/addiction cycle. Shame, Guilt, and Alcoholism provides constructive suggestions to therapists for treating substance-abusing clients and

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their affected family members. By treating destructive, inappropriate, or excessive shame and guilt, therapists can help their clients free themselves from the downward spiral of addiction and begin to build on their genuine strengths. It explores the positive functions of shame and guilt, describes the conscious and subconscious defense mechanisms against them, and highlights the crucial family behaviors that initiate and encourage shame and guilt. Shame, Guilt, and Alcoholism thoroughly explains the significant differences between shame and guilt, including: clients' experiences of failure primary responses and feelings precipitating events and involvement of self origins and central fears Shame, Guilt, and Alcoholism adds immeasurably to our

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understanding of the total recovery process. It is an essential resource for therapists, social workers, psychologists, substance-abuse counselors, and educators in the field.

This volume reports on the growing body of knowledge on shame and guilt, integrating findings from the authors' original research program with other data emerging from social, clinical, personality, and developmental psychology. Evidence is presented to demonstrate that these universally experienced affective phenomena have significant implications for many aspects of human functioning, with particular relevance for interpersonal relationships. --From publisher's description.

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In this brilliant novel, Salman Rushdie masterfully combines history, art, language, politics, and religion. Set in a country "not quite Pakistan," the story centers around the families of two men -- one a celebrated warrior, the other, a debauched playboy engaged in a protracted duel that is played out in the political landscape of their country. Shame is a tour de force and a fitting predecessor to the author's legendary novel, The Satanic Verses. "From the Trade Paperback edition."

The Many Faces of Shame

Pride and shame in child and family social work

Master the Moment

Shame in Context

The Event of Postcolonial Shame

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Shame and the Captives

Offers a complex analysis of the psychodynamic role of shame in Melville's work, with detailed readings of Moby-Dick, Pierre, and "Billy Budd."

The United States today is hopelessly polarized; the political Right and Left have hardened into rigid and deeply antagonistic camps, preventing any sort of progress. Amid the bickering and inertia, the promise of the 1960s -- when we came together as a nation to fight for equality and universal justice --

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remains unfulfilled. As Shelby Steele reveals in Shame, the roots of this impasse can be traced back to that decade of protest, when in the act of uncovering and dismantling our national hypocrisies -- racism, sexism, militarism -- liberals internalized the idea that there was something inauthentic, if not evil, in the America character. Since then, liberalism has been wholly concerned with redeeming modern American from the sins of the past, and has derived its political legitimacy from the premise of a morally

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bankrupt America. The result has been a half-century of well-intentioned but ineffective social programs, such as Affirmative Action. Steele reveals that not only have these programs failed, but they have in almost every case actively harmed America's minorities and poor. Ultimately, Steele argues, post-60s liberalism has utterly failed to achieve its stated aim: true equality. Liberals, intending to atone for our past sins, have ironically perpetuated the exploitation of this country's least fortunate citizens. It

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therefore falls to the Right to defend the American dream. Only by reviving our founding principles of individual freedom and merit-based competition can the fraught legacy of American history be redeemed, and only through freedom can we ever hope to reach equality. Approaching political polarization from a wholly new perspective, Steele offers a rigorous critique of the failures of liberalism and a cogent argument for the relevance and power of conservatism. Worldly Shame draws on the thought of

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Hannah Arendt to argue that shame can help us break free of oppressive regimes, draw us into collective action, give us the space for judgment, and finally, help us mourn and rebuild the world together.

Is Shame Necessary?

Healing the Shame We Don't Deserve

The Trauma of Shame and the Making of the Self

A Psychoanalytic Reading