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*Increasing numbers of children and
adolescents internationally are being
diagnosed with secondary health problems*

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(e.g., overweight-obesity, diabetes, asthma, anxiety, etc.) due in part, or at least related to, a lack of physical activity. Children and adolescents with various forms of special needs (for example, children and adolescents with physical or intellectual disabilities, children and adolescents from disadvantaged social

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backgrounds and children and adolescents with chronic illnesses) seem to be particularly at risk for secondary health problems, which in the end limit their social participation and inclusion, as well as their ability to achieve their full potential and to lead happy and fulfilling lives. For these children and adolescents,

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involvement in regular physical activities (including fitness activities and sports) may have far reaching benefits. For instance, organized physical activities are known to represent an effective vehicle for interventions for children and adolescents with special needs who do not seem to benefit as much as others from

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more traditional, verbal-oriented approaches. Organized physical activities (in or out of school) further provide these children and adolescents with opportunities to interact in a positive manner with prosocial peers and adults who may serve as positive role models for them. There is currently a paucity of

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research about physical activities that effectively include children and adolescents with a range of special needs or research that identifies evidence-based strategies that seed success in maximizing the involvement in, and the positive biopsychosocial outcomes associated with, the practice of physical activity. This

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dearth of research is impeding progress in addressing the biopsychosocial disadvantage that these children and adolescents encounter, the development of new solutions for enabling full potential, and ensuring that children and adolescents with special needs not only succeed, but also flourish in life. This

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volume includes examples of theory, research, policy, and practice that will advance our understanding of how best to encourage these children and adolescents to participate regularly in physical activity, how to maximize the biopsychosocial benefits of involvement in physical activities, and how to ensure that

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these physical activities are inclusive for children and adolescents with special needs. The focus will be placed on research-derived physical activity practices that seed success for children and adolescents with special needs, and new directions in theory, research, and practice that have implications for

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enhancing physical activity practices with at-risk children and adolescents. The themes covered in this volume include: - Strategies to maximise participation of children and adolescents with special needs in physical activity as a global priority; - Strategies to maximise the social inclusion of children and

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adolescents with special needs in general physical activities; - Effective physical education strategies to enhance biopsychosocial outcomes for children and adolescents with special needs; - Advancing the practice of educators and coaches to cultivate the social inclusion and participation in physical activity of

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children and adolescents with special needs; and - Challenging the meaning and implementation of inclusive practices in physical education globally.

Eating disorders refer to a range of problems characterized by abnormal eating behaviours and beliefs about eating, weight, and shape. Eating

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disorders, which are classified as psychiatric problems, and obesity, which is classified as a general medical condition, reflect a diverse and perplexing array of biological, social, and psychological phenomena. Beginning with a comprehensive overview of eating and weight disorders, this volume also covers:

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anorexia nervosa bulimia nervosa atypical eating disorders and binge eating disorders obesity. Including the most up-to-date research, Carlos Grilo provides a balanced and authoritative overview of current thinking in the fields of eating disorders and obesity with broad yet in-depth coverage of the areas. This highly

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readable book is an indispensable resource to students and professionals in clinical psychology, health psychology, and psychiatry.

Faith Steps for Military Families: Spiritual Readiness Through the Psalms of Ascent delves into the fifteen themes found in the fifteen Psalms of Ascent in

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the book of Psalms. Through descriptive metaphors, the Faith Steps for Military Families depict the annual journey to Jerusalem. These special psalms explore the rich meanings of these metaphors intended originally for the Israelites, and then translates them into the lives of 21st century military families. Themes such as

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*building a stronger spiritual foundation,
family resiliency, a deeper understanding
of God's nature as Protector, Keeper, and
the Night Watchman, trust in God during
times of fear, or of the unknown, coping
in unfriendly environments,
understanding how God's strength
surrounds His own, honoring God while*

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living out a difficult lifestyle, developing trust and contentment and other biblical guidance for dealing with the complexities of the military lifestyle.

This is the first handbook to examine the theory, research, and practice of clinical supervision from an international, multi-disciplinary perspective. Focuses on

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*conceptual and research foundations,
practice foundations, core skills,
measuring competence, and supervision
perspectives Includes original articles by
contributors from around the world,
including Australia, Finland, Hong Kong,
Slovenia, South Africa, Sweden, the
United Kingdom, and the United States*

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Addresses key aspects of supervision, including competency frameworks, evidence-based practice, supervisory alliances, qualitative and quantitative assessment, diversity-sensitive supervision, and more Features timely and authoritative coverage of the latest research in the field and novel ideas for

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clinical practice

Psychotherapy Revised

*Multicultural Education in Glocal
Perspectives*

*From Hope to Action through Knowledge
Collaboration, Specialisation and
Concentration (CSC) within vulnerable
academic areas*

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Confronting Inequalities

Personality Assessment

Niños sanos, adultos sanos

This conceptually rich and empirically grounded book draws upon expertise from a panel of emerging and established international scholars to

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explore the institutionalization and effect of multicultural education on a global scale. Previous studies of multicultural education have largely ignored the significance of understanding the combination of multiple sociopolitical influences on

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multicultural education in both policy and practice. Filling this void, this book sheds light on the two main reasons for taking a “glocal” perspective on multicultural education. First, children should be provided with meaningful learning

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opportunities to acquire the knowledge, skills, and attitudes necessary to live in a culturally and ethno-linguistically diverse society, where the distinction between the local and the global is becoming blurred. Second, understanding both

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the “global grammar” and the “local semantics” of multicultural education helps researchers and policy-makers grasp the whole picture of multicultural education as an evolving social construct and phenomenon. This new book provokes a new round

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of discussion and research to expand and enrich our inquiry into cultural diversity and educational inclusion. This book offers an in-depth explanation of Task-Based Language Teaching (TBLT) and the methods necessary to implement it in the

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language classroom successfully. Combines a survey of theory and research in instructed second language acquisition (ISLA) with insights from language teaching and the philosophy of education Details best practice for TBLT programs,

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including discussion of learner needs and means analysis; syllabus design; materials writing; choice of methodological principles and pedagogic procedures; criterion-referenced, task-based performance assessment; and program evaluation

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Written by an esteemed scholar of second language acquisition with over 30 years of research and classroom experience Considers diffusion of innovation in education and the potential impact of TBLT on foreign and second language learning

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The articles gathered in this volume represent examples of a unique approach to the study of mental phenomena: a blend of theory and experiment, informed not just by easily measurable laboratory data but also by human introspection. Subjects

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such as approach and avoidance, desire and fear, and novelty and habit are studied as natural events that may not exactly correspond to, but at least correlate with, some (known or unknown) electrical and chemical events in the brain.

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With escalating poverty, rising individualism, outright destruction of social security networks and diminished civil liberties across the world many professionals appear to be settling down for individual fixes rather than system overhauls . Social

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work has a rich history of community development, yet seems to be a semi-passive spectator to the growing listlessness in our communities.

Fuelled by the elites, government and agencies the models of community development seem to perpetuate

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dependency. A right oriented citizen's perspective has been a long overdue in the discourse of empowerment of people. Professions with espoused commitment to human rights ought to step up their role and and rekindle the roots in community empowerment.

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'Some Aspects of Community Empowerment and Resilience' addresses the above central themes and offers fresh and refined approach on aspects of coping and resilience community and building hope. A Developmental Science Approach to

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Etiology

What (Not) to Expect When You're
Expecting

Making it Real

Field Instruction in Social Work
Settings

Inclusive Physical Activities

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Second Language Acquisition and
Task-Based Language Teaching
Faith Steps for Military Families
The nutrition of an individual
during gestation and the first two
years of life—the first 1,000
days—sets the stage for lifelong

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health. Nutrition quality and quantity in this period can influence the risk of developing diseases that constitute today's epidemics. Early-life nutrition can program the body's tissues, organ structure and function,

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and metabolic and immunologic responses. These factors impact growth, development and cognition, and the risk of cardiovascular diseases, allergies and obesity. The first part of Early Nutrition and Long-

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Term Health examines the mechanisms by which early nutrition affects the risk of developing these conditions. The second part of this book reviews specific non-communicable diseases (NCDs) associated with

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early nutrition. The third part discusses the effects of nutritional programming from fetal life to toddlerhood. Prevention of over- or undernutrition in early life, rather than dietary, behavioral or

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therapeutic interventions in later life, is likely to have a greater return on society's investment in coping with the modern epidemic of NCDs. Examines the relation between early life nutrition and long-term health

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Covers the mechanistic aspects of nutritional programming and its impact on risk of chronic non-communicable diseases Reviews associations between infant and child diet and its effect on growth, development, cognition

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and later occurrence of cardiovascular diseases, allergies, metabolic conditions and obesity
Illustrating the "whats," "whys," and "how-tos" of the leading evidence-based treatments for

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eating disorders, this unique volume is organized around in-depth cases. A range of therapies are represented in sections covering behavioral, cognitive, affect-based, relational, and integrative

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approaches. Each section opens with an instructive overview by the editor. The expert contributors show what their techniques look like in action with patients struggling with anorexia nervosa, bulimia

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nervosa, binge-eating disorder, and related problems. Cases cover the entire process of treatment and include therapist-patient dialogues. The essential role of assessment in treatment planning and progress

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monitoring is highlighted, with detailed descriptions of relevant instruments and procedures. The Scholarship of Teaching and Learning (SoTL) movement encourages faculty to view teaching "problems" as

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invitations to conduct scholarly investigations. In this growing field of inquiry faculty bring their disciplinary knowledge and teaching experience to bear on questions of teaching and learning. They systematically

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gather evidence to develop and support their conclusions. The results are to be peer reviewed and made public for others to build on. This Notes volume is written expressly for collegiate mathematics faculty who want to

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know more about conducting scholarly investigations into their teaching and their students' learning. Envisioned and edited by two mathematics faculty, the volume serves as a how-to guide for doing SoTL in

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mathematics.

Functional foods and nutraceuticals are food products that naturally offer or have been modified to offer additional health benefits beyond basic nutrition. As such products have

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surged in popularity in recent years, it is crucial that researchers and manufacturers understand the concepts underpinning functional foods and the opportunity they represent to improve human

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health, reduce healthcare costs, and support economic development worldwide. Functional Foods and Nutraceuticals: Bioactive Components, Formulations and Innovations presents a guide to

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functional foods from experienced professionals in key institutions around the world. The text provides background information on the health benefits, bioavailability, and safety measurements of

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functional foods and nutraceuticals. Subsequent chapters detail the bioactive components in functional foods responsible for these health benefits, as well as the different formulations of these products

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and recent innovations spurred by consumer demands. Authors emphasize product development for increased marketability, taking into account safety issues associated with functional food adulteration and solutions to be

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found in GMP adherence.
Various food preservation
methods aimed at enhancing the
quality and shelf life of functional
food are also highlighted.
Functional Foods and
Nutraceuticals: Bioactive

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Components, Formulations and Innovations is the first of its kind, designed to be useful to students, teachers, nutritionists, food scientists, food technologists and public health regulators alike.

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Salience in Second Language
Acquisition

Some Aspects of Community
Empowerment and Resilience
Research and Practice

Pediatric Anxiety Disorders
Supporting Parents of Children

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Ages 0-8

Current Issues in Reading,
Writing and Visual Literacy
Casebook of Evidence-Based
Therapy for Eating Disorders
Pediatric Anxiety Disorders provides a
critical, updated and comprehensive

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overview of anxiety disorders in children and adolescents based on the current state of empirical research. The book provides specific clinical recommendations which integrate new knowledge from neuroscience and innovative delivery formats for interventions. This is the first reference

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to examine anxiety diagnoses in accordance with the latest edition of the DSM-5, including childhood onset disorders, such as Separation Anxiety Disorder, Selective Mutism, Specific Phobia, Social Anxiety Disorder, Panic Disorder, Agoraphobia and Generalized Anxiety Disorder. The

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book assists clinicians in critically appraising the certainty of the evidence-base and the strength of clinical recommendations. Uses the latest edition of the Diagnostic and Statistical Manual of Mental Disorders, the DSM-5 Includes the Grading of Recommendations Assessment,

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Development and Evaluation
(GRADE) approach in assessing
guideline development Focuses on
advances in etiology, assessment and
treatment Presents new advances in
our understanding of the brain behind
fear and anxiety Uses a stepped care
approach to treatment

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Second Edition was a winner of the AJN Award! "Unique to this book, and what sets it apart from other books on simulations and clinical scenarios, are the personal experiences...that the authors bring to the chapters. The authors' passion, enthusiasm, and inspiration are truly reflected and

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demonstrated in each chapter. Authors talk about lessons learned, teaching strategies, and in-depth research...

Key highlights in the book include the practice application of how to develop, implement, and evaluate clinical simulations in your nursing program.

The authors make understanding

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simulation pedagogy an easy journey and one that is exciting that educators will want to try and embrace even when there is hesitation and uncertainty." -Pamela R. Jeffries, PhD, RN, FAAN, ANEF; Professor, Dean; George Washington University School of Nursing; From the Foreword When

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employed as a substitute for real clinical time, simulation scenarios have proven effective in bridging the gap between theory and practice. Written by educators for educators, this book provides all the knowledge, skills, and tools needed to make simulation feasible, enjoyable, and meaningful for

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students. In this edition, there are 25 new chapters, 20 of them scenarios for all levels and specialties, and 11 of those representing interprofessional education and team training. This acclaimed text for nursing faculty provides detailed, step-by-step guidance on all aspects of clinical

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simulation. Each scenario is broken down into objectives, pre-scenario checklists, implementation plans, evaluation criteria, debriefing guidelines, and recommendations for further use. Replete with diverse scenarios, this comprehensive resource covers geriatric, pediatric,

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trauma, obstetric, and community-based patient scenarios. Chapters cover all levels of nursing students from pre-licensure to doctoral level, and contain the authors' own advice and experiences working in simulation around the globe. All scenarios have been updated to adhere to the new

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best practice simulation standards for design, facilitator and participant criteria, interprofessional criteria, and debriefing processes. A template for creating scenarios spans the text and includes student preparation materials, forms to enhance the realness of the scenario, and checklists for practice

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assessment and evaluation. The revised edition now includes scenarios easily adaptable to an instructor's own lab, an international perspective, and a section on graduate nursing education and eleven new interdisciplinary clinical scenarios. New to the third edition: 20 brand-new scenarios in

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anesthesia, midwifery, pediatric,
disaster, and other specialty focused
situations, plus five new chapters
Updated to encompass new simulation
pedagogy including best practice
standards New scenarios easily
adapted to an instructor's own lab
Integrating disability into nursing

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education with standardized patients
and the use of IV simulations
Interprofessional and international
scenarios focused on areas of global
concern: obstetric hemorrhage,
neonatal hypoglycemia, deteriorating
patients A new section on how to
"write like a nurse" in clinical

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simulation environments Teaching and evaluating therapeutic communication with a review of instruments for assessment Key Features: Includes information on how to integrate simulation into curricula Addresses conceptual and theoretical foundations of simulation in nursing education,

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including an expanded chapter on the Framework for Simulation Learning in Nursing Education Includes a wide variety of practical scenarios in ready-to-use format with instructions Provides a template for scenario development Delivers recommendations for integration of

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point-of-care decision-making tools
Offers opportunities for enhancing
complexity, incorporating
interprofessional competencies, and
debriefing guidelines Provides insight
into pedagogical intergration of
simulation throughout every aspect of
the nursing curriculum with scenarios

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mapped to North American standards and the NCLEX-RN Blueprint Includes details on: learning lab and staff development from fundraising and building a lab (Ch. 6), to placement of AV (Ch. 7) to faculty development (Ch. 5) and self-assessment for certification and accreditation (Ch. 54). A trauma-

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informed approach to women's health
(Ch. 33) Scenarios with authors from
North America (USA & Canada),
Brazil, and Hong Kong
Design plays a significant role in
environmental, ethical, economic and
cultural arenas, and contributes to
people's wealth, cultural identity and

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quality of life. This textbook presents the theory and practice of design fundamentals. It offers learning objectives that develop motivation, creative spirit, and cognitive strategies among students.

In this issue, we've covered hot technology fields like robotics and 3D

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printing as well as give you a peek at what we feel may be the top 20 jobs in the future. We've also covered a relatively unknown field called Knowledge Management and got a chance to speak with a real-life professional to give some great advice and insights into this field. For those

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with a love for the written word, you don't want to miss our article on Journalism where it'll give you the lowdown on the profession and tells you how to get there.

Why Open Admissions Suppresses Achievement

Higher Education in the Nordic

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Countries

International Perspectives

A Textbook on Fundamental Principles

Functional Foods and Nutraceuticals

The Knowledge Triangle Programme

New Frontiers in Research and

Practice

Many can now conclude that

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utilizing educational technologies can be considered the primary tools to inspire students to learn. Combining these technologies with the best teaching and learning practices can engage in creativity and

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imagination in the engineering field. Using Technology Tools to Innovate Assessment, Reporting, and Teaching Practices in Engineering Education highlights the lack of understanding of teaching and

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learning with technology in higher education engineering programs while emphasizing the important use of this technology. This book aims to be essential for professors, graduate, and undergraduate students in the

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***engineering programs interested
learning the appropriate use of
technological tools.***

***Social work is rooted in the
values of service, social justice,
and strong interpersonal
relationships. But as the***

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profession evolves, so must the approach to education. Michael Sherr and Johnny Jones have created the first introductory textbook written for the future of social work. Introduction to Competence-Based Social Work

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is an innovative book that integrates the knowledge of practice, policy, research, HBSE, and field work with the accommodating skills and practice behaviors necessary for students to become fully

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competent social workers by the time they graduate. This book also provides a conceptual framework that helps students develop a foundation for the professional identities they need to be successful practitioners.

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Students are introduced to social work through a "Why We Do, What we Do" model that emphasizes how and why social workers commit to their careers. The case studies that drive this book will engage students and

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present a clear picture of the profession to help them become invested in enhancing and restoring the well-being of individuals, groups, and communities. Unlike other introductory social work texts,

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this book was specifically developed for use in both actual and virtual learning environments. The book's "Why We Do, What We Do" conceptual framework and extensive case studies, in conjunction with

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chapter-specific podcasts and classroom-ready PowerPoint slides, creates a cooperative learning experience where students can easily grasp the content and transfer that knowledge to their daily practice.

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This book constitutes the proceedings of the 13th World Conference on Mobile and Contextual Learning, mLearn 2014, held in Istanbul, Turkey, in November 2014. The 20 revised full papers and 17 short papers

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presented were carefully reviewed and selected from 65 submissions. The papers are organized in topical sections on technologies and interaction; tablets and ebook readers; learning and teaching inside and

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outside the classroom; learning design and design implications; evaluation and review studies; development and national perspectives; inquiry-based learning and science applications; work-based

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***learning; theory; language
learning; learner perspectives.
Women in Science and
Technology: Confronting
Inequalities comprehensively
explores women's status in the
Science and Technology (S&T)***

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domain by rigorously analysing and interpreting extensive recent information on major areas such as engineering, medicine, physical sciences, biosciences and mathematics. The book forcefully demonstrates that

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gender-based differences and expectations play the determining role in limiting women's participation in S&T. These exist in various forms, from making subject choices in school and opting for specific

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disciplines in college to embracing specific career avenues such as scientific research. This book shows how the construction of gendered identities is perpetuated through a masculine culture in the

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informal environment of elite educational institutes and in major S&T workplaces such as academia and research laboratories, which serve together to exclude women from peer groups and opportunities

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for advancement. The book makes substantive recommendations for policy measures on college admissions, improvement of institutional and organizational environments, and recruitment

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and capacity building for women in S&T. It calls for substantially reducing the myriad societal and familial barriers through cooperation and understanding. Early Nutrition and Long-Term Health

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***Alcohol Use Disorders
Bioactive Components,
Formulations and Innovations***

***Community Colleges and the
Access Effect
Education in Bhutan***

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EASYUNI Ultimate University Guide 2014

This volume brings together a collection of papers presented at the 2014 World Congress of the International Association of Applied Linguistics (AILA), held in Brisbane, Australia, and represents current

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research and practice from across the globe related to reading, writing and visual literacy. Given that globalisation has resulted in an increase in the pursuit of second language (often English) literacy for those who want to enhance their access to better education and

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employment options, the development of literacy skills cannot be left to chance. This book explores current efforts to tease out the variables involved in the development of literacies, and will inform educators and teacher trainers of ways to improve classroom

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pedagogies and increase learner literacy competencies. The volume will be of use to both new and seasoned researchers wishing to enhance their understanding of current and emerging perspectives in the development of literacies. It will also be of interest to language

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teachers and language policy makers as the papers address current issues in language education.

Create your own personal fitness and wellness success stories with Hoeger and Hoeger's FITNESS AND WELLNESS. This text helps you take control of your personal fitness and

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wellness by providing current, practical information and tips that you can incorporate to start living a healthier life. This succinct nine-chapter text offers balanced coverage on health-related physical fitness components with valuable information on wellness. The authors

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emphasize motivation and behavior modification to help you make a constant and deliberate effort to stay fit and realize your highest potential for good health. Use the interactive study tools online to extend your learning beyond the text. FITNESS AND WELLNESS offers you the most

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current coverage and practical guidelines to take charge of your health. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

Calcium and vitamin D are essential

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nutrients for the human body. Establishing the levels of these nutrients that are needed by the North American population is based on the understanding of the health outcomes that calcium and vitamin D affect. It is also important to establish how much of each nutrient may be

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"too much." Dietary Reference Intakes for Calcium and Vitamin D provides reference intake values for these two nutrients. The report updates the DRI values defined in Dietary Reference Intakes for Calcium, Phosphorus, Magnesium, Vitamin D, and Fluoride, the 1997 study from the Institute of

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Medicine. This 2011 book provides background information on the biological functions of each nutrient, reviews health outcomes that are associated with the intake of calcium and vitamin D, and specifies Estimated Average Requirements and Recommended Dietary Allowances

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for both. It also identifies Tolerable Upper Intake Levels, which are levels above which the risk for harm may increase. The book includes an overview of current dietary intake in the U.S. and Canada, and discusses implications of the study. A final chapter provides research

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recommendations. The DRIs established in this book incorporate current scientific evidence about the roles of vitamin D and calcium in human health and will serve as a valuable guide for a range of stakeholders including dietitians and other health professionals, those who

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set national nutrition policy, researchers, the food industry, and private and public health organizations and partnerships. Alcohol Use Disorders takes a life-span/developmental approach to understanding the etiologic processes that heighten risk or

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resilience factors for alcohol use disorders (AUD). Contemporary understanding benefits from thirty years of longitudinal studies that were specifically designed to assess pre-onset origins, predictors of onset, and outcomes through early adulthood. The overriding theme of

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the volume is that the origins and expression of AUD are best understood within the context of developmental processes and dynamic systems organization and change. Such dynamic systems give rise to diverse pathways that are characterized by multi-finality and

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equi-finality due to the exchanges among genes, epigenetic processes, and the complexities of the individual organism's experiential world. For some individuals, these dynamic processes lead to risk cumulative or cascade effects that embody adverse childhood experiences that

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exacerbate risk, predict early onset drinking (or smoking), and are highly likely to lead to AUD during the transitions to adolescence and emerging adulthood. In other cases, protective factors within or outside of the individual's immediate family enable embodiment of normative

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stress regulatory systems and neural networks that support resilience and prevention of AUD and other addictive behaviors.

Mechanisms, Consequences, and Opportunities

The Wiley International Handbook of Clinical Supervision

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Vegetarian and Plant-Based Diets in
Health and Disease Prevention
Simulation Scenarios for Nursing
Educators, Third Edition
The Renaissance of the University of
the Western Cape, 2001-2014
Applications of the Unified Protocol
for Transdiagnostic Treatment of

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Emotional Disorders

A Framework for Assessing Effects of
the Food System

*Taking on the cherished principle
that community colleges should be
open to all students with a high
school education, Scherer and*

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Anson argue that open access policies and lenient federal financial aid laws harm students and present the case for raising the minimum requirements for community college entry.

The first edition of Personality

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Assessment provided an overview of the most popular self-report and performance-based personality assessment instruments. The chapter authors were key members in creating or developing the research base for the eight test

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instruments covered in the book. The text was geared with graduate-level clinical, school, and counseling psychology courses in mind. While still retaining all the attractive features of the first edition, this revision will reflect the

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advances in the field since 2008. Chapter contributors updated and expanded on reliability and validity data, clinical utility, multicultural considerations, and implications for therapeutic assessment. Another distinctive feature of this second

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edition is a companion website that features ancillary materials such as PowerPoints and test banks.

Bailey Summers is very good at taking care of herself. So good, in fact, that she shuts others out with very little effort. But when her

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brother and his partner want a child, she pushes out of her comfort zone and offers to be their surrogate. It's just nine months out of her life, right? Right. Because of course when she's struggling with morning sickness, she encounters the

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hottest man she's ever met. To make matters worse, he's the new bartender at her popular bar. Rick Cassidy comes with his own complications. He's a middle school teacher taking a summer job as a bartender to help out his brother's

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family. His brother is in a rehab hospital after colliding with a drunk driver, and Rick is trying to help them make ends meet. He's just out of a relationship himself, with a woman who couldn't handle him spending so much time caring for

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his brother. So what's he doing eyeballing his boss, the boss of a job he needs? But late nights, close quarters and second-trimester hormones overrule better judgement, and complications intertwine. This is definitely not what

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they were expecting.

Vegetarian and Plant-Based Diets in Health and Disease Prevention examines the science of vegetarian and plant-based diets and their nutritional impact on human health. This book assembles the science

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related to vegetarian and plant-based diets in a comprehensive, balanced, single reference that discusses both the overall benefits of plant-based diets on health and the risk of disease and issues concerning the status in certain

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nutrients of the individuals, while providing overall consideration to the entire spectrum of vegetarian diets. Broken into five sections, the first provides a general overview of vegetarian / plant-based diets so that readers have a foundational

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understanding of the topic. Dietary choices and their relation with nutritional transition and sustainability issues are discussed. The second and third sections provide a comprehensive description of the relationship

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between plant-based diets and health and disease prevention. The fourth section provides a deeper look into how the relationship between plant-based diets and health and disease prevention may differ in populations with different

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age or physiological status. The fifth and final section of the book details the nutrients and substances whose intakes are related to the proportions of plant or animal products in the diet. Discusses the links between health and certain

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important characteristics of plant-based diets at the level of food groups Analyzes the relation between plant-based diet and health at the different nutritional levels, i.e. from dietary patterns to specific nutrients and substances

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Provides a balanced evidence-based approach to analyze the positive and negative aspects of vegetarianism Addresses the different aspects of diets predominantly based on plants, including geographical and cultural

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variations of vegetarianism
Motivation, Emotion, and Goal
Direction in Neural Networks
Methods and Tools in Design,
Culture, Smart Cities, Health,
Welfare and Entrepreneurship
13th World Conference on Mobile

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*and Contextual Learning, mLearn
2014, Istanbul, Turkey, November
3-5, 2014. Proceedings*

*La salud empieza a programarse en
el embarazo*

*Mobile as Mainstream - Towards
Future Challenges in Mobile*

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Learning

*Introduction to Competence-Based
Social Work*

*Dietary Reference Intakes for
Calcium and Vitamin D*

The Nordic countries have a lot
in common. We share the same

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values and culture in education, and vulnerable subjects face many of the same challenges across the Region. This makes it advantageous for us to work together on enhancing Nordic competencies and

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competitiveness and to generate Nordic added value by working together on these vulnerable subject areas. A Nordic approach will generate synergies that would not be possible to achieve at national

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level. Nordic work on
Collaboration, Specialisation
and Concentration (CSC) can
help overcome the challenges
faced by vulnerable study
programmes all over the
Region. From this starting

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point, the study looks at how work on CSC can help maintain sustainable, high-quality study programmes throughout the Nordic Region.

Bhutan is a country in the Himalayas with a relatively new

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education system and a unique governmental philosophy known as Gross National Happiness. This book explores the history, culture, challenges, and opportunities of schooling in Bhutan. It discusses topics

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including historical perspectives on Buddhist monastic education, the regional and international influence on educational development, traditional medical education, higher

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education, and the evolution of Bhutanese educational policy, to name but a few. It also investigates contemporary challenges to schooling in Bhutan such as adult education, inclusive education, early

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childhood education, rurality, and gender. Throughout the book, the developmental philosophy of Gross National Happiness is explored as a novel and culturally vital approach to education in

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Bhutan. The majority of the authors are prominent Bhutanese scholars and educational leaders, with select non-Bhutanese international scholars with strong links to Bhutan also contributing. This

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book is a valuable resource not only for those specifically interested in education in Bhutan, but for anyone with an interest in South Asian studies, general Asian studies, educational development,

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comparative education,
Buddhist education, and the
Gross National Happiness
development philosophy.
First published in 1985.
Routledge is an imprint of
Taylor & Francis, an informa

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company.

Decades of research have demonstrated that the parent-child dyad and the environment of the familyâ€"which includes all primary caregiversâ€"are at the foundation of children's

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well-being and healthy development. From birth, children are learning and rely on parents and the other caregivers in their lives to protect and care for them. The impact of parents may never be

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greater than during the earliest years of life, when a child's brain is rapidly developing and when nearly all of her or his experiences are created and shaped by parents and the family environment. Parents

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help children build and refine their knowledge and skills, charting a trajectory for their health and well-being during childhood and beyond. The experience of parenting also impacts parents themselves.

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For instance, parenting can enrich and give focus to parents' lives; generate stress or calm; and create any number of emotions, including feelings of happiness, sadness, fulfillment, and anger.

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Parenting of young children today takes place in the context of significant ongoing developments. These include: a rapidly growing body of science on early childhood, increases in funding for programs and

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services for families, changing demographics of the U.S. population, and greater diversity of family structure. Additionally, parenting is increasingly being shaped by technology and increased

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access to information about parenting. Parenting Matters identifies parenting knowledge, attitudes, and practices associated with positive developmental outcomes in children ages 0-8;

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universal/preventive and targeted strategies used in a variety of settings that have been effective with parents of young children and that support the identified knowledge, attitudes, and practices; and

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barriers to and facilitators for parents' use of practices that lead to healthy child outcomes as well as their participation in effective programs and services. This report makes recommendations directed at

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an array of stakeholders, for promoting the wide-scale adoption of effective programs and services for parents and on areas that warrant further research to inform policy and practice. It is meant to serve as

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a roadmap for the future of
parenting policy, research, and
practice in the United States.
Policy and Institutionalization
Using Technology Tools to
Innovate Assessment,
Reporting, and Teaching

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Practices in Engineering
Education

Civic Engagement Pedagogy in
the Community College: Theory
and Practice

Culture, Schooling, and Gross
National Happiness

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Doing the Scholarship of
Teaching and Learning in
Mathematics

Spiritual Readiness Through
the Psalms of Ascent

The Profession of Caring,
Knowing, and Serving

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How we produce and consume food has a bigger impact on Americans' well-being than any other human activity. The food industry is the largest sector of our economy;

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food touches everything from our health to the environment, climate change, economic inequality, and the federal budget. From the earliest developments of

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agriculture, a major goal has been to attain sufficient foods that provide the energy and the nutrients needed for a healthy, active life. Over time, food production,

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processing, marketing, and consumption have evolved and become highly complex. The challenges of improving the food system in the 21st century will require systemic

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approaches that take full account of social, economic, ecological, and evolutionary factors. Policy or business interventions involving a segment of the food system

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often have consequences beyond the original issue the intervention was meant to address. A Framework for Assessing Effects of the Food System develops an analytical framework

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for assessing effects associated with the ways in which food is grown, processed, distributed, marketed, retailed, and consumed in the United States. The framework will

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allow users to recognize effects across the full food system, consider all domains and dimensions of effects, account for systems dynamics and complexities, and choose

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appropriate methods for analysis. This report provides example applications of the framework based on complex questions that are currently under debate:

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consumption of a healthy and safe diet, food security, animal welfare, and preserving the environment and its resources. A Framework for Assessing Effects of the

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Food System describes the U.S. food system and provides a brief history of its evolution into the current system. This report identifies some of the real and potential

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implications of the current system in terms of its health, environmental, and socioeconomic effects along with a sense for the complexities of the system, potential metrics,

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and some of the data needs that are required to assess the effects. The overview of the food system and the framework described in this report will be an essential

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resource for decision makers, researchers, and others to examine the possible impacts of alternative policies or agricultural or food processing practices.

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Salience in Second
Language Acquisition
brings together
contributions from top
scholars of second
language acquisition (SLA)
in a comprehensive volume

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of the existing literature and current research on salience. In the first book to focus exclusively on this integral topic, the editors and contributors define and

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explore what makes a linguistic feature salient in sections on theory, perpetual salience, and constructed salience. They also provide a history of SLA theory and discussion

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on its contemporary use in research. An approachable introduction to the topic, this book is an ideal supplement to courses in SLA, and a valuable resource for researchers

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and scholars looking for a better understanding of the subject.

The Knowledge Triangle programme was initiated by the Nordic Council of Ministers in 2011 with the

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aim to study and promote knowledge transfer between innovation actors in academia, industry and public sectors of the Nordic countries. Networks of relevant actors were

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established in key thematic areas to facilitate a systematic and sustainable model of cooperation with the long-term ambition to stimulate economic growth in the

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Nordic countries. In 2012, the programme was extended to include both Nordic and Chinese innovation actors. This publication is a collective work of partners of the Knowledge

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Triangle programme and provides an overview of the Nordic and Sino-Nordic networks. The publication acts as a report of the programme and as a guide for academia, research

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institutions and
businesses to discover new
models to build a strong
knowledge base and
accelerate innovation
processes.

This book will help post-

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secondary educators to discover the joys and challenges of implementing theoretically grounded civic engagement projects on their campuses. The essays on civic engagement

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and public scholarship are written by an interdisciplinary group of community college faculty who have designed and implemented civic engagement projects in

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their classrooms. The projects they describe stand at the intersection of research, theory and pedagogy. They challenge dominant constructions of civic engagement as

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students bring their community, culture and history into the classroom. The authors consider the particular complexities and constraints of doing

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civically engaged teaching
and scholarship at the
community college level
and situate their projects
within current theoretical
debates about civic
engagement, public

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scholarship, and public
higher education.

Women in Science and
Technology

Eating and Weight
Disorders

Parenting Matters

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Design for a Contemporary
World

Fitness and Wellness
Issue 7

*Its November 2001. A university in
dire straits, financially bankrupt
burdening a debt in excess of*

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R100-million, a disillusioned and demoralised staff complement still reeling from the trauma of retrenchments, coupled with an academic project facing collapse as student numbers dwindle by a third to less than 10 000. Is there a future for

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such an institution, described by some as a 'basket case' with very bleak prospects of survival? This was the landscape that confronted the newly-appointed Vice-Chancellor and Chief Executive Officer (CEO) of the University of the Western Cape. Fast

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*forward to December 2014. The CEO
retires from office, bestowing upon
his successor a financially sound
institution with a flourishing
academic project, recording
unprecedented achievements,
enriching the lives of more than 20*

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*000 students, and widely
acknowledged as a research-led
university. This book narrates how
visionary leadership with the
steadfast belief that your past does
not determine your future, galvanised
an entire organisation into believing*

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that a better outcome was indeed achievable, and the will to move forward as a collective with a redefined purpose and commitment to achieve that which was once deemed impossible.

Recent conceptualization of anxiety,

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depressive, and related "emotional" disorders emphasize their similarities rather than their differences. In response, there has been a movement in recent years away from traditional disorder-specific manuals for the treatment of these disorders and

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toward treatment approaches that focus on addressing psychological processes that appear to cut across disorders. These "transdiagnostic" evidence-based treatments may prove to be more cost efficient and have the potential to increase availability of

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evidence-based treatments to meet a significant public health need. Among clinicians, the Unified Protocol for Transdiagnostic Treatment of Emotional Disorders (UP), developed by Dr. David Barlow and colleagues, is the most recognizable and widely

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used transdiagnostic treatment protocol with empirical support for its use. Applications of the Unified Protocol for Transdiagnostic Treatment of Emotional Disorders provides clinicians with a "how to" guide for using the UP to treat a

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broad range of commonly encountered psychological disorders in adults. Each chapter covers a specific anxiety, depressive, or related "emotional" disorder, and important transdiagnostic processes are highlighted and discussed in relation

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to treatment. Case studies are employed throughout to illustrate the real-world application of this unique cognitive behavioral protocol and to instruct clinicians in the nuts and bolts of assessment, case formulation, and treatment in accordance with a

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transdiagnostic perspective.

Field Instruction in Social Work Settings explores the relationship between field instruction and the setting in which it occurs. The book asserts that certain aspects of social work, including laws, funding,

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political climate, organizational policies, and values, affect the relationship between student and field instructor and shape teaching and learning. The book explores dimensions of the student/field instructor relationship such as goals

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and expectations, development of professional identity, uses of the self, issues of diversity, authority, dependency, autonomy, value dilemmas, and the structure of supervision. It presents a framework for teaching field instruction and uses

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*the framework to explore its
relevance, meaning, and use in the
following settings: perinatal AIDS
program public child welfare child
advocacy agency public school
occupational health and safety
project family service psychiatric*

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*hospital case management program
for the elderly day center for the
elderly Field Instruction in Social
Work Settings is the only book
available relating field instruction to
the specific context in which it occurs.
It recognizes the social work field's*

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diminished budget and increased demands and points out the critical necessity of students learning to address and manage policy and organizational issues as they develop their social work skills. This book is an aid to field instructors balancing

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increases in enrollment and curriculum content and decreases in placements and budgets. It integrates all of these concerns with field practice and seeks to provide a model for those working in the field as instructors and students. Field

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*Instruction in Social Work Settings
applies classroom material to social
work settings and emphasizes the
value of field instruction by relating it
to the branches of child welfare,
mental health, and health care. It
allows the reader to integrate social*

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work policy and advocacy with field work, and it provides the reader with an appreciation of how social work and field instruction can work together directly.

Sumergidos en la abundancia de alimentos y fármacos, nuestros niños

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son cada vez más asmáticos, más alérgicos, más "atópicos", más obesos... Hemos pasado de enfermarse por infecciones a enfermarse por el exceso de higiene y la falta de microbios. Hemos dejado de comer comida para comer productos

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comestibles. Hemos pasado de huir de los leones a vivir con una manada de ellos; el estrés puntual se ha convertido en estrés crónico. La microbiota intestinal –los microbios que residen en nuestros intestinos–, la alimentación y la gestión del estrés,

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son tres factores clave que debemos cuidar para disfrutar de una vida sana en niños y adultos. Niños sanos, adultos sanos es un libro que expone, desde una perspectiva integrativa, en concordancia con nuestra evolución y apoyándose en los últimos

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descubrimientos científicos, cómo la salud del adulto se programa desde la concepción, pasando por el parto, la lactancia, la introducción de los alimentos y los primeros años de vida. Está escrito en un lenguaje sencillo, en el que se ofrecen soluciones

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prácticas (huyendo de intereses y manipulaciones), fácilmente aplicables por mamás, papás y profesionales de la salud, y con las que niños y adultos disfrutemos de una vida sana.