

Paul Joannides Guide To Getting It On

This integrative book is like having a wise supervisor in the room with you. Stop "fixing" your clients--engage them in their own healing through the Four-Dimensional Wheel of Sexual Experience. Gina Ogden guides you in helping your clients explore the full range of their sexual issues and challenges—including couple communication, erectile dysfunction, vaginismus, low desire, affairs, trauma, religious proscriptions, pornography use, and more. Part I offers strategies that correspond to the core knowledge areas required for certification as a sexuality professional, while Part II puts these innovative approaches into action through following five case examples from seasoned practitioners. The numerous user-friendly elements, such as quizzes, worksheets, and "hot tips," will help you see the larger picture of an issue, become fluent with a diversity of sexual identities and behaviors, and expand your ability to offer safe, ethical, evidence-based therapy.

This is not your standard sex book. Sex therapist, sociologist, and Psychology Today contributor Dr. Marty Klein goes beyond the sex manuals to reveal how our mindsets during sex are more important than any tricks or techniques—and that the way to a healthier, more exciting, more fulfilling sex life lies in first developing our sexual intelligence. This book is the antidote to the many gimmick-oriented sex guides and manuals; Dr. Klein shows us how to reorient how we think about sex in order to experience a truly different way of being sexual. "Marty Klein is the Steve Jobs of sex advice. . . . Sexual Intelligence is a work of enormous wisdom and expansiveness, and will inspire readers, regardless of age, to realize their full sexual potential." —Ian Kerner, best-selling author of *She Comes First*

A thirtieth anniversary edition of the guide first published in 1972 features updated text and illustrations and covers such topics as sexually transmitted diseases and achieving healthy intimacy. Reprint.

Men's Sexual Health is a breakthrough book about vital and satisfying male sexuality. It presents a new model of male and couple sexuality, which establishes positive, realistic expectations of pleasure and satisfaction, as opposed to the self-defeating traditional demand for perfect intercourse performance. Men and couples who adopt this approach will enjoy sexuality throughout the lifespan. The authors introduce the new "smart thinking," focused on an integration of mind and body, which confronts the myths and misunderstandings which limit male sexual growth. The book will help men and women understand how to pursue sexual and relational health, overcome sexual problems, with the goal of greater acceptance and satisfaction. The book advocates for positive, realistic Good-Enough Sex which will significantly enhance male and couple sexual satisfaction.

The Secret Lives of Teen Girls

A Beginner's Guide

The Ultimate Guide to Prostate Pleasure

Fitness for Satisfying Sex

How to Rediscover Your Desire and Heal a Sexless Marriage

The Smart Girl's Guide to the G-Spot

A Lovers' Guide to Women's Sexual Pleasure

The Better Sex Guide

Why does S/M turn us on? How can we get better at it? How can we get our own needs for sex and support met? 'The Topping Book' answers these questions with anecdote-laden wisdom and with Fish's hot, funny portraits of lovably nasty tops. Illustrated.

So many women are dissatisfied with their sexual relationships—even all these years after the "sexual revolution"—but what is it that women really want? In *The Sex You Want*, authors Lisa and Marcia Douglass answer this age-old question and much more, touching on subjects that include: how women's sexuality is influenced by societal forces; how women can fall into unhealthy sexual patterns; and how the way we talk about or censor discussions on sex affects our everyday practices, and offer ways to reverse the damaging consequences. With a detailed description of the female anatomy and a section on how to achieve the utmost in orgasmic pleasure, *The Sex You Want* will help women take control of their sexuality in ways that will not only change how they relate to their bodies, but how they live in the world. This new paperback version is illustrated and comes with a revised introduction. "A smart, new sex guide.... A step toward helping women own and appreciate their bodies."—Glamour

Offering science-based information about sexuality, *Sinless Sex* corrects misinformation found in many religions, offering a new way of thinking, especially to those bound by religious dogmas.

The first definitive guide to P-Spot pleasure will offer men erotic pleasure beyond what they imagined possible. Co-authored by one of the foremost experts on sexual health, Charlie Glickman, men who may not feel confident exploring anal play will be empowered to claim the prostate as an erogenous zone ripe for exploration. And men who already enjoy prostate play will find much to learn from this friendly, accessible how-to guide. The P-Spot covers tips and techniques for prostate play, as well as outlining important safety information and how to maintain prostate health.

Love Worth Making

Guide to Getting It On

The Smart Girl's Shame-Free Guide to Sex and Safety

The Joy of Sex

A Book About the Wonders of Sex

How to Have Ridiculously Great Sex in a Long-Lasting Relationship

The Guide to Getting it On!

Guide to Getting It On!

A guide to help women understand how their bodies work and to take charge of their sexuality, discussing anatomy, body image, trauma, overcoming difficulties, and related topics.

An introduction to tantric sexuality, which seeks to offer a different and exciting dimension to sex within a loving relationship. It explains the practical techniques and provides easy-to-follow exercises.

A visually informative book for modern lovers with over 450 photographs
* Physical and Emotional Aspects of Female and Male Sexuality Explored
* The Importance of Self-Awareness in Good Sex
* Sexual Techniques and Positions
* Encouraging Sensuality Through Massage, Games and Exercises
* Romance and the Art of Wooing Your Partner
* Projecting a Positive Image Through Body Language
Physical and Psychosexual Difficulties.

From the author: I originally wrote this book for people who wanted to have better sex. But then it started winning awards and being used in college sex-ed courses. So I tried to make the book all things to all people, and it started to grow, and grow, and grow. But with this new edition, I ve taken the Guide To Getting It On back to its roots. It is 576 pages, which is half the page count of the cheaper, at \$19.95. This edition is about you, assuming you are looking for a book that is down to earth, fun to read, and is your best ally when it comes to having really good sex."

An Informative Guide

Sex Matters for Women

Reclaim Your Sex Life with the Revolutionary Multi-point System

Men's Sexual Health

What We Really Want from Sex--and How to Get It

Sexual Intelligence

Erotic Exploration for Men and Their Partners

Wanting Sex Again

With the divorce rate soaring at a dizzying 60 percent, young couples and experienced partners may lack the skills and understanding to sustain a committed relationship. Linda and Charlie Bloom present 101 nuggets of wisdom that deliver practical guidance and make it clear that regardless of past experience anyone can develop the basic strengths, skills, and capacities needed for a great relationship. Each lesson is presented as a simple, one-sentence thought followed by an explanation using real-life examples. This book demonstrates how couples can enrich their own relationships by working through love's challenges.

A NEW YORK TIMES BESTSELLER An essential exploration of women's sexuality that will radically transform your sex life into one filled with confidence and joy. After all the books that have been written about sex, all the blogs and TV shows and radio Q&As, how can it be that we all still have so many questions? The frustrating reality is that we've been lied to — not deliberately, it's no one's fault, but still. We were told the wrong story. Come as You Are reveals the true story behind female sexuality, uncovering the little-known science of what makes us tick and, more importantly, how and why. Sex educator Dr Emily Nagoski debunks the common sexual myths that are making women (and some men!) feel inadequate between the sheets. Underlying almost all of the questions we still have about sex is the common worry: 'Am I normal?' This book answers with a resounding Yes! We are all different, but we are all normal — and once we learn this, we can create for ourselves better sex and more profound pleasure than we ever thought possible. PRAISE FOR EMILY NAGOSKI 'As a literary work, Nagoski's book deserves plaudits for the rare achievement of merging pop science and the sexual self-help genre in prose that's not insufferably twee ... "You are normal!" doesn't sound much like a battlecry, but in a world keen to sexually homogenise women from the gap of their thighs to the shape of their mons pubis, the sentiment lands like a bomb.' The Guardian 'Come As You Are screams female empowerment loud and proud.' The Independent

The G-spot, the powerhouse of female orgasm, is often veiled in mystery and confusion - many believing it to be nothing more than urban legend! With wit and panache, sex educator and bestselling writer Violet blue introduces readers to G-spot play. Beginning with an anatomical guide and incorporating suggestions for couple-play, positions, toys and safer sex, this guide will lead readers to thrilling new sensations and earth-shaking, bed-breaking, gale-force climaxes!

Any girl can unleash her own orgasmic superpower with The Smart Girl's Guide to the G-spot.

In this empowering, accessible guide, Jaclyn Friedman—co-editor of *Yes Means Yes*—gives young women the tools to decipher the modern world’s confusing, hypersexualized, sometimes dangerous landscape so they can define their own sexual identity. Friedman decries the hypocrisy and mixed messages of our culture (we’re failures if we don’t act sexy, but we’re sluts if we actually pursue sex; we need to be protected from rapists lurking in bushes, but deserve “whatever we get” if we have a drink at a party and wear a skirt), and encourages readers to separate fear from fact, decode the damaging messages all around them, and discover a healthy personal sexuality. Educational and interactive, *What You Really Really Want* includes revealing quizzes, creative exercises, and reality-based advice about sex and sexuality today. With Friedman’s informed advice to guide them, readers will build new skills for safely expressing their sexuality with lovers and explore effective ways to talk about tricky issues with family and friends—and learn how to make the world a little safer for everyone else’s sexuality along the way.

What You Really Really Want

Or, Getting Good at Being Bad

The Topping Book

Anal Pleasure & Health

Come as You Are

the bestselling guide to the new science that will transform your sex life

Guide to Getting It on

True Stories of Sacred Sexuality and Awakening

Can sex survive monogamy? Yes, once you understand how sexual emotions really work. This acclaimed, paradigm-shifting guide turns traditional sex therapy inside-out to reveal the hidden rules for great sex. Gentle, compassionate, and filled with compelling stories from Dr. Stephen Snyder's

thirty years as a sex therapist working with over 1,500 individuals and couples, *Love Worth Making* is essential reading for anyone hoping to keep sexual inspiration alive in a committed relationship.

Ever wondered if cowboys do it with their boots on? What music a record store clerk plays while going at it? What's really happening up there in the projection booth during the movie? *Sex Advice From...* bypasses the experts and hits the streets (and the farm, and the runway) for advice on the way we really do it. Featuring perfectly respectable photos of real people with interesting jobsand even more interesting sex livesthis book collects interviews from more than 200 willing participants. Before sending their brave correspondents into the trenches, the editors at Nerve.com spent weeks locked inside the Nerve war room drawing up a comprehensive list of questions about all things sexdirty talk, home movies, hygiene, foreplay, blowjobs, anal techniques, and threesomes, to name just a few. The correspondents then traveled far and wide in search of novel advice. They spoke to bloggers, tour guides, lifeguards, pool cleaners, sideshow performers, and ex-pats living all over the globe. The result? This chunky paperback chock-full of everything you ever wanted to know about sex but were too afraid to ask the salesman at your local car dealership.

In *The Secret Lives of Teen Girls*, Evelyn Resh, the mother of a teenage daughter and a certified nurse-midwife specializing in the treatment of teenage girls, explores the mysterious world of female, adolescent sexuality and how parents-especially mothers-can help their daughters through this tumultuous time. Secrets divulged by teenage girls during consultation have made Resh realize that, with rare exception, most adolescents are left to develop a sexual identity without any adult guidance and often without the most basic knowledge of what is happening to them physically and emotionally. She also realized that many girls are frequently subject to criticism and shaming about their normal, adolescent behavior. Resh believes these issues are what underlie many of the problems teens face during this crucial step into becoming a fully developed adult woman capable of making good, sound, safe, and independent decisions throughout life. Through compelling, frank, and sometimes humorous stories from both Resh and her patients, *The Secret Lives of Teenage Girls* explains to parents just what is going on with their teenage daughters during this essential phase of their development. She discusses many of the complicated problems she's seen in practice, including not just sexual activity but also eating disorders, substance abuse, mental illness, unplanned pregnancies, violence, and STDs. She also looks at less serious but still troubling issues like under-achievement, battles with parents, and lack of emotional and social support. In this insightful book, Resh provides parents with the tools to help their teen daughters negotiate the waters of their sexual development and emerge with their strength, their sexuality, and their self image intact.

Covers many aspects of adult human sexuality, with a brief historical and educational overview of the body and detailed descriptions of various techniques, acts, and fantasies.

Tantric Sexuality

The Good Vibrations Guide

The Ultimate Guide to Sex and Disability

Women, Sex, Power, And Pleasure

The Sex You Want

The Sex & Pleasure Book

Good Vibrations Guide to Great Sex for Everyone

Great Sex Made Simple

Woman Cancer Sex, Second Edition, is an accessible and comprehensive resource for women living with and surviving cancer as they navigate specific challenges related to sex and sexuality. Women who have survived cancer remain sexual beings despite the challenges of cancer treatment, and they often have nowhere to go with their questions and concerns. This text interweaves stories from clinical practice with evidence-based tips and interventions for a range of physical and emotional side effects resulting from cancer and its treatment. Each chapter describes the experience of a woman with a particular kind of cancer and a variety of related problems, including loss of libido, physical pain, body image issues, depression, and struggles communicating with a partner and health care providers. Written by a leading voice in the field of cancer and sexuality, this book offers essential guidance surrounding questions about sexual health for women diagnosed with cancer. It will also be of use to health care providers including social workers and sex and couple therapists.

Proudly Announcing the 10th Edition of the GUIDE TO GETTING IT ON Few people had heard of Bumble and Hinge when the last edition of the "Guide To Getting It On" went to press four years ago. No one in their right mind would have guessed that Chaturbate would become the 28th most popular website in the US, or that women in college would pay for their tuition by selling pics on a website called OnlyFans. And good luck to any guy who calls a woman to ask her for a date instead of texting, because she'll probably think he's a stalker. Anyone who says "Why would we need a new edition of a book on sex?" needs to throw away their flip phone and wake up. Each new edition of the "Guide to Getting It On" has risen to the challenge of helping young adults negotiate an ever changing landscape of sex and relationships, and the new 10th edition is no different. Today's young adults are the first generation who began watching the most explicit porn in history on their phones in Middle School. They have very different expectations and needs from a book on sex today than when the first edition of 'The Guide' was published more than twenty-five years ago and was praised as one of the best books on sex ever written. At a time when YouTube has become the source of all wisdom, the 10th edition of the "Guide To Getting It On" remains the one book on sex that people still want to buy, read and share with a partner. And for readers who value videos, several chapters of the 10th edition have links to videos that were made to go with the book.

Featuring more than 15 illustrations and more than five chapters, this sex book includes pages that help to bring a smile, a blush of crimson, or a moment of awe.

Whether you are single, dating or in a relationship this book will show you how to attract sexual desire from women and bring them to the heights of their erotic and orgasmic potential. You will find your personal power, clarify who you are and what you want in your life, and have mind-blowing sex and passionate connections with women. This book will teach you to master your sexual function, control your ejaculation, and keep seduction and sensuality alive in long-term relationships. You will experience the power of having men admire you and women desire you and you will learn how to get the most out of every second of your sexual experience.

Sinless Sex
Unzipped
A Challenge to Religions
For All of Us Who Live with Disabilities, Chronic Pain, and Illness
A Workbook for Creative Clinicians
A Complete Guide to Taking Care of Your Sexual Self
Tantric Tips to Deepen Intimacy & Heighten Pleasure
Simple Lessons to Make Love Last

The Ultimate Guide to Sex and Disability is the first complete sex guide for people who live with disabilities, pain, illness, or chronic conditions. Useful for absolutely everyone, regardless of age, gender, or sexual orientation, the book addresses a wide range of disabilities – from chronic fatigue, back pain, and asthma to spinal cord injury, hearing and visual impairment, multiple sclerosis, and more. Expertly written by a medical doctor, a sex educator, and a disability activist, The Ultimate Guide provides readers with encouragement, support, and all the information they need to create a sex life that works for them. The authors cover all aspects of sex and disability, including building a positive sexual self-image; positions to minimize stress and maximize pleasure; dealing with fatigue or pain during sex; finding partners and talking with partners about sex and disability; adapting sex toys; and more.

In her new book, Women, Sex, Power & Pleasure, Evelyn Resh, a sexuality counselor and certified nurse-midwife, takes an innovative approach to helping women create the lives – and sex lives – they want. With a funny and compassionate, yet tell-it-like-it-is style, she looks at the relationship between feeling powerful in life and accessing life’s pleasures, and their combined effect on sexual desire. Resh introduces six essential qualities that women must have to live healthfully, stating that when these are out of balance women seem to exist in lives devoid of pleasure, self-empowerment, and sex. These markers of emotional well-being are: • Self-confidence and self-esteem • Healthy Habits • Spiritual Satisfaction • Creativity • Self-assurance/re-assurance • Compassion and Empathy **Once the six traits are laid out, Resh devotes the rest of the book to exploring how, when one or more of a woman’s markers of emotional well-being are off kilter, their reasons for avoiding sex mount exponentially. She looks at some of the most common excuses she’s heard over her many years as a sexuality counselor – I Feel Nothing, It’s All He Thinks About, I’m Too Busy!, I’m Too Fat to Have Sex – and outlines the specific imbalances that create this void of sexual desire and activity. With practical guidance, self-assessment questions, and stories from her practice and personal life, Resh explains to modern women how to regain their emotional wellness and live a powerful life that includes a steady relationship with pleasure and sexual satisfaction. This book is a must read for all women. From housewives to sophisticated urban corporate types, from new moms to post-menopausal women – this book will help any woman who feels estranged from her sexual energy and a sense of empowerment, and deprived of pleasure, or who views sex as just another thing to tick off her overwhelming to-do list. An eye-opening anatomy lesson and no-nonsense debunking of the myths and misinformation surrounding the G-spot.**

Take your sex life from ordinary to extraordinary with this fun and easy-to-use beginner's guide to authentic Tantra. Explore new and surprising sources of sensual delight with fifty-four Tantric techniques for enhancing intimacy and deepening pleasure. Proving that Tantric lovemaking doesn't have to take hours, Tantra experts Mark A. Michaels and Patricia Johnson present straightforward, simple practices that anyone can do. Along with fundamental principles of Tantric sex, you will discover amazing ways to prolong arousal, satisfy your partner, maximize bliss, and reach higher states of consciousness. Erotic trigger points Massage Fantasy and role-play Kissing Self-pleasuring Breathwork Eye-gazing Meditation Praise: "Patricia Johnson and Mark A. Michaels have written a compassionate and accessible guide to an often mysterious but valuable tradition, and made it relevant for today's readers who want to find more connection, spirituality, and care in their lives and love."–Naomi Wolf, author of Vagina and The Beauty Myth "Great Sex will be a useful resource for individuals seeking to enrich their sexual experiences to open their minds to new possibilities of intimacy."&mdashForeWord Winner of the 2013 IPPY Award (Gold, Sexuality/Relationships category) Finalist for two ForeWord Awards (Self-Help Category and Family &

Relationships Category) Guide to Getting it on

A New and Mostly Wonderful Book about Sex for Adults of All Ages

Woman Cancer Sex

The Masters Guide to Cunnilingus

DJs, Sorority Girls, Cowboys, Car Dealers, Bartenders, Pool Cleaners, Hairstylists, and More!

Moregasm

How to Enjoy and Maintain a Healthy Sex Life in a Loving Relationship- The Book for Modern Lovers Everywhere

Sexual Solutions

Women Love Cunnilingus! Today, oral sex has become an integral part of the whole lovemaking. However, cunnilingus is one of the most difficult sexual acts to perform successfully. It takes refined skills, essential techniques and exercises which you can learn from the "Masters Guide to Cunnilingus." Presented in a lively, informative text and easy-to-master instructions, this book will help you to take your partner to new heights of pleasure. Inside you'll find: The Anatomy of Female Sexual Arousal Sensual Kissing, Erotic Massages, Talking and Fantasies The G-Spot, the A-Spot and the Clit an Orgasmic Combo Advanced Tongue Techniques and Exercises Golden Fingers The Double Pleasure Clamp Rules Innovate Oral Sex Positions to Make Her Squirt The Worst Cunnilingus Mistakes Tips, Curious Facts, Practices, Safe Oral Sex and many more. When a woman finds a man who gives good head, she's found a treasure!

Provides advice and tips on sexual intercourse and foreplay, including masturbation and intimacy techniques, and answers frequently asked questions involving sexual excitement, safe sex, and achieving orgasm.

A fully revised and updated edition of the category leader. Includes two new chapters and 5 new illustrations.

Thorough, frank, humorous, and accessible, with candid illustrations throughout, this book starts where most books on sex leave off. Based on years of research and ideas contributed by a variety of people, including doctors, social workers, psychologists, surfers, priests and a prostitute, this is the thinking person's sex book.

Exploring Desire and Intimacy

A Book about the Wonders of Sex

Sex Points

Babeland's Guide to Mind-Blowing Sex

The G-spot

Sex Advice From...

For Adults of All Ages

What Your Mother Wouldn't Talk about But Your Daughter Needs to Know

20 transformative stories and sexual healing practices from international pioneers in the sexual shamanism movement • Reveals intimate details about how each sex shaman overcame personal struggles with heartache, jealousy, mental illness, or social shame to realize their calling as a sacred sexual healer • Includes 20 in-depth embodiment exercises such as soul gazing, contacting your spirit guides, sexual divination, energetic sex, self-pleasuring, moon blood rituals, and sacred sexual storytelling • Includes contributions from 20 diverse voices in the sexual shamanism community, all part of the mystery school ISTA: International School of Temple Arts Drawing on traditional and modern practices, a sex shaman uses the power of erotic energy as a healing medicine. They channel divine love and embrace sexuality freely, practicing polyamory, sexual healing, and even sex magic. They teach tantra, trance dance, kundalini yoga, and other techniques for healing shame, guilt, fear, and sexual trauma. Designed to guide the reader on a journey into their own sacred sexual awakening, this book shares true stories from 20 visionary pioneers in the sexual shamanism movement, all of them associated with the International School of Temple Arts (ISTA), a mystery school that works to illuminate the path of sexual shamanism and heal the split between sex and spirit, release the shame surrounding sexual awakening, and inspire more sexual liberation around the world. The teachers reveal intimate details of their life stories and sexual awakening journeys, showing how, by surrendering to the wisdom of the erotic current of the universe, transformation occurs. Each story is accompanied by an in-depth embodiment exercise with step-by-step instructions, including soul gazing, contacting your spirit guides, sexual divination, energetic sex, self-pleasuring, moon blood rituals, and sacred sexual storytelling. Underlying these exercises is the belief that the body is a temple that opens with pleasurable worship so spirit may dwell more fully within. The 20 contributors include Baba Dez Nichols, Bruce Lyon, Crystal Dawn Morris, Dawn Cherie, Deborah Taj Anapol, Ellie Wilde, Janine Ma-Ree, KamalaDevi McClure, Komala Lyra, Laurie Handlers, Lin Holmquist, Matooka Moonbear, Mia Mor, Ohad Pele Ezrahi, Patrik Olterman, Raffaello Manacorda, Ria Bloom, Sean O'Faolain, Stephanie Phillips, and Stephen SoulLove.

Offers strategies for women with low libidos to help overcome the emotional, physical, and mental obstacles that are affecting passion and intimacy in their marriages.

This guide replaces taboos with techniques and provides safe, practical advice for improving your sexual relationships. It all comes down to communication and this is one book that has no problem with telling it how it is.

Down There Press authors have been answering that question for twenty-five years! From Joani Blank's Good Vibrations "RM" bringing to light the sexual potential of "personal massagers", to Jack Morin's still the-only-one-of-its-kind Anal Pleasure & Health, to Susie Bright's genre-launching Erotica "RM". San Francisco's oldest publisher of award-winning sex-positive books has been breaking boundaries to delight and entertain its readers. Founded in 1975, Down There Press is the nation's first independent publisher devoted exclusively to publishing sexual health books. Founder and Publisher Emerita Joani Blank, then working as a sex educator and counselor, started writing her own books about sexuality at her clients' and other therapists' behest. The press currently has a list of eighteen sexual self-awareness titles, including innovative and practical non-fiction with non-judgmental techniques for strengthening sexual communication. Down There Press also publishes lively literary and photographic erotica.

How to Perform Successful Oral Sex and Provide the Highest Degree of Pleasure Possible

101 Things I Wish I Knew When I Got Married

Best Little Sex Guide in the Whole Wide World

Cockfidence

The Universe's Coolest and Most Informative Book about Sex for Adults of All Ages

Sex Shamans

Guide to Getting it On!