

Kyrgyzstan Tha Bradt Travel Guide

Tanzania is one of Africa's greatest safari destinations, home to the legendary Serengeti National Park, Ngorongoro Crater and Mount Kilimanjaro as well as the 'spice island' of Zanzibar and lesser known gems such as the vast Selous Game Reserve and habituated chimpanzees of Gombe Stream. This fully revised edition of the guide covers every accessible national park and reserve, as well as many top non-wildlife attractions and the best accommodation in every price bracket. It includes in-depth coverage of wildlife and natural history, background information on the Maasai and other tribes, archaeological points of interest such as rock art and mediaeval Swahili ruins and an introduction to the Swahili

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language.

The Peloponnese contains a huge diversity of landscape, everything from the classic image of Greece - white sand beaches and sleepy white-washed villages through to the ancient sites of Olympia and Mycenae, Byzantine churches and medieval fortresses; towering mountains for hiking and skiing, olive groves which produce the finest fruit, and mountains covered in flowers. In recent months Greece has undergone a well-publicized economic meltdown. However cheaper prices and the expense of long-haul tourism has actually led to an increase in visitor numbers. The government is keen to invest in tourism as a way to reinvigorate the country. Specific examples of this are the new year-round flights from Athens to Kalamata and a major

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new international spa / golf resort in Messinia. Greece is no longer an 'easy' travel destination and there as been an increase in the trend towards independent travel, away from package tourism. The new edition reflects this with reviews of the plentiful new accommodation, details of independent tours and activities as well as excellent coverage of off-the-beaten-track sites and attractions. Greek expert, Andrew Bostock leads travellers to hidden villages, sophisticated towns, and to other top attractions - one of Europe's most spectacular train journeys and the tower houses of the famed Mani. He explores the lesser-known sites and attractions, including details of places not covered anywhere else. The guide is packed with information on agritourism spots, eco-conscious boutique hotels, camping under the stars, rustic

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tavernas and locally grown produce. Traditionally the tourist season in Greece is the summer, but this is fast changing, with savvy travelers discovering the wild flowers of spring, the joys of the olive harvest in late autumn, and skiing opportunities during the winter. Bird life and marine life are also a huge attraction for visitors to the Peloponnese. The guide also focuses on the colourful life of the traditional 'paneyiri' and those who still embrace the Greek spirit of 'philoxenia'.

The ex-Yugoslav region of Serbia is experiencing a re-launch of tourism that has opened up the country. Serbia covers fundamentals such as getting there, a range of local travel options and accommodation for all budgets and styles. Now a prime destination for winter sports, mountain resorts and a

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range of health spas in spectacular settings are also covered. Kosovo is likely to become an independent state in 2007, making this Bradt guide a ' must-buy ' for visitors from the country ' s diaspora (which is believed to number over a million), for the many NGOs living out there and, as always, for those keen to explore off the beaten track. Ringed by high mountains crossed by a series of conquerors over the centuries, the country boasts Ottoman mosques, Serbian Orthodox churches, monasteries, vineyards and extravagant KLA war memorials. The capital Pristina offers a surprising contrast with its growing number of vibrant restaurants, bars and shops, along with Kosovo ' s top ski resort, Brezovica, which offers some of the best skiing in southeastern Europe.

Oman

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Revolution, Murder, and Intrigue in the Heart of Central Asia
3 long-distance routes in the AONB: the Suffolk Coast Path, the Stour and Orwell Walk and the Sandlings Walk
Me, My Bike and a Street Dog Called Lucy
Greece

This new sixth edition of Bradt's Georgia, the only dedicated guide to the country, has been thoroughly updated throughout to include all the most recent developments, ranging from greatly expanded coverage of Batumi, Adjara and Svaneti to the addition of new maps for Tbilisi, Mestia and Telavi. Tourism is booming in Georgia: the number of guesthouses has

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mushroomed, Tbilisi airport has just opened a second terminal and a new terminal and rail link are under construction at Kutaisi airport. New low-cost flights are now available and visa-free travel is the norm for most. With Bradt's Georgia discover both the old and the new. The capital, Tbilisi, has seen huge changes in the past decade with some conspicuous new projects such as the Peace Bridge, the Opera House and the Presidential Palace, as well as excellent new restaurants and bars. Much of the country can be reached in day-trips from the luxury hotels of Tbilisi and Batumi, and the remotest areas such

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as Svaneti and the Pankisi Valley can also now be visited. In addition, Mestia, the capital of Svaneti, now has an airport and two ski resorts. Also new for this edition is expanded information on Tusheti and the Trans Caucasian Trail, a volunteer-led project to create two long-distance hiking routes, east-west and north-south, linking the Black Sea with the Caspian, the Greater Caucasus with the Lower Caucasus and Georgia with Armenia and Azerbaijan. The Georgian wine industry is covered, with particular emphasis on natural qvevri wines, and so too are skiing, rugby, the World Heritage sites of Mtskheta and

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Gelati, Georgian food, 5th-century churches, cave cities, and Georgian polyphonic singing. Bradt's unique guide to Georgia is the ideal companion for all travellers, from serious hikers to wine buffs, high-end culture lovers to backpackers of all ages.

This edition of the Bradt guide to Bishkek by expert author Laurence Mitchell combines what to see and do with maps, walking tours, historical and cultural perspectives and suggestions for hotels, restaurants, cafés and bars as well as detailed information on city transport, shopping, activities and out-of-town

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ideas. It is written in an engaging and colourful style that sets out to entertain as well as inform and is drawn from the Bradt country guide to Kyrgyzstan, Third Edition.

Uzbekistan Travel Guide - Expert advice and holiday tips including Tashkent architecture and hotels, Silk Road history, Islamic art and textiles, museums and culture. Also included are detailed maps, trekking and hiking routes, touring by bike, public transport, archaeological sites like Samarkand and Bukara, Fergana Valley and Kyzylkum Desert.

The only English-language guide to Abruzzo, a

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region of Italy untouched by mass tourism yet only an hour's drive from Rome. It's written by an author born and bred in Abruzzo.

The Bradt Travel Guide

Burkina Faso

Bosnia and Herzegovina

Uzbekistan

With Kilimanjaro, Zanzibar and the Coast

This new, thoroughly updated second edition of the most practical guide to Central Asia's smallest and least understood country brings to life the 'Roof of the World': Tajikistan. Enhanced trekking details and maps are included, along with more detailed practical

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information than any other guidebook. Travelling to and entering Tajikistan is easier than ever before with improved transport infrastructure and a new airport terminal in the capital, Dushanbe. Accommodation options in the capital have also improved with new high-end hotels now open for business. This new edition includes details of all such changes and improvements. With this guide you can explore the Tajik side of the Wakhan Corridor, complete with fortresses, petroglyphs, and stunning views of the Pamirs and Hindu Kush. Also covered are the Fann Mountains, easily the most accessible - and one of the most beautiful - mountain ranges in Tajikistan, the UNESCO World Heritage Sites of Sarazm and the Tajik

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National Park, the hot springs of Garm Chashma, and the Tajikistan section (which forms the majority) of the Pamir Highway, arguably the most spectacular drive in the world. Epic mountain landscapes, glacial lakes, and the mighty Amu Darya - the Oxus River of antiquity - encircle ancient Buddhist sites, Silk Road trading posts, medieval shrines, and planned Soviet cities alike. The modern population continues to draw upon its diverse heritage from Persia, China, Afghanistan and Russia, creating a complex and intriguing culture waiting to be discovered. With first-hand descriptions of everything from Sogdian ruins to playing the traditional sport of buz kashi, trekking on the Murghab Plateau and eating shashlik in garden

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tea houses, Tajikistan's expert authors bring the country alive in Bradt's new and fully updated edition. Hidden in the depths of central Asia, Kyrgyzstan's yawning valleys and abundant wildlife make it one of the world's most beautiful destinations. Go trekking amongst the towering 7,000m peaks in the Central Tien Shan, sample shashlyk and laghman in the multi-coloured Osh Bazaar or take a dip in the enormous alpine Lake Issyk-Kul. This fully updated second edition includes everything you need to know about entry requirements and getting around, as well as insightful information on the history and culture of the once-nomadic Kyrgyz people. Join Laurence Mitchell on an adventure through isolated Silk Road villages,

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vast walnut forests and rocky deserts guarded by eagles and vultures.

A latest edition of a guide for visitors to Switzerland provides focused coverage of travel options for people without cars, in a guide that shares insider information on how to tour famous landmarks and lesser-known regions of interest by train, steamer, the recently opened Lotschberg base tunnel, and more.

Original.

Bradt's Kyrgyzstan remains the only English-language guide dedicated solely to this astounding country, described as 'the Switzerland of central Asia' and regarded by many as the most beautiful country in the world. This new, thoroughly updated fourth

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edition further extends its comprehensive coverage of all the country has to offer, including trekking, mountaineering, horse riding, historical sites, festivals and Kyrgyz culture. All the most recent information on all the major towns and visitor hubs is included, along with suggested itineraries and details of natural history and conservation issues. Feature boxes throughout the text give further cultural detail on Kyrgyz society, while all budgets are catered for with traveller information covering all options from low-cost to luxury, as well as extensive detail on travel by public transport throughout the country. Deep within central Asia, Kyrgyzstan's beautiful mountainscapes, dreamlike rock formations and semi-nomadic culture

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are gloriously unspoiled. A trip here can be as adventurous as you please: admire 5,000-year-old petroglyphs at Saimaluu-Tash, gallop on horseback through the alpine meadows that surround 3,016m-high Lake Song-Köl, go trekking in the mountain valleys that lie south of Karakol, visit Bishkek's Soviet-era statues or simply laze on the shores of the vast Lake Issyk-Kul. Kyrgyzstan has it all: glorious mountain scenery, a rich nomadic tradition, Silk Road monuments and thrilling wildlife. It also remains an intriguing, little known but easily accessible country for travellers. With in-depth coverage of historical background, health, safety and transport, plus author recommendations on the best yurt camps and

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chaikhanas, Bradt's Kyrgyzstan is the ideal companion for a successful trip.

Multidisciplinary Perspectives

The Peloponnese

Kyrgyzstan

Zanzibar

Kazakhstan

Essays dealing with the question of how "sense of place" is constructed, in a variety of locations and media.

This award-winning foreign correspondent's vivid account of Central Asia's recent history "reads

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like a novel but is the stuff of hard-won journalism” (Gary Shteyngart, author of Absurdistan). Here are the stories of two revolutions, a massacre of unarmed civilians, a civil war, a drug-smuggling highway, brazen corruption schemes, contract hits, and larger-than-life characters who may be villains, heroes, or possibly both. Restless Valley is a gripping, contemporary chronicle of Central Asia from a veteran journalist with

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extensive experience in the region. Both Kyrgyzstan and Uzbekistan have struggled with the challenges of post-Soviet, independent statehood, and both became entangled in America's Afghan campaign when the United States built military bases within their borders. Meanwhile, the region was becoming a key smuggling hub for Afghanistan's booming heroin trade. Through the eyes of local participants—the powerful and the powerless—Shishkin reconstructs how

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Kyrgyzstan and Uzbekistan have ricocheted between extreme repression and democratic strivings; how alliances with the United States and Russia have brought mixed blessings; and how Stalin's legacy of ethnic gerrymandering continues to incite conflict today. "The weird, the strange, the corrupt, and the grand are all evident . . . [Shishkin] relentlessly pursues and then tells the stories of the most corrupt and

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powerful and also the most sincere and admirable characters who inhabit these mountains.” –Ahmed Rashid, The New York Review of Books

This new title from Bradt tells the inspiring and emotional story of Ishbel Holmes, also known as 'World Bike Girl', a Scottish-Iranian woman who became a champion racing cyclist in spite of having been abandoned by her family, and who set off on the adventure of a lifetime despite her

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lack of experience, money or equipment. Ishbel Holmes was determined to cycle the world but her journey took a completely unexpected turn when, despite her initial instincts not to, she rescued a street dog in Turkey. Ishbel was lost and alone when she started on her epic trip, but in Lucy found a companionship never previously known. Between the two there formed a deep bond and their relationship was followed and supported by thousands of

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readers online, before becoming a media sensation overnight when Ishbel put out a plea for help to transport Lucy to an animal shelter three hundred miles away. This heart-rending tale is about more than just the relationship between a woman and her dog. It is a testimony to the human spirit, overcoming present-day challenges and churning up long-buried and painful memories from Ishbel's earlier life. It is also a tale of adventure, one person's

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determination to cross an unfamiliar country by bike and the unforgettable scenes that greet her on the Turkey-Syria border and into Syria itself. And it is a loving portrait of Lucy, the street dog that was determined not to let Ishbel go and whose dogged persistence helped to break down the barriers around her heart and in so doing change her life in ways she had never imagined. Ultimately, this is a tale of love and healing, a modern

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fable that touches the soul and reminds us all of the need to belong.

Bus-Pass Britain is a colourful celebration of travelling by bus around the British Isles and features a selection of 50 favourite bus-routes submitted by members of the public in response to a Bradt competition. Their favourite bus routes reveal a wonderful mosaic of journeys across Britain, from a pleasant meander through Surrey lanes to an orbit through Birmingham's edgy

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suburbs. Evocative and fun, the book reveals how free bus passes have encouraged a new generation of keen explorers. Join us on the top deck for a fresh perspective on towns and villages across Britain. Each journey includes recommendations on where to stop and explore, providing details of inspiring sights, suggested walks and the best local cafes, pubs, restaurants. All the practical details: bus times, the length and duration of

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each route and travel connections to the start and finish, are provided and the book features a scattering of quirky stories and reflections (entitled Bus-stops) on the wonders of this more leisurely form of travel.

Bradt Zambia

North Africa

Bradt Abruzzo

Transylvania

Making Sense of Place

Both evocative and magical, Zanzibar offers

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travellers the quintessential Indian Ocean experience; palm fringed coastlines, powder- white sand, and colourful aquatic life. Passionate about detail, Chris and Susan McIntyre have carried out extensive on-the-ground research in producing this updated edition. There has been significant growth in the number of hotels, lodges and guesthouses on all three main islands since the last edition and, consequently, the accommodation listings have increased significantly: notably in Zanzibar Town (Stone Town), Matemwe, Michamvi Peninsula, and Mafia island. They visited all the accommodation listed. With almost 300 properties featured, many are newly built and the vast majority (spanning all

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budget levels) do not feature in any other guide on the market. Each entry has a detailed description with a strong emphasis on guiding readers to the most ethical options. Zanzibar goes into far greater depth than its competitors on the natural environment, history, culture, and sights. Few other guide books cover the islands of Pemba and Mafia in any detail and yet they are easily combined in a trip. With a focus on the environment, visitors are directed towards fair-trade shopping opportunities and sustainable marine parks. This new edition also includes a dedicated section on southern Tanzanian safaris, making this guide excellent for readers looking for a bush and beach combination. Advice is

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given on how to be sensitive to the local Muslim culture. Bradt's guide is the most frequently and scrupulously updated guide available, vital for a destination with tourism growing and changing so rapidly.

Provides an overview of Burkina Faso, advice for planning a trip to the country, and recommendations for lodging, restaurants, shopping, entertainment, and sightseeing attractions.

The only in-depth guide to Liguria, a mountainous region of dizzy passes and breath-taking views where mountains plunge down into the sparkling blue waters of the Mediterranean. Liguria will leave you awestruck by its beauty. The narrow strip of coast

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includes the gems of the world famous Italian Riviera, the great port city of Genoa, the glitzy resort of Portofino and the charms of the Cinque Terre. Yet in the hinterland there are many beautiful villages and mountain walks that have yet to be discovered by tourists. The walks vary in difficulty so are accessible to all. Many of the walks and cycle routes featured in the book are through beautiful wilderness. Unlike other guides to the region, Liguria includes a detailed description of the mountains and their hilltop villages. With a strong regional identity all of its own, Liguria is almost a country within a country. The spectacular scenery, the mediaeval towns, quaint fishing ports and the wonderful food

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have attracted some of the world's most famous writers among them Byron, Mary and Percy Shelley, Henry James, Dickens, Maupassant, D H Lawrence, Virginia Woolf and Dylan Thomas. Tourists flock to the Cinque Terre and Portofino but many of the other resorts have few foreign visitors so Liguria has the best of both world's to offer the visitor the big names on the Mediterranean destination list and mountain villages and small fishing ports which are almost exclusively Italian.

One of the last remote corners of the Arabian Peninsula, Oman has only recently permitted tourism, fearing it would engulf the local culture before it was ready. Today a growing number of

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visitors are discovering a land of awe-inspiring natural landscapes: mountains, ravines, cliffs, canyons, desert and coastline sweltering under the Middle Eastern sun. In this fully revised and updated Bradt guide, author Diana Darke describes in detail the archaeological wonders, nature reserves and world-class diving sites of this spellbinding sultanate. Visitors can soak up the spicy, perfumed souk atmosphere, watch a camel race or camp out with the Bedouin under the stars. Brimming with up-to-date information on restaurants and bars, hotels, sports facilities and trip itineraries, Bradt's Oman has everything for the traveller who wants to explore the land beyond the myth.

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Iceland

The Bradt Travel Guide Uruguay

Georgia

Bradt Travel Guide Serbia

The Roman Coast

Two decades after the conflict that ravaged the region, Bosnia and Herzegovina has emerged as a unique, dynamic tourism destination. Whether you go in search of bears in the primeval Sutjeska National Park, wander the winding streets of Sarajevo's Turkish quarter or put your feet up in Mostar with a glass of chilled

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ilavka, you are guaranteed to be charmed by the country's rich natural and cultural heritage. Still the only standalone guidebook to the country in English, Bradt's Bosnia & Herzegovina is packed with practical information and insider tips on how to make the most of your trip to the land where East meets West. Explore Sarajevo on foot with our extensive walking tours Go skiing on the world-class slopes of Jahorina and Bjelanica Visit the mysterious pilgrimage site of Medugorje Learn your kupus from your kolac

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with our language guideDiscover the imposing hilltop towns of Pocitelj and Travnik

The third edition of Bradt's Mali has been thoroughly updated, and includes new sections on Mali's festivals, music and musicians.

Appealing to the adventure traveler or armchair reader who simply wishes to browse and dream, this guide promises to lead them into the glorious reality and breathtaking landscapes of the Himalayas. Sandwiched between the South China, Sulu

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and Celebes Seas, Borneo is the third biggest island in the world and also the only island which is home to three nations: Malaysia, Indonesia and Brunei. Its biodiversity is also one of the greatest in the world, with tropical rainforest and rivers covering over 70 percent of Malaysian Borneo and hundreds of unique flora and fauna species. Despite extensive destruction of its rainforests over the past couple of decades, Borneo remains a floating natural paradise of tropical rainforest, jungle and wild

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animals. Its past is one of highlands, islands, head-hunters, sultanates and sea-going myths and therefore offers a rich cultural experience for adventure travelers, divers and sunbathers alike.

Restless Valley

Shangri-La

Serbia

Tanzania Safari Guide

Tajikistan

There is much to see in Malta beyond the beach. With Bradt's Malta visitors will discover this island's history, archaeology and birds alongside eating and sleeping

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options of character and interest.

The three long-distance walks described in this book - the Suffolk Coast Path, the Stour and Orwell Walk and the Sandlings Walk - link together to provide a comprehensive and varied circuit of the entire Suffolk Heritage Coast. The Suffolk Coast Path stretches along the coast between Lowestoft and Landguard Fort, close to Felixstowe in the south, a total distance of 60 miles (97km) depending on whether beach walking or inland options are followed. The Stour and Orwell Walk continues where the Suffolk Coast Path ends, starting at Landguard Point threading for 40 mile (64km) around the estuaries of the Stour and Orwell rivers to finish at

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Cattawade, close to the Essex border. The Sandlings Walk (59 miles/94.5km) explores the heathland region that lies immediately inland from the Suffolk coast. With the exception of the first stage, between Ipswich and Woodbridge, the route of the Sandlings Walk lies entirely within the confines of the Suffolk Coast & Heaths AONB. With a unique landscape of cliffs, marshes, dunes and shingle beaches, and rare plants and birdlife galore, there is much to attract anyone seeking interesting day walks or longer multi-day itineraries.

A guide to visiting Yemen that provides an overview of the country's geography, climate, history, government, culture, politics, religion, and education and offers

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information on accommodations, transportation, entertainment, shopping, nightlife, attractions, restaurants, and sights.

One of the most misunderstood corners of Europe, Serbia is a spirited and fascinating country. Belgrade and second city Novi Sad are lively, cosmopolitan and welcoming, while rural Serbia, with its hidden monasteries and breathtaking countryside, is an undiscovered gem. This edition of the guide features the burgeoning music festival scene, bird-watching, wine-tasting and Serbia's growing litany of sporting stars such as Novak Djokovic. This edition includes a new section on the Danube cycling route with details on where to

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stop, where to shop and sights to see on the way. Updated throughout, the listings include boutique hotels, eco-lodges and backpacker hostels to cater for all budgets. The guide goes into greater depth than its competitors with more detail on the history, politics, culture and sights and more detailed reviews of hotels and restaurants.

Nigeria

Kosovo

Suffolk Coast and Heath Walks

Malta

Bishkek

Following the break-up of the USSR, Kyrgyzstan

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soon earned a reputation as the most hospitable and least repressive of the newly emerged central Asian republics. Unlike some of its neighbors, it has actively encouraged foreign tourism and has pursued a policy of supporting community projects with an emphasis on adventure tourism. It remains extremely cheap and offers excellent value for the services and experiences it offers which include trekking, mountaineering, horse riding and wildlife-watching.

Zambia is one of the best destinations in Africa

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for walking and river safaris, yet it is little explored by travellers. This fourth edition covers the prime attractions, including all national parks, from the lower Zambezi and Kafue to the famous Luangwa Park, host to several unique species and the top place for leopard-spotting. Advice for the independent traveler includes how to choose first-class bushcamps, lodges and/or hotels to organise memorable safaris. The small, mountainous country of Kyrgyzstan contains a surprising number of natural wonders, scenic beauty and cultural treasures.

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From the national pearl of Lake Issyk-Kul to world class skiing at bargain prices, horseback rides across vast empty plains, or a night in a shepherd's yurt, travelers will find ample opportunities for unforgettable experiences. Roaming Kyrgyzstan provides practical tips on travel, lodging, cuisine and activities for those who want to get an insider's view of the country. You'll find the best whitewater rafting, where to go for succulent lamb kebabs and how to get a peek at Kyrgyz weddings. Suitable for adventure traveler, the business visitor and the expatriate,

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the book guides visitors beyond the typical tourist destinations into the experience of Kyrgyz life and culture. In addition to travel tips, Roaming Kyrgyzstan contains a series of vignettes from the author's two and a half years living in Kyrgyzstan. She tells of her colleague who was kidnapped to become a wife, of a typical meal in a southern teahouse and of circumnavigating Lake Issyk-Kul solo by bike. These provide an inside view into the people, places, cultures and traditions of this magical, hospitable, and fascinating country.

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Tajikistan is Central Asia's smallest and least understood country. Epic mountain landscapes, glacial lakes and the mighty Oxus River encircle ancient Buddhist sites, Silk Road trading posts, medieval shrines and planned Soviet cities. The guide includes tried and tested trekking routes in the Fann, Zerafshan and Pamir mountain ranges for various levels of experience. Comprehensive bird-watching and wildlife sections are provided by BBC journalist Ben Tavener. Rich historical detail and entertaining anecdotes are drawn from the historical archives of the Royal Society for

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Asian Affairs and with first-hand descriptions of everything from Soghdian ruins to playing the traditional sport of buz kashi or 'dead goat polo', Tajikistan's authors bring the country alive.

Beyond the Tourist Track

The Bradt Safari Guide

Bus-Pass Britain

Roaming Kyrgyzstan

A Practical Guide to the Himalayan Dream

This first guidebook dedicated to the Roman Coast of North Africa—Morocco, Algeria, Tunisia and Libya—brings the ruins to life with colorful

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stories of the characters that lived and died within their walls. It also covers contemporary attractions, appealing to both ruin-seeker and beach-lover alike.

Despite its negative image, for travelers with an open mind and friendly demeanor Nigeria is an incredibly absorbing country in which to travel. Experience the mind-boggling chaos of Lagos, the traditional durbars, Benin bronzes and walled cities, and enjoy its single greatest quality - the warm generosity of 140 million people. Details of getting around, by bush taxi, rail, car or on foot, together with accommodations options, wildlife

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watching and activities, are balanced by a wealth of background information, from history (of a country dating back thousands of years) and geography to culture and the environment. They won the first soccer World Cup. There's a lot of beef raised on the pampa. That's all most people know about Uruguay. Bradt's Uruguay, the only dedicated English-language guide to this country that's small yet bursting with character, shows that the adventurous tourist can uncover much more. It provides in-depth coverage of the capital Montevideo, where the colonial Old City is being restored. There's also detailed information

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on the coastal city of Colonia (which is on UNESCO's World Heritage List) as well as Punta del Este, to whose beaches the Buenos Aires beautiful crowd flocks each summer. There's advice, too, for active travelers who can rattle their whips on cattle-ranching estancias and spin their sticks in a game of polo or two, and for nature enthusiasts keen to watch wildlife in the western wetlands and birds in Cabo Polonio and Santa Teresa. Plus, the book investigates the Brazilian influences behind Uruguay's music and dance, and the country's Afro-Uruguayan culture, most noticeable in Carnaval.

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Tanzania embodies the best of Africa, with renowned attractions such as Mount Kilimanjaro, lakes Victoria and Tanganyika and the plains of the Serengeti. This title includes information on safaris and an illustrated guide to local species

Mali

Yemen

Switzerland Without a Car

Bradt: Liguria

Bradt Travel Guide - Borneo

Situated in the centre of Italy, Abruzzo lies just an hour's drive from Rome. Often overlooked, it has never been discovered by mass tourism. Abruzzo has

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something for everyone: hiking on the slopes of the Majella mountain range, wine tasting along olive-strewn roads that disappear into the labyrinths of ancient towns, shopping through the sunny, pastel streets of Pescara or skiing on the highest peaks of the central Apennines. This updated guide explores towns and villages well off the beaten track. It also goes into greater depth on the region than its competitors, with more detail on the history, culture and sights, and more opinionated and entertaining reviews of hotels and restaurants.

A new edition of the most in-depth guide available to Transylvania, from creepy castles to medieval

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landscapes populated by vampires, bears and wolves. With its colossal glaciers, vast lava flows and thundering waterfalls, Iceland's primordial landscape awards visitors with unforgettable vistas and incredible trekking beneath the glowing northern lights. Whether you're an outdoor enthusiast, an independent traveller on a budget, or a comfort-seeking tourist, the author shows you how to do Kazakhstan is vast - the ninth-largest country in the world - yet there is relatively little information available in English about the attractions of this remarkable country. With the Kazakh government seeking to promote the development of tourism,

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publication of the Bradt guide is timely. Located between Russia and China, the state of Kazakhstan possesses an incredible diversity of natural beauty; this guide includes arrangements for visiting natural parks and reserves and special features such as singing sand dunes and the Sharyn Canyon - Asia's equivalent of the Grand Canyon. Key historical and archaeological sites are also given due prominence, Kazakhstan having been inhabited since the Stone Age.