

## Korean Beauty Secrets A Practical Guide To Cuttin

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The beauty and personal care business is HUGE. We are set (or set ourselves) ever higher standards and expectations, and we use a LOT of cosmetics and products to try and achieve those aims, at a huge cost to our health, our pocket and the environment. We need to green up our act when it comes to the products we use. DID YOU KNOW: The products you are using to make yourself clean and beautiful contain toxic chemicals that can have an adverse impact on your health and the environment? THIS BOOK WILL HELP YOU: Avoid those nasty chemicals by identifying the ingredients in the product labels EMPOWER YOU: To make good, green, safe choices SHARE WITH YOU: Twenty Five SIMPLE, CHEAP and EASY natural beauty recipes (and tips) that you can make at home using readily available ingredients MAKE YOU: Think about what you put ON and IN your body. Beauty does in fact come from within! We all want to look our best but, but are we dying to be beautiful? This book will show you the way to a naturally beautiful you without compromising your health or our planet. BUY your Copy Now
'The temple of Korean cosmetics' Vanity Fair 'This book leaves no stone unturned when it comes to trying to help people achieve the perfect skin' Daily Mail Featured in Refinery29. This is the ultimate no-nonsense manual to daily Korean beauty care; in it you will find step-by-step morning and evening skincare routines, the best product advice and actionable tips on how to take care of your complexion. In this handbook, the experts in Korean cosmetics will also teach you how to use everyday beauty products, describe the natural ingredients that will best suit your skin type and give you advice on tried-and-tested Korean skincare regimes to make your skin glow. The Korean Skincare Bible will help you to feel truly confident in your own skin. Chapters: The history of Korean beauty The importance of caring for your skin Korean beauty products The Korean beauty routine Natural ingredients in Korean beauty Natural beauty K-beauty do's and don'ts Korean beauty trends Korean skincare answers Korean skincare tips for men Korean beauty travel tips
COSMETOLOGISTS ARE TRAINED TO MAINTAIN and care for hair, skin, and nails. Most are hair stylists, estheticians, nail technicians, or makeup artists. This is a very broad industry that offers numerous opportunities to specialize in very specific kinds of work. For example, a trained hair stylist might work only with wigs and hairpieces, or a makeup artist might work in live theater or for a local TV station. Most specializations are based on personal preference and experience, but some such as microderm abrasion or master coloring, require advanced training. There are more than 600,000 of these professionals working in the US. That number is expected to rise faster than the average for the foreseeable future. The demand for licensed cosmetologists is greatest in hair salons and barber shops, nail salons, and day spas. There are also many jobs being created in resort hotels and department stores, on cruise ships and film and television sets, and backstage at fashion shows and magazine photo shoots. There are even traveling cosmetologists who bring their services to people in their own homes, assisted living facilities, hospitals, or small towns that do not have a salon. If you are creative, good with people, and willing to keep learning more about your craft, this could be the right career choice for you. Cosmetology is a rock-solid profession that thrives even through economic downturns. Women and men always want to feel good about the way they look - almost more than anything else. Everything Every Beauty Geek Needs to Know About Skin Care When it comes to finding the perfect formula for dewy and healthy skin, knowledge is power. That's why skin care guru Deborah Burnes shares everything you need to know about essential ingredients in this book--so that you can give your skin exactly what it needs to glow. Whether you're making products for your own use or trying to figure out which brands work best for you, The Beauty Geek's Guide to Skin Care has all the latest insider info on 1,000 of the beauty industry's most commonly used ingredients. Plus, you'll learn the best practices and lifestyle habits to make healthy skin an everyday reality. The Beauty Geek's Guide to Skin Care features: 1,000 Ingredient Profiles--Learn the origin, uses, and benefits of the most popular natural and chemical ingredients. Skin Care 101--Get the lowdown on basic beauty practices and lifestyle hacks for best skin. DIY Beauty Recipes--Make your own cleansers, toners, masks, scrubs, and more with these easy-to-follow recipes for your very own signature products. Knowledge is powerful and beautiful--especially when it comes to your skin. Get in the know with The Beauty Geek's Guide to Skin Care.

Asian Faces

The Practical Guide to Beautiful Skin

The Power of Light

Korean Beauty Secrets

Trade Secrets from a Top New York Dermatologist

Protestants and Self-Reconstruction Nationalism in Korea, 1896-1937

Green Up Your Beauty

DON'T SPEND A FORTUNE TO LOOK FLAWLESS Esthetician to the stars Raisa Ruder learned her time-tested beauty techniques from her Ukrainian grandmother (or babushka, as they say in the old country). Now everyone can discover the all-natural, better-than-botox secrets the Hollywood stars use to shine on the red carpet! Ruder reveals her sought-after beauty recipes that can fight wrinkles, plump lips, and eliminate crow's feet and acne, using inexpensive, everyday grocery items like eggs, honey, vegetable oil and strawberries (and a splash of vodka for freshness!). At last, by popular demand, Raisa Ruder opens up her babushka's secret pantry and shares her most amazing and effective beauty advice: Skin-saving Souffles - whipped up wonders that shrink pores, brighten skin, and diminish lines Chocolate weight-loss wrap- a moment on the hips, tightens, tucks, and nips! Hot hair- a cayenne pepper blend that leaves locks silky, soft, and full PediPure- a soothing, smoothing foot scrub made with milk and mint Lustrous Lashes - a simple castor oil serum that thickens and lengthens Perfect Pucker- a mix of salt, green tea, and fruit that plumps up lips naturally And much more...

Adults love mazes because of the benefits these games have! When you play, you are drawn to the activity so you focus on it until it's done. This gives you the opportunity to forget about physical stress and clear your mind, too. Because of its meditative appeal, mazes have quickly become one of the must-do activities for you! Play today!

Skincare is self-care. This guide book helps you get to know and improve your skin health with useful tips and recommendations for using everyday ingredients and skin products in a super simple, unique-to-you ritual. Vicky Tsai, founder of Tatcha Skin Care, is sharing generations-old, time-tested Japanese skincare traditions with you. No matter how you customize it, all you need is two minutes and four steps: Purify, Polish, Prep, and Nourish. But Pure Skin isn't just about basic skincare, it's also about a lifestyle; it begins with how you eat and even how you sleep. You'll also learn about: · East vs. West: Learn why spot treatment and quick fixes never make lasting changes · A Silken Path to Softer Skin: Pamper yourself with silk in five different ways · What's Your Skincare Psyche?: Discover your skincare personality and what treatment will work for you · Sheet Masks Demystified: Indulge in this scientifically-proven beauty trend once a week · Ingredients to Believe In: Use the six traditional ingredients found in Japanese skincare · The Japanese Diet for Clear Skin: Feed your skin with the trinity of Japanese superfoods

Shayla had no idea her life would turn out like it did. She had two kids, independent, a college degree, owns a Top Business Consulting firm in Buckhead, Atlanta and a Non-profit organization for the community, but in the midst of it all she was Trapped. Trapped in love, hate, lust and PAIN!! She had a natural body that these women would die for, her personality made her beautiful, her presence was unreal and she had a smile that would lighten up your darkest days. Shayla wasn't your average chick she was street and book smart, but had one problem men was her weakness. She picked the men she had the weakness for. Shayla was living a triple life and the walls were starting to close in on her fast.. Shayla was focused on her businesses, but on the flip side enjoyed herself, She never meant to hurt anyone feelings, so she tried to be as upfront as possible when they would ask, which was never so, she never offered the information. She is about to go for the ride of her life, she's a street girl by nature, maybe she can get herself out it. Her best friend Kisha is by her side to support her until Shayla finds out her secret. Shayla is into deep.....

If I Had Your Face

Book Two in the Secret Series

How to Write a Research Dissertation

A Practical Guide to Cutting-Edge Skincare & Makeup

Overcome Limiting Thoughts and Negative Energies to Maximize Potential and Live the Life of Your Dreams

Moon Living Abroad in South Korea

Old World Tips for a Glamorous New You

(Free cozy murder mystery) Client 's secrets can get you killed. A lesson girl boss, Ziva Diaz is learning the hard way. When she 's attacked inside a client 's home and wakes to find a dead body, Ziva gives up the safety of selling lipsticks for the dangerous role of detective. With suspects piling up, a killer on the loose and her own life threatened, Ziva needs to solve the case before her high heels turn toes up. Good thing she has her fashionable best friend, Aria, the handsome deckhand, Finn, and the feisty Mrs. J. to watch her back because it's all hands on deck in this humorous, romantic mystery. Grab a chai latte and escape to Port Haven today! Keywords: cozy mystery boxed sets, cozy mystery series, cozy mystery books, mysteries women sleuths, mystery with dogs, mystery with a twist, mystery with recipes, mystery with female sleuth, mystery with humor, animal mysteries, mystery series, female detective mysteries, female detective books, female detective series, female detectives murder mysteries series, female sleuth mysteries, Women mystery authors, women mystery writers, women detectives, women sleuths, women sleuths mysteries, cozy, cozy books, cozy books mysteries, cozy murder mysteries, cozy mysteries, cozy mysteries funny, cozy mysteries, cozy mysteries with audible, cozy mysteries with dogs, cozy mysteries women sleuths, cozy mystery 7 book set, cozy mystery audio books, cozy mystery authors, cozy mystery book 1, cozy mystery book set, cozy mystery book sets, cozy mystery, cozy mystery dog, free cozy mystery, hawaii cozy mystery, in the mountains cozy mystery, knitting cozy mystery, library cozy mystery, light house cozy mystery, movies cozy mystery novels, cozy mystery paperbacks, cozy mystery paranormal, cozy mystery pepper, cozy mystery recipes, cozy mystery releases, cozy mystery romance, cozy mystery sale, cozy mystery series, cozy mystery series box set, mystery sets, cozy mystery seven book set, cozy mystery short stories, mystery woman detective, cozy mystery women sleuths.

Take Your Skin to the Next Level with This Guide to Korean Skin Care “ This book feels like talking with a trusted friend, one so generous with practical advice and wisdom. I wish our Dermatology textbooks had chapters like these!” Dr. Erin Tababa-Santos, creator of The Nerdy Derma #1 New Release in Massage and Skin Ailments Have you always longed for that fresh, glowing, no-makeup look? With this step-by-step guide to Korean skincare routines, anyone can attain healthy skin. But Skincare for Your Soul takes it one step further it guides you to a place where skincare is also self-care. The Korean skin care journey. As much as we 'd like, glowing, clear skin doesn 't happen overnight. But there is beauty in the process not just the results. Author Jude Chao links skincare to self-care culture, giving readers a practical guide to developing an ideal skincare routine and using it to help manage stress, anxiety, and depression. The Korean skincare routine invites us to look at our skincare not only as a way to reduce lines and wrinkles or clear up breakouts, but as a tool for developing our self-care habits. Steady improvement is the goal. Photoshopped perfection is neither realistic nor a healthy goal. What matters is caring for our mental health and building our self-esteem by intentionally taking time each day to give our skin some love. But it starts with changing how we view skincare and developing a routine that fits our personal needs and goals, and Chao helps you do that. Dive into Chao 's book on K-beauty and discover: · An easy-to-follow, step-by-step guide to skincare · A clear breakdown of skincare products (not brands), and pros and cons to help customize your routine · How Korean skin care can be a reliable and effective mental health management tool · Tips for avoiding common types of exploitative and manipulative beauty marketing If you enjoyed books like The Little Book of Skin Care, The Skincare Bible, or Glow from Within, you 'll love Skincare for Your Soul.

A professional makeup artist offers an innovative beauty guide designed to meet the special needs of Asian women, bringing together techniques, tools, and styles to enhance the skin tones and facial features of Asian women of all ages. Original.

Jonathan Hopfner has made the move to South Korea—twice. His experience as a journalist, investor, and homeowner has taught Jonathan the ins and outs of living in South Korea—from the banking and business realities, to the immigration and business procedures. It is this firsthand experience and advice that Jonathan brings to Moon Living Abroad in South Korea. Moon Living Abroad in South Korea is packed with essential information and must-have details on setting up daily life, including obtaining visas, arranging finances, and gaining employment. You'll get practical advice on education, health care, and how to rent or buy a home that fits your needs. The book also includes color and black and white photos, illustrations, and maps—making the moving and transition process easy for businesspeople, students, teachers, retirees, and professionals.

The Little Book of Jeong

Get Powerful Health and Nutritional Secrets

Skin Rules

Natural Cosmetics and Personal Hygiene Good for You and the Planet

Practical Influence

Careers in Cosmetology

How to Have the Most Beautiful Skin of Your Life--At Any Age

**Skin Rules is a concise and practical instruction manual from a renowned Fifth Avenue dermatologist on how to attain beautiful skin, a taut and sculpted body, and a much younger appearance. Actors, models, and newscasters go to Dr. Jaliman for her cutting-edge technology and the latest in skin care, as well as for her reputation for being the "last stop" doctor, the one who fixes what others can't. Skin Rules has something for everyone, no matter where they live or how much money they have to spend. This small, invaluable guide supplies the same advice Dr. Jaliman gives to her celebrity patients, from lasers to remove sun damage and turn back the clock to suggestions for simple products and habits anyone can adopt for a small outlay of time and money. In Skin Rules readers will learn:**

- about the one ingredient that should NEVER be in sunscreens, but often is
- how to use inexpensive Aquaphor to heal wounds and prevent scarring
- which drugstore products really work for acne and wrinkles

A guide for women of various ages and races who want to have beautiful skin, and don't want to spend lots of money on cosmetics and treatments to achieve it. It introduces readers to the lotion mask; hand techniques for toning the muscles of the face; and lymph massages for draining toxins and improving blood flow. Japanese women are renowned for their beautiful skin, but until now there has been no book in English that reveals the secrets of the typical Japanese beauty routine. 'The Japanese Skincare Revolution' is the first guide for women of all ages and races who want to

A dreamtime journey takes Giraffe on a quest to discover that changing our physical appearance is not the answer to finding happiness. Through friends and a special meeting with a unicorn, wonderful learning takes place on the importance of accepting and loving yourself with joy, enthusiasm, and gratitude. The book also includes practical information and exercises to assist parents with developing the practice of everyday gratitude in our lives.

One of the major dreams of the women-folk is to possess a beautiful skin rid of pimples, rashes, and other skin problems. Every lady wants to look good; they want the super look of a celebrity, but unfortunately, not everyone has been able to actualize that dream. Actually, many fail awfully and in their desperation they opt for quick remedies that cause more harm than good, but there is something about Korean ladies, those Asian beauties that appeal to the eye. The Korean women has not allowed themselves to be caught up in the chase everyone in the 21th century has been plagued with, though they have super awesome technology that has made life easier, they have only advanced products, but when it comes to time and devotion, which many other nationalities claim not to have, they come number one. You'll learn: Top Korean secrets to achieve a flawless skin The Korean beauty routine Flawless Skincare routine Korean women habits for all-round beauty And many more In this book, you'll learn the Korean secrets to make your skin glow and take your beauty to the next level!

Korean Beauty Secrets for Healthy, Glowing Skin

Skincare

Secrets of a Skincare Obsessive

Discover the Japanese Ritual of Glowing

Cubicle Apocalypse

Korean Secrets and Practical Guide for Healthy Skin, Hair and Makeup

1,000 Essential Definitions of Common Product Ingredients

This easy-to-engage-with book is a short, practical guide with tips and suggested activities relating to the key stages of the dissertation-writing process. A range of topics is covered, from first steps in understanding research through to writing the final report. The book is accompanied by a website that takes forward the themes of each chapter by providing additional reading and sources of information as well as an opportunity to join a discussion with fellow readers. There are video and audio clips from the authors and other experts as well as links to further digital tools and resources. Companion website - http://www.etextbooks.ac.uk/dissertations/

Straight-talking advice from the Skincare Queen Caroline Hirons is the authority in skincare - and for the first time, she's sharing her knowledge with the world. With over 100 million views of her blog and over 13 million views of her YouTube videos, she cuts out the jargon, tells you what you do and don't need, and is finally going to get the nation off face wipes for good! Skincare is the go-to book for people of all ages and skin types who want to feel and look fantastic. It explains the facts, the myths and the best way to get good skin - on any budget. With everything from Caroline's signature cheat sheets, simple tips and tricks to glow (inside and out!) understanding ingredients lists, and advice on how to choose the products that are right for you, this is the ultimate guide to healthier, brighter skin.

The Blackbelt Mastermind - 'The training of a fighter is well-known as a meticulous disciplined enterprise. True grit and hard knocks are the order of the day. You're on the canvas of life. Your muddled, semiconscious, incoherent brain is listening to the referee's 10-count. It is at this point when even courage and tenacity fail, when intestinal fortitude abandons you, that you need the one thing that every great champion who has ever stepped into the ring of life possesses - a mentor, a confidant, a coach, an angel on your shoulder. This book contains the wisdom of such a motivational figure. Danielle Serpico has earned her stripes in the jungle of life. Battling through personal, emotional and financial adversity to emerge a true champion. Her experiences chronicle her pathway to success. In this book you will find the strategies that she used to develop her acclaimed M.A.S.T.E.R. System. From an entrepreneurial businesswoman and European Martial arts champion to a Master NLP Trainer and coach, Danielle has evolved her system with one goal in mind - your success. This book contains all the practical exercises and easily assimilated techniques you need in order to develop your inner warrior. Utilizing the key principles of her system, you will learn to become the master of your mind and ultimately master of your destiny. Whether battling for victory in your personal life or in your business, the M.A.S.T.E.R. system is an easy-to-follow step-by-step personal coaching method that works. Using cutting edge NLP technology and sports psychology, this book builds a comprehensive matrix of success strategies. Foreword by New York Times Best Selling Author Raymond Aaron 'Masterful attitude, strength and tenacity equal results' is the key basis of her system. Danielle is always in your corner and has your back as you engage in your most rewarding endeavour, the creation of a wonderful and rewarding life. Filled with wonderful nuggets of advice as well as heart felt passion and emotion, this book is the perfect companion for anyone looking to make big changes in their thinking and ultimately their life. You will develop a winning mindset and gain the successes you desire while discovering the limitless power and abundance that you already possess. A must read to carry with you whenever you need someone in 'your corner'.

You want your problem skin gone? Ingeborg van Lotringem provides the answers. She knows the good, the bad, and what the beauty industry doesn't necessarily tell you. For more than twenty years, she's been testing and researching every possible skincare product and treatment. So, put down that expensive little jar with its sparkling top. 'Great Skin' is about finding skincare tailored to you. Your skin is unique and has its own special requirements. Become your own expert and soon pick products like a pro so that your skin will look brighter and healthier for life.

The Skincare Guide

Glow from Within

The Book on Internal STRESS Release

New God, New Nation

The Beauty Geek's Guide to Skin Care

The Ultimate Guide to K-beauty

Let's Face It

No matter what you are doing, you are selling yourself, your ideas, or your products to other people. Because of this, persuasion is the highest-valued skill in a free society, as it is the only way to get what you want without resorting to under-handed tactics. No matter what you are doing, be that sales, teaching, or just dating, your success is closely tied to how many people you can get to say "yes." In this practical guide to influence, corporate trainer Teppo Holmqvist will show you how you can get that "yes" more often without the need to rely on lying, begging, or bullying other people. Inside, you will learn:
· Why it is a mistake to believe you can motivate people or create demand
· Why almost everything you have learnt about rapport is probably wrong
· Ways to avoid innocent mistakes that can cause others to see you as a total nuisance
· How to gain agreement with the customer even without you really knowing what he or she thinks
· How to make practically anything you say sound reasonable and plausible
· Ways to find out in a matter of a few minutes how the customer really makes his decisions
· How to link any emotion to your product or service in ten seconds or less
· How to rectify the biggest mistake that most salespeople make while closing
· Every major claim in the book is backed by peer-reviewed science and an extensive bibliography including more than 240 journal references
· And much, much more!

Have you ever wondered why some people seem to have everything they could ever want or need in life, all while others are left with merely the dreams of achieving those same things? Have you ever wondered that if someone else could live the life of their dreams - then why couldn't you live the life of your dreams? Do successful individuals have something you don't? No. Do successful individuals know something you don't? Absolutely! This extraordinary, practical and action-oriented book by Nicholas Dodge is going to show you exactly how to develop the proper mindset all successful individuals have in order to live the life you've always wanted to live. Coming from past experiences with horrible mental and physical health, major financial struggles, sexual abuse and suicidal thoughts and tendencies, Nicholas Dodge will explain EXACTLY how he overcame his worst circumstances to live a life worth living, and how you can do the same for yourself. If you find yourself.... Battling issues with self-confidence Struggling with negative self-talk habits Lacking motivation and determination Failing to achieve your personal goals ....then a change in mindset is a MUST! In his groundbreaking book Mindset Mastery, Nicholas Dodge shares with you his personal journey through developing a mastered mindset and busts the myth that you can't be successful and free by challenging everything you've been told in life. Unfortunately, people that remain with their flawed mindsets tend to stay that way for the rest of their lives, unless they address their issues and make it a point to assess them to generate success and freedom. Fortunately, that is exactly what you will do with this remarkable experience. This book will help you: Tackle challenges and face problems you never thought possible. Construct your personal goals and positive affirmations. Develop a way of thinking that encourages a prosperous future. Improve self-confidence, mood and feelings. Become an alpha in a world filled with betas. Motivate yourself to reach you goals and maximum potential in life. Overcome negative energies that impact everyday thoughts or actions. Live an extravagant life filled with success and freedom. Follow my advice and you too could live the life of your dreams. Why settle for anything short of your greatest desires? What's keeping you from being successful and free?'

The secrets behind the world's most beautiful skin! In Korea, healthy, glowing skin is the ideal form of beauty. It's considered achievable by all, men and women, young and old—and it begins with adopting a skin-first mentality. Now, this Korean beauty philosophy has taken the world by storm! As the

founder of Soko Glam, a leading Korean beauty and lifestyle website, esthetician and beauty expert Charlotte Cho guides you through the world-renowned Korean ten-step skin-care routine—and far beyond—to help you achieve the clearest and most radiant skin of your life With Charlotte's step-by-step tutorials, skin-care tips, and advice on what to look for in products at all price levels, you'll learn how to pamper and care for your skin at home with Korean-approved techniques and pull off the "no makeup" makeup look we've seen and admired on women in the streets of Seoul. And you'll get access to beauty secrets from Charlotte's favorite beauty gurus from around the world, including supermodels, YouTube sensations, top makeup artists, magazine editors, actresses, and leading Korean skincare researchers. With the knowledge of an expert and voice of a trusted friend, Charlotte's personal tour through Korean beauty culture will help you find joy in the everyday beauty routines that will transform your skin.

There's one thing holding you back. It's you. Your instincts compel you to hide in comfort instead of facing life-limiting fears. In Cubicle Apocalypse, Ryan Gillespie peels back the layers, helping you to discover the fears we all face as human beings. With this welcome paradigm shift, your new comfort zone will be taking risks and seeking change to drastically improve your life. The journey in Cubicle Apocalypse begins with discovering yourself. There are straightforward tips and ideas that help to turn your fears into motivation and strength building opportunities. Then a straightforward blueprint is presented, complete with interactive Take Action sections, that will allow you to grow exponentially within your career or business. If you want to elevate your life, find success, and grow, Cubicle Apocalypse is a must read! Cover Art Credit: Raeghan Rebstock

The Blackbelt MasterMind

Hidden Pictures Activity Book

The Ultimate No-Nonsense Guide

How to Increase Your Sales Without Lying, Begging, Or Bullying

Asian Beauty Secrets

Dyslexia: Time For Talent

The Japanese Skincare Revolution

'Gripping' Curtis Sittenfeld \* 'Electrifying' Taylor Jenkins Reid \* 'Remarkable' Kevin Kwan \* 'Stunning' Sunday Times \* 'Brilliant' Pandora Sykes In South Korea, where impossible beauty standards and ruthless social hierarchies dictate your every move, four women are balancing on a razor's edge:

Kyuri, a beautiful 'room salon' girl paid to entertain wealthy businessmen after hours. Miho, an artist whose life becomes enmeshed with the offspring of the super-wealthy elite. Ara, a hairstylist whose obsession with a K-pop star leads her to violent extremes. Wonna, their neighbour, pregnant with a child that she can't afford. Set in the drinking dens and beauty salons of Seoul, *If I Had Your Face* is an electrifying debut novel about female strength, resilience and the solace that friendship can provide. 'Cha's writing always crackles . . . Touching, compelling and icily cool' Observer 'Fascinating, eye-opening, compelling - like the film *Parasite*, *If I Had Your Face* is also an exposé of the class system in South Korea' Independent 'Absolutely stunning. . . Assured, bold, and electrifying' Taylor Jenkins Reid, Sunday Times bestselling author of *DAISY JONES & THE SIX* and *MALIBU RISING* 'One of the buzziest debuts of the year, *If I Had Your Face* transports readers to glittering, futuristic Seoul... Essential reading' Vogue 'Culturally fascinating, emotionally layered, gripping and smart' Curtis Sittenfeld, bestselling author of *PREP* and *AMERICAN WIFE* 'Glittering, engrossing' Helen Oyeyemi,

author of *GINGERBREAD* 'Remarkable, brilliantly crafted and devastatingly exquisite' Kevin Kwan, bestselling author of *CRAZY RICH ASIANS* **LOGLISTED FOR THE DYLAN THOMAS PRIZE 2021**

Celebrity aesthetician Joanna Vargas shares her secrets for the first time in this practical, engaging guide to beautiful, glowing skin for everyone. Celebrity aesthetician Joanna Vargas is known for her cutting-edge beauty treatments, high-end products, and famous (and seemingly ageless) clients. But her secret to beautiful skin rests on one simple principle: developing and maintaining a good skincare routine. In *Glow from Within*, Joanna teaches readers how to create the best routine for their skin type. She explains the science behind the labels of various products and tools—from serums to retinols, dry brushes to sheet masks, vitamin c to hylaluronic acid—then offers instruction on how best to incorporate them into a routine. She also shares fresh insight into how the other self-care routines we don't often connect to our skin—such as nutrition, sleep, and stress management—impact skin appearance and resiliency. In addition to giving readers the tools to create a customizable routine, Joanna will provide specific product recommendations, DIY recipes, and programs for time-specific goals (one week, one month, six months) as well as emergency troubleshooting for skin issues that pop up overnight. *Glow from Within* is the ultimate guide to flawless skin from one of the beauty industry's most sought-after insiders.

Beauty tips and tricks from the salons of South Korea

Alise has uncovered a web of family secrets reading her mother's journals that connect to the lives of those closest to her. Now she has to contend with her new career as Director of Global Charity at TG and the irresistible Tyler Moore, while harboring secrets of her own. Tyler Moore is new in town and wants to make his mark on the world as the new Director of Marketing at TG, but at the same time he wants Alise Addison with a passion he's never known. Tyler becomes engrossed in Alise's life as an old flame from her mother's past returns to exact revenge, while also harboring a secret that threatens a relationship between them. Together Alise and Tyler are about to discover that every family has their secrets and some family secrets should stay hidden. Excerpt: My Secrets: Book Two in The Secret Series "You've known about this for weeks! Alise, I trusted you and you lied to me! What else are you keeping from me?" He really didn't want me to answer that question because it was a truckload of secrets. "As a matter of fact you know what don't answer that! You were right. Your just like your mother!"

Deadly Secrets The Fight for Love (Billionaire Shape-Shifter Romance Series Book 3)

The Korean Art of Building Deep Connections - and How It Changed My Life

Great Skin

Pure Skin

'Assured, bold, and electrifying' Taylor Jenkins Reid, bestselling author of *MALIBU RISING*

The Ultimate Guide to Having a Fighter Mindset and Winning in Life.

I Am Giraffe

***Dr. Jhin shares the secrets of the Far East in maintaining the beauty that comes from young, vibrant skin. She combines modern-day skin care regimens with the natural and spiritual beauty products, trends, and rituals practiced in Korea, Japan, and China.***

***From New York Magazine's resident skincare obsessive, this friendly, start-where-you-are guide to the essentials of skincare helps readers cut through the noise to discover the routine that works for them. Skincare is one of the fastest-growing retail segments in the United States. But despite how much money Americans spend on products designed to tighten wrinkles, close pores, and increase hydration, there's little advice about how to figure out which one of a million eye creams will suit your skin and solve your particular skin health concerns. Enter Rio Viera-Newton, the beauty-obsessed best friend whose advice drives thousands of readers to New York magazine every week. Despite her popularity and trust, she's not an MD or an esthetician, but a devoted amateur who organically rose to fame when her detailed Google Doc outlining the products that worked—or didn't—on her journey to heal her acne went viral. Let's Face It is a compendium of super-simple principles for healthy skin, helping readers move beyond branding or the recommendations of influencers to discover the remedies that will solve their skin concerns—and to find them in products at any price point. This book also includes: Rio's five pillars of skin care Fixes for issues on a skin-type by skin-type basis Guidelines on how to layer your products for the most effective routine, day and night A close look at the ingredients found in many skin care products Tips and lessons from first-hand experience An overview of a traditional Korean skin care routine And much more With concrete steps to walk readers through the process of adding products to their routine, evaluating the results, and developing the routine that best works for them, Let's Face It is the only book the skincare-obsessed reader really needs—and it's the perfect gift for the beauty fanatic in your life. How did she turn a side hustle into a game-changing business, and at the same time, achieve happiness and fulfillment in her life? For Charlotte, it all came down to one thing-jeong. One of the most important Korean cultural values, jeong is a feeling of loyalty and of strong emotional connection to people and places. It goes deeper than love and friendship and grows stronger with time. In South Korea, jeong is critical for success in every facet of daily life, from cultivating hobbies to developing careers and relationships. In The Little Book of Jeong, Charlotte shares how jeong changed her own trajectory in life, landing her a job opportunity in Seoul and giving her the fuel she and her husband Dave needed to launch a ground-breaking digital skin care platform and skin care line. A personal story that centers around the deep bond she built with Korea, Charlotte reveals how jeong can radically change our relationships with our loved ones, our work, and the world around us, and challenges us to cultivate jeong in our own lives.***

***Bella is a lucky girl - she has a good job, an unbreakable circle of friends, and a fiance better than her wildest dreams. So, why does she want to ruin the best thing that ever happened to her by letting someone from her past meddle in her life? Mike is consumed with the need to marry Bella and make her his as soon as possible. There is nothing he wouldn't do for the woman he loves, but letting her go is the one thing he'd rather avoid. Their love was fast, and their relationship was built over the miles. But does that mean that their future wasn't meant to be? When lies surface, and trust is shaken, will they choose each other? Or will someone else capture their happily ever after?***

***Mindset Mastery***

***Makeup & Murder***

***The Complete Practical Distiller***

***My Secrets***

***I'm Trapped***

***Comprising the Most Perfect and Exact Theoretical and Practical Description***

***Skincare for Your Soul***

Do you really need a ten-step skincare regimen? Is that \$100 eye cream worth it? And what the heck are “actives” anyway? In this book two professional chemists and beauty industry insiders tell all. Depending on who you listen to, the secret to beautiful skin is microbiomes. Or Korean rice water. Or maybe a dermaplaning tool. It feels like you need a degree in chemistry to even understand what these products are, and if they live up to the hype. Luckily, Victoria Fu and Gloria Lu, professional skincare chemists have done that work so you don't have to. The science may seem complicated, but this book will show you how simple it can be, giving you what you need to make informed decisions about your skin (and your wallet). Skincare Actives? Technically, cat sneezes could count. SPF? Yep, super important. Caffeine serums? The science is still out. CBD additives? Not enough studies yet, so the jury's still out. The authors are the creators behind the popular Chemist Confessions Instagram, and this book brings the sass, humor, and solid information they're known for. Additional chapters address the best ingredients for every skin type, and reveal the only four products you really need. With the combination of Coach Melvin's Dynamic Application of Internal Awareness(tm) (DAIA) Method, Dr. Totton's 100-day method to condition your body's neural pathways to establish a new habit which then becomes automatic, and with Dr. Painter's method of committed practice of Li Family Yixingong (Standing Meditation) to produce profound results at the neurological level, novices to advanced practitioners gain the ability to access your inner core, tapping into an area that can positively affect your overall well-being, prevent stress from taking hold, and give you perpetual mental-physical rejuvenation.

With the revelation and capture of the killer creature; Charles, Elsa and the other survivors anticipate leaving the island and putting their deadly and terrifying vacation behind them. In an unfortunate incidence, the cunning creature escapes, sets out for vengeance and blood. The group is once again thrown in to a frenzied fight for their lives. The killings resume, and it is left up to Charles to remove the deadly threat to them all once and for all. He and Elsa's relationship has escalated; and as he prepares for battle, he is determined to survive to be with his one true love. In a final confrontation between Charles and the creature, a startling secret is revealed about Elsa's past; one that will change the couples lives forever, if they survive. The final battle ensues. Will Charles be the hero? Or will he and Elsa's love affair end on the island, along with their lives?

A practical aid in Expressing Ideas through the Use of an Exact and Varied Vocabulary', first published in 1913.

Achieving Outer Beauty and Inner Peace with Korean Skincare

Breaking the Status Quo & Finding Your Life's Work

Putnam's Word Book

Skincare Decoded

The Ultimate Guide for Parents and Children

Always You

The Little Book of Skin Care

This 1880 work by Dr. M. La Fayette Byrn is the eighth edition of a hugely popular manual on the distillation of spirits from a variety of fruits and vegetables. Providing directions for the distillation and preparation of brandies and other sp

M. Flinz's ""Practical Directions for Distilling,"" a text that had appeared separately in Paris and which the author felt would provide vital information to the reader.

Secrets the Beauty Industry Doesn't Tell You

The Essential Beauty and Makeup Guide for Asian Women

The Korean Skincare Bible

A Contemporary Mystery Series

Babushka's Beauty Secrets

Searching for Secrets