

Inheritance A Memoir Of Genealogy Paternity And L

“Text Me has the thrills and laughs of a romantic comedy, but with an inverted message: ‘There just isn’t only one love story in our lives,’ Schaefer writes. If you’re lucky, friends will be the protagonists in these multiple love stories. It’s high time that we start seeing it that way.” —NPR.org

A personal and sociological examination—and ultimately a celebration—of the evolution of female friendship in pop culture and modern society. For too long, women have been told that we are terrible at being friends, that we can’t help being cruel or competitive, or that we inevitably abandon each other for romantic partners. But we are rejecting those stereotypes and reclaiming the power of female friendship. In *Text Me When You Get Home*, journalist Kayleen Schaefer interviews more than one hundred women about their BFFs, soulmates, girl gangs, and queens while tracing this cultural shift through the lens of pop culture. Our love for each other is reflected in Abbi and Ilana, Issa and Molly, #squadgoals, the acclaim of *Girls Trip* and *Big Little Lies*, and Galentine’s Day. Schaefer also includes her own history of grappling with a world that told her to rely on men before she realized that her true source of support came from a strong tribe of women. Her personal narrative and celebration of her own relationships weaves throughout the evolution of female friendship on-screen, a serious look at how women have come to value one another and our relationships. *Text Me When You Get Home* is a validation that has never existed before. A thoughtful, heart-soaring, deeply reported look at how women are taking a stand for their friendships and not letting go.

Every family has secrets; only some secrets are lethal. In Victoria Costello’s family, mental illness had been given many names over at least four generations until this inherited conspiracy of silence finally endangered the youngest members of the family, her children. In this riveting story—part memoir, detective story, and scientific investigation—the author recounts how the mental unraveling of her seventeen-year-old son Alex compelled her to look back into family history for clues to his condition. Eventually she tied Alex’s descent into hallucinations and months of shoeless wandering on the streets of Los Angeles to his great grandfather’s suicide on a New York City railroad track in 1913. But this insight brought no quick relief. Within two years of Alex’s diagnosis of paranoid schizophrenia, both she and her youngest son succumbed to two different mental disorders: major depression and anxiety disorder. Costello depicts her struggle to get the best possible mental health care for her sons and herself, treatment that ultimately brings each of them to full recovery. In the process, she discovers new science that explains how clusters of mental illness traverse family generations. Artfully weaving the scientific into the personal, Costello takes a journey to the far reaches of neuroscience and reports back on the startling findings it is yielding about the complex interplay between genes and environment that drives mental illness, and what it now tells us about how parents can trump a lethal inheritance. She shares the results of long-term U.K. and European family studies identifying the earliest signs of mental illnesses that can be passed on

from grandparents to parents and grandchildren. She tracks ongoing clinical trials to reverse the courses of these diseases through early intervention with the latest evidence-based treatments and offers brain-healthy choices individuals and families can make to prevent mental illness—freeing future generations to live healthier, happier lives.

Using genealogy to discover his family ' s secrets, Steve Anderson uncovers the uncomfortable truth about his biology and the questions it raised for his eight siblings and him. Like many people using new DNA technologies today, Anderson is shocked by his findings and determined to uncover how the truth of one ' s biology can impact lives and relationships.

The best-selling novelist and memoirist delivers her most intimate and powerful work: a piercing, life-affirming memoir about marriage and memory, about the frailty and elasticity of our most essential bonds, and about the accretion, over time, of both sorrow and love. Hourglass is an inquiry into how marriage is transformed by time--abraded, strengthened, shaped in miraculous and sometimes terrifying ways by accident and experience. With courage and relentless honesty, Dani Shapiro opens the door to her house, her marriage, and her heart, and invites us to witness her own marital reckoning--a reckoning in which she confronts both the life she dreamed of and the life she made, and struggles to reconcile the girl she was with the woman she has become. What are the forces that shape our most elemental bonds? How do we make lifelong commitments in the face of identities that are continuously shifting, and commit ourselves for all time when the self is so often in flux? What happens to love in the face of the unexpected, in the face of disappointment and compromise--how do we wrest beauty from imperfection, find grace in the ordinary, desire what we have rather than what we lack? Drawing on literature, poetry, philosophy, and theology, Shapiro writes gloriously of the joys and challenges of matrimonial life, in a luminous narrative that unfurls with urgent immediacy and sharp intelligence. Artful, intensely emotional work from one of our finest writers.

The Irish Inheritance

Devotion

The Invisible History of the Human Race

Wild Words

How DNA Exposed a Family's Secrets

The Inheritance

A Memoir

A memoir of family, the Holocaust, trauma, and identity, in which Adam Frankel, a former Obama speechwriter, must come to terms with the legacy of his family's painful past and discover who he is in the wake of a life-changing revelation about his own origins. Adam Frankel's maternal grandparents survived the Holocaust and built new lives, with new names, in Connecticut. Though they tried to leave the horrors of their past behind, the pain they suffered crossed generational lines—a fact most apparent in the mental health of Adam's mother. When Adam sat down with her to examine their family history in detail, he learned another shocking secret,

this time one that unraveled Adam's entire understanding of who he is. In the midst of piecing together a story of inherited familial trauma, Adam discovered he was only half of who he thought he was, knowledge that raised essential questions of identity. Who was he, if not his father's son? If not part of a rich heritage of writers and public servants? Does it matter? What defines a family's bonds? What will he pass on to his own children? To rewrite his story in truth and to build a life for his own young family, Adam had to navigate his pain to find answers and a way forward. Throughout this journey into the past, his family's psyche, and his own understanding of identity, Adam comes to realize that while the nature of our families' traumas may vary, each of us is faced with the same choice. We can turn away from what we've inherited—or, we can confront it, in the hopes of moving on and stopping that trauma from inflicting pain on future generations. The stories Adam shares with us in *The Survivors* are about the ways the past can haunt our future, the resilience that can be found on the other side of trauma, and the good that can come from things that are unspeakably bad.

An Instant NEW YORK TIMES BESTSELLER A LOS ANGELES TIMES, BOSTON GLOBE, WALL STREET JOURNAL, and NATIONAL INDIE BESTSELLER Named A BEST BOOK OF THE YEAR by *Elle * Real Simple * Kirkus Reviews * BookPage * "Memoir gold: a profound and exquisitely rendered exploration of identity and the true meaning of family." --People Magazine "Beautifully written and deeply moving--it brought me to tears more than once."--Ruth Franklin, The New York Times Book Review From the acclaimed, best-selling memoirist, novelist and host of the hit podcast *Family Secrets*, comes a memoir about the staggering family secret uncovered by a genealogy test: an exploration of the urgent ethical questions surrounding fertility treatments and DNA testing, and a profound inquiry of paternity, identity, and love. In the spring of 2016, through a genealogy website to which she had casually submitted her DNA for analysis, Dani Shapiro received the stunning news that her beloved deceased father was not her biological father. Over the course of a single day, her entire history--the life she had lived--crumbled beneath her. *Inheritance* is a book about secrets. It is the story of a woman's urgent quest to unlock the story of her own identity, a story that had been scrupulously hidden from her for more than fifty years. It is a book about the extraordinary moment we live in, a moment in which science and technology have outpaced not only medical ethics but also the capacities of the human heart to contend with the consequences of what we discover. Dani Shapiro's memoir unfolds at a breakneck pace--part mystery, part real-time investigation, part rumination on the ineffable combination of memory, history, biology, and experience that makes us who we are. *Inheritance* is a devastating and haunting interrogation of the meaning of kinship and identity, written with stunning intensity and precision.

June 8, 1921. Ireland. A British Officer is shot dead on a remote hillside south of Dublin. November 22, 2015. United Kingdom. Former police

detective, Jayne Sinclair, now working as a genealogical investigator, receives a phone call from an adopted American billionaire asking her to discover the identity of his real father. How are the two events linked? Jayne Sinclair has only three clues to help her: a photocopied birth certificate, a stolen book and an old photograph. And it soon becomes apparent somebody else is on the trail of the mystery. A killer who will stop at nothing to prevent Jayne discovering the secret hidden in the past The Irish Inheritance takes us through the Easter Rising of 1916 and the Irish War of Independence, combining a search for the truth of the past with all the tension of a modern-day thriller. It is the first in a series of novels featuring Jayne Sinclair, genealogical detective.

Evelyn, aged thirty-nine, is an attractive widow living an irreproachable life. Then she meets Miles, fifteen years her junior, and falls passionately in love. But both lovers have strong personalities and passion does not equal happiness. Evelyn, deeply jealous and conventional is shocked at her lover's casual ways and his insistence on working all day. Miles's love for Evelyn is real but he cannot devote himself wholly to her whims. Vita Sackville-West collides attitudes to work, sex and society in the changing world of the early 1930s.

A Memoir of Genealogy, Paternity, and Love

Still Writing

declutter and organize to make more room for happiness

A Memoir of Genealogy, Paternity, and Love | A Guide to the Book by Dani Shapiro

The Juggler's Children

A Lethal Inheritance

Inheritance

Longlisted for the DSC Prize for South Asian Literature What happens when we attempt to exchange the life we are given for something better? Five people, in very different circumstances, from a domestic cook in Mumbai, to a vagrant and his dancing bear, and a girl who escapes terror in her home village for a new life in the city, find out the meanings of dislocation, and the desire for more. Set in contemporary India and moving between the reality of this world and the shadow of another, this novel delivers a devastating and haunting exploration of the unquenchable human urge to strive for a different life. Christopher Fulton's journey began with the death of Evelyn Lincoln, late secretary to President John F. Kennedy. Through Lincoln, crucial evidence ended up in Christopher's hands—evidence that was going to be used to facilitate a new future for America. But the U.S. government's position was clear: that evidence had to be confiscated and classified, and the truth hidden away from the public. Christopher was sent to federal prison for years under a sealed warrant and indictment.

The Inheritance, Christopher's personal narrative, shares insider information from his encounters with the Russian Government, President Ronald Reagan, Donald Trump, the Clinton White House, the U.S. Justice Department, the Secret Service, and the Kennedy family themselves. It reveals the true intentions of Evelyn Lincoln and her secret promise to Robert Kennedy—and Christopher's secret promise to John F. Kennedy Jr. The Inheritance explodes with history-changing information and answers the questions Americans are still asking, while pulling them through a gauntlet of some of the worst prisons this country has to offer. This book thrillingly exposes the reality of American power, and sheds light on the dark corners of current corruption within the executive branch and the justice and prison systems.

"The ... author of Hourglass now gives us a new memoir about identity, paternity, and family secrets--a real-time exploration of the ... discovery she made last year about her father, and her struggle to piece together the hidden the story of her own life"--

Clara Brodeur has spent her entire adult life pulling herself away from her famous mother, the renowned and controversial photographer Ruth Dunne, whose towering reputation rests on the unsettling nude portraits she took of her young daughter. At age eighteen, sick of her notoriety as “the girl in the pictures,” Clara fled New York City, settling and making her own family in small-town Maine. But years later, when Ruth reaches out from her deathbed, Clara suddenly finds herself drawn back to the past she thought she had escaped. From the beloved author of Family History and Slow Motion, a spellbinding novel that asks: How do we forgive those who failed to protect us?

Bestiary

The Perils and Pleasures of a Creative Life

Family History

Picturing the Wreck

Leaving Story Avenue

A Broken Tree

a reader's guide to life

Abby Ellin was shocked to learn that her fiancé was leading a secret life. But as she soon discovered, the world is full of people who aren't what they seem. From Abby Ellin's first date with the Commander, she was caught up in a whirlwind. Within six months he'd proposed, and they'd moved in together. But soon, his exotic stories of international espionage began to unravel. Finally, it all became clear: he was lying about who he

was. After leaving him and sharing her story, she was floored to find out that her experience was far from unique. People everywhere, many of them otherwise sharp-witted and self-aware, are being deceived by their loved ones every day. In *Duped*, Abby Ellin studies the art and science of lying, talks to people who've had their worlds upended by duplicitous partners, and writes with great openness about her own mistakes. These remarkable stories reveal how often we encounter people whose lives beneath the surface are more improbable than we ever imagined.

From one of the most gifted writers of her generation comes the harrowing and exquisitely written true story of how a family tragedy saved her life. Dani Shapiro was a young girl from a deeply religious home who became the girlfriend of a famous and flamboyant married attorney—her best friend's stepfather. The moment Lenny Klein entered her life, everything changed: she dropped out of college, began to drink heavily, and became estranged from her family and friends. But then the phone call came. There had been an accident on a snowy road near her family's home in New Jersey, and both her parents lay hospitalized in critical condition. This haunting memoir traces her journey back into the world she had left behind. At a time when she was barely able to take care of herself, she was faced with the terrifying task of taking care of two people who needed her desperately. Dani Shapiro charts a riveting emotional course as she retraces her isolated, overprotected Orthodox Jewish childhood in an anti-Semitic suburb, and draws the connections between that childhood and her inevitable rebellion and self-destructiveness. She tells of a life nearly ruined by the gift of beauty, and then saved by the worst thing imaginable. This is a beautiful and unforgettable memoir of a life utterly transformed by tragedy.

A deeply reported look at home genetic testing and the seismic shock it has had on our culture and on individual lives You swab your cheek or spit in a vial, then send it away to a lab somewhere. Weeks later you get a report that might tell you where your ancestors came from or if you carry certain genetic risks. Or, the report could reveal a long-buried family secret that upends your entire sense of identity. Soon a lark becomes an obsession, a relentless drive to find answers to questions at the core of your being, like “ Who am I? ” and “ Where did I come from? ” Welcome to the age of home genetic testing. In *The Lost Family*, journalist Libby Copeland investigates what happens when we embark on a vast social experiment with little understanding of the ramifications. She explores the culture of genealogy buffs, the science of DNA, and the business of companies like Ancestry and 23andMe, all while tracing the story of one woman, her unusual results, and a relentless methodical drive for answers that becomes a thoroughly modern genetic detective story. Gripping and masterfully told, *The Lost Family* is a spectacular book on a big, timely subject.

A guide for the next generation of writers—self-care rituals, creativity-generating rhythms, and personalized strategies for embracing a creative life *Wild Words* is an invitation to explore the intersection of your writing practice with everything else in your busy life. Through personal stories and practical lessons you ' ll learn how to enter a new relationship with your creativity, one that honors where you ' ve been, where you ' re headed, and where you are today. Discover methods to support a sustainable writing practice, clarifying and nourishing routines, an understanding of your own creative history, and guidance on how to make small but powerful mind-set shifts (such as how to see a career as a partner rather than an obstacle). Above all, *Wild Words*

encourages you to approach creativity through a seasonal lens and helps you untangle the messy process of embracing your circumstances, trusting your voice, and making time to put pen to paper, season after season.

Double Lives, False Identities, and the Con Man I Almost Married

How DNA Testing Is Upending Who We Are

How DNA and History Shape Our Identities and Our Futures

Books for Living

Blow Your House Down

Hidden Inheritance

Surviving My Mother's Suicide

SHORTLISTED FOR THE 2018 BAILLIE GIFFORD PRIZE FOR NON-FICTION She Has Her Mother's Laugh presents a profoundly original perspective on what we pass along from generation to generation. Charles Darwin played a crucial part in turning heredity into a scientific question, and yet he failed spectacularly to answer it. The birth of genetics in the early 1900s seemed to do precisely that. Gradually, people translated their old notions about heredity into a language of genes. As the technology for studying genes became cheaper, millions of people ordered genetic tests to link themselves to missing parents, to distant ancestors, to ethnic identities . . . But, award-winning science writer Carl Zimmer argues, heredity isn't just about genes that pass from parent to child. Heredity continues within our own bodies, as a single cell gives rise to trillions of cells that make up our bodies. We say we inherit genes from our ancestors but we inherit other things that matter as much or more to our lives, from microbes to technologies we use to make life more comfortable. We need a new definition of what heredity is and, through Carl Zimmer's lucid exposition and storytelling, this resounding tour de force delivers it. Weaving together historical and current scientific research, his own experience with his two daughters, and the kind of original reporting expected of one of the world's best science journalists, Zimmer ultimately unpacks urgent bioethical quandaries arising from new biomedical technologies, but also long-standing presumptions about who we really are and what we can pass on to future generations.

From a gifted young writer, the story of his quest to reclaim his family's apartment building in Poland--and of the astonishing entanglement with Nazi treasure hunters that follows Menachem Kaiser's brilliantly told story, woven from improbable events and profound revelations, is set in motion when the author takes up his Holocaust-survivor grandfather's former battle to reclaim the family's apartment building in Sosnowiec, Poland. Soon, he is on a circuitous path to encounters with the long-time residents of the building, and with a Polish lawyer known as "The Killer." A surprise discovery--that his grandfather's cousin not only survived the war, but wrote a secret memoir while a slave laborer in a vast, secret Nazi tunnel complex--leads to Kaiser being adopted as a virtual celebrity by a band of Silesian treasure seekers who revere the memoir as the indispensable guidebook to Nazi plunder. Propelled by rich original research, Kaiser immerses readers in profound questions that reach far beyond his personal quest. What does it mean to seize your own legacy? Can reclaimed property repair rifts among the living? Plunder is both a deeply immersive adventure story and an irreverent, daring interrogation of inheritance--material, spiritual, familial, and emotional.

"Everything I know about life, I learned from the daily practice of sitting down to write." From the best-selling author of Devotion and Slow Motion comes a witty, heartfelt, and practical look at the exhilarating and challenging process of storytelling. At once a memoir, meditation on the artistic process, and advice on craft, Still Writing is an intimate and eloquent companion to living a creative life. Through a blend of deeply personal stories about what formed her as a writer, tales from other authors, and a searching look at her own creative process, Shapiro offers her gift to writers everywhere: an elegant guide of hard-won wisdom and advice for

staying the course. "The writer's life requires courage, patience, empathy, openness. It requires the ability to be alone with oneself. Gentle with oneself. To be disciplined, and at the same time, take risks." Writers—and anyone with an artistic temperament—will find inspiration and comfort in these pages. Offering lessons learned over twenty years of teaching and writing, Shapiro brings her own revealing insights to weave an indispensable almanac for modern writers. Like Anne Lamott's *Bird by Bird*, Virginia Woolf's *A Writer's Diary*, and Stephen King's *On Writing*, Dani Shapiro's *Still Writing* is a lodestar for aspiring scribes and an eloquent memoir of the writing life.

An enthralling journey into the world of chess--a story of heartbreak, obsession, failure, and the hunger for greatness Sasha Chapin is a victim of chess. Like countless amateurs before him--Albert Einstein, Humphrey Bogart, Marcel Duchamp--the game has consumed his life and his mind. First captivated by it as a member of his high school chess club, his passion was rekindled during an accidental encounter with chess hustlers on the streets of Kathmandu. In its aftermath, he forgot how to care about anything else. He played at all hours, for weeks at a time. Like a spurned lover, he tried to move on, but he found the game more seductive the more he resisted it. And so, he thought, if he can't defeat his obsession, he had to succumb to it. All the Wrong Moves traces Chapin's rollicking two-year journey around the globe in search of glory. Along the way, he chronicles the highs and lows of his fixation, driven on this quest by lust, terror, and the elusive possibility of victory. Stylish, inventive, and laugh-out-loud funny, *All the Wrong Moves* is a celebration of the purity, violence, and beauty of the game.

A State of Freedom

Black & White

Text Me When You Get Home

A Memoir About Chess, Love, and Ruining Everything

My Journey from the Projects to the Front Page

A Jayne Sinclair Genealogical Mystery

A Mother Uncovers the Science Behind Three Generations of Mental Illness.

Elizabeth A. Povinelli's inheritance was passed down not through blood or soil but through a framed map of Trentino, Alto Adige—the region where family's ancestral alpine village is found. Far more than a map hanging above the family television, the image featured colors and lines that held in place the memories and values fueling the Povinelli family's fraught relationships with the village and with each other. In her graphic memoir *The Inheritance*, Povinelli explores the events, traumas, and powers that divide and define our individual and collective pasts and futures. Weaving together stories of her grandparents' flight from their village in the early twentieth century to the fortunes of their knife-grinding business in Buffalo, New York, and her own Catholic childhood in a shrinking Louisiana woodlands of the 1960s and 1970s, Povinelli describes the serial patterns of violence, dislocation, racism and structural inequality that have shaped not only her life but the American story. Plumbing the messy relationships among nationality, ethnicity, kinship, religion, and belonging, *The Inheritance* takes us into the gulf between the facts of history and the stories we tell ourselves to survive and justify them.

A Sunday Times Top 10 Bestseller 'What a writer he was; he could flip over a sentence so gently, and show the underbelly in a heartbeat.

His work is always quietly compassionate' Elizabeth Strout In this final collection of ten exquisite, perceptive and profound stories, William Trevor probes into the depths of the human spirit. Here we encounter a tutor and his pupil, whose lives are thrown into turmoil when they meet again years later; a young girl who discovers the mother she believed dead is alive and well; and a piano-teacher who accepts her pupil's theft in exchange for his beautiful music. These gorgeous stories - the last that Trevor wrote before his death - affirm his place as one of the world's greatest storytellers. 'Trevor is a master of both language and storytelling' Hilary Mantel 'He is one of the great short-story writers, at his best the equal of Chekhov' John Banville 'The greatest living writer of short stories in the English language' New Yorker

"Devotion's biggest triumph is its voice: funny and unpretentious, concrete and earthy—appealing to skeptics and believers alike. This is a gripping, beautiful story." —Jennifer Egan, author of *The Keep* "I was immensely moved by this elegant book." —Elizabeth Gilbert, author of *Eat, Pray, Love* Dani Shapiro, the acclaimed author of the novel *Black and White* and the bestselling memoir *Slow Motion*, is back with *Devotion*: a searching and timeless new memoir that examines the fundamental questions that wake women in the middle of the night, and grapples with the ways faith, prayer, and devotion affect everyday life. *Devotion* is sure to appeal to all those dealing with the trials and tribulations of what Carl Jung called "the afternoon of life."

"Paul Larosa was a clueless kid growing up in a Bronx housing project when he was thrust into the city room of *The New York Daily News* as a copy boy. It was at the end of the vaunted Front Page era when reporters reveled in bad behavior; booze and anything they could get away with. A naif trapped in a tabloid world, Paul found himself--deliriously--in the center of it all."--Publisher.

The Stranger in My Genes

The Lost Family

A Story of War, Inheritance, and Healing

Outer Order Inner Calm

Duped

A Story of Family, Feminism, and Treason

All the Wrong Moves

A New York Times Book Review Editors' Choice • A Good Morning America Recommended Book • A BuzzFeed Most Anticipated Book of the Year • A Lit Hub Most Anticipated Book of the Year • A Rumpus Most Anticipated Book of the Year • A Bustle Most Anticipated Book of the Month "A pathbreaking feminist manifesto, impossible to put down or dismiss. Gina Frangello tells the morally complex story of her adulterous relationship with a lover and her shortcomings as a mother, and in doing so, highlights the forces that shaped, silenced, and shamed her:

everyday misogyny, puritanical expectations regarding female sexuality and maternal sacrifice, and male oppression." —Adrienne Brodeur, author of *Wild Game*

Gina Frangello spent her early adulthood trying to outrun a youth marked by poverty and violence. Now a long-married wife and devoted mother, the better life she carefully built is emotionally upended by the death of her closest friend. Soon, awakened to fault lines in her troubled marriage, Frangello is caught up in a recklessly passionate affair, leading a double life while continuing to project the image of the perfect family. When her secrets are finally uncovered, both her home and her identity will implode, testing the limits of desire, responsibility, love, and forgiveness. *Blow Your House Down* is a powerful testimony about the ways our culture seeks to cage women in traditional narratives of self-sacrifice and erasure. Frangello uses her personal story to examine the place of women in contemporary society: the violence they experience, the rage they suppress, the ways their bodies often reveal what they cannot say aloud, and finally, what it means to transgress "being good" in order to reclaim your own life.

Heidi Neumark's life changed forever when her daughter's late-night online searching exposed a generation of family secrets. From a few computer keystrokes, Neumark discovered her hidden Jewish heritage—and uncovered hundreds of questions: Did her grandfather really die in a concentration camp? How did she never know her grandmother was a death-camp survivor? Why had the family history and faith been rejected and hidden? Heidi's search for the truth quickly became more than a personal journey; it also became spiritual. It caused profound ponderings on her thirty-year vocation as a Lutheran pastor. It was a shocking revelation that her Jewish roots and successive family loss and trauma now suddenly and inherently connected her to the multi-ethnic, marginalized community she had been ministering to for three decades. *Hidden Inheritance* takes the reader on a journey that seamlessly weaves personal narrative, social history, and biblical reflection to challenge readers to explore their own identity, vocation, and theology. Neumark boldly calls readers to explore the harsh places of the past, uncover the possible buried secrets, ask new questions, forge new understanding, and discover new hope for transformation that is only possible when what has been hidden is finally brought to light.

Lucy Pescitelli is a virgin pushing thirty, working part-time at a funeral home and still living with her mother Marge. A woman so domineering that she forces Lucy to help her commit suicide by following step-by-step instructions as if they were a recipe for deviled eggs. Now, Lucy is on her own for the first time. The social mores of Jane Austen meet the city streets of Rocky Balboa as Lucy must negotiate a world of rigid expectations, entertain a cast of comical characters, and decide whom to marry or not in the still tradition-bound South Philadelphia of the early 1990s. "Heartbreaking yet hopeful, this astute exploration of the bonds and limitations of family is a perfect book club pick." – New York Times bestselling author Joshilyn Jackson

A Most Anticipated by Goodreads * SheReads * E! News * Frolic

Jessica Strawser's *A Million Reasons Why* is "a fascinating foray into the questions we are

most afraid to ask" (Jodi Picoult, #1 New York Times bestselling author)--the story of two women who discover a bond between them that will change both their lives forever. When two strangers are linked by a mail-in DNA test, it's an answered prayer—that is, for one half sister. For the other, it will dismantle everything she knows to be true. But as they step into the unfamiliar realm of sisterhood, the roles will reverse in ways no one could have foreseen. Caroline lives a full, happy life—thriving career, three feisty children, enviable marriage, and a close-knit extended family. She couldn't have scripted it better. Except for one thing: She's about to discover her fundamental beliefs about them all are wrong. Sela lives a life in shades of gray, suffering from irreversible kidney failure. Her marriage crumbled in the wake of her illness. Her beloved mother, always her closest friend, unexpectedly passed away. She refuses to be defined by her grief, but still, she worries what will happen to her two-year-old son if she doesn't find a donor match in time. She's the only one who knows Caroline is her half sister and may also be her best hope for a future. But Sela's world isn't as clear-cut as it appears—and one misstep could destroy it all. "A thrilling story of what happens when a long-held family secret comes to light...[Strawser] shows that no one is ever truly a villain or a hero, but instead, we are all a beautiful and messy mix of both." - Associated Press review

How Our Genes Change Our Lives--and Our Lives Change Our Genes

A Novel

The Art of Misdiagnosis

A Journey Into Family, Legend and the Genes That Bind Us

A Million Reasons Why

The Powers, Perversions, and Potential of Heredity

When Love was Clean Underwear

Carolyn Abraham explores the stunning power and ethical pitfalls of using genetic tests to answer questions of genealogy--by cracking the genome of her own family. Recently, tens of thousands of people have been drawn to mail-order DNA tests to learn about their family roots. Abraham investigates whether this burgeoning new science can help solve 2 mysteries that have haunted her multi-racial family for more than a century. Both hinge on her enigmatic great-grandfathers--a hero who died young and a scoundrel who disappeared. Can the DNA they left behind reveal their stories from beyond the grave?

An Instant NEW YORK TIMES BESTSELLER A LOS ANGELES TIMES, BOSTON GLOBE, WALL STREET JOURNAL, and NATIONAL INDIE BESTSELLER A BEST BOOK OF THE YEAR according to Elle, Real Simple, and Kirkus Reviews "Memoir gold: a profound and exquisitely rendered exploration of identity and the true meaning of family." —People Magazine "Beautifully written

and deeply moving—it brought me to tears more than once.”—Ruth Franklin, *The New York Times Book Review* From the acclaimed, best-selling memoirist, novelist—“a writer of rare talent” (Cheryl Strayed)—and host of the hit podcast *Family Secrets*, comes a memoir about the staggering family secret uncovered by a genealogy test: an exploration of the urgent ethical questions surrounding fertility treatments and DNA testing, and a profound inquiry of paternity, identity, and love. What makes us who we are? What combination of memory, history, biology, experience, and that ineffable thing called the soul defines us? In the spring of 2016, through a genealogy website to which she had whimsically submitted her DNA for analysis, Dani Shapiro received the stunning news that her father was not her biological father. She woke up one morning and her entire history—the life she had lived—crumbled beneath her. *Inheritance* is a book about secrets—secrets within families, kept out of shame or self-protectiveness; secrets we keep from one another in the name of love. It is the story of a woman's urgent quest to unlock the story of her own identity, a story that has been scrupulously hidden from her for more than fifty years, years she had spent writing brilliantly, and compulsively, on themes of identity and family history. It is a book about the extraordinary moment we live in—a moment in which science and technology have outpaced not only medical ethics but also the capacities of the human heart to contend with the consequences of what we discover.

'This is a powerful novel that will sit inside you for days after reading.' *Sunday Times* Three generations of Taiwanese American women are haunted by the myths of their homeland in this spellbinding, visceral debut about one family's queer desires, violent impulses, and buried secrets. One evening, Mother tells Daughter a story about a tiger spirit who lived in a woman's body. Her name was Hu Gu Po and she paid the price for her body in hunger. It's one of many stories Daughter absorbs from the women in her family, about gourd daughters, buried gold and rabbit moons. Soon afterwards, Daughter wakes with a tiger tail. And more mysterious events follow: holes in the backyard spit up letters penned by her estranged grandmother; a visiting aunt arrives with red hands and snakes in her belly; her brother tests the possibility of flight. All the while, Daughter is falling

for Ben, a neighbourhood girl who is more bird than tiger and has mysterious stories of her own. As the two young lovers translate the grandmother's letters and the myths that surround them, Daughter must reckon with how deep these stories are buried within her, and what power is rising, violently, through her. She will have to bring her family's secrets to light in order to change their destiny. 'To read K-Ming Chang is to see the world in fresh, surreal technicolor... Both wild and lyrical, visionary and touching. Read her!' Sharlene Teo, author of *Ponti* ** LAMBDA LITERARY LESBIAN FICTION FINALIST**

From the prodigiously gifted author of the acclaimed memoir *Slow Motion*, a stunning and brutally honest novel about one family's harrowing recovery from devastation. Rachel Jensen is perfectly happy: in love with her husband, devoted to their daughter Kate, gratified by her work restoring art. And finally, she's pregnant again. But as Rachel discovers, perfection can unravel in an instant. The summer she is thirteen, Kate returns from camp sullen, angry, and withdrawn. Everyone assures Rachel it's typical adolescent angst. But then Kate has a terrifying accident with her infant brother, and the ensuing guilt brings forth a dreadful lie—one that ruptures their family, perhaps irrevocably. *Family History* is a mesmerizing journey through the mysteries of adolescent pain and family crisis. *The Evolution and Triumph of Modern Female Friendship* *Rituals, Routines, and Rhythms for Braving the Writer's Path* *A True Story*

Plunder

A Memoir of Family Property and Nazi Treasure

Slow Motion

Time, Memory, Marriage

Thirty years after his family and career are destroyed by an affair with one of his patients, psychoanalyst and Holocaust survivor Solomon Grossman finds a chance for redemption when he discovers where his grown son is working. Reprint. Tour. THE NEW YORK TIMES BESTSELLER 'MOVE OVER, MARIE KONDO' Washington Post 'EXCELLENT' Telegraph 'YOU WILL FEEL LIKE YOU CAN TAKE ON THE WORLD' Grazia 'WISHING I HAD A RUBIN TO HELP ME MAKE SENSE OF MY BELONGINGS' Red 'DECLUTTER YOUR WAY TO HAPPINESS' Good Housekeeping In the context of a happy life, a messy desk or a crowded wardrobe is a trivial problem - yet Gretchen Rubin found that getting control of our stuff makes us feel more in control of our lives. Ask yourself: DO I NEED IT? DO I LOVE IT? DO I USE IT? With 150 concrete clutter-clearing ideas, insights, strategies, and sometimes surprising tips, Gretchen tackles the key challenges of creating outer order by explaining how to 'make choices', 'create order', 'know yourself', 'cultivate useful

habits' and, of course, how to 'add beauty'. At home, at work, and in life, when we get our possessions under control, we can create a more serene environment. With a sense of fun, and a clear idea of what's realistic for most people, Gretchen suggests dozens of manageable steps to help us achieve the lives we yearn for.

ALSO BY GRETCHEN RUBIN The Four Tendencies: the indispensable personality profiles that reveal how to make your life better AND Better Than Before: learn how to make good habits and break bad ones, for good AND Happier At Home: a year-long experiment in making the everyday extraordinary

Award-winning novelist and poet Gayle Brandeis's wrenching memoir of her complicated family history and her mother's suicide Gayle Brandeis's mother disappeared just after Gayle gave birth to her youngest child. Several days later, her body was found: she had hanged herself in the utility closet of a Pasadena parking garage. In this searing, formally inventive memoir, Gayle describes the dissonance between being a new mother, a sweet-smelling infant at her chest, and a grieving daughter trying to piece together what happened, who her mother was, and all she had and hadn't understood about her. Around the time of her suicide, Gayle's mother had been working on a documentary about the rare illnesses she thought ravaged her family: porphyria and Ehlers-Danlos syndrome. In The Art of Misdiagnosis, taking its title from her mother's documentary, Gayle braids together her own narration of the charged weeks surrounding her mother's suicide, transcripts of her mother's documentary, research into delusional and factitious disorders, and Gayle's own experience with misdiagnosis and illness (both fabricated and real). Slowly and expertly, The Art of Misdiagnosis peels back the complicated layers of deception and complicity, of physical and mental illness in Gayle's family, to show how she and her mother had misdiagnosed one another. Gayle's memoir is both a compelling search into the mystery of one's own family and a life-affirming story of the relief discovered through breaking familial and personal silences. Written by a gifted stylist, The Art of Misdiagnosis delves into the tangled mysteries of disease, mental illness, and suicide and comes out the other side with grace.

Award-winning physician and New York Times bestselling author Sharon Moalem, MD, PhD, reveals how genetic breakthroughs are completely transforming our understanding of both the world and our lives. Inheritance Conventional wisdom dictates that our genetic destiny is fixed at conception. But Dr. Moalem's groundbreaking book shows us that the human genome is far more fluid and fascinating than your ninth grade biology teacher ever imagined. By bringing us to the bedside of his unique and complex patients, he masterfully demonstrates what rare genetic conditions can teach us all about our own health and well-being. In the brave new world we're rapidly rocketing into, genetic knowledge has become absolutely crucial. Inheritance provides an indispensable roadmap for this journey by teaching you: -Why you may have recovered from the psychological trauma caused by childhood bullying-but your genes may remain scarred for life. -How fructose is the sugar that makes fruits sweet-but if you have certain genes, consuming it can buy you a one-way trip to the coroner's office. -Why ingesting common painkillers is like dosing yourself repeatedly with morphine-if you have a certain set of genes. -How insurance companies legally use your genetic data to predict the risk of disability for you and your children-and how that impacts the coverage decisions they make for your family. -How to have the single most important conversation with your doctor-one that can save your life. And finally: -Why people with rare genetic conditions hold the keys to medical problems

affecting millions. In this trailblazing book, Dr. Moalem employs his wide-ranging and entertaining interdisciplinary approach to science and medicine-- explaining how art, history, superheroes, sex workers, and sports stars all help us understand the impact of our lives on our genes, and our genes on our lives. Inheritance will profoundly alter how you view your genes, your health--and your life.

Summary & Analysis of Inheritance

She Has Her Mother's Laugh

The Survivors

Poisoned Fruit of JFK's Assassination

Hourglass

Family Secrets, Memory, and Faith

Last Stories

• A New York Times Notable Book • “The richest, freshest, most fun book on genetics in some time.” —The New York Times Book Review We are doomed to repeat history if we fail to learn from it, but how are we affected by the forces that are invisible to us? In *The Invisible History of the Human Race* Christine Kenneally draws on cutting-edge research to reveal how both historical artifacts and DNA tell us where we come from and where we may be going. While some books explore our genetic inheritance and popular television shows celebrate ancestry, this is the first book to explore how everything from DNA to emotions to names and the stories that form our lives are all part of our human legacy. Kenneally shows how trust is inherited in Africa, silence is passed down in Tasmania, and how the history of nations is written in our DNA. From fateful, ancient encounters to modern mass migrations and medical diagnoses, Kenneally explains how the forces that shaped the history of the world ultimately shape each human who inhabits it. *The Invisible History of the Human Race* is a deeply researched, carefully crafted and provocative perspective on how our stories, psychology, and genetics affect our past and our future.

From the author of the international bestseller *The End of Your Life Book Club*, an inspiring and magical exploration of the enduring power of books - a must for all passionate book lovers, exploring books as diverse as *The Girl on the Train*, *The Little Prince* and *David Copperfield*. 'I've always believed that everything you need to know can be found in a book.' Will Schwalbe Why is it that we read? Is it to pass time? To learn something new? To escape into another reality? For Will Schwalbe, reading is a way to entertain himself but also to make sense of the world, to become a better person, and to find the answers to the big (and small) questions about how to live his life. In this delightful celebration of reading, Schwalbe invites us along on his quest for books that speak to the specific challenges of living in our modern world, with all its noise and distractions. Rich with stories and recommendations, *Books for Living* is a treasure for everyone who loves books and loves to hear the answer to the question: "What are you reading?"

PLEASE NOTE: This is a summary and analysis of the book and not the original book. If you'd like to purchase the original book, please paste this link in your browser: <https://amzn.to/2XE0vRo> Dani Shapiro heroically shares the most harrowing discovery to date in her fourth memoir. A poignant reflection on the origins of life and love, her singular

tale strikes a trembling narrative for the thousand others still searching for the right words. What does this ZIP Reads Summary Include? - Synopsis of the original book - Key takeaways from each chapter - Guide to the Key Players - A detailed retelling of her personal story - Editorial Review - Background on Dani Shapiro About the Original Book: Dive into the turmoil of an overturned life as the results of a DNA test send Dani Shapiro into a tailspin. Thrown into a hunt for her biological father, she finds that nothing is at it seemed in her Kosher upbringing. It's a personal journey through an ethical minefield, candid and jarring. Questions breed questions and the rabbit hole leads to unexpected choices. DISCLAIMER: This book is intended as a companion to, not a replacement for, Inheritance. ZIP Reads is wholly responsible for this content and is not associated with the original author in any way. Please follow this link: <https://amzn.to/2XEOvRo> to purchase a copy of the original book.

Bill Griffeth, longtime genealogy buff, takes a DNA test that has an unexpected outcome: "If the results were correct, it meant that the family tree I had spent years documenting was not my own." Bill undertakes a quest to solve the mystery of his origins, which shakes his sense of identity. As he takes us on his journey, we learn about choices made by his ancestors, parents, and others - and we see Bill measure and weigh his own difficult choices as he confronts the past.