

Health In The Later Years Ferrini

As the population of older Americans grows, it is becoming more racially and ethnically diverse. Differences in health by racial and ethnic status could be increasingly consequential for health policy and programs. Such differences are not simply a matter of education or ability to pay for health care. For instance, Asian Americans and Hispanics appear to be in better health, on a number of indicators, than White Americans, despite, on average, lower socioeconomic status. The reasons are complex, including possible roles for such factors as selective migration, risk behaviors, exposure to various stressors, patient attitudes, and geographic variation in

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health care. This volume, produced by a multidisciplinary panel, considers such possible explanations for racial and ethnic health differentials within an integrated framework. It provides a concise summary of available research and lays out a research agenda to address the many uncertainties in current knowledge. It recommends, for instance, looking at health differentials across the life course and deciphering the links between factors presumably producing differentials and biopsychosocial mechanisms that lead to impaired health. Worldwide, men have more opportunities, privileges, and power, yet they also have shorter life expectancies than women. Why is this? Why are there stark differences in the burden of disease, quality of life, and length of life amongst men, by race,

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ethnicity, (dis)ability status, sexual orientation, gender identity, rurality, and national context? Why is this a largely unexplored area of research? Men's Health Equity is the first volume to describe men's health equity as a field of study that emerged from gaps in and between research on men's health and health inequities. This handbook provides a comprehensive review of foundations of the field; summarizes the issues unique to different populations; discusses key frameworks for studying and exploring issues that cut across populations in the United States, Australia, Canada, the United Kingdom, Central America, and South America; and offers strategies for improving the health of key population groups and achieving men's health equity overall. This book systematically explores

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the underlying causes of these differences, describes the specific challenges faced by particular groups of men, and offers policy and programmatic strategies to improve the health and well-being of men and pursue men's health equity. Men's Health Equity will be the first collection to present the state of the science in this field, its progress, its breadth, and its future. This book is an invaluable resource for scholars, researchers, students, and professionals interested in men's health equity, men's health, psychology of men's health, gender studies, public health, and global health.

The population of Asia is growing both larger and older. Demographically the most important continent on the world, Asia's population, currently estimated to be 4.2 billion, is

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expected to increase to about 5.9 billion by 2050. Rapid declines in fertility, together with rising life expectancy, are altering the age structure of the population so that in 2050, for the first time in history, there will be roughly as many people in Asia over the age of 65 as under the age of 15. It is against this backdrop that the Division of Behavioral and Social Research at the U.S. National Institute on Aging (NIA) asked the National Research Council (NRC), through the Committee on Population, to undertake a project on advancing behavioral and social research on aging in Asia. *Aging in Asia: Findings from New and Emerging Data Initiatives* is a peer-reviewed collection of papers from China, India, Indonesia, Japan, and Thailand that were presented at two conferences organized in

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conjunction with the Chinese Academy of Sciences, Indian National Science Academy, Indonesian Academy of Sciences, and Science Council of Japan; the first conference was hosted by the Chinese Academy of Social Sciences in Beijing, and the second conference was hosted by the Indian National Science Academy in New Delhi. The papers in the volume highlight the contributions from new and emerging data initiatives in the region and cover subject areas such as economic growth, labor markets, and consumption; family roles and responsibilities; and labor markets and consumption.

Sexual Deviance in Health and Aging: Uncovering Later Life Intimacy explores life course health experiences and unmet care needs of populations perceived as sexually deviant in the

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United States. These groups include but are not limited to: gay, lesbian, and bisexual people; asexual and demisexual people; trans, nonbinary, and gender nonconforming people; intersex people; nonmonogamous and polyamorous people; kink and fetishism practitioners; sex and adult entertainment workers; individuals labeled as sexual offenders and predators; people living with sexually transmitted infections; people identifying as neuroatypical and/or autistic; and people with chronic conditions and disabilities who lead active sexual lives. Lacey J. Ritter and Alexandra C.H. Nowakowski analyze the social, cultural, and political origins of perceptions of these groups as sexually deviant. In the process, they provide history and context for the health care experiences of people within each

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of these broad groups. Simultaneously, *Sexual Deviance in Health and Aging* highlights the complexity and individuality of different people's journeys through sexuality in health and aging.

What Everyone Should Know about Mental Health in the Later Years

The Origins of You

What Everyone Needs to Know

Aging in Good Health

Selected Data from the National Center for Health Statistics

Connections and Transitions

This book examines the relevance of modern

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medicine and healthcare in shaping the lives of elderly persons and the practices and institutions of ageing societies. Combining individual and social dimensions, *Planning Later Life* discusses the ethical, social, and political consequences of increasing life expectancies and demographic change in the context of biomedicine and public health. By focusing on the field of biomedicine and healthcare, the authors engage readers in a dialogue on the ethical and social implications of recent trends in dementia research and care, advance healthcare planning, or the rise of anti-ageing medicine and

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prevention. Bringing together the largely separated debates of individualist bioethics on the one hand, and public health ethics on the other, the volume deliberately considers the entanglements of envisioning, evaluating, and controlling individual and societal futures. So far, the process of devising and exploring the various positive and negative visions and strategies related to later life has rarely been reflected systematically from a philosophical, sociological, and ethical point of view. As such, this book will be crucial to those working and studying in the life sciences, the humanities, and the social

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sciences, particularly in the areas of bioethics, social work, gerontology and aging studies, healthcare and social service, sociology, social policy, and geography and population studies.

This important book examines the relationship between religion and mental health throughout the life cycle, with a special emphasis on later life. It asserts that successful aging is possible regardless of physical health or environmental circumstances, and that religious beliefs and behaviors may facilitate successful aging. *Aging and God* thoroughly examines the effects of religion and mental health on

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aging and provides a centralized resource of up-to-date references of research in the field. It focuses on recent findings, theoretical issues, and implications for clinical practice and contains ideas for further research. In *Aging and God*, you'll also find information on project design that can help you develop grant applications and carry out studies. *Aging and God* is a helpful book for both mental health and religious professionals. It helps mental health specialists better understand the spiritual needs of older adults and the impact that religion can have on facilitating mental health. It also describes

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how religion can be utilized in clinical practice and integrated into psychotherapeutic approaches to older patients. The book brings religious professionals current knowledge of the major psychological problems that older adults face and how religion can be used to help alleviate these problems. Full of pertinent information, *Aging and God* addresses theoretical aspects of human development, focusing on cognitive, moral, and religious faith development examines situations and disorders of particular concern to older persons and looks at how religion can be used as a resource

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applies research findings to the problem of meeting the spiritual and mental health needs of elders with chronic or acute health problems provides an in-depth look at end-of-life issues such as physician-assisted suicide Hospital and nursing home chaplains will find this book informative and encouraging, as will gerontologists, hospital administrators, and community clergy faced with increasingly older congregations. It gives mental health professionals new strategies to help improve the later years of older adults, and makes an excellent text for courses on religion, mental health,

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and aging. Middle-aged and older adults, as well as their families, will also find Aging and God enjoyable and inspiring as they attempt to grapple with the myriad adjustment and coping problems associated with aging.

Mental and physical disorders are common in old age but frequently remain undetected and untreated. Managing treatment and controlling symptoms of these disorders is imperative to the longevity and quality of life of patients. The Handbook of Research on Geriatric Health, Treatment, and Care provides emerging research on promoting health in older

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adults by preventing and treating diseases and disabilities. By highlighting topics such as alternative treatment, clinical diagnosis, and positive psychology, this publication explores the methods and approaches of identifying and diagnosing epidemiological factors that contribute to geriatric health issues. This book is an important resource for healthcare professionals, academicians, medical practitioners, researchers, and students seeking current research on the methods and strategies for maintaining healthy and successful care for the elderly.

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This book examines the social aspects of healthy ageing for older individuals. It features more than 15 papers that explore the relevance of the social environment for health on the micro, meso, and macro level. Overall, the book applies a comprehensive contextual approach that includes discussion of how family and friends, neighborhoods, nations, and welfare regimes influence health. The book first explores the issue on the individual level. It looks at the importance of social capital for health among older people, examines types of social networks and health among older Americans, as well

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as discusses dynamic social capital and mental health in late life. Next, the book looks at the issue through a neighborhood and societal context, which takes into account day-to-day interaction in the immediate environment as well as the social, health, and economic policies in place in different regions in the world, including America, Europe, Asia, and Africa. From there, the book goes on to offer implications and recommendations for research and practice, including the management of related concepts of research on well-being and health. It also offers a psychosocial approach to promoting

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social capital and mental health among older adults. This book provides health professionals as well as researchers and students in gerontology, sociology, social policy, psychology, and social work with vital insights into the social factors that increase healthy life years and promote well-being.

A New Way of Walking with God

Mothers, Babies and Health in Later Life

Uncovering Later Life Intimacy

Their Nature, Complexity, and Role in Health and Illness

Mental Health and Later Life

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Families in Later Life

The introductory essays and readings, drawn from both literature and social science research, vividly illustrate the diversity of aging experiences both within and across American families diversity conditioned by social space, historical time, and individual biography.

Many Americans believe that people who lack health insurance somehow get the care they really need.

Care Without Coverage examines the real consequences for adults who lack health insurance.

The study presents findings in the areas of

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prevention and screening, cancer, chronic illness, hospital--based care, and general health status. The committee looked at the consequences of being uninsured for people suffering from cancer, diabetes, HIV infection and AIDS, heart and kidney disease, mental illness, traumatic injuries, and heart attacks. It focused on the roughly 30 million -- one in seven--working--age Americans without health insurance. This group does not include the population over 65 that is covered by Medicare or the nearly 10 million children who are uninsured in this country. The main findings of the report are that

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working-age Americans without health insurance are more likely to receive too little medical care and receive it too late; be sicker and die sooner; and receive poorer care when they are in the hospital, even for acute situations like a motor vehicle crash. The mental health needs of older people are all too often overlooked or put down to the inevitable consequences of ageing. This textbook will make it much easier for health, social care and third sector workers to identify, treat and support the needs of this population. The book takes an interdisciplinary team approach and sets the scene by looking at

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different practice contexts in the United Kingdom and the increasingly important role played by social care in addressing the mental health needs of older people. A number of more clinically focused chapters then cover: mental health promotion anxiety and depression ageing and psychosis alcohol and dual diagnosis dementia later life liaison services complex and enduring mood disorders. Each clinical chapter makes use of extended and detailed case studies which illuminate the team's role in the assessment-intervention-evaluation cycle and ensure the text's application to practice. Service user and family

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perspectives are drawn on throughout and current practice exemplars outlined. The final chapter distills key messages from the book and sets a number of key challenges. Mental Health and Later Life highlights the rewards and complexity of working with older people with mental health needs and their families. It is invaluable reading for all those learning about, or working with, this population.

The debate over national health insurance has renewed attention on the health and health care utilization of the elderly. Few questions have been more poignant than the health of the United States'

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elderly. As a broad-ranging critical look, "Health and Health Care Utilization in Later Life" brings the central questions facing the elderly into bold relief. It spans the range of health concerns the elderly face daily. The debates over health care rage, often without having the relevant facts. "Health and Health Care Utilization in Later Life" brings the facts to the fore but just as importantly, it brings a sensitive feeling for the realities of health as a driving force in the daily lives of old people.

Your Guide to a Great Later Life

Taking Care Of Your Health In The Middle And Later

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Years

Aging and God

Couple Relationships in the Middle and Later Years

Mental Health and Spirituality in Later Life

A Handbook

Depression and Anxiety in Later Life will help older people, their family members, and caregivers make positive changes to take control of their own individual situations.

Focusing on mental health rather than mental illness, this book adopts a

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lifecourse approach to understanding mental health and wellbeing in later life. Well-respected author and scholar Alisoun Milne explores the influences of lifecourse experiences, structural inequalities, socio-political context, history, gender and age related factors and engages with new ways of thinking about preventing mental ill health and promoting mental health in later life. Drawing together material from a number of different fields the book analyses the meaning and determinants of mental health

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amongst older populations and offers a critical review of the lifecourse, ageing and mental health discourse for students, professionals, policy makers and researchers.

Critical strategies for confronting a dire, yet under-addressed societal epidemic—the risky and potentially deadly consequences for older adults living a socially isolated life, are the focus for this book. By documenting our current understanding of the complex and multi-dimensional nature of social isolation

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among elders, the authors highlight innovative and alternative forms of community and later-life relationships that can serve to forestall or prevent social isolation and loneliness. With contributions from recognized scholars, clinicians, and elder-policy activists, as well as from multiple practice perspectives (direct service providers, administrators, researchers, and educators) the book documents the interrelated issues of social relationships and health in late life. It

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describes creative programs and intervention techniques that help maintain the integrity of an older adult's individual, group, and community relations, communication pathways, and a sense of belonging. The book also illuminates multidisciplinary and integrated best practices for minimizing the risk of late life social isolation. Case studies showcase the issues that arise in clinical practice and service delivery and demonstrate proven methods for effectively addressing them. Key

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Features: Delivers best-practice strategies and interventions for bolstering older adult social health and community engagement Written by top scholars in the gerontology community Explores the life-threatening risks and consequences of social isolation for older adults and their families Describes the wide range of social relationships that can determine the extent to which older adults will be at risk of becoming socially isolated Considers the role that older adult diversity and difference plays

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in determining quality of life and the integrity of relationships Highlights physical, behavioral, environmental, social, and economic forces that can influence the quality of late life relationships

How do some people avoid the slowing down, deteriorating, and weakening that plagues many of their peers decades earlier? Are they just lucky? Or do they know something the rest of us don't? Is it possible to grow older without getting sicker? What if you could look and feel fifty through your

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eighties and nineties? Founder of the Institute for Aging Research at the Albert Einstein College of Medicine and one of the leading pioneers of longevity research, Dr. Nir Barzilai's life's work is tackling the challenges of aging to delay and prevent the onset of all age-related diseases including "the big four": diabetes, cancer, heart disease, and Alzheimer's. One of Dr. Barzilai's most fascinating studies features volunteers that include 750 SuperAgers—individuals who maintain active lives well into their

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nineties and even beyond—and, more importantly, who reached that ripe old age never having experienced cardiovascular disease, cancer, diabetes, or cognitive decline. In Age Later, Dr. Barzilai reveals the secrets his team has unlocked about SuperAgers and the scientific discoveries that show we can mimic some of their natural resistance to the aging process. This eye-opening and inspirational book will help you think of aging not as a certainty, but as a phenomenon—like many other diseases and

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*misfortunes—that can be targeted,
improved, and even cured.*

*And a Complete Manual on New Medicare and
Social Security Benefits*

*Findings from New and Emerging Data
Initiatives*

Age Later

A Research Agenda

*Proceedings of the Eleventh Annual
Conference on Aging, Gustavus Adolphus
College, St. Peter, Minnesota, June 3-4,
1969*

Social Capital as a Health Resource in

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Later Life: The Relevance of Context

Health care allows seniors to live longer, and this book helps them to remain healthy and active. Expanded to include 45 easy-to-use decision charts, this new edition explains how prevention puts off common diseases like osteoarthritis and diabetes. Includes advice on medical expenses, drugs, living wills, and more.

The nature of health in later life has conventionally been studied from two perspectives. Medical sociologists have focused on the failing body, chronic illness, infirmity and mortality, while social gerontologists on the other hand have focused on the epidemiology of old age and health

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and social policy. By examining these perspectives, Higgs and Jones show how both standpoints have a restricted sense of contemporary ageing which has prevented an understanding of the way in which health in later life has changed. In the book, the authors point out that the current debates on longevity and disability are being transformed by the emergence of a fitter and healthier older population. This third age - where fitness and participation are valorised – leads to the increasing salience of issues such as bodily control, age-denial and anti-ageing medicine. By discussing the key issue of old age versus ageing, the authors examine the prospect of a

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new sociology – a sociology of health in later life.

Medical Sociology and Old Age is essential reading for all students and researchers of medical sociology and gerontology and for anyone concerned with the challenge of ageing populations in the twenty-first century. This book is essential reading for all students and researchers of medical sociology and gerontology.

Achieve faith and understanding when dealing with the loss of a loved one or a major change in your life! Losses in Later Life: A New Way Of Walking with God, Second Edition, focuses on seven major losses: loss of youth, loss of family, loss of parents, loss of work, loss of spouse, loss

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of health, and loss of identity. This second edition has been reworked with new research to include updated information about the loss of independence and several additional losses not discussed in the previous edition. You will explore the path to becoming a spiritually mature person who has faith and is able to grieve, let go, and release what is lost in order to live a mentally healthy and rewarding life. With this valuable book, you will explore the issues of losses in later life from an approach that integrates psychology and spirituality to help you understand that loss is an inevitable and significant factor in the lives of people over the age of 40. Discussing the

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dynamics of loss and grief and defining spiritual health, Losses in Later Life examines common losses of the second half of your life from a positive perspective.

Caregivers and anyone interested in the psychology and spirituality of aging will find excellent help and suggestions from Losses in Later Life. This book is a necessary tool for spiritually assisting your times of grief and confusion. With proven suggestions and advice, Losses in Later Life serves to enlighten your path through the later years and enrich your soul.

Does temperament in childhood shape adult personality?
Four psychologists followed thousands of people as they

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grew up, observing how genes, parenting, and other aspects of young people's experience influence development. This holistic approach offers unprecedented insight into what makes us the adults we become.

Strategies to Bolster Health and Well-Being

Health in the Later Years of Life - Selected Data From the National Center For Health Statistics

Health and Health Care Utilization in Later Life

Health Span, Life Span, and the New Science of Longevity

Early Nutrition Programming and Health Outcomes in Later Life: Obesity and beyond

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Health in the Later Years with Powerweb

Here's the 2nd Edition of a text outlining and providing evidence for one of the most important epidemiological theories of recent years, the "Barker Hypothesis"*that nutrition in the womb determines susceptibility to diseases in later life.

Offers a look at the mental health and well being issues that affect adults in later life. Taking a holistic approach to mental health and mental health promotion, this book explores the debates around what is meant by mental health and mental illness and the wider social determinants of mental health.

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Today's older couples often look and function differently than those of yesteryear. Lifespans have increased, while many health challenges remain. Retirement, spousal role equity, and family caregiving needs look different now, and cultural shifts have shaped the prevalence and visibility of non-traditional older relationships, such as same-sex relationships and "living apart-together" relationships. With such an increased variety in relationship forms and social contexts, what does the research say about quality? What factors influence the nature and quality of today's older couple

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relationships, and what are the complex links between relationships and health? In this cutting-edge book, the authors present the latest theoretical, methodological, and empirical perspectives in the field of middle-age and older couple relationships. The chapters cover a broad range of topics, including the impact of health concerns, loneliness, chronic disease management, couple negotiation of everyday tasks, and coping across the lifespan. Implications for couples therapy and policy are included. In short, the book makes a significant stride into understanding the strengths and

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challenges of older couples.

"Christina Victor's authoritative text on ageing and health digs deep into the meaning and challenges of old age. It is essential reading for practitioners as well as gerontological specialists."-Professor Fiona Ross, Faculty of Health and Social Care Sciences, Kingston University and St George's, University of London "Professor Victor's book is highly readable and informative about the different models of health. It contains a wealth of fascinating material, from the types of health-related data collected in early censuses to the emergence of anti-ageing medicine.

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She also uses examples from research to illustrate and enliven key points throughout. There are useful exercises for postgraduate students, as well as key websites. This is an important contribution to the literature in gerontology."-Professor Ann Bowling, Department of Primary Care and Population Health, University College London "This is an informative, accessible and essential reader and study guide for anyone with an interest in ageing: gerontologists, health and social care professionals, managers, policy makers, academics and researchers."

Professor Brenda Roe, Evidence Based Practice

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Research Centre, Edge Hill University The ageing of the population has enormous policy implications for the provision of, and access to, healthcare. People aged 65+ are the major consumers of the healthcare system, accounting for about half of all National Health Service resources. Furthermore, those aged 85+ represent 1% of the population but consume 10% of all healthcare resources. Christina Victor's important new textbook provides: a comprehensive overview of the health status and experiences of older people chapters on physical health, mental health, disability and lifestyle a synthesis of current

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policy developments relating to health and social care for older people an examination of the key debates concerning the health of future cohorts of elders an international, up-to-date perspective. Written by a leader in the field the book covers key questions such as the fitness of older people in the future, the widening inequalities in the health of older people and the extent to which health in old age reflects habits and behaviours in earlier life

Health in the Later Years - a Community Concern
Understanding Racial and Ethnic Differences in
Health in Late Life

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Planning Later Life

Medical Sociology and Old Age

Health and Health Care in Later Life

Handbook of Research on Geriatric Health,
Treatment, and Care

Health in the Later Years prepares students to meet the needs of an aging population as both participants of an aging society and in their careers as health professionals. The text provides a broad overview of health and aging, addressing concerns of those working with elders, and covering psychological, sociological, biological, and political factors affecting older populations.

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Explore pastoral strategies for dealing with mental health problems! Mental health is increasingly being recognized as an important issue in later life. This valuable book will help you examine this dimension of aging in the context of pastoral, spiritual, and cultural issues. It explores the relationship between mental health, spirituality, and religion in later life, including the search for meaning, cultural issues, spiritual issues, depression, dementia, and issues of suicide in older people. The first part of *Mental Health and Spirituality in Later Life* focuses on theology, ethics, and cultural issues in mental health and aging. The second part addresses issues of multidisciplinary practice,

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including a challenging chapter written by a woman with early onset dementia (Alzheimer's) and other chapters that present perspectives on the uses and meanings of ritual and symbolism in mental health and pastoral approaches to care. Part one of *Mental Health and Spirituality in Later Life* deals with issues of theology, culture, and mental health in later life, focusing on: the importance of a richly textured understanding of personhood as a prerequisite for constructing a picture of late-life mental health in the context of theology the relationship between culture, spirituality, and meaning for older immigrants and their effects on mental health the adverse effects of a mental

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health system that reflects only the dominant culture of a society, leaving minority cultures vulnerable to misdiagnosis and inappropriate treatments that can do more harm than good a wholistic picture of aging that moves beyond the biomedical paradigm and demonstrates the power and potential of the human spirit in adjusting to and moving beyond suffering Part two of this valuable book addresses issues of concern to practitioners in mental health and spirituality for the aging, including: disruptive behavior among nursing home residents and common practices that fail to identify its causes or address the problem how some staff/resident interactions can produce

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suffering for all concerned—with case study outlines that illustrate the point memory loss and its effect on spirituality, self-worth, and the faith community pastoral care for people suffering with dementia—with practical information on helping them to make use of the power of prayer and to deal with loneliness, fear, and disempowerment an insightful look at a recent major study of residents in aged care facilities in Australia that explores the link between depression and spirituality risk and protective factors associated with suicide in later life and the treatment of depression pastoral interventions for depression and dementia

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Focusing on mental health rather than mental illness, this book adopts a lifecourse approach to understanding mental health and wellbeing in later life. Well-respected author and scholar Alisoun Milne explores the influences of lifecourse experiences, structural inequalities, socio-political context, history, gender and age related factors and engages with new ways of thinking about preventing mental ill health and promoting mental health in later life. Drawing together material from a number of different fields, the book analyses the meaning and determinants of mental health among older populations and offers a critical review of the lifecourse, ageing and mental health

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discourse for students, professionals, policy makers and researchers.

Obesity has reached epidemic proportions globally and presents a major challenge to policy makers and clinicians alike. Recent research has suggested that obesity has its origins in early life and that early diet can programme a developing fetus and young infant's future susceptibility to obesity. This volume contains recent findings presented at the International Conference on Early Nutrition Programming and Health Outcomes in Later Life: Obesity and Beyond - a satellite meeting of the 15th European Congress on Obesity, held in Budapest in April 2007.

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Basic scientific research, data from epidemiological studies and clinical trial results were all presented during the programme. This volume includes articles discussing the evidence for an effect of early nutrition programming on later obesity and cardiovascular risk; the growing evidence for an intergenerational cycle of obesity; the role of maternal leptin in programming appetite; possible cellular mechanisms for altered energy balance, including mitochondrial programming and the effects of regulators of metabolism; and how epigenetic changes might be the fundamental underlying mechanism explaining programming effects. Consumer understanding of the

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concept of early nutrition programming and the extent to which early nutrition programming is taken into account in infant feeding policies are also discussed.

Too Little, Too Late

When We're 64

Mental Health And Well Being In Later Life

Mental Health in Later Life

Ageing, Health and Care

Depression and Anxiety in Later Life

The essential guide to making sure you have a fabulous later life. You're likely to live longer than you think. Today's fifty-year olds could

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have an astounding 36 or more years of life. What's your dream life for your later years? When We're 64 is a friendly, practical guide to preparing for what could be the best years of your life - from the essentials on work and how to fund retirement, to volunteering, where to live and what kind of housing you'll need. It covers how to stay healthy – and still live a full life if you get a health condition – and reveals how your attitude to ageing could actually increase your lifespan. There are sections on relationships with family and friends, as well as

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caring for older relatives and how to tackle loneliness. Packed with expert advice and new evidence and tips on how to age well, this route map will help you plan and prepare for the future.

"This text is designed for use in courses on health and aging for upper-division college students. Students enrolled in these courses usually come from diverse fields, such as biology, medicine, dietetics, social work, psychology, sociology and recreational studies. Some students are preparing to work with older

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people, while others just wish to learn how to age successfully. The text is intended to meet the needs of both groups as well as graduate students and professionals who want to continue their education in health and aging. The topics addressed in this text provide a broad overview of health and aging. To meet the needs of students with little health background, basic health principles are included as well as their application to older people. Facts are amply referenced to enable advanced students to study health issues in more

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depth."--Preface.

With increasing numbers of elderly people in our society, the importance of issues of health, illness, disability and health services for the elderly looms ever larger. The research literature has correspondingly expanded to examine these issues. In this volume, leading researchers in social gerontology present the current state of knowledge about health and ageing. Topics covered range from conceptual and measurement issues, to social factors in health and illness, to use of services, financing

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of health care, caregiving and medical consumerism amongst the elderly.

Bioethics and Public Health in Ageing Societies

Delivering an Holistic Model for Practice

Social Isolation of Older Adults

The Legacy of Longevity

Sexual Deviance in Health and Aging

Health and Human Performance