

Female Monologues Mental Illness

Inner speech lies at the chaotic intersection of several difficult questions in contemporary philosophy and psychology. On the one hand, these episodes are private mental events. On the other, they resemble speech acts of the sort used in interpersonal communication. Inner speech episodes seem to constitute or express sophisticated trains of conceptual thought but, at the same time, they are motoric in nature and draw on sensorimotor mechanisms for speech production and perception more generally. By using inner speech, we seem to both regulate our bodily actions and gain a unique kind of access to our own beliefs and desires. Inner Speech: New Voices explores this familiar and yet mysterious element of our daily lives, bringing together contributions from leading philosophers, psychologists, and neuroscientists. In response to renewed interest in the general connections between thought, language, and consciousness, these leading thinkers develop a number of important new theories, raise questions about the nature of inner speech and its cognitive functions, and debate the current controversies surrounding the 'little voice in the head.'

Shame strikes at the heart of human individuals rupturing relationships, extinguishing joy and, at times, provoking conflict and violence. This book explores the idea that shame has historically been, and continues to be, used by an oftentimes patriarchal Christian Church as a mechanism to control and regulate female sexuality and to displace men's ambivalence about sex. Using a study of Ireland's Magdalen laundries as a historical example, contemporary feminist theological and theoretical scholarship are utilised to examine why the Church as an institution has routinely colluded with the shaming of individuals, and moreover why women are consistently and overtly shamed on account of, and indeed take the blame for, sex. In addition, the text asks whether the avoidance of shame is in fact functional in men's efforts to adhere to patriarchal gender norms and religious ideals, and whether women end up paying the price for the maintenance of this system. This book is a fresh take on the issue of shame and gender in the context of religious belief and practice. As such it will be of significant interest to academics in the fields of Religious Studies, but also History, Psychology and Gender Studies.

TOO YOUNG TO GET OLD is a celebratory and informative book for the female 50 plus reader who wants to enjoy life to the full and face the passing years with style. Lively, positive and insightful, mixed with a little self help, a little nostalgia and an underpinning of psychology, Christine Webber's chapters include 'Let's Keep Rocking and Rolling', 'Too Young to Retire', 'Money, Money, Money', 'Feeling Absolutely Fabulous', 'All in the Mind', 'Live Long and Prosper', 'If You've Got It, Flaunt It', 'Because We're Worth It', 'Endless Love', 'With a Little Help from My Friends', 'No Place Like Home' and 'The Time Of Our Lives'. She explores how babyboomers are reinventing retirement and goes on to address head on topics such as sex and relationships, the importance of friendships, where to live, money, keeping the brain alert, health and anti-ageing claims. Here is a lively, honest, entertaining and informed guide to the most important information you need to know on how to live as well and as healthily as you can for as long as you can - and enjoy every minute of it!

This book brings together the fields of theatre, gender studies, and psychology/sociology in order to explore the relationships between what happens when women engage in violence, how the events and their reception intercept with cultural understandings of gender, how plays thoughtfully depict this topic, and how their productions impact audiences. Truthful portrayals force consideration of both the startling reality of women's violence — not how it's been sensationalized or demonized or sexualized, but how it is — and what parameters, what possibilities, should exist for its enactment in life and live theatre. These women appear in a wide array of contexts: they are mothers, daughters, lovers, streetfighters, boxers, soldiers, and dominatrixes. Who they are and why they choose to use violence varies dramatically. They stage resistance and challenge normative expectations for women. This fascinating and balanced study will appeal to anyone interested in gender/feminism issues and theatre.

Computer Applications in Mental Health

A Practical Guide to Theory and Making

Behind the Mask, Another Mask

Gothic Evolutions

Alternative Blue Plaques, Remembering London's Remarkable Women

Resources In Women's Educational Equity Volume 2

For Radio, Stage and Screen

Clean Break is a British theatre company set up in 1979 by two women in prison. It exists to tell the stories of women with experience of the criminal justice system and to transform women's lives through theatre. Over 40 years, Clean Break has commissioned some of the most progressive and brilliant women writers to write ground-breaking plays, alongside developing the writing skills of the women they work with in its London studios and in prisons. This is a collection of monologues from this canon. Rebel Voices: Monologues for Women by Women celebrates the opportunities inherent when women represent themselves. Offering female performers a diverse set of monologues reflecting a range of characters in age, ethnicity and lived experience, the material is drawn from a mix of published and unpublished works. This book is for any performer who does not see themselves represented in mainstream plays, for lovers of radical women's theatre and for rebels everywhere who believe that the act of speaking and being heard can create change.

Mixing humour, heartache and science, award-winning comedian, author and accidental relationship guru Rosie Wilby embarks on a quest to investigate, understand and conquer the psychology of heartbreak. Tragedy plus time equals comedy, right? In 2011, comedian Rosie Wilby was dumped by email... though she did feel a little better about it after correcting her ex's spelling and punctuation. Obsessing about breakups ever since, she embarked on a quest to investigate, understand and conquer the psychology of heartbreak. That quest proved to be a creatively fertile one, resulting in Rosie's acclaimed podcast 'The Breakup Monologues'. She decided to ask her colleagues on the circuit about their experiences of romantic disaster and recovery, thinking, 'if one group of people have become adept at learning from catastrophe it is comedians. The worst onstage deaths are the performances that enlighten us most about how to improve.' She wondered if comics had been able to transfer this 'fail better' logic to love. This book is a love letter to her breakups, a celebration of what they have taught her peppered with anecdotes from illustrious friends and interviews with relationship therapists, scientists and sociologists about separating in the modern age of ghosting, breadcrumbing and conscious uncoupling. Her plan is to assimilate their advice and ideas in order to not break up with Girlfriend, her partner of nearly three years. Will this self-confessed serial monogamist, and breakup addict, finally settle down?

I Saw The Sun Pass By Me Today is about the author's self transition and self discovery. Ayo Sands lets her readers know about how it is to deal with life hard issues and details them throughout the book. The author starts with telling about her life's journey with poetry and spoken word. The author topics are for all women and for every ethnic background. Some of the poems talk about mental health, self awareness and community. She replicates all of the different stages she experienced while battling seclusion to accomplishing inclusion. With inspiration and motivation, the author discovers new aspirations and self love, and you can too.

A revised and updated edition (with more than 70% new material) of the evergreen classic about the innate differences between boys and girls and how best to parent and teach girls and boys successfully, with completely new chapters on sexual orientation and on transgender and intersex kids. Eleven years ago, Why Gender Matters broke ground in illuminating the differences between boys and girls—how they perceive the world differently, how they learn differently, how they process emotions and take risks differently. Dr. Sax argued that in failing to recognize these hardwired differences between boys and girls, we ended up reinforcing damaging stereotypes, medicalizing normal behavior (see: the rising rates of ADHD diagnosis), and failing to support kids to reach their full potential. In the intervening decade, the world has changed drastically, with an avalanche of new research which supports, deepens, and expands Dr. Sax's work. This revised and updated edition includes new findings about how boys and girls interact differently with social media and video games; a completely new discussion of research on gender non-conforming, LGB, and transgender kids, new findings about how girls and boys see differently, hear differently, and even smell differently; and new material about the medicalization of bad behavior.

The Unfinished Business of Sentimentality in American Culture

Research and Application

Arts Therapies and Gender Issues

A Drama Teacher's Guide

Community Chaos

Latin American Women Writers: An Encyclopedia

The baby boomers' guide to living life to the full

How do I choose a play to perform with my students that meets the curriculum requirements and also interests my class? What can I introduce my students to that they might not already know? If you're asking these questions, this is the book for you!

Written specifically for drama teachers, this is a quick, easy-to-use guide to finding and staging the best performance material for the whole range of student abilities and requirements for 15 - 18-year-olds. It suggests 200 plays suitable for students of all abilities and requirements, providing sound advice on selection and realisation, and opening up plays and playwrights you may have never known existed. Structured in 2 parts, Part 1 consists of 8 easy-to-read chapters, explaining how to get the most out of the resource. Part 2 is a vast resource listing 200 plays suitable for study/performance at GCSE and A Level. The details of each play are set out in an easy-to-navigate chart that offers introductory information on: Play Playwright Casting numbers Gender splits Ability Genre description Brief Summary Exam level Workshop ideas Warnings/advice (where necessary) Suggested scenes for study Performance notes including lighting, sound, costume and space

A literary critical and historical chronicle of womens culture in the United States from 1830 to the present, by a leading Americanist.

The texts in this unique collection range from the Gothic Revival of the late eighteenth century through to the late Victorian gothic, and from the poetry of Wordsworth and Coleridge to the short fiction of H.G. Wells and Henry James. Genres represented include medievalist poetry, psychological thrillers, dark political dystopias, sinister tales of social corruption, and popular ghost tales. In addition to a wide selection of classic and lesser-known texts from the eighteenth and nineteenth centuries, Gothic Evolutions includes key examples of the aesthetic, scientific, and cultural theory related to the Gothic, from John Locke and David Hume to Sigmund Freud and Julia Kristeva.

This practical book describes computer programs designed specifically for mental health clinicians and their work. It examines a variety of computer resources and some of the latest developments in the field. Computer Applications in Mental Health provides examples of computer programs that have proved helpful in private practice and institutional treatment settings. Among the programs discussed in the book are those that have succeeded or failed within the large Veterans Administration computer system; a system designed to help choose the best reinforcers to use with patients in a behavioral program; a computerized self-administered screening battery in use in community health center settings; patient education programs useful in caring for the chronic mentally ill; and a reminder system for helping the hospital-based clinician meet paperwork deadlines. Encouraging mental health professionals to investigate the types of computer technology available to them, this book also stimulates further development and sharing of computer software. To enable readers to seek out more information on certain systems and programs, this book lists many computer resources. Several of the software packages evaluated are available on computerized bulletin board systems at no cost beyond that of a long distance phone call. Although Computer Applications in Mental Health is primarily for mental health clinicians, administrators and computer programmers within mental health settings can also find useful information in this book.

The Unexpected Joy of Heartbreak

Animation in Context

Memory, Transitional Justice, and Theatre in Postdictatorship Argentina

Audition Speeches for Black, South Asian and Middle Eastern Actors: Monologues for Women

Mental Health in Children

Masterplots Two

Violent Women in Contemporary Theatres

Audition Speeches for Black, South Asian and Middle Eastern Actors: Monologues for Women aims to provide new and exciting audition and showcase material for actresses of black, African American, South Asian and Middle Eastern heritage. Featuring the work of international contemporary playwrights who have written powerful and diverse roles for a range of actors, the collection is edited by Simeilia Hodge-Dallaway. Categorized by age-range, the monologues are collected in groups of characters playable by actresses in their teens, twenties, thirties and forties+, and include work from over 25 top-class dramatists including Sudha Bhuchar, Jackie Sibbils Drury, Marcus Gardley, Mona Mansour and Naomi Wallace. Audition Speeches for Black, South Asian and Middle Eastern Actors: Monologues for Women is the go-to resource for contemporary monologues and speeches for auditions. Ideal for aspiring and professional actresses, it allows performers to enhance their particular strengths and prepare for roles featuring characters of specific ethnic backgrounds.

*This beautifully illustrated book draws together for the first time the work of French artist Claude Cahun (1894–1954) and British contemporary artist Gillian Wearing (b. 1963). Although they were born almost a century apart, their work shares similar themes—gender, identity, masquerade, and performance. In 2015, Sarah Howgate traveled with Wearing to the island of Jersey, in the English Channel, where Cahun lived and worked until her death, and where her archive is housed. In examining Cahun's photographs, Wearing was struck by the remarkable parallels with her own explorations of the self-image through photography. Cahun was a contemporary of André Breton and Man Ray, but her work was rarely exhibited during her lifetime. Wearing, who has exhibited extensively and is a recipient of Britain's prestigious Turner Prize, was no stranger to Cahun's work when she made the trip to Jersey—her 2012 self-portrait, *Me as Cahun holding a mask of my face*, is a reconstruction of Cahun's iconic *Self-portrait, made in 1927*. In this book, Howgate examines the work of both artists, investigating how their cultural, historical, political, and personal contexts have affected their interpretations of similar themes. This book features stunning reproductions of more than ninety key works, presented thematically by artistic evolution, performance, masquerade, and memento mori, among others. Also included are new works by Wearing, a revealing interview with her by Howgate, and an illuminating essay on Cahun by writer and curator Dawn Ades. Exhibition schedule: National Portrait Gallery, London March 9–May 29, 2017*

Description 1. THE ORDER OF DISORDER Through the use of dialogue, soliloquy, physical theatre, imagery, and some moments of stark humour, the 'Order of Disorder' presents a woman's attempts to examine her eating difficulties and explore the possible reasons behind her illness, making extensive use of stylised theatre with a poetical thread running through. "This is a sensitive and moving account of a young woman's problems with anorexia. I can see it being used to great effect in drama therapy work. It rang very true, particularly the 'lunch' monologue. In fact, I'd imagine that that would stand alone very effectively. The rest of the play is also convincing and I'm sure that it could be staged so that it made its point. You have a fascinating story to tell - full of drama and conflict." Stagecoach Report Form, The Rep, Birmingham developed and performed as part of the author's final project during her HND in Community Theatre, the piece has since been commissioned for several other performances, both as a performance of the complete play, and 'Lunch' as a stand alone monologue. MENTAL HEALTH ISSUES COVERED: Anorexia Nervosa, Bulimia, Dysmorphia 2. BODYBUILDING AN OUTLINE FOR A DIFFERENT IDEA FOR THEATRE This play aims to challenge societal perceptions, attitudes and expectations of what women today are supposed to yearn for or feel they should attempt to attain. Using caricatured, larger-than-life characters whose behaviours at times verge on 'theatre of the absurd', this darkly humorous piece incorporates satire, fantasy, music and song, along with strong visuals to accompany dialogue which makes social comment on themes prevalent in Western culture today. The ludicrous and bizarre nature of the piece is juxtaposed with a serious look at how many women in modern society believe that success and happiness lie in the moulding of ourselves into a perceived acceptable or even perfect physical form....a form which we can pay for, if we have the means. For this reason, the surreal theatrical style of the piece is intended to reflect the ridiculous assumptions we make about how we can attain happiness in this way; a dogged, superficial, plastic, insincere cheeriness about getting what we want by whatever methods we can...whilst not far beneath the surface lurks the dark despair that arrives once we find that money and plastic surgery and the perfect body do not in themselves necessarily bring the happiness and perfection that myriad members of today's society seem to crave ...for others as much for themselves. The use of comedy, both zany, and at times dark, is used in this piece as a vehicle to quickly engage an audience and draw them into the content of the play. Thus one hopes that they will be given the opportunity to ask themselves some questions about serious issues whilst remaining entertained and inspired by means of a refreshing approach to an innovative piece of theatre. MENTAL HEALTH ISSUES COVERED: Body Image, low self-esteem and poor sense of self 3. SEPARATIONS A mother and her grown up daughter, having experienced bonding difficulties at birth, now continue to have communication difficulties and an uncomfortable relationship. The daughter's own childhood experiences of parenting have left her feeling unprepared and reluctant about having a baby of her own. This play explores some of the immediate and consequent longer-term effects of mother and baby bonding difficulties through the conversations between mother and daughter and the monologues they and the nurse present at the birth, address directly to the audience. MENTAL HEALTH ISSUES COVERED: Mother/child bonding issues, dysfunctional family relationships, post-natal depression 4. GROWING PAINS Developed from a piece originally commissioned by Dudley Health Promoting Schools, 'Growing Pains' explores some of the attitudes, beliefs and myths around healthy eating and it's effects on physical and mental health and well be

In this work examining Argentine theatre over the past four decades and drawing on contemporary research, Noe Montez considers how theatre can serve as activism and alter public reception to a government addressing human rights violations by its predecessor.

Volume Ten

The History of British Women's Writing, 1970-Present

Anorexia Nervosa, Bulimia Nervosa And Obesity

Staging Resistance

Black Woman Monologues

The Female Complaint

Mental Health Informatics

This third edition of Current Approaches in Drama Therapy offers a revised and updated comprehensive compilation of the primary drama therapy methods and models that are being utilized and taught in the United States and Canada. Two new approaches have been added, Insight Improvisation by Joel Gluck, and the Miss Kendra Program by David Read Johnson, Nisha Sajjani, Christine Mayor, and Cat Davis, as well as an established but not previously recognized approach in the field, Autobiographical Therapeutic Performance, by Susana Pendzik. The book begins with an updated chapter on the development of the profession of drama therapy in North America, followed by a chapter on the current state of the field written by the editors and Jason Butler. Section II includes the 13 drama therapy approaches, and Section III includes the three related disciplines of Psychodrama and Sociodrama, Playback Theatre, and Theatre of the Oppressed that have been particularly influential to drama therapists. This highly informative and indispensable volume is structured for drama therapy training programs. It will continue to be useful as a basic text of drama therapy for both students and seasoned practitioners, including mental health professionals (such as counselors, clinical social workers, psychologists, creative arts therapists, occupational therapists), theater and drama teachers, school counselors, and organizational development consultants.

All actors and acting teachers need The Ultimate Scene and Monologue Sourcebook, the invaluable guide to finding just the right piece for every audition. The unique format of the book is ideal for acting teachers who want their students to understand each monologue in context. This remarkable book describes the characters, action, and mood for more than 1,000 scenes in over 300 plays. Using these guidelines, the actor can quickly pinpoint the perfect monologue, then find the text in the Samuel French or Dramatist Play Service edition of the play. Newly revised and expanded, the book includes the author's own assessment of each monologue.

'A pretty awesome present for the feminist in your life' - Caroline Criado Perez, OBE, author of Do It Like a Woman At the last count, the Blue Plaque Guide honours 903 Londoners, and a walking tour of these sites brings to life the London of a bygone era. But only 111 of these blue plaques commemorate women. Over the centuries, London has been home to thousands of truly remarkable women who have made significant and lasting impacts on every aspect of modern life: from politics and social reform, to the Arts, medicine, science, technology and sport. Many of those women went largely unnoticed, even during their own lifetimes, going about their lives quietly but with courage, conviction, skill and compassion. Others were fearless, strident trail-blazers. Many lived in an era when their achievements were given a male name, clouding the capabilities of women in any field outside of the home or field. A Woman Lived Here shines a spotlight on some of these forgotten women to redress the balance. The stories on these pages commemorate some of the most remarkable of London's women, who set out to make their world a little richer, and in doing so, left an indelible mark on ours.

The Methuen Drama Guide to Contemporary British Playwrights is an authoritative guide to the work of twenty-five playwrights who have risen to prominence since the 1980s. Written by an international team of scholars, it will be invaluable to anyone interested in, studying or teaching contemporary drama. Among the many playwrights whose work is examined are Sarah Daniels, Terry Johnson, Martin Crimp, Sarah Kane, Anthony Neilson, Mark Ravenhill, Simon Stephens, Debbie Tucker Green, Tanika Gupta and Richard Bean. Each essay features: A biographical sketch and introduction to the playwright A discussion of their most important plays An analysis of their stylistic and thematic traits, the critical reception and their place in the discourses of British theatre A bibliography of texts and critical material

An Actor's Reference to Over 1,000 Scenes and Monologues from More than 300 Contemporary Plays

Rebel Voices: Monologues for Women by Women

The Ultimate Scene and Monologue Sourcebook, Updated and Expanded Edition

Resources in Women's Educational Equity

Education and Evaluation

I Saw the Sun Pass by Me Today

200 Plays for GCSE and A-Level Performance

Animation in Context is an illustrated introduction to cultural theory, contextual research and critical analysis. By making academic language more accessible, it empowers animators with the confidence and enthusiasm to engage with theory as a fun, integral, and applied part of the creative process. Interviews with contemporary industry professionals and academics, student case studies and a range of practical research exercises, combine to encourage a more versatile approach to animation practice – from creating storyboards to set designs and soundtracks; as well as developing virals, 3D zoetropes and projection mapping visuals. Mark Collington focuses on a core selection of theoretical approaches that shape animation narrative, supported by a broader set of shared theoretical principles from the worlds of art, design, film and media studies. This discussion is underpinned by cross-disciplinary thinking on a range of topics including genre, humour, montage and propaganda. These are applied to the analysis of a range of animated films and projects from Disney and Animé, to independent artist-filmmakers such as Wendy Tilby, Amanda Forbis and Jerzy Kucia. These ideas are also applied to other uses of animation such as advertising, sitcom, gaming and animated documentary.

An invaluable selection of pieces resource for actors working in radio, theatre or television.

Drawing on conversations with hundreds of women about their genitalia, the author presents a collection of performance pieces from her one-woman show of the same name.

Black Woman Monologues is a collection of poems, monologues, and songs written by Vanessa Morgan. Black women are integral beings oftentimes holding down multiple titles to get through their sometimes complicated lives. Vanessa speaks to the black woman's beauty, courage, struggles, and her ability to overcome obstacles in her life while never giving up or giving in, through fictitious examples of strength and endurance. Vanessa also speaks to their love, joy, and pain and how these emotions allow growth and freedom. Black Woman Monologues is a book for everyone.

Why Gender Matters, Second Edition**My Year of Practicing Positive Psychology****What Parents and Teachers Need to Know About the Emerging Science of Sex Differences****Theatre Record****The Mental Health Interview****Shame, the Church and the Regulation of Female Sexuality****Understanding Eating Disorders**

Arts Therapies and Gender Issues offers international perspectives on gender in arts therapies research and demonstrates understandings of gender and arts therapies in a variety of global contexts. Analysing current innovations and approaches in the arts therapies, it discusses issues of cultural identity, which intersect with sex, gender norms, stereotypes and sexual identity. The book includes unique and detailed case studies such as the emerging discipline of creative writing for therapeutic purposes, re-enactment phototherapy, performative practice and virtual reality. Bringing together leading researchers, it demonstrates clinical applications and shares ideas about best practice. Incorporating art, drama, dance and music therapy, this book will be of great interest to academics and researchers in the fields of arts therapies, psychology, medicine, psychotherapy, health and education. It will also appeal to practitioners and teachers of art, dance-movement, drama and music therapy.

Latin American Women Writers: An Encyclopedia presents the lives and critical works of over 170 women writers in Latin America between the sixteenth and twentieth centuries. This features thematic entries as well as biographies of female writers whose works were originally published in Spanish or Portuguese, and who have had an impact on literary, political, and social studies. Focusing on drama, poetry, and fiction, this work includes authors who have published at least three literary texts that have had a significant impact on Latin American literature and culture. Each entry is followed by extensive bibliographic references, including primary and secondary sources. Coverage consists of critical appreciation and analysis of the writers' works. Brief biographical data is included, but the main focus is on the meanings and contexts of the works as well as their cultural and political impact. In addition to author entries, other themes are explored, such as humor in contemporary Latin American fiction, lesbian literature in Latin America, magic, realism, or mother images in Latin American literature. The aim is to provide a unique, thorough, scholarly survey of women writers and their works in Latin America. This Encyclopedia will be of interest to both to the student of literature as well as to any reader interested in understanding more about Latin American culture, literature, and how women have represented gender and national issues throughout the centuries.

First published in 1994. As the incidence of eating disorders such as anorexia nervosa, bulimia nervosa and obesity sometimes caused by compulsive eating has risen, so has research and literature in the field. Presenting current knowledge of these eating disorders - the most common types found in adolescents and adults - this book addresses issues relevant to all.; Examining the pertinent history, aetiology, psychotherapy, and sociology, the contributors define these eating disorders and discuss issues of recovery and methods of treatment.; They also consider the problem as it exists in both male and females in this multicultural society. The resulting volume is divided into four parts: the first gives an overview in general, and the next three focus individually on anorexia nervosa, bulimia nervosa, and obesity respectively.

Liberalism Is a Mental Disorder- Michael Savage has the cure. With grit, guts, and gusto, talk radio sensation Michael Savage leaves no political turn unstoned as he savages today's most rabid liberalism. In this paperback edition of his third New York Times bestseller, Savage strikes at the root of today's most pressing issues, including: Homeland security: "We need more Patton and less patent leather . . . Real homeland security begins when we arrest, interrogate, jail, or deport known operatives within our own borders . . . One dirty bomb can ruin your whole day." Illegal immigration: "I envision an Oil for Illegals program . . . The president should demand one barrel of oil from Mexico for every illegal that sneaks into our country." Lawsuit abuse: "Lawyers are like red wine. Everything in moderation. Today we have far too many lawyers, and we're suffering from cirrhosis of the economy." "Pure Savage. Very effective, very timely, very hot."

American Compass Book Club

Gillian Wearing and Claude Cahun

Poetry and Monologues

A Woman Lived Here

The Methuen Drama Guide to Contemporary British Playwrights

Celebrating 40 Years of Clean Break Theatre Company

Voices of Exile in Contemporary Canadian Francophone Literature

Radioactive Monologues for Women

Over the last four decades, the largest French-speaking state in North America, QuZbec, has nested more than a dozen vibrant modes of French expression created by members of the varied cultural communities that have settled there. Voices of Exile in Contemporary Canadian Francophone Literature examines the works of several first-generation Canadian authors originating from Lebanon, Iraq, Egypt, and the Maghreb, who produced a trilingual literature that reflects the diversity of their cultural backgrounds. By casting a critical eye on the works of Saad Elkhadem, Naim Kattan, Abia Farhoud, Wajidi Mouawad, and HZdi Bouraoui, F. Elizabeth Dahab explores themes, styles, and structures that characterize the oeuvre of those authors. Dahab demonstrates that their mode is exile, and in so doing, she reveals the ways in which these writers seek to shape their art, using a host of innovative techniques that engage their renewed cultural identity.

This book maps the most active and vibrant period in the history of British women's writing. Examining changes and continuities in fiction, poetry, drama, and journalism, as well as women's engagement with a range of literary and popular genres, the essays in this volume highlight the range and diversity of women's writing since 1970.

This book introduces approaches that have the potential to transform the daily practice of psychiatrists and psychologists. This includes the asynchronous communication between mental health care providers and clients as well as the automation of assessment and therapy. Speech and language are particularly interesting from the viewpoint of psychological assessment. For instance, depression may change the characteristics of voice in individuals and these changes can be detected by a special form of speech analysis. Computational screening methods that utilize speech and language can detect subtle changes and alert clinicians as well as individuals and caregivers. The use of online technologies in mental health, however, poses ethical problems that will occupy concerned individuals, governments and the wider public for some time. Assuming that these ethical problems can be solved, it should be possible to diagnose and treat mental health disorders online (excluding the use of medication).

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As Susan Mifsud approached her fiftieth birthday, she realized her life was far from what she had anticipated. After twenty-six years of working in human resources and many more living with depression and anxiety, Susan found herself unemployed and seeking a new direction. She embraced the upside of life's transformations and took the opportunity to embark on a masters program with emphasis on mental health and wellness. She also decided not just to read about the advantages of positive psychology, but launched her own personal experiment. She focused on evidence-based research that suggests novel, intentional activities can positively impact mood and engaged in a series of firsts that were informed by her own challenges with mental illness. Susan chose a new activity connected to one of her ten pillars of wellness and shared her fifty fabulous feats through her blog site, SilverLiningFrog.com. This book chronicles her adventures and gives readers the tools and motivation to embark on their own feats.

Liberalism Is a Mental Disorder

Poetry, Tales, Context, Theory

The Breakup Monologues

Current Approaches in Drama Therapy

Too Young To Get Old

The Vagina Monologues

Inner Speech

Over 360 essays and analyses of the important works of African American writers of all genres, including long fiction, short fiction, poetry, drama and nonfiction are given the Masterplots treatment in this revised set. New

material covered includes memoirs by Maya Angelou and Jamaica Kincaid, novels by Ralph Ellison, Terry McMillan and Toni Morrison, poetry by Cornelius Eady, and young adult literature by Gwendolyn Brooks

New Voices

50 Fabulous Feats @ 50

Savage Solutions

International Perspectives on Research

Applied Psycholinguistics and Mental Health