

Access Free Evolutionary  
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*Evolutionary  
Psychology A Beginner  
S Guide Beginn*

*'Dazzling...Pinker's big  
idea is that language is*

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*an instinct...as innate to us as flying is to geese...Words can hardly do justice to the superlative range and liveliness of Pinker's investigations' -*

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*Independent 'A  
marvellously readable  
book...illuminates every  
facet of human language:  
its biological origin, its  
uniqueness to humanity, its  
acquisition by children,*

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*its grammatical structure,  
the production and  
perception of speech, the  
pathology of language  
disorders and the  
unstoppable evolution of  
languages and dialects' -*

# Access Free Evolutionary Psychology A Beginner S Guide Beginn Nature

*What is psychotherapy? How can we choose wisely from so much on offer? This book provides a valuable summary of the main therapies: the "talking*

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*cures" of psychoanalysis,  
behavioral and cognitive  
techniques, somatic  
solutions, humanist  
gestalt and existential  
approaches, and individual  
and group therapies.*

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*One of the world's most respected psychiatrists provides a much-needed new evolutionary framework for making sense of mental illness With his classic book Why We Get Sick,*

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*Randolph Nesse established the field of evolutionary medicine. Now he returns with a book that transforms our understanding of mental disorders by exploring a*



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*fundamentally new question. Instead of asking why certain people suffer from mental illness, Nesse asks why natural selection has left us with fragile minds at*

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*all. Drawing on revealing stories from his own clinical practice and insights from evolutionary biology, Nesse shows how negative emotions are useful in certain*

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*situations, yet can become excessive. Anxiety protects us from harm in the face of danger, but false alarms are inevitable. Low mood prevents us from wasting*

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*effort in pursuit of  
unreachable goals, but it  
often escalates into  
pathological depression.  
Other mental disorders,  
such as addiction and  
anorexia, result from the*

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*mismatch between modern environments and our ancient human past. Taken together, these insights and many more help to explain the pervasiveness of human suffering, and*

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*show us new paths for  
relieving it. Good Reasons  
for Bad Feelings will  
fascinate anyone who  
wonders how our minds can  
be so powerful, yet so  
fragile, and how love and*

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*goodness came to exist in organisms shaped to maximize Darwinian fitness.*

*What makes us human? How did we develop language, thought and culture? Why*

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*did we survive, and other human species fail? The past 12,000 years represent the only time in the sweep of human history when there has been only one human species. How did*



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*this extraordinary  
proliferation of species  
come about - and then go  
extinct? And why did we  
emerge such intellectual  
giants? The tale of our  
origins has inevitably*

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*been told through the  
'stones and bones' of the  
archaeological record, yet  
Robin Dunbar shows it was  
our social and cognitive  
changes rather than our  
physical development which*

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*truly made us distinct  
from other species.*

*The Science of Beauty*

*Human Evolutionary Biology*

*How the Mind Works*

*How the Mind Creates*

*Language*

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*A Pelican Introduction  
Introduction to  
Evolutionary Computing*

"This work offers an  
unprecedented view into not  
just what governs our political  
battles, but why these battles

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have arisen within our species in the first place. From showing how these two strategies adapt in other more complex species in nature, to examining what genetic and neurostructural mechanisms may produce these

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divergences between individuals, to showing what this theory indicates our future may hold, this work is the most thorough analysis to date of just why we have two political ideologies, why they will never

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agree, and why we will tend to become even more partisan in the future."--Provided by publisher.

It is a conundrum that has vexed societies throughout history: how do you deal with

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those that break the law? If their aim is to evade you, how do you identify them? If their aim is to lie, how do you interview them? If they don't see their actions are wrong, how do you help them to



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successfully reform? Criminal psychology is the discipline which tackles these challenges head on. From the signals which give away we're lying to the psychological profiling of violent offenders, this

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exhaustive guide, written by the UK's top experts, is the perfect introduction. Also covering policing, and the much debated topic of sexual offenders and their treatment, it will demonstrate how

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understanding the mind will help us to view modern justice from a more informed perspective.

In 1859, Charles Darwin shocked the world by proposing his radical theory of evolution

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by natural selection. A hundred and fifty years later, Darwin's theory still challenges our most precious beliefs. Introducing Evolution explains 'Darwin's dangerous idea' and shows how it has been developed and

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confirmed in recent years. Drawing on genetics, ecology and animal behaviour, this book brings Darwin up to date, exploring the profound consequences of the latest scientific discoveries.

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Introducing Evolution is the ideal modern guide to the most important idea ever to appear in the history of science.

In this provocative and engaging book, Lee Kirkpatrick establishes a broad,

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comprehensive framework for approaching the psychology of religion from an evolutionary perspective. Kirkpatrick argues that religion is a collection of byproducts of numerous psychological mechanisms and

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systems that evolved for other functions.

Why Buddhism is True

Human Evolution

Our Brains and Behavior

The Selfish Gene

The Little Book of Psychology



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An Introduction to the Key  
Psychologists and Theories You  
Need to Know

***The indispensable  
reference tool for the  
groundbreaking science of  
evolutionary psychology***

***Why is the mind designed the way it is? How does input from the environment interact with the mind to produce behavior? These are the big, unanswered questions that the field of***

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***evolutionary psychology seeks to explore. The Handbook of Evolutionary Psychology is the seminal work in this vibrant, quickly-developing new discipline. In this thorough revision***

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***and expansion, luminaries  
in the field provide an in-  
depth exploration of the  
foundations of evolutionary  
psychology and explain the  
new empirical discoveries  
and theoretical***

***developments that continue at a breathtaking pace. Evolutionary psychologists posit that the mind has a specialized and complex structure, just as the body has a specialized***

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***and complex structure.  
From this important  
theoretical concept arises  
the vast array of  
possibilities that are at the  
core of the field, which  
seeks to examine such***

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***traits as perception,  
language, and memory  
from an evolutionary  
perspective. This  
examination is intended to  
determine the human  
psychological traits that***

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***are the products of sexual  
and natural selection and,  
as such, to chart and  
understand human nature.  
Join the discussion of the  
big questions addressed by  
the burgeoning field of***



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***evolutionary psychology***  
***Explore the foundations of***  
***evolutionary psychology,***  
***from theory and methods***  
***to the thoughts of EP critics***  
***Discover the psychology of***  
***human survival, mating,***

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***parenting, cooperation and  
conflict, culture, and more  
Identify how evolutionary  
psychology is interwoven  
with other academic  
subjects and traditional  
psychological disciplines***

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***The Handbook of  
Evolutionary Psychology is  
the definitive guide for  
every psychologist and  
student interested in  
keeping abreast of new  
ideas in this quickly-***

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***developing field.***

***Since its inception in the  
1970s, the Philosophy for  
Children movement (P4C)  
has affirmed children's  
literature as important  
philosophical work. Theory,***

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***meanwhile, has invested in children's classics, especially Lewis Carroll's Alice books, and has also developed a literature for beginners that resembles children's literature in***

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***significant ways. Offering a novel take on this phenomenon, Theory for Beginners explores how philosophy and theory draw on children's literature and have even come to***

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***resemble it in their  
strategies for cultivating  
the child and/or the  
beginner. Examining  
everything from the rise of  
French Theory in the United  
States to the crucial***

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***pedagogies offered in  
children's picture books,  
from Alison Bechdel's  
graphic memoir Are You My  
Mother? and Lemony  
Snicket's A Series of  
Unfortunate Events to***



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***studies of queer childhood,  
Kenneth B. Kidd deftly  
reveals the way in which  
children may learn from  
philosophy and vice versa.  
Electronic Inspection Copy  
available for instructors***

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***here` It is refreshing, in the wake of the sometimes uncritical enthusiasm for evolutionary psychology, to read a thoughtful and balanced account of the problems as well as the***

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***benefits of an evolutionary  
perspective on human  
behaviour' - Professor Anne  
Campbell, Durham  
University Essential  
Evolutionary Psychology  
introduces students to the***

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***core theories, approaches,  
and findings that are the  
necessary foundations for  
developing an  
understanding of the  
evolutionary psychology. It  
offers a sound, brief and***

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***student friendly explication  
of how evolutionary theory  
has been and is applied in  
psychology. The book  
unpicks the very essence of  
human evolution, and how  
this knowledge is used to***

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***give evolutionary accounts of four of the central pillars of human behaviour - cooperation, attraction, aggression, and family formation. It also covers evolutionary accounts of***

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Guide

***abnormal behaviour,  
language and culture. Visit  
the Companion Website at  
[www.sagepub.co.uk/hampton](http://www.sagepub.co.uk/hampton)  
on***

***Are men literally born to  
cheat? Does monogamy***

***actually serve women's interests? These are among the questions that have made The Moral Animal one of the most provocative science books in recent years. Wright unveils the***



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***genetic strategies behind everything from our sexual preferences to our office politics--as well as their implications for our moral codes and public policies. Illustrations.***

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***The Handbook of  
Evolutionary Psychology,  
Volume 1  
The Language Instinct  
Lacan  
Evolutionary Perspectives  
on Human Sexual***

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***Psychology and Behavior  
Gender & Sexuality For  
Beginners***

***The SAGE Handbook of  
Evolutionary Psychology***

*An ethologist shows man to be a  
gene machine whose world is one*

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*of savage competition and deceit  
This volume in the Springer Series  
in Evolutionary Psychology  
presents a state of the art view of  
the topic of sexuality and sexual  
behavior drawing on theoretical  
constructs and research of noted*

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*individuals in the field.*

*Comprehensive and multi-disciplinary, this book seeks to provide a broad overview without sacrificing the complexity of a multi-faceted approach. The book is framed by introductory and*

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*closing sections that provide a context for the range of ideas contained within. Ample space is provided in designated sections that focus on key areas of sexuality from both male and female perspectives and that include*

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*information from primate studies.*

*This volume can serve as a  
graduate text in sexual behavior in  
evolutionary terms and as a guide  
for further research.*

*If you want to know your Freud  
from your Jung and your Milgram*

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*from your Maslow, strap in for this whirlwind tour of the highlights of psychology. Including accessible primers on: The early thinkers who contributed to psychological ideas and the birth of modern psychology Famous (and often controversial)*



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*experiments and their  
repercussions What psychology can  
teach us about memory, language,  
conformity, reasoning and  
emotions The ethics of  
psychological studies Recent  
developments in the modern fields*

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*of evolutionary and cyber  
psychology. This illuminating little  
book will introduce you to the key  
thinkers, themes and theories you  
need to know to understand how  
the study of mind and behavior has  
sculpted the world we live in and*

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*the way we think today.*

*Why do men talk and women  
gossip, and which is better for you?*

*Why is monogamy a drain on the  
brain? And why should you be  
suspicious of someone who has  
more than 150 friends on*

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*Facebook? We are the product of our evolutionary history, and this history colors our everyday lives—from why we joke to the depth of our religious beliefs. In How Many Friends Does One Person Need? Robin Dunbar uses*

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*groundbreaking experiments that have forever changed the way evolutionary biologists explain how the distant past underpins our current behavior. We know so much more now than Darwin ever did, but the core of modern*

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*evolutionary theory lies firmly in Darwin's elegantly simple idea: organisms behave in ways that enhance the frequency with which genes are passed on to future generations. This idea is at the heart of Dunbar's book, which*

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*seeks to explain why humans  
behave as they do. Stimulating,  
provocative, and immensely  
enjoyable, his book invites you to  
explore the number of friends you  
have, whether you have your  
father's brain or your mother's,*

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*whether morning sickness might actually be good for you, why Barack Obama's 2008 victory was a foregone conclusion, what Gaelic has to do with frankincense, and why we laugh. In the process, Dunbar examines the role of*



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*religion in human evolution, the  
fact that most of us have  
unexpectedly famous ancestors,  
and why men and women never  
seem able to see eye to eye on color.*

*Foundation*

*Evolutionary Psychology*

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*Oxford Handbook of Evolutionary  
Psychology*

*A Beginner's Guide*

*Essential Evolutionary Psychology*

*Children's Literature as Critical*

*Thought*

Wide-ranging and inclusive, this text

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provides an invaluable review of an expansive selection of topics in human evolution, variation and adaptability for professionals and students in biological anthropology, evolutionary biology, medical sciences and psychology. The chapters are

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organized around four broad themes, with sections devoted to phenotypic and genetic variation within and between human populations, reproductive physiology and behavior, growth and development, and human health from evolutionary and

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ecological perspectives. An introductory section provides readers with the historical, theoretical and methodological foundations needed to understand the more complex ideas presented later. Two hundred discussion questions provide starting

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points for class debate and assignment to test student understanding.

A provocative and thoroughly researched inquiry into what we find beautiful and why, skewering the myth that the pursuit of beauty is a learned behavior. In *Survival of the Prettiest*,

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Nancy Etcoff, a faculty member at Harvard Medical School and a practicing psychologist at Massachusetts General Hospital, argues that beauty is neither a cultural construction, an invention of the fashion industry, nor a backlash

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against feminism—it's in our biology. Beauty, she explains, is an essential and ineradicable part of human nature that is revered and ferociously pursued in nearly every civilization—and for good reason. Those features to which we are most attracted are often signals



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of fertility and fecundity. When seen in the context of a Darwinian struggle for survival, our sometimes extreme attempts to attain beauty—both to become beautiful ourselves and to acquire an attractive partner—suddenly become much more understandable.

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Moreover, if we understand how the desire for beauty is innate, then we can begin to work in our own interests, and not just the interests of our genetic tendencies.

Evolutionary psychology is an important and rapidly expanding area

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in the life, social, and behavioral sciences, and this Handbook represents the most comprehensive and up-to-date reference text in the field today. Over three volumes, the Handbook provides a rich overview of the most important theoretical and empirical work in the

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field. Chapters cover a broad range of topics, including theoretical foundations, the integration of evolutionary psychology with other life, social, and behavioral sciences, as well as with the arts and the humanities, and the increasing power of

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evolutionary psychology to inform applied fields, including medicine, psychiatry, law, and education. Each of the volumes has been carefully curated to have a strong thematic focus, covering: - The foundations of evolutionary psychology; - The

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integration of evolutionary psychology with other disciplines, and; - The applications of evolutionary psychology. The SAGE Handbook of Evolutionary Psychology is an essential resource for researchers, graduate students, and advanced

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undergraduate students in all areas of psychology, and in related disciplines across the life, social, and behavioral sciences.

An assessment of human thought and behavior explores conundrums from the mind's ability to perceive three

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dimensions to the nature of consciousness, in an account that draws on beliefs in cognitive science and evolutionary biology.

Evolutionary Psychology, Christian Faith, and the Quest for Human Flourishing



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Survival of the Prettiest  
Introducing Psychotherapy  
Attachment, Evolution, and the  
Psychology of Religion  
Theory for Beginners  
Insights from the Frontier of  
Evolutionary Psychiatry

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This wide-ranging collection demonstrates the continuing impact of evolutionary thinking on social psychology research. This perspective is explored in the larger context of social psychology, which is divisible into several major areas including social cognition, the self, attitudes

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and attitude change, interpersonal processes, mating and relationships, violence and aggression, health and psychological adjustment, and individual differences. Within these domains, chapters offer evolutionary insights into salient topics such as social identity, prosocial behavior,

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conformity, feminism, cyberpsychology, and war. Together, these authors make a rigorous argument for the further integration of the two diverse and sometimes conflicting disciplines. Among the topics covered: How social psychology can be more cognitive

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without being less social. How the self-esteem system functions to resolve important interpersonal dilemmas. Shared interests of social psychology and cultural evolution. The evolution of stereotypes. An adaptive socio-ecological perspective on social competition and bullying.

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Evolutionary game theory and personality. Evolutionary Perspectives on Social Psychology has much to offer students and faculty in both fields as well as evolutionary scientists outside of psychology. This volume can be used as a primary text in graduate courses and as a

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supplementary text in various upper-level undergraduate courses.

"Written for undergraduate psychology students, and assuming little knowledge of evolutionary science, the third edition of this classic textbook provides an essential introduction to evolutionary

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psychology. Fully updated with the latest research and new learning features, it provides a thought-provoking overview of evolution and illuminates the evolutionary foundation of many of the broader topics taught in psychology departments. The text retains its



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balanced and critical evaluation of hypotheses and full coverage of the fundamental topics required for undergraduates. This new edition includes more material on the social and reproductive behaviour of non-human primates, morality, cognition, development and culture as well as

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new photos, illustrations, text boxes and thought questions to support student learning. Nearly 300 online multiple choice questions complete the student questioning package. This new material complements the classic features of this text, which include suggestions for further

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reading, chapter summaries, a glossary, and two-colour figures throughout"--

The first complete overview of evolutionary computing, the collective name for a range of problem-solving techniques based on principles of biological evolution,

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such as natural selection and genetic inheritance. The text is aimed directly at lecturers and graduate and undergraduate students. It is also meant for those who wish to apply evolutionary computing to a particular problem or within a given application area. The book contains

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quick-reference information on the current state-of-the-art in a wide range of related topics, so it is of interest not just to evolutionary computing specialists but to researchers working in other fields. Unravelling Darwin's life and contribution to biology, this book

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traces the path from his scientific predecessors to the later modifications that his own evolutionary theories required. It provides a clear historical perspective on the progress from pre-Darwinian biology to modern genetics.

A Graphic Guide

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How Many Friends Does One Person  
Need?

Thriving with Stone Age Minds

Good Reasons for Bad Feelings

Why We Are, the Way We Are: The

New Science of Evolutionary

Psychology

25 Big Ideas in Science

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From one of America's most brilliant writers, a New York Times bestselling journey through psychology, philosophy, and lots of meditation to show how Buddhism holds the key to



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moral clarity and enduring happiness. At the heart of Buddhism is a simple claim: The reason we suffer—and the reason we make other people suffer—is that we don't see the world clearly. At the heart of

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Buddhist meditative practice is a radical promise: We can learn to see the world, including ourselves, more clearly and so gain a deep and morally valid happiness. In this “sublime” (The New Yorker),

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pathbreaking book, Robert Wright shows how taking this promise seriously can change your life—how it can loosen the grip of anxiety, regret, and hatred, and how it can deepen your appreciation of beauty

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and of other people. He also shows why this transformation works, drawing on the latest in neuroscience and psychology, and armed with an acute understanding of human evolution. This book is the

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culmination of a personal journey that began with Wright's landmark book on evolutionary psychology, *The Moral Animal*, and deepened as he immersed himself in meditative practice and

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conversed with some of the world's most skilled meditators. The result is a story that is “provocative, informative and...deeply rewarding” (The New York Times Book Review), and as

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entertaining as it is illuminating. Written with the wit, clarity, and grace for which Wright is famous, *Why Buddhism Is True* lays the foundation for a spiritual life in a secular age and shows how,

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in a time of technological distraction and social division, we can save ourselves from ourselves, both as individuals and as a species.

What does sexual orientation mean if the very categories of



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gender are in question? How do we measure equality when our society's definitions of "male" and "female" leave out much of the population? There is no consensus on what a "real" man or woman is, where

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one's sex begins and ends, or what purpose the categories of masculine and feminine traits serve. While significant strides have been made in recent years on behalf of women's, gay and lesbian rights, there is

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still a large division between the law and day-to-day reality for LGBTQIA and female-identified individuals in American society. The practices, media outlets and institutions that privilege

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heterosexuality and traditional gender roles as “natural” need a closer examination. Gender & Sexuality For Beginners considers the uses and limitations of biology in defining gender. Questioning

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gender and sex as both categories and forms of compulsory identification, it critically examines the issues in the historical and contemporary construction, meaning and perpetuation of

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gender roles. Gender & Sexuality For Beginners interweaves neurobiology, psychology, feminist, queer and trans theory, as well as historical gay and lesbian activism to offer new

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perspectives on gender inequality, ultimately pointing to the clear inadequacy of gender categories and the ways in which the sex-gender system oppresses us all. As psychology and philosophy

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arose as answers to the eternal question of how the mind works, evolutionary psychology has gained ground over recent years as a link between cognitive-behavioral and natural-science theories of the



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mind. This provocative field has also gathered a wide range of criticisms, from attributing too much autonomy to the brain to basing itself on faulty assumptions about our prehistoric past.

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Epistemological Dimensions of Evolutionary Psychology reframes its discipline for the contemporary era, correcting common misconceptions and mediating between different schools of thought. By focusing

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on the nature and limits of  
knowledge and reasoning--the  
essence of  
epistemology--contributors  
offer fresh insights at the  
intersection of human  
cognitive abilities as

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adaptations and our self-perception of knowledge, including evolutionary perspectives on altruism, depression, or the phasing out of human sacrifice. This diversity strengthens and

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vindicates the field, as evinced by thought-provoking dispatches such as: Toward a cognitive philosophy of science. Evolutionary media psychology and its epistemological foundation.

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The "meme" meme revisited.  
Depression as an adaptation.  
Like me: a homophily-based  
account of human culture.  
Preparedness to learn about  
the world: evidence from infant  
research. An engaging and

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often controversial testament  
to the combined power of  
evolution and logic,  
Epistemological Dimensions of  
Evolutionary Psychology will  
intrigue philosophers as well as  
psychologists in a variety of

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subdisciplines.

With contributions from over 50 experts in the field, this book provides an overview of the latest developments in evolutionary psychology. In addition to well studied areas



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of investigation, it also includes chapters on the philosophical underpinnings of evolutionary psychology, comparative perspectives from other species, and more.

Beyond Bad

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through the process of evolution mean for how we think about human flourishing? Combining scientific evidence with wisdom from the Bible and Christian theology, this introduction explores how the field of evolutionary psychology can be a powerful tool for understanding human

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nature and our distinctively human purpose.

'Brilliantly unillusioned thinking... It could hardly be more necessary in these all-too-moralistic times' - James Marriott, THE TIMES  
Morals have held empires together, kept soldiers marching under fire, fed the hungry,

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passed laws, built walls, welcomed immigrants, destroyed careers and governed our sex lives. But what if morality's all meaningless rubbish, a malfunctioning relic of our evolutionary past? This is the provocative argument that Chris Paley makes. This isn't an attack on one set of moral codes or

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one way of thinking about ethics: it's a call for abolishing the whole caboodle. He uses evolutionary psychology to show how and why morality emerged: they enabled our forebears to survive and prosper in tribal groups. Today, our morals constrain us, bias us, and push us in the wrong direction. The

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biggest challenges our species faces, whether global warming, nuclear proliferation or the rise of the robots, are pan-human. These challenges are beyond what our moral minds were designed to cope with. You can't build smartphones with stone-age axes, and you can't solve modern humanity's

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problems with tools that are designed to create primitive, competitive groups. From Chris Paley, author of the 'extraordinary', 'startling' and 'thought-provoking' Unthink, comes Beyond Bad, which shows morals hinder us from achieving what we want to achieve. Beyond Bad is the book that



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'does for morals what Dawkins did for God'.

A continuation of MacNeill's lectures, in which he examines the surprising-- and sometimes unsettling-- answers to the most basic of human questions:

"Why do we do what we do?"

Why are people nice to each other?

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What are the reasons for altruism?

Matt Ridley explains how the human mind has evolved a special instinct for social exchange, offering a lucid and persuasive argument about the paradox of human benevolence.

Dunbar's Number and Other  
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the world. Evolution and Behavior provides students with a thorough and accessible introduction to this growing discipline. Placing evolutionary psychology in context with the core areas of psychology

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relationships, the development of culture. Addressing a number of controversial debates in the field, each chapter also includes concept boxes, the definition of key terms, chapter summaries and



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further reading. This is the ideal introductory textbook for anyone interested in evolutionary psychology. It will provide not only an essential overview of this emerging field, but also deepen readers' appreciation

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"This book covers the psychological aspects of human evolution with a table of contents ranging from prehistoric times to modern days. Dunbar focuses on an

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Jacques Lacan was one of the most important psychoanalysts ever to have lived. Building upon the work of Sigmund Freud, he sought to refine Freudian insights with the use of

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linguistics, arguing that the structure of unconscious is like a language.

Controversial throughout his lifetime both for adopting mathematical concepts in his psychoanalytic framework and for advocating therapy

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sessions of varying length, he is widely misunderstood and often unfairly dismissed as impenetrable. In this clear, wide-ranging primer, Lionel Bailly demonstrates how Lacan's ideas are still vitally relevant to

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contemporary issues of mental health treatment. Defending Lacan from his numerous detractors, past and present, Bailly guides the reader through Lacan's canon, from l'objet petit a to The Mirror Stage and

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beyond. Including coverage of developments in Lacanian psychoanalysis since his death, this is the perfect introduction to the great modern theorist.

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The Moral Animal

***The groundbreaking,  
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***conflict, competition,  
and manipulation also  
pervade human mating --  
something we must  
confront in order to  
control our own mating  
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scientific research on  
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***forces that shape our  
most intimate desires.  
The science  
correspondent for The  
Sunday Telegraph and  
other magazines  
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***focus on behaviour and empiricism has produced a text that is better organized, has fewer chapters, and is somewhat shorter than many of the leading***

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*italics; key takeaways,  
and exercises and  
critical thinking  
activities end each  
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