Dream Believe Achieve My Autobiography

'He has all the potential to become the greatest of all time' Valentino Rossi, nine-time world champion Marc M á rquez is a phenomenon in the world of motorsports. In his first season in MotoGP, at the tender age of 20, he achieved the extraordinary by becoming the youngest world champion ever. He's currently dominating in his second season, and is set to become the greatest the sport has ever seen. In his first official biography - fully-illustrated with many unseen photography - fully-illustrated with many unseen photogra Through the words of his team, his family and his rivals for the title, we begin to understand the answer to his remarkable success. It's the story of Marc's greatest risks and challenges, from vision problems that put a halt on his career to the huge crash in May that saw him flying off his bike at a staggering speed of 175 mph. But Marc continues to rewrite history, earning titles with his fearless racing and winning fans with his boyish charm and famous smile – and smashing every record along the way.

Ever wonder what it would take to turn all of your dreams into reality? In The Life You Imagine, All-Star New York Yankees shortstop Derek Jeter shows how you can use the same game plan that helped an eight-year-old boy who fantasized about playing baseball for the Bronx Bombers grow up and become MVP of the 2000 World Series. With the help and support of both of his parents, Derek developed a practical program that would assist him in achieving all of his personal and professional aspirations-and now he shares his secrets to success so that you can get closer to living your dream, too. In this inspiring, information-packed book, Derek provides you with the ten lessons that have guided him throughout his life on and off the field, from his dream of being a gifted, hardworking athlete to his goal of becoming an active community leader. Using personal stories from his own life as a student athlete in Kalamazoo, Michigan, and as a Yankee team player, Derek writes about the simple steps that put him on course for success, including: * Setting your goals high and finding the right role models * Being serious but still having fun * Challenging yourself daily and not being afraid to fail * Surrounding yourself with a strong supporting cast Filled with rare family photos and pictures of Derek playing for the Yankees. The Life You Imagine is an intimate look into the life of a superstar athlete -- including the remarkable relationship he has with his family, what it's like to play with the Yankees, and how he's used his baseball celebrity to found the Turn 2 Foundation, a drug and alcohol prevention program for kids.

Ossie Ardiles is one of the most iconic footballers ever to have graced the game. After winning the World Cup with Argentina in 1978. Ossie became the first foreign player to make an impact in England, paying the way for the modern era of multinational teams, and was immortalised in Chas & Dave's hit record "Ossie's Dream (Spurs Are On Their Way to Wembley)". In that unforgettable 1981 FA Cup Final, the silky skills of Ossie and fellow Argentine midfielder Ricky Villa inspired Spurs to their famous victory over Man City. He also helped Spurs to retain the trophy the following year, and to win the UEFA Cup in 1984, and even found time to star in the classic football film Escape to Victory with Bobby Moore, Pel é, Michael Caine and Sylvester Stallone. Thirty years on from those glory days, Ossie has a unique perspective on the football world, through his long career both playing and in management, with the emphasis always on style and entertainment. He also talks about growing up under a military dictatorship, how he was torn between two countries owing to the outbreak of the Falklands War, which claimed the life of one of his cousins, and how that football world has changed over the decades.

FINALIST FOR THE NATIONAL BOOK AWARD Longlisted for the Andrew Carnegie Medal for Excellence in Non-fiction How do you tell the real story of someone misremembered - an icon and idol - alongside your own? Jenn Shapland's celebrated debut is both question and answer: an immersive, surprising exploration of one of America's most beloved writers, alongside a genre-defying examination of identity, queerness, memory, obsession, and love. Shapland is a graduate student when she first uncovers letters written to Carson McCullers by a woman named Annemarie. Though Shapland recognizes herself in the letters, which are intimate and unabashed in their feelings, she does not see McCullers as history has portrayed her. Her curiosity gives way to fixation, not just with this newly discovered side of McCullers's life, but with how we tell gueer love stories. Why, Shapland asks, are the stories of women paved over by others' narratives? What happens when constant revision is required of gueer women trying to navigate and self-actualize in straight spaces? And what might the tracing of McCullers's life?her history, her secrets, her legacy?reveal to Shapland about herself? In smart, illuminating prose. Shapland interweaves her own story with McCullers's to create a vital new portrait of one of our nation's greatest literary treasures, and shows us how the writers we love and the stories we tell about ourselves make us who we are. Strictly Inspirational Actions for Achieving Your Dreams

Freak Unique: My Autobiography - Pete Burns

You Are a Champion

Dreams From My Father

The Singapore Story: Memoirs of Lee Kuan Yew

A Story of Race and Inheritance

From legendary Olympic gold medalist Dara Torres comes a motivational, inspirational memoir about staying fit, aging gracefully, and pursuing your dreams. Dara Torres captured the hearts and minds of Americans of all ages when she launched her Olympic comeback as a new mother at the age of forty-one-years after she had retired from competitive swimming and eight years since her last Olympics. When she took three silver medals in Beijing-including a heartbreaking .01-second finish behind the gold medalist in the women's 50-meter freestyle-America loved her all the more for her astonishing achievement and her good-natured acceptance of the results. Now, in Age Is Just a Number, Dara reveals how the dream of an Olympic comeback first came to her-when she was months into her first, hard-won pregnancy. With humor and candor, Dara recounts how she returned to serious training-while nursing her infant daughter and contending with her beloved father's long battle with cancer. Dara talks frankly about diving back in for this comeback; about being an older athlete in a younger athletes' game; about competition, doubt, and belief; about working through pain and uncertainty; and finally-about seizing the moment and, most important, never giving up. A truly self-made legend, her story will resonate with women of all ages-and with anyone daring to entertain a seemingly impossible dream.

Pete Burns sadly passed away aged 57 in 2016. He became a star with the band Dead Or Alive, who had a huge hit with "You Spin Me Round (Like A Record)" but there was much more to Pete than meets the eye - and with his extraordinary features and sense of fashion, that's really saying something. His amazing autobiography includes frank details of his affairs with major rock stars, his long-time marriage, how he had to sell his GBP 2m house to pay for the plastic surgery that went wrong and caused horrific injuries. Pete had an amazing career and commanded a huge global following. When it came to going into the Big Brother house, Pete declared he was not going to be a team player - and this sensational book about his life shows how he's always been a true individual and a born star.

Famed American author's plain-spoken words recall his boyhood in Hannibal, Missouri, life as a riverboat pilot, as a young adult in rough Nevada mining towns, years spent as a widely renowned author, more. Sometimes we need a hand to help us get to the gifts locked inside us. Believe to Achieve is that helping hand, daring readers of all ages to reach for their most cherished dream and giving them the tools to get there. Author Howard "H" White tells us extraordinary people are simply ordinary people on fire with desire -- and he knows. As Nike, Inc.'s liaison for athletes such as Michael Jordan and Charles Barkley, "H" has had plenty of experience with superstars. But he did not start there. He has known extraordinary people his whole life, from his family and friends to his coaches and teachers. All along the way, Howard has met people who have opened his eyes to his own abilities, and he has spent his life doing the same for others. Full of behind-the-scenes moments with favorite athletes as well as funny anecdotes, Believe to Achieve is an exuberant collection of wisdom that will help you recognize the potential in yourself and see the path to success. It is a handbook for all people who have a goal they do not know how to reach or who want to help others discover their gifts. As Howard says, you can never tell what people are capable of just by looking at them -- even you.

See the Invisible, Do the Impossible

The World According to Foggy Behind the Mask

Between the World and Me

How to Dream Big & Believe in Yourself

A life taken to extremes... on and off the bike

In this moving and inspirational memoir, singer Ally Brooke recalls her journey to fame, reveals how she has remained true to her beliefs through her most difficult moments. Featuring sixteen pages of never-before-seen photos. Finding Your Harmony takes readers behind-the-scenes of her proudest musical accomplishments, solo success, and her time on Dancing with the Stars. Ally Brooke burst onto the music scene as a member of Fifth Harmony, and quickly became a fan favorite with her infectious positivity and approachable attitude - not to mention her incredible voice. Following the band 's meteoric rise to fame, she embarked on a solo career, releasing her own hit singles, joining the twenty-eighth season of Dancing with the Stars, and showing people everywhere the rewards of hard work and faith. Now in this moving and inspirational memoir, Ally opens up about the experiences that led her to the spotlight, offering lessons from the heart and revealing how her tight-knit, Mexican-American family have helped her to live fearlessly since she was first catapulted into stardom. Tracing her success from its beginnings in San Antonio, Texas, Ally details the passion for music that took hold of her at a young age, and how with the help of her family she pushed herself to achieve her dreams, no matter how impossible they seemed. While her rise to fame was rapid, it wasn't always smooth, and Ally candidly discusses the challenges she faced along the way, sharing how she navigated tough moments by staying true to herself and her beliefs. Opening up about her journey since Fifth Harmony disbanded, Ally recalls her tireless efforts to make music on her terms, charting back to back singles in the top 40 and amassing over 200 million collective worldwide streams. She also delves into her time on Dancing with the Stars, demonstrating how she conquered her fears and insecurities on her way to a top three finish and further established herself as a role model for young people the world over. Infused with the positive approach to life and spiritual openness that have fueled Ally's journey, Finding Your Harmony uses her stories to help others follow their inner voices—even when the outside world makes it hard. Wise, grounded, and filled with sixteen pages of never-before-seen photos. Finding Your Harmony is a fascinating glimpse into the life and heart of one of popular music's rising stars.

THE SUNDAY TIMES NUMBER-ONE BESTSELLER. Michael Dunlop is quite simply the greatest road racer on the planet. Brother of William, also an accomplished rider, son of the late Robert and nephew of the late great Joey Dunlop, Michael can fairly claim that racing is in his blood. Now for the first time he talks in depth about his family story, how he got involved in the family business and how he manages to keep getting back on his bike despite all he knows of the deadly risks he encounters every time he crosses the start line. The death of his uncle during a competition in Estonia in 2000 was followed just eight years later by the death of his father at the North West 200. But despite these tragic losses Michael was undeterred and, two days after his father's death, he returned to the North West, and won. The next year Michael won his first TT, joining both his father and uncle in the record books. Now with thirteen TT wins to his name Michael is a phenomenal competitor, and in this sensational autobiography he reveals the highs and lows of racing, what it was like growing up part of a motorcycle dynasty and how that made him the incredible racing driver he is today.

** TELEGRAPH SPORTS BOOK OF THE YEAR ** DOUBLE WINNER: BEST AUTOBIOGRAPHY & BEST OVERALL SPORTS BOOK OF 2020 INCLUDES A NEW CHAPTER ON WILDER VS FURY 2 'Incredible stories... you don't have to be a boxing fan to enjoy it' SCOTT MILLS, BBC RADIO 1 'One of sport's most heart-warming stories' SUNDAY TIMES, SPORTS BOOK OF THE YEAR 'A must-read for any boxing fan.' WORLD BOXING NEWS 'If you know someone who is a fan of the People's Champion then they'll love this.' TALKSPORT XMAS GIFT GUIDE The extraordinary story of the rise and fall and rise again of Tyson Fury... THE GYPSY KING. A Manchester lad from Irish Traveller stock, born three months premature and weighing just a pound at birth, Tyson (named after his father's boxing hero) grew up to become one of the most unlikely heavyweight champions in history. This 'dream come true' soon turned to nightmare, however, as alcohol and cocaine abuse took hold and Tyson was stripped of his titles. What followed was the darkest moment of his life - detailed in this book for the first time - in which he came within seconds of ending everything. THE PEOPLE'S CHAMPION, Like all the greatest stories, though, there is redemption and Tyson defies all the odds and literally drags himself to his feet. 10 million people around the globe watched Fury fight Wilder in the biggest fight of the boxing calendar. Speaking candidly about his struggles with mental health, this is Tyson Fury as you have never seen him before. A BRITISH ICON.

Behind the Mask is an unflinching autobiography from the greatest boxer of our time and a man who has demonstrated strength of a very different kind by conquering his demons. could read, I'd buy it' BILLY JOE SAUNDERS, WBO World Super-Middleweight Champion 'I didn't believe boxers could be role models, but Tyson Fury has changed my mind... This 30-year-old Mancunian has made us all think twice about the possibilities of redemption.' SIMON KELNER, INDEPENDENT 'Tyson Fury has become Britain's most unlikely inspirational figure... the sight of a broken Fury caught a mood with the public. Never was the epithet "People's Champion" more apt' RON LEWIS, THE TIMES 'Tyson Fury is an amazing real-life champion' SYLVESTER STALLONE, star of Rocky 'You may not have any interest in boxing at all and you will find this story about Tyson's life fascinating' BBC RADIO 5 LIVE 'An unusual, heartening story, nicely told. There is much to amaze and admire' **SUNDAY TIMES**

The bestselling autobiography of Casey Stoner, Australia's two-time MotoGP Champion. 'If you never give up, anything is possible when determination meets talent, two-time World MotoGP champion Casey Stoner shares his inspirational journey from Queensland toddler, with an extraordinary ability on a motorbike, to his decision to retire at twenty-seven with nothing left to prove. For the first time, he tells of his early family life, the development of his riding skills and why his parents decided to sell everything and travel from Australia to Europe to chase the dream and support his aim to become World Champion when he was only fourteen years old. As fearless with his opinions as he is on the racetrack, Casey includes all the highs and lows of his life so far: the real reason he left for Europe so young, his thoughts on racing as it stands today, the riders' hierarchy, the politics of racing, the importance of family, his battle with illness and why he decided to turn his back on a multimillion-dollar contract when he was still winning. And he will let us in on some of the new goals he has set for himself. Pushing the Limits is a unique and remarkable account of self-sacrifice and determination to succeed against the odds, the inspiring story of a young Australian who took on the world on his terms, his way. . . and won.

How to Be the Best You Can Be Shoe Dog (Young Readers Edition)

The Life You Imagine

Casey Stoner: Pushing the Limits

Road Racer Built for Speed

In this young readers edition of the international bestseller, Nike founder and board chairman Phil Knight 'offers a rare and revealing look at the notoriously media-shy man behind the swoosh' (Booklist), opening up about how he went from being a track star at an Oregon high school to the founder of a brand and company that changed everything. You must forget your limits. It was only when Phil Knight got cut from the baseball team as a high school freshman that his mother suggested he try out for track instead. Knight made the track team and he found he could run fast and even more he liked it. Ten years later, young and searching, Knight borrowed fifty dollars from his father and launched a company with one simple mission: import high-quality running shoes from Japan. Selling the shoes from the boot of his car to start, he and his gang of friends and runners built one of the most successful brands ever. Phil Knight encountered risks and setbacks along the way, but always followed his own advice. Just keep going. Don't stop. Whatever comes up, don't stop. Filled with wisdom, humanity, humour and heart, the young readers edition of the bestselling Shoe Dog is a story of determination that inspires all who read it. This is an abridged edition of the internationally bestselling adult book, but in addition it includes new frontmatter and backmatter, an introduction to the younger reader and 'A Letter to the Young Reader' that provides advice from Phil Knight for the battles that lie ahead for young people. A riveting, deeply personal account of history in the making—from the president who inspired us to believe in the power of democracy #1 NEW YORK TIMES BESTSELLER • NAACP IMAGE AWARD NOMINEE • NAMED ONE OF THE TEN BEST BOOKS OF THE YEAR BY THE NEW YORK TIMES BOOK REVIEW NAMED ONE OF THE BEST BOOKS OF THE YEAR BY The Washington Post • Jennifer Szalai, The New York Times • NPR • The Guardian • Marie Claire In the stirring, highly anticipated first volume of his presidential memoirs, Barack Obama tells the story of his improbable odyssey from young man searching for his identity to leader of the free world, describing in strikingly personal detail both his political education and the landmark moments of the first term of his historic presidency—a time of dramatic transformation and turmoil. Obama takes readers on a compelling journey from his earliest political aspirations to the pivotal lowa caucus victory that demonstrated the power of grassroots activism to the watershed night of November 4, 2008, when he was elected 44th president of the United States, becoming the first African American to hold the nation 's highest office. Reflecting on the presidency, he offers a unique and thoughtful exploration of both the awesome reach and the limits of presidential power, as well as singular insights into the dynamics of U.S. partisan politics and international diplomacy. Obama brings readers inside the Oval Office and the White House Situation Room, and to Moscow, Cairo, Beijing, and points beyond. We are privy to his thoughts as he assembles his cabinet, wrestles with a global financial crisis, takes the measure of Vladimir Putin, overcomes seemingly insurmountable odds to secure passage of the Affordable Care Act, clashes with generals about U.S. strategy in Afghanistan, tackles Wall Street reform, responds to the devastating Deepwater Horizon blowout, and authorizes Operation Neptune 's Spear, which leads to the death of Osama bin Laden. A Promised Land is extraordinarily intimate and introspective—the story of one man's bet with history, the faith of a community organizer tested on the world stage. Obama is candid about the balancing act of running for office as a Black American, bearing the expectations of a generation buoyed by messages of "hope and change," and meeting the moral challenges of high-stakes decision-making. He is frank about the forces that opposed him at home and abroad, open about how living in the White House affected his wife and daughters, and unafraid to reveal self-doubt and disappointment. Yet he never wavers from his belief that inside the great, ongoing American experiment, progress is always possible. This beautifully written and powerful book captures Barack Obama's conviction that democracy is not a gift from on high but something founded on empathy and common understanding and built together, day by day.

Jason Robinson began playing full-time rugby at the age of 16 with Wigan Warriors, the most successful club in Rugby League at the time. He made the transition to Rugby Union with Sale Sharks in 2000 and was fast-tracked to the England squad. His speed, unpredictability and charisma has ensured that he is now widely acknowledged as one of the most exciting players in the world. His extraordinary turnaround from hard-drinking, deeply troubled teenager to born again Christian and dedicated family man makes his story all the more intriguing. Fully updated with all the drama and excitement of the 2003 Rugby World Cup, in which Jason was a crucial and inspiring team member, this edition includes a player's account of England's triumphant victory in the final against Australia.

Ian Hutchinson - 'Hutchy' to his many thousands of fans - is a motorcycle racer like few others. A road racer to the core, he has enjoyed spectacular success, notably at the Isle of Man TT, but his own story goes far beyond even those triumphs. In the summer of 2010, Hutchy set the record for most wins in a single TT festival – five in all – having already won the Supersport class at the North West 200 in Northern Ireland. Then disaster struck. At a British Supersport round at Silverstone in September that year, he crashed heavily and was struck by another rider 's machine, breaking his left leg so badly that at one stage it was feared it might have to be amputated. After many surgical operations and a long period of recovery, he fractured the same leg in 2012 while practising exhibition-riding for a motorcycle show. Yet not even these disasters could keep the Yorkshireman from racing. After modifications to the rear-brake and gear levers on his race machines, he went out and won the 2013 Macau Grand Prix. Two years later saw an even more staggering return to form, when he secured three wins, a second and a third place at the 2015 Isle of Man TT, also winning the Joey Dunlop TT Championship Trophy for that year. And 2016 was to prove even better. Honest, brave and quirkily amusing, Hutchy: Miracle Man presents Hutchy 's own accounts and opinions with those of various celebrated figures from the world of motorcycle racing. It is a book not only for fans of road racing, but for anyone interested in the life and career of a brilliant rider and an extraordinarily brave and enduring man, justly popular not just for his achievements, but for his unassuming modesty, kindness and humour.

My Autobiography of Carson McCullers

Becoming

Hutchy - Miracle Man

My Autobiography – Winner of the Telegraph Sports Book of the Year

How I Learnt to Dream, Act, Believe and Succeed

No Dream Is Too High

Here is a book as joyous and painful, as mysterious and memorable, as childhood itself. I Know Why the Caged Bird Sings captures the longing of lonely children, the brute insult of bigotry, and the wonder of words that can make the world right. Maya Angelou's debut memoir is a modern American classic beloved worldwide. Sent by their mother to live with their devout, self-sufficient grandmother in a small Southern town, Maya and her brother, Bailey, endure the ache of abandonment and the prejudice of the local "powhitetrash." At eight years old and back at her mother's side in St. Louis, Maya is attacked by a man many times her age—and has to live with the consequences for a lifetime. Years later, in San Francisco, Maya learns that love for herself, the kindness of others, her own strong spirit, and the ideas of great authors ("I met and fell in love with William Shakespeare") will allow her to be free instead of imprisoned. Poetic and powerful, I Know Why the Caged Bird Sings liberates the reader into life simply because Maya Angelou confronts her own life with such a moving wonder, such a luminous dignity."—James Baldwin

An intimate look at writing, running, and the incredible way they intersect, What I Talk About When I Talk About Running is an illuminating glimpse into the solitary passions of one of our greatest artists. While training for the New York City Marathon, Haruki Murakami decided to keep a journal of his progress. The result is a memoir about his intertwined obsessions with running and writing, full of vivid recollections and insights, including the eureka moment when he decided to become a writer. By turns funny and sobering, playful and philosophical, here is a rich and revelatory work that elevates the human need for motion to an art form.

'You don't get to be six-time British Superbike Champion without having talent and desire' - Wayne Rainey, three-time 500cc World Champion Shane 'Shakey' Byrne knows what it is like to live on the edge. The most successful rider in British Superbike history, he is the only person to have won the championship six times. Shakey is a living motorbike legend, with legions of fans across the country. For the first time Shakey tells his life story, from being abandoned as a newborn baby in a London hospital, to multiple brushes with the law and working night shifts on the London Underground to fund his early racing career. Whether it was on his BMX or joyriding through Kent, the only thing Shakey ever wanted to do was race motorbikes. Once he had got his break, Shakey quickly developed a reputation as one of the most exciting riders of his generation, and the thrill of every victory, every chicane and every overtake, as well as the hospital visits and painstaking recovery, is relived in heart-pumping detail. Unshakeable is an incredible story of winning and risk-taking, of horrendous crashes in which he nearly lost his life, of Ducatis and monster motorhomes, and of hard-fought glory in one of the most exciting and dangerous sports on the planet. Told with breathless exhilaration, Shakey's story is one of inspiration, break-neck speed and a life lived truly on, and over, the limit.

AM-MAZ-ING!' Craig Revel Horwood We all have dreams, from little wishes to life-altering ambitions. But we rarely act on these dreams D we don Ot have time, or we feel we Ore not good enough. Our lives carry on as usual, leaving us wondering what could have been. In Dream, Believe, Succeed, Camilla Sacre-Dallerup shows it doesnot have to be this way. From the age of two Camilla dreamed of being a dancer, and now she is an internationally renowned dancer, life coach and much-admired motivational speaker. Drawing on her own experiences of relentless hard work, heartache and international success, Camilla offers inspiring ways of achieving your ambitions through positivity and action. Transform your mindset with easily applicable tools and exercises. Find inspiration through CamillaOs own experiences and case studies. And apply simple, practical techniques to help you live your dreams and find lasting happiness. Dream, Believe, Succeed is the paperback edition of Strictly Inspirational, with a new chapter, OMy Journey ContinuesO, sharing Camilla Os growth since 2013, and brand-new tips on gratitude, flow and thriving through change.

Brown Girl Dreaming

My Autobiography It's in My Blood Achieve Your Dreams at Any Stage in Your Life

What I Talk About When I Talk About Running

Published to coincide with the thirtieth anniversary of the Superbike World Championship, The World According to Foggy will delight the legions of motor sport fans in the UK and beyond, and will be lapped by those who have enjoyed books by Valentino Ros Michael Dunlop, John McGuinness, lan Hutchinson and Freddie Spencer. Foggy's scintillating new book takes his fans into the memory banks of this most charismatic and straight-talking of sporting icons, transporting them into the weird and wonderful wor quirky hero of the track. The World According to Foggy contains lashings of adrenaline-fuelled bikes and electrifying bike racing, thrills and spills galore, but it will also reveal the man behind the helmet, his passions and frustrations, what makes him still leap morning and seize the day - ultimately, what makes this great man tick and explains his enduring popularity.

THE SUNDAY TIMES BESTSELLER Some people are born to be a certain thing. And I was a born fighter. At the age of eight, Michael Bisping began his training in martial arts. By the time he was 15, he was fighting in his first no holds barred competition. Whe professional and joined the UFC he was sure about one thing: only a world championship title would do. A British underdog in the greatest fighting championship on earth, he spent the next decade winning some of the championship's most sensational cont dream, becoming the first ever British UFC world champion in 2016. From his boyhood years learning to fight in the gyms of Lancashire to his most shocking clashes in the cage, in Quitters Never Win Bisping tells the raw and unfiltered story behind his lege first time, including his greatest wins, his fiercest rivals and the harrowing injury that forced him into retirement. As audacious, entertaining and as candid as the man himself, it's a backstage pass to one of the world's most extreme sports and an unbridled really takes to become a champion, from sleeping in his own car to reaching the summit of the world's fastest growing sport.

A New York Times Bestseller and National Book Award Winner Jacqueline Woodson, the acclaimed author of Red at the Bone, tells the moving story of her childhood in mesmerizing verse. Raised in South Carolina and New York, Woodson always felt halfway leads to the south Carolina and New York, Woodson always felt halfway. place. In vivid poems, she shares what it was like to grow up as an African American in the 1960s and 1970s, living with the remnants of Jim Crow and her growing awareness of the Civil Rights movement. Touching and powerful, each poem is both access charged, each line a glimpse into a child's soul as she searches for her place in the world. Woodson's eloquent poetry also reflects the joy of finding her voice through writing stories, despite the fact that she struggled with reading as a child. Her love of st stayed with her, creating the first sparks of the gifted writer she was to become. A National Book Award Winner A Newbery Honor Book A Coretta Scott King Award Winner Praise for Jacqueline Woodson: Ms. Woodson writes with a sure understanding of people, offering a poetic, eloquent narrative that is not simply a story . . . but a mature exploration of grown-up issues and self-discovery."—The New York Times Book Review

An intimate, powerful, and inspiring memoir by the former First Lady of the United States #1 NEW YORK TIMES BESTSELLER • WATCH THE EMMY-NOMINATED NETFLIX ORIGINAL DOCUMENTARY • OPRAH'S BOOK CLUB PICK • NAACP IMAGE AWARD WINNER • ONE OF ESSENCE'S 50 MOST IMPACTFUL BLACK BOOKS OF THE PAST 50 YEARS In a life filled with meaning and accomplishment, Michelle Obama has emerged as one of the most iconic and compelling women of our era. As First Lady of the United States of America—the first African American to serve in that role—she helped create the most welcoming and inclusive White House in history, while also establishing herself as a powerful advocate for women and girls in the U.S. and around the world, dramatically families pursue healthier and more active lives, and standing with her husband as he led America through some of its most harrowing moments. Along the way, she showed us a few dance moves, crushed Carpool Karaoke, and raised two down-to-earth dau unforgiving media glare. In her memoir, a work of deep reflection and mesmerizing storytelling, Michelle Obama invites readers into her world, chronicling the experiences that have shaped her—from her childhood on the South Side of Chicago to her years as balancing the demands of motherhood and work, to her time spent at the world's most famous address. With unerring honesty and lively wit, she describes her triumphs and her disappointments, both public and private, telling her full story as she has lived and on her own terms. Warm, wise, and revelatory, Becoming is the deeply personal reckoning of a woman of soul and substance who has steadily defied expectations—and whose story inspires us to do the same. Finding Your Harmony

Dream, Believe, Succeed Ossie's Dream Dreams Come True: My Story The Autobiography Of Henry VIII

Strictly Inspirational

Success is measured not by the size of your brain, but rather by the size of your thinking. This intrigues a lot of people, and if you observe how people behave, you will have a clear understanding of what success really means. Time and time again, history and experience have proved that the degree of our general satisfaction and happiness is dependent on how we think. There is magic in thinking big! Positive thinking helps accomplish so much in our life, but unfortunately not everyone thinks that way. We are all products of our thinking that goes within and around us. There is an environment around us that exerts all sorts of forces on your thinking; some will push you up the ladder while others will pull you down. We have been told many times that opportunities to lead are no longer there; hence we should be content with who we are without having positive aspirations on leadership. The petty environment surrounding us also has its own narrative concerning our lives. It constantly tells us that whatever is destined will eventually happen and we have no control over it. Leaving your fate in the hands of chance can potentially ruin your life and make you miserable. Therefore, before you start giving up your dreams of a finer home or giving a better life for your children, stand firm and resist resigning to fate. Do not lie down and wait to die. Success is worth every effort you expend, and every step you make pays a dividend. Even in an environment where competition is intense, you still can succeed as long as your thinking is in the positive quadrant of your mind frame. The basic concepts and principles that underlie the power of thinking big are drawn from the highest-pedigree sources and the finest thinking minds such as Emerson who said "Great men are those who see that thoughts rule the world." Milton who wrote in his book Paradise Lost, "The mind is its own place and in itself can make a heaven of hell or a hell of heaven." Shakespeare made an interesting observation about thinking which he summarized and said "There is nothing either good or bad except that thinking makes it so." Proof is everywhere that thinking big indeed works. When you look at the lives of people who you consider as big thinkers, you will be amazed at their winning success, happiness and achievements. This book will show you proven strategies from different life situations that will turn your life around.

Winner of the Daily Telegraph Rugby Book of the Year 2020 The Sunday Times bestselling rugby book of the year 2020 Brilliant, honest, combative - Eddie Jones is a true legend of world rugby and remains an enigmatic figure in the game. In My Life and Rugby he tells his story for the first time, including the full inside account of England's 2019 World Cup campaign. He describes his experience growing up in a tough working-class area of Sydney, where he first played rugby, and how he learnt from the extreme highs and lows of his own playing career - the numerous successes but also the painful disappointment of never playing for Australia. He tells how he then embarked on a coaching career that has seen him become one of the most experienced and decorated coaches in Rugby Union, spanning four World Cups and three finals. His successes have included masterminding England's spectacular victory over New Zealand in the 2019 World Cup and engineering the sport's most stunning upset when Japan beat South Africa in 2015. My Life and Rugby is the story of one of the most compelling and singular figures in rugby. Told with unflinching honesty, this is the ultimate book for all fans of the sport. Written with Donald McRae, twice winner of the William Hill Sports Book of the Year award and three-time Sports Feature Writer of the Year, My Life and Rugby is the story of one of the most compelling and singular figures in rugby. Told with unflinching honesty, this is the ultimate rugby book for all fans of the sport. A Best **Book of the Year - Daily Mail, Sunday Times, The Times**

The Singapore Story is the first volume of the memoirs of Lee Kuan Yew, the man who planted the island state of Singapore firmly on the map of the world. It was first published in 1999. In intimate detail, Lee recounts the battles against colonialists, communists and communalists that led to Singapore's independence. With consummate political skill, he countered adversaries, sometimes enlisting their help, at others opposing them, in the single-minded pursuit of Singapore's interests. We read how he led striking unionists against the colonial government, how over tea and golf he fostered ties with key players in Britain and Malaya, of secret midnight meetings in badly lit rooms, drinking warm Anchor beer with a communist underground leader, of his purposeful forging of an alliance with communists to gain the support of the Chinese-educated masses. Readers will find inspiration in his tenacity as he fought for the people's hearts and minds against first the communists and later the communalists - in parliament, on the streets and through the media. Drawing on unpublished Cabinet papers, archives in Singapore, Britain, Australia, New Zealand and the United States, as well as personal correspondence, he gives us a vivid picture of how others viewed him: determined ("Lee will bluff, bully and blackmail up to the eleventh hour"), motivated ("Choo knew I sweated blood to master Hokkien"), ambitious ("He would think himself as legitimate as I was to be the leader of Malaya"), dangerous ("Crush Lee! Put him inside"). It is a sometimes controversial yet strangely consistent portrait of this Asian statesman. These experiences and his dealings with the political leaders were to shape his views and policies, which have had a major impact on Singapore and the region.

Former trial biking world champion Dougie Lampkin's superb autobiography gives a unique insight into one of motorsport's most famous dynasties as well as revealing the inspiration that led him to become an online sensation thanks to his extraordinary Red Bull stunts. When Dougie Lampkin was born, his father had placed a motorcycle next to his cot before he returned from hospital - if anyone can say that they were destined for a career in motorbiking it was him. So far, nine members of the Lampkin family have competed at a high level of the sport, but it was Dougie who set new standards, winning seven consecutive outdoor world titles and five indoor world titles, earning him the MBE at the age of 25. Off-road motorcycling continues to grow in popularity, with more than 100,000 people taking part in the UK alone, and millions more following online or on television. In this superb memoir, Lampkin brings the excitement of his sport vividly to life. He also shares the behind-the-scenes drama behind some of his most famous Red Bull challenges - such as the day he took his trials bike for a ride through Red Bull's Formula One factory, with Christian Horner looking on in sheer amazement as he rode his bike over a multi-million-pound F1 car, leaving it without a scratch. To date, almost 12 million people have watched this episode on YouTube. For anyone who enjoyed the books of Guy Martin or Michael Dunlop, Trials and Error is a compelling read and one ride you won't want to miss.

Trials and Error A Promised Land Marc Marquez My Life and Rugby

Twin Ambitions - My Autobiography

Power of Thinking Big

An international bestseller which has sold over a million copies in the UK, Dreams From My Father is a refreshing, revealing portrait of a young man asking big questions about identity and belonging. The son of a Black African father and a white American mother, Barack Obama recounts an emotional odyssey, retracing the migration of his mother's family from Kansas to Hawai'i, then to his childhood home in Indonesia. Finally he travels to Kenya, where he confronts the bitter truth of his father's life and at last reconciles his divided inheritance. Written nearly fifteen years before becoming president, Dreams from My Father is an unforgettable read. It illuminates not only Obama's journey, but also our universal desire to understand our history and what makes us who we are. In this candid autobiography, former professional dancer and Strictly Come Dancing winner Camilla Sacre-Dallerup, shares the practical, motivational techniques she has used both personally and professionally to achieve success and happiness. Camilla found fame and heartbreak as a dancer on Strictly Come Dancing, winning her way into British hearts as one of the original cast of professional dancers on the BBC programme, and which culminated in winning the coveted Strictly trophy with actor Tom Chambers. In 2004, Strictly Come Dancing launched and was an instant phenomenon, with millions of viewers tuning in weekly. Its success changed Camilla's life. That same year, while she struggled to adjust to her newfound fame, Dallerup's relationship with her dance partner and fiancé Brendan Cole turned sour very publicly. Now, ten years after first appearing on our screens, Dallerup has made a new name for herself as a motivational speaker and life coach. In Strictly Inspirational Camilla speaks frankly and honestly about the relentless hard work, the subsequent burnout, and the process of finding love again with her husband and Hollyoaks actor Kevin Sacre. Camilla believes all of these experiences have strengthened her desire and determination, and have ultimately helped her to make her dreams a reality. Camilla hopes her words of inspiration can be used by anyone to help them achieve their dreams.

Injury. Adrenaline. Addiction. These are the things that fuelled one man's race to international stardom as he pushed boundaries and took life on and off the bike to the limits. Starting out as a talented youth riding the desert tracks of California, his reckless nature and incredible talent earned him a position in the rarefied world of professional motorcycle racing. Despite the success in his professional life, his personal life was crumbling around him - John was battling with depression and temptation, which began to threaten his career, health and marriage, ultimately bringing him to a life of alcoholism, addiction and even smuggling. In his remarkable memoir, one of the world's most renowned riders takes us on a raw and unique journey to the extremes of fast living. John 'Hopper' Hopkins is an icon for motorsport fans worldwide. He won't let anything hold him back. He has broken almost every bone in his body (twice), suffered a bleed on the brain, and had a finger amputated... yet he continued to race. Finally, at the age of 35 - with his latest crash at Brands Hatch in 2017 putting him in rehab for two years - he decided to hang up his helmet. Leathered tells the incredible story of an unparalleled career. From bone-crunching injuries and alcohol-fuelled antics to the breakdown of his marriage, it unveils the true stories behind the lurid headlines.

This is the story of England's most famous, and notorious, king. The facts of Henry VIII's life and reign were more astonishing, poignant and outlandish than the plot twists of most fiction. Henry's character was complex: he was a charismatic, ardent – and brash – young lover who married six times; a scholar with a deep love of poetry and music; an energetic hunter who loved the outdoors; a monarch whose lack of a male heir haunted him incessantly; and a ruthless leader who would stop at nothing to achieve his desires. His monumental decision to split from Rome and the Catholic Church was one that would forever shape the religious and political landscape of Britain. Combining magnificent storytelling with an extraordinary grasp of the pleasures and perils of power, Margaret George delivers a vivid portrait of Henry VIII and Tudor England and the powerhouse of players on its stage: Thomas Cromwell, Cardinal Wolsey, Thomas More and Anne Boleyn. It is also a narrative told from an original perspective: Margaret George writes from the King's point of view, injecting irreverent comments from Will Somers – Henry's jester and confidant.

Dream, Believe, Achieve, My Autobiography

Quitters Never Win

My Motorcycle Racing Story

Dream Big, Have Faith, and Achieve More Than You Can Imagine

Age Is Just a Number The Autobiography

Go on the ride of your life with the racing legend himself **with a thrilling NEW CHAPTER on John's dramatic 2017 crash** 'Then I was there myself, just another face in the crowd, watching the bikes fly by. The smells, the noise and the speed were all there for me to experience. It was like a massive injection in my head and it just blew my mind. I knew within seconds that I was going to be a TT racer. I didn't know how or what I was going to be keen. Everyone around me was aware of the dangers, but from that moment I knew I had to do it.' John McGuinness is one of the all-time giants of road racing, with a huge host of victories to his name. But his easy humour and down-to-earth attitude off the bike have always kept people guessing: what's the truth about the man inside the helmet, that has kept him at the top of such a sport for over 20 years? His autobiography tells the whole story, from his humble beginnings in Morecambe and getting his first bike at the age of 3, to working as a bricklayer and cockle fisherman before deciding to follow his dream, and finally to his many victories in the most dangerous sport, and to keep winning even though all logic tells you to stop – and when so many of your fellow racers are paying the ultimate price for doing it. This thrilling autobiography gets into the head of the man who stares death in the face, and doesn't even flinch.

The 40-year-old Scot has been Britain's most successful Grand Prix racer since the legendary Barry Sheene. At his final race in Knockhill in August 2001, more than 20,000 fans turned up to watch Mackenzie and to bid farewell to their local hero. Beloved American hero and astronaut Buzz Aldrin reflects on the wisdom, guiding principles, and irreverent anecdotes he's gathered—both in outer space and on earth—through his event-filled life, in this inspiring guide-to-life for the next generation. Everywhere he goes, crowds gather to meet Buzz Aldrin. He is a world-class hero, a larger-than-life figurehead, best known of a generation of astronauts whose achievements surged in just a few years from the vantage point not only of outer space but also of time: still a non-stop traveler and impassioned advocate for space exploration, Aldrin will be 86 in 2016. No Dream Is Too High whittles down Buzz Aldrin's event-filled life into a short list of principles he values, each illustrated by fascinating anecdotes and memories, such as: Second comes right after first. NASA protocol should have meant he was first on the moon, but rules changed just before the mission. How he learned to be proud of being the second man on the moon. Look for opportunities, not obstacles. Buzz was rejected the first time he applied to be an astronaut. Failure is an opportunity to learn to do better. Always maintain your spirit of adventure. For his 80th birthday, Buzz went diving in

the Galapagos and hitched a ride on a whale shark. He stays fit, energetic, and fascinated with life. No Dream Is Too High is a beautiful memento, a thought-provoking set of ideas, and a new opportunity for Buzz Aldrin to connect with the masses of people who recognize his unique place in human history. The evidence is overwhelming: sports help girls grow into strong women. Both scientific studies and anecdotal evidence confirm that athletic girls not only grow up to be healthier; they learn teamwork, gain inner confidence, and grow into society's leaders. Sports help preteen and teenage girls make the right choices in a society that is sending them incredibly mixed messages about who they are supposed to be. Yet no one is speaking directly to these girls. Jennie fills the role of girlfriend, big sister, team captain, and mentor. A smart, credible, and accomplished voice from an athlete who is strong and feminine, fiercely competitive, and fashionably cool, Jennie is someone young women will listen to and take to heart. Jennie's message: Believe in yourself. Go for it, girls.

Believe to Achieve Life Lessons From a Man Who Walked on the Moon

I Know Why the Caged Bird Sings

Throw Like a Girl Unshakeable

Life Lessons for Achieving Your Dreams 4 August, 2012. Super Saturday. On the most electric night in the history of British sport, Mo Farah braved the pain and punishment to seize Olympic gold in the 10,000m - and in the process went from being a talented athlete to a national treasure. Seven days later, Mo seized his second gold at the 5000m to go where no British distance runner has gone before. Records have tumbled before him: European track records at 1500m, 5000m indoors, and 10,000m; British track records at 5000m, 3000m indoors and 10k on the road have all fallen to Mohamed 'Mo' Farah: the boy from Somalia who came to Britain at the age of eight, leaving behind his twin brother, and with just a few words of English, and a natural talent for running. His secondary school PE teacher Alan Watkinson spotted his potential and began easing this human gazelle towards the racetrack. In 2001 Mo showed his promise by winning the 5000m at the European Junior Championships. Soon he was smashing a string of British and European records. He began living with a group of elite Kenyan runners, following their strict regime of run, sleep, eat and rest. Mo was determined to leave no stone uncovered in his bid for distance-running glory. After a disappointing Olympics in Beijing Mo took the bold decision to relocate to Portland, Oregon to work under legendary coach Alberto Salazar. The results were emphatic as Mo took silver at the 10,000m and then raced to gold in the 5000m at the 2011 World Championships in Daegu. Even better would soon follow at London 2012. TWIN AMBITIONS is much more than an autobiography by a great Olympic champion. It's a moving human story of a man who grew up in difficult circumstances, separated from his family at an early age, who struggled to overcome seemingly insurmountable obstacles and realise his dream.

A four-time World Superbike Champion, Jonathan Rea has more race wins than any other rider in history. This book charts the life and career of a man who was seemingly destined for the motorbike racing world. He has succeeded in Superbikes after several potential career-ending scrapes including smashing his femur in a horrific crash, aged seventeen, when doctors told him he would never race again. With unwavering determination, and gaining huge victories in this ultra-competitive sport, this thrilling autobiography will get into the head of a man who has managed to rise to the top of one of the most skilled and dangerous sports in the world.

#1 NEW YORK TIMES BESTSELLER • NATIONAL BOOK AWARD WINNER • NAMED ONE OF TIME'S TEN BEST NONFICTION BOOKS OF THE DECADE • PULITZER PRIZE FINALIST • NATIONAL BOOK CRITICS CIRCLE AWARD FINALIST • ONE OF OPRAH'S "BOOKS THAT HELP ME THROUGH" • NOW AN HBO ORIGINAL SPECIAL EVENT Hailed by Toni Morrison as "required reading," a bold and personal literary exploration of America's racial history by "the most important essayist in a generation and a writer who changed the national political conversation about race" (Rolling Stone) NAMED ONE OF THE MOST

INFLUENTIAL BOOKS OF THE DECADE BY CNN • NAMED ONE OF PASTE'S BEST MEMOIRS OF THE DECADE • NAMED ONE OF THE TEN BEST BOOKS OF THE YEAR BY The New York Times Book Review • O: The Oprah Magazine • The Washington Post • People • Entertainment Weekly • Vogue • Los Angeles Times • San Francisco Chronicle • Chicago Tribune • New York • Newsday • Library Journal • Publishers Weekly In a profound work that pivots from the biggest questions about American history and ideals to the most intimate concerns of a father for his son, Ta-Nehisi Coates offers a powerful new framework for understanding our nation's history and current crisis. Americans have built an empire on the idea of "race," a falsehood that damages us all but falls most heavily on the bodies of black women and men—bodies exploited through slavery and segregation, and, today, threatened, locked up, and murdered out of all proportion. What is it like to inhabit a black body and find a way to live within it? And how can we all honestly reckon with this fraught history and free ourselves from its burden? Between the World and Me is Ta-Nehisi Coates's attempt to answer these questions in a letter to his adolescent son. Coates shares with his son—and readers—the story of his awakening to the truth about his place in the world through a series of revelatory experiences, from Howard University to Civil War battlefields, from the South Side of Chicago to Paris, from his childhood home to the living rooms of mothers whose children's lives were taken as American plunder. Beautifully woven from personal narrative, reimagined history, and fresh, emotionally charged reportage, Between the World and Me clearly illuminates the past, bracingly confronts our present, and offers a transcendent vision for a way forward.

It's hard to know what is possible until you start. You have to be able to dream big and be prepared to work towards your dreams. I've achieved a lot so far, but it didn't come in one go; big things rarely happen overnight, and good things rarely happen as if by magic . . . Marcus Rashford is famous worldwide for his skills both on and off the pitch – but before he was a Manchester United and England footballer, and long before he started his inspiring campaign to end child food poverty, he was just an average kid from Wythenshawe, South Manchester. Now, Marcus Rashford MBE wants to show YOU how to achieve your dreams, in this positive and inspiring guide for life. No matter who you are and no matter where you come from, every single person in the world has the potential to be a champion. In You Are a Champion, the nation's favourite footballer gives you the tools you need to reach your full potential, showing you how to be the very BEST version of yourself you can be. Written with journalist Carl Anka, this empowering guide is packed full of stories from Marcus's own life, brilliant advice and top-tips from performance psychologist Katie Warriner. Perfect for readers who need to hear that they already are champions – they just might not know it yet. It shows kids how to: - Be comfortable with who you are – you can't be a champion until you're happy being you! - Dream big - Practise like a champion – good things take hard work and time - Get out of your comfort zone and learn from your mistakes - Navigate adversity in a positive way - Find your team - Use your voice and stand up for others - Never stop learning With an afterword by Tim S. Grover.

Niall Mackenzie: The Autobiography
"Chapters" from the North American Review
The story of Team GB's double Olympic champion