

Clinical Sports Medicine The Medicine Of Exercise

The Textbook of Sports Medicine provides comprehensive coverage of both basic science and clinical aspects of sports injury and physical activity. More than one hundred of the World's leading authorities within exercise physiology, clinical internal medicine, sports medicine and traumatology have contributed with evidence-based state-of-the-art chapters to produce the most complete integration ever of sports medicine science into one book. Great attention has been given to providing balanced coverage of all aspects of sports medicine, with respect to the relevance and clinical importance of each area. The book isolates solid principles and knowledge, and the documentation to support these, as well as identifying areas where further scientific investigation is needed. The topics dealt with and the degree of detail in the individual chapters, makes the book ideal for both educational programs at University level within exercise science and sports medicine, as well as for post-graduate courses within all aspects of sports medicine. In addition, the book will be excellent as a reference book in any place where professionals whether doctors, exercise scientists, physical therapists or coaches are dealing with supervision or treatment of sports-active individuals. Finally, the book is well structured to act as an introduction to research in the field of sports medicine.

The revised third edition contains 80 illustrations now in full colour! A Doody's Core Title for 2011! WINNER OF THE HIGHLY COMMENDED PRIZE IN THE ORTHOPAEDICS AND RHEUMATOLOGY CATEGORY OF THE 2007 BRITISH MEDICAL ASSOCIATION MEDICAL BOOK AWARDS (of an earlier edition) *A previously good textbook has just got better! I particularly like the colour coding for chapters. Sections have been updated by experts in the individual topic areas. The new illustrations are used to demonstrate principles and example exercises. Brilliant! It is difficult to praise this book highly enough as it is an excellent textbook. The new illustrations, updated sections and use of eminent sports medicine specialists as co-authors help to reassure that every effort has been made to improve this book. '-BMA REVIEWER QUOTE Clinical Sports Medicine has been fully updated for the popular 2nd edition (2000). It is even more practical, now superbly illustrated, easy-to-read and packed with substantially updated and new material. There are samples of several chapters online including the whole "Pain in the Achilles region" chapter. This book describes a completely symptom-oriented approach to treating clinical problems. The practitioner can turn to the chapter that describes the patient presentation (e.g., longstanding groin pain, acute ankle injuries) and review the likely differential diagnoses, the clinical approach, and the full color pictures of the physical examination (physical examination for several major systems are also available as a separate DVD. Providing a concise approach to the subject, the new edition of Lecture Notes: Orthopaedics and Fractures reflects recent changes to medical education and includes new management techniques. Divided into two major sections, 'General Principles' covers form and function, fractures, trauma and musculo-skeletal disorders; while 'Regional Orthopaedics' covers the examination of and conditions affecting individual regions of the body i.e. foot and ankle, spine and trunk. This ensures the content is integrated to allow better and easier navigation. Featuring an extensive collection of X-rays and photographs of orthopaedic conditions, Lecture Notes: Orthopaedics and Fractures is ideal for any medical students, junior doctors, nurses or allied health professionals who want a core introduction to this important speciality. Review of the previous edition "It provides excellent grounding and preparation for the attachment." 5th Year Medical Student

A treatment-focused guide for sports-related health issues in children and adolescents JAMA REVIEW! "The editors are outstanding, experienced physicians with a great wealth of knowledge as well as practical proficiency in this field. The other contributors are also first-rate authors, and all have done a wonderful job in researching the subjects and writing them up in a way that is easy to read and understand. I firmly believe that Pediatric Practice Sports Medicine will quickly become the favorite of students, residents, and primary care clinicians. It will be embraced because of its ease of use and its valuable, practical contents. I am sure it will find its way to medical libraries throughout the nation or world and to most offices for primary care clinicians. I would recommend this book for anyone dealing with pediatric and adolescent patients, even if that interaction takes place only a few times per year. I think that this will be a must-have reference for pediatricians, family practitioners, student health clinicians, pediatric and family nurse practitioners, and physician assistants and anyone working with children and adolescents."--Journal of the American Medical Association 4 STAR DOODY'S REVIEW " The book does an outstanding job of describing the etiology, presentation, evaluation and treatment of sports-related injuries and conditions for practitioners. This is a well organized, comprehensive book that will prove useful to any primary care physician who treats younger athletes. The detailed discussions of common problems supplemented by numerous illustrations and tables will simplify the often challenging task of caring for this demanding patient population. "--Doody's Review Service "Pediatric Practice: Sports Medicine is a 'must-have' book for every medical practitioner who provides care to children and adolescents."--Sandra J. Hoffmann, MD, MS, FACSM, FACP, Fellow of the American College of Sports Medicine. Board of Trustees (2006-2009) of the American College of Sport Medicine, Associate Professor, Dept. of Family Medicine, Idaho State University School of Medicine (from the foreword) Pediatric Practice: Sports Medicine explains the practical aspects of treating children who participate in sports. The authors cover everything from screening and safety issues to the treatment of sports-related injuries and trauma. How to manage patients with medical conditions that impact sports participation is also included. Providing critical information about what you need to know and do in virtually any case, this book also offers valuable perspectives on pathophysiology, epidemiology, and diagnosis. This full color guide is designed to ensure quick, easy searches for treatment directives. Perfect for pediatricians, family practice physicians, and nurse practitioners, Pediatric Practice: Sports Medicine is the handiest and most comprehensive guide available for treating children participating in sports of all kinds. Features of the Pediatric Practice Series: More than 450 full-color illustrations Tips that tell you what you must know--and what you must do--at every stage of care Diagnostic and treatment algorithms Signs/Symptoms and Differential Diagnosis boxes "What to Refer" boxes, which examine all the relevant clinical considerations Diagnostic Tests--with a realistic emphasis on the right tests to order Medical Treatment coverage that includes drugs, dosages, and administration in an easy-to-read tabular format Convenient icons and a templated chapter design

Basic and Clinical Sciences of the Equine Athlete

Pediatric Practice Sports Medicine

Clinical Sports Medicine [DVD], Trauma and Psychosis

Basketball Sports Medicine and Science

This first-of-its-kind text provides a comprehensive presentation and review of the unique aspects of adaptive sports medicine and adaptive athletes, who are increasingly active and prominent, not only individually and in local leagues and organizations but also in larger settings like the Paralympics. Divided into thematic sections, part one covers the history and natural course of the care, policies and laws that have been developed over the years for persons with disabilities, as well as the biomechanics and technology of wheelchair sports and adaptive sports prostheses. The medical considerations of the adaptive athlete comprise part two, including injury epidemiology, emergent care, and surgical and rehabilitative considerations. Part three, by far the most extensive section, discusses specific wheelchair and adaptive sports, including adaptive running, cycling, water sports and throwing sports, wheelchair basketball, softball and rugby, as well as adaptive combative and extreme sports. Selected topics, including event planning, advocacy and controversies such as doping, are covered in part four. A comprehensive yet practical text, Adaptive Sports Medicine is a go-to resource and will be an invaluable reference for any sports medicine or primary medicine practitioner working with this unique population.

Provides hands-on information for the management of both recreational and competitive athletes. Over a thousand full-color clinical illustrations plus a wealth of summary boxes enable you to obtain key information quickly, while authoritative text written by established and emerging authorities provides state-of-the-art know-how on overcoming any challenge in the specialty.

Coverage of sports injuries includes structured information on diagnosis, management, and rehabilitation.

With an emphasis on exercise and its effect on bone, this text includes sections on basic anatomy and the physiology of the structure and function of bone as well as exercises to maintain a healthy skeleton through to old age.

This book has it all - written by national and international experts and edited by world authorities, it is the first book on sport psychiatry in over a decade. Dealing with psychopathology, mental health problems and clinical management, it differs markedly from sports psychology books that focus on performance issues. Eating disorders, exercise addiction, drug abuse are all problems that are seen in 'everyday' athletes, not just elite performers. This book shows how to help. This text covers the most important topics in contemporary sports psychiatry/psychology from an international perspective. Chapter authors are experts in the field and global leaders in the related professional organizations, including current and past Presidents/Chairs of the International Society for Sports Psychiatry and of the World Psychiatric Association Section on Exercise and Sports Psychiatry. Authors are mainly psychiatrists: the rest are PhD sport psychologists. The book comprises representative chapter authors from around the world, to an extent unprecedented in this topic. The authors and editors are well-informed in global perspectives, e.g., having served as consultants to numerous Olympic teams, in addition to service on the International Society for Sports Psychiatry's Board of Directors. Specifically, this book covers four main categories of topics: 1) mental health challenges faced by athletes (including substance use disorders, exercise addiction, eating disorders, depression, suicide, and concussion), 2) injury and treatment of sports-related issues with athletes (including different types of psychotherapy for psychiatric disorders, psychotherapeutic performance enhancement approaches, transferece and countertransference issues, achievement by proxy, psychotherapeutic issues as applied to a couple of sports that are played around the world, and use of psychiatric medications in athletes), 3) psychosocial issues affecting athletes (including sexual harassment and abuse, cultural issues, and ethics issues), and 4) the field of sports psychiatry (including work within one common sports psychiatry practice setting, and current status of and challenges in the field of sports psychiatry). There is a growing need for this book. Performance-enhancing drugs, use of psychotropics in impaired athletes, head trauma, sexual abuse, eating disorders, ethics, and depression and suicide in athletes, are just a few of the timely subjects addressed in this text. This is the only comprehensive reference available for those working in the field (or merely interested in it) to consult for current information on these topics. The existing sports psychology texts all focus on performance issues, with little, if any, attention paid to these areas of clinical significance. The book addresses the core differences between sports psychiatry and sports psychology, as well as the areas of overlap. Emphasis is placed on how the disciplines should work together in diagnosing and treating athletes dealing with emotional stress and psychopathology. Chapters include case examples and specific goals listed at the beginning, along with tables and graphs to highlight key concepts.

Clinical Guide to Sports Injuries

Adaptive Sports Medicine

Painful Yarns

Sports Medicine Consult

Viral and Antiviral Nanomaterials

This text provides the most up-to-date, in-depth coverage of the basic and clinical sciences required for management of the equine athlete. The unique treatment of exercise physiology and training within a clinical context, together with a detailed review of all diseases affecting athletic horses, makes this the most comprehensive text available. Provides a thorough grounding in the basic physiology of each body system, and in particular the responses of each body system to exercise and training. The internationally renowned team of contributors has created the ultimate reference for veterinarians, students, horse-owners, and all those involved in the world of equine athletics. High quality artwork, including relevant radiographic, ultrasonographic, CAT scan, and MRI images, aid understanding and diagnosis Provides a truly international perspective, including guidelines pertinent to different geographic areas, and racing jurisdictions in-depth coverage of the role of the veterinarian in the management of athletic horses Explores the use of complementary therapies

This book is designed as a comprehensive educational resource not only for basketball medical caregivers and scientists but for all basketball personnel. Written by a multidisciplinary team of leading experts in their fields, it provides information and guidance on injury prevention, injury management, and rehabilitation for physicians, physical therapists, athletic trainers, rehabilitation specialists, conditioning trainers, and coaches. All commonly encountered injuries and a variety of situations and scenarios specific to basketball are covered with the aid of more than 200 color photos and illustrations. Basketball Sports Medicine and Science is published in collaboration with ESKKA and will represent a superb, comprehensive educational resource. It is further hoped that the book will serve as a link between the different disciplines and modalities involved in basketball care, creating a common language and improving communication within the team staff and environment.

Originally published in 1987, this title is a comprehensive study focused on experimental forms in eighteenth-century fiction. It suggests that the eighteenth-century novel is misread because it is judged with the templates of nineteenth and twentieth century versions of 'the novel' in mind, rather than as a genre. Looking at works from well-known authors of the time this learned and lively book, gently but precisely undermines a basic category of modern literary understanding.

Physical Activity and Health explains clearly, systematically and in detail the relationships between physical activity, health and disease, and explores the benefits of exercise in the prevention and treatment of health conditions such as cardiovascular disease, diabetes, obesity, osteoporosis, and cancer.

The History, Evolution, and Current State of Female Offenders

Physical Activity and Health

VALUE PACK CLINICAL SPORTS MEDICINE SE - VOL 1 And 2

Stress Fractures

The Routledge Handbook of Clinical Sport Psychology

This much-needed reference serves as your best source for up-to-date, organized information on stress fractures. Written by three leading authorities in this area, Stress Fractures covers the pathophysiology, epidemiology, risk factors, and treatment associated with these injuries. The reference provides both theory about development of stress fractures and practical management of the various types and sites of stress fractures. It is an essential reference for all clinicians involved in the diagnosis, prescription, and management of these injuries. Authors Peter Brukner, Kim Bennell, and Gordon Matheson draw together their extensive knowledge base and expertise to provide current and comprehensive information about the subject. The pathophysiology and epidemiology of stress fractures are covered in the first two chapters. A general overview of diagnosis and treatment of stress fractures is provided in the following two chapters. In the concluding chapters, the management of specific stress fractures is described in detail for the upper limb, the trunk, the pelvis and thigh, the lower leg, and the foot and ankle. Recent advances in nuclear isotope scans, CT scans, and MRI have enabled stress fractures to be detected and identified much more easily. Stress Fractures pulls together the important information on the topic and offers a valuable, practical guide to risk factors and treatment options for this increasingly prevalent type of injury. This book is published by Blackwell Science and is not available from Human Kinetics in Australia.

The Bible of Sports Medicine - Now enhanced by a new companion website! Brukner & Khan's Clinical Sports Medicine 4th Edition is the complete practical guide to musculoskeletal medicine and physical therapy, covering all aspects of diagnosis and management of sports-related injuries and physical activity. Extensively revised and expanded by the world's leading sports physicians, this fourth edition continues to set the standard as the pinnacle of current knowledge and practice in sports medicine. At 1,270 pages, 67 chapters and over 1000 full colour images, the fourth edition has 25% more content than the best-selling third edition. All aspects of diagnosis and management of sports-related injuries and physical activity are covered, including the fundamental principles of sports medicine, diagnosis and treatment of sports injuries, enhancement of sports performance and dealing with special groups of participants. With a focus on clinical relevance, each chapter has been comprehensively revised and updated and there are 13 brand new chapters covering hot topics such as challenging hip pain, sudden death in sport, hamstring tear management, sideline emergency care, and the latest in pain science. Led by Peter Brukner (Head of Sports Medicine and Sports Science, Liverpool Football Club) and Karim Khan (Professor, University of British Columbia, Vancouver), the 100 strong author team, representing 14 countries around the world, are all renowned experts in their field and have an average of 15 years practical experience. Key Features: - New companion website featuring over 4 hours of assess-ment and treatment video and audio material which will be updated regularly - 12 months access with book purchase - Comprehensively reviewed and updated featuring an expert international author team - Expanded! Includes 13 new chapters covering topics such as hip pain, military medicine, prevention of sudden cardiac death and the integration of evidence into clinical practice - MORE illustrations than ever before with over 1000 colour photographs demonstrating techniques, exercises and sports injuries and purpose drawn full colour anatomical illustrations - Full colour text design greatly enhances readability of the content while clear colour differentiation for headings and figures ensures ease of use The fourth edition is enhanced by a new companion website featuring Clinical Sports Medicine Masterclasses Online. Readers will gain access to this secure site via a pincode included with the book. The site will include video clips of clinical examinations, interviews with leading experts and will be updated regularly. Brukner & Khan's Clinical Sports Medicine 4E provides excellent value as an authoritative clinical foundation for physiotherapists, medical practitioners, osteopaths, massage therapists, podiatrists, sports/athletic trainers, sports therapists, fitness leaders and athletes. It is widely adopted by students in sports physiotherapy, medicine, and human movement studies/kinesiology.

This book summarizes the synthesis, properties, characterization, and application of viral and antiviral nanomaterials by using interdisciplinary subjects ranging from materials science to biomedical science. Viral and Antiviral Nanomaterials: Synthesis, Properties, Characterization, and Application highlights attainments in utilizing nanomaterials as powerful tools for the treatment of viral infections in plants, animals, and humans. It reviews the adopted strategies for designing viral and antiviral nanomaterials for medical applications, including cancer therapy and drug delivery. It also explains the different kinds of antiviral nanosized structures, their chemistries, and the attributes that enable them to be suitable targets for nanotherapeutics. The contributors have prepared the content in a comprehensive manner for readers to use their research findings to improve the healthcare of all living beings. FEATURES Reviews the novel tools for synthesis and characterization of nanomaterials as viral and antiviral agents Explores the different applications of currently available nanomaterials for the treatment of viral infections Investigates the role of antiviral nanodrugs in human and plant systems Addresses the activity of nanostructures in drug-delivery systems for cancer treatment Allows readers from various backgrounds to access the advanced research and practices across traditional frontiers Discusses viral nanomaterials as the viable future of antiviral drugs and nanovaccines in animals and humans This authoritative book is of exceptional relevance to postgraduate scholars, researchers, and scientists interested in nanomedicine, biomedical science, materials science, biopharmaceutical technology, microbiology, and virology to improve virus- and cancer-based therapeutic tools for animal and human welfare.

Brukner & Khan's Clinical Sports Medicine, the world-leading title in sport and exercise medicine. To accommodate the rapid advances in the profession, this fifth edition has been expanded into two volumes. The first volume, Injuries, is the essential guide to all aspects of preventing, diagnosing and treating sports-related injuries. This second volume, The Medicine of Exercise, focuses on the health benefits of exercise and discusses the current medical issues in sport. The six sections of The Medicine of Exercise are: * Physical activity and health (6 chapters) * Managing medical problems (16 chapters) * Exercising in challenging environments (5 chapters) * Exercise medicine for specific groups (5 chapters) * Performance and ethics (5 chapters) * Practical sports medicine (3 chapters)

Textbook of Sports Medicine

Oxford Handbook of Sport and Exercise Medicine

New Directions for Theory and Therapy

Clinical Sports Medicine

A Problem-based Approach to Sports Medicine for the Primary Care Physician

Publisher's Note: Products purchased from Third Party sellers are not guaranteed by the publisher for quality, authenticity, or access to any online entitlements included with the product. Sports Medicine's Cornerstone Text – Updated with the Latest Research and Developments THE #1 TEXT IN SPORTS MEDICINE! Brukner & Khan's Clinical Sports Medicine is the world-leading title in sports and exercise medicine, providing an authoritative foundation for clinicians and students. This complete practical guide to physiotherapy and musculoskeletal medicine covers all aspects of diagnosis and contemporary management of sports-related injuries. The Fifth Edition has been expanded to accommodate a much higher level of evidence-based content. It reflects the huge amount of new research and significant changes in thinking since the previous edition was published. The contributing editors are an international compilation of globally recognized experts within their fields. This is essential reading for sports medicine physicians, physical therapists, and physical therapy students. Topics in Volume Two Include:

• Injuries and health-Exercise and disease-Environment •Harassment and abuse-Special groups-Maximizing athletic performance-Nutrition for performance
Patient-based learning made simple! Understanding the anatomy of a sports injury is the key to unlocking the diagnosis for most clinicians. Unfortunately, anatomy is often poorly taught, is not clinically focused and many anatomy textbooks are so complicated that searching for clinically useful information is difficult. In addition, multiple pathologies can present in an overlapping fashion, making the differentiation of the various possible causes of injury problematic. Clinical Sports Anatomy classifies structures according to their anatomical reference points to form a diagnostic triangle. Discriminant questions are coupled with the more useful clinical tests and diagnostic manoeuvres to direct the reader toward a definitive clinical diagnosis. This approach is firmly rooted in evidence-based medicine and includes a list of the most appropriate investigations required to confirm diagnosis. Key Features the four step process (define and align; listen and localize; palpate and re-create; alleviate and investigate) the accurate orientation of the [triangle system] which aligns the questioning and subsequent examination to focus on surrounding structures that may be injured, not just the most obvious one diagnostic reference tables 38 case studies of patient presentations covering a variety of sports injuries over 60 rich and original anatomical illustrations

Illustrated with more than 400 full color illustrations and 120 photos, Clinical Guide to Sports Injuries is an outstanding guide to the diagnosis, treatment, and rehabilitation of sports injuries. See and learn how to evaluate and treat a wide range of sports injuries and to confidently handle each step in the injury management process. You'll also learn how to prescribe rehabilitation exercises to your patients. Clinical Guide to Sports Injuries is a well-organized, easy-to-understand, and richly illustrated text for general practitioners and sports medicine specialists - anyone who needs to know how to diagnose and treat sports injuries of all kinds.

Patient-based learning made simple! Understanding the anatomy of a sports injury is the key to unlocking the diagnosis for most clinicians. Unfortunately, anatomy is often poorly taught, is not clinically focused, and many anatomy textbooks are so complicated that searching for clinically useful information is difficult. In addition, multiple pathologies can present in an overlapping fashion, making the differentiation of the various possible causes of injury problematic. Clinical Sports Anatomy classifies structures according to their anatomical reference points to form a diagnostic triangle. Discriminant questions are coupled with the more useful clinical tests and diagnostic manoeuvres to direct the reader toward a definitive clinical diagnosis. This approach is firmly rooted in evidence-based medicine and includes a list of the most appropriate investigations required to confirm diagnosis. This book is a valuable tool for anyone training to work, or already working, in musculoskeletal medicine. Physical therapists, athletic trainers, primary care physicians and residents, orthopedists and residents, and sports physicians and residents will all find this work useful in training, refreshing their knowledge of anatomy, or as a means of training others. Features: A novel diagnostic approach to categorising differential diagnoses High quality anatomical diagrams and easy to read tables Case histories practically demonstrate the application of this approach

CLINICAL SPORTS MEDICINE: THE MEDICINE OF EXERCISE

A Thoughtful Guide

Brukner & Khan's Clinical Sports Medicine

The Olympic Textbook of Medicine in Sport

A Clinical Guide

Now in its Second Edition, The 5-Minute Sports Medicine Consult is a clinically oriented quick consult reference for sports medicine. Common sports-related problems faced by primary care practitioners are thoroughly and concisely presented in the famous fast-access 5-Minute Consult format. Chapters on musculoskeletal problems cover basics; diagnosis; acute treatment, including on-field management; long-term treatment, including rehabilitation and referrals, and commonly asked questions. Other chapters address the special populations of children, adolescents, females, geriatric athletes, and disabled athletes and general medical problems in athletic individuals. Appendices include musculoskeletal radiography, office rehabilitation, and joint and soft tissue injection.

Trauma and Psychosis provides a valuable contribution to the current understanding of the possible relationships between the experience of trauma and the range of phenomena currently referred to as psychosis. Warren Larkin and Anthony P. Morrison bring together contributions from leading clinicians and researchers in a range of fields including clinical psychology, mental health nursing and psychiatry. The book is divided into three parts, providing comprehensive coverage of the relevant research and clinical applications. Part I: Research and Theoretical Perspectives provides the reader with a broad understanding of current and developing theoretical perspectives. Part II: Specific Populations examines the relationship between trauma and psychotic experiences in specific populations. Part III: From Theory to Therapy draws together current knowledge and investigates how it might be used to benefit individuals experiencing psychosis. This book will be invaluable for clinicians and researchers interested in gaining a greater insight into the interaction between trauma and psychosis.

The cornerstone text on sports and exercise medicine Brukner & Khan's Clinical Sports Medicine is the world-leading title in sports and exercise medicine, providing an authoritative foundation for clinicians and students. This complete practical guide to physiotherapy and musculoskeletal medicine covers all aspects of diagnosis and contemporary management of sports-related injuries. This fifth edition has been expanded to accommodate a much higher level of evidence-based content. It reflects the huge amount of new research and significant changes in thinking since the fourth edition was published. For this volume, Injuries, all chapters have been comprehensively updated by sports physiotherapists and sports physicians at the top of their fields from around the world. There are more than 300 new figures and tables, as well as six new chapters including [Training programming and prescription [Return to play [Pain: the clinical aspects An ebook with linked masterclass videos is also available. For details go to www.mheducation.com.au

A Doody's Core Title! "Clinical Sports Medicine" has established itself as the authoritative reference for clinicians who treat musculoskeletal conditions and prescribe activity. New to this Edition: Currency: Includes six new chapters, with all others substantially revised; this edition successfully integrates research discoveries with the latest clinical developments in physiotherapy and medicine Full Color: Completely new art program, in full color, highlights key concepts in a visual and appealing manner Patient Education: A Bonus CD contains a comprehensive set of Patient Information Sheets for both common and rare sports injuries. Excellent for clinicians in consultations and forms an effective study tool for students "Clinical Sports Medicine" takes a multidisciplinary perspective and is designed for practicing clinicians including physiotherapists, general practitioners, and remedial massage therapists. It is essential reading for students in these fields. The Evidence Explains

Recommendations for Advancing the Field

Netter's Sports Medicine E-Book

Injuries, Fifth Edition

Lecture Notes: Orthopaedics and Fractures

Clinical sport psychology is a rapidly growing field that brings together research and clinical interventions from both clinical psychology and sport and performance psychology. Complementary to sports medicine and clinical sport psychiatry, clinical sport psychology addresses the mental health needs and psychological well-being of athletes, coaches, and other members of the sport community. It offers scientifically informed conceptualizations of psychological distress as it manifests in sport settings, as well as empirically supported clinical interventions tailored to the needs of sport populations. This volume addresses the latest research findings regarding mental health among athletes and other sport professionals, including epidemiological research concerning depression, anxiety, eating disorders, and conduct and interpersonal problems. In addition, it explores the unique etiology of mental health problems among athletes, including psychological sequelae of injury and trauma, as well as concise practice guidelines for conceptualizing and treating psychological distress in sport populations. Strategies for thorough yet efficient psychological assessment of athletes, coaches, and other sport professionals are also provided. A compendium of relevant empirical research and clinical best practices for assessment and treatment, this handbook charts the course that clinical sport psychology has taken since its inception as a distinct clinical specialty and highlights future directions for this rapidly growing practice domain. It offers essential reading for psychologists and other mental health professionals who provide clinical services in sport and performance settings.

A striking feature of Clinical Sports Medicine has always been the authors' relentless commitment to "clinical." This is a unique book." Dr Emma K Stokes, President, World Confederation for Physical Therapy This world-leading title in sport and exercise medicine is an authoritative and practical guide to physiotherapy and musculoskeletal medicine for clinicians and students. To accommodate the rapid advances in the professions, this fifth edition has been expanded into two volumes. This edition has been enhanced with a new companion website. Brukner & Khan's Clinical Sports Medicine 4th Edition is the complete practical guide to musculoskeletal medicine and physical therapy, covering all aspects of diagnosis and management of sports-related injuries and physical activity. Extensively revised and expanded by the world's leading sports physicians, this fourth edition continues to set the standard as the pinnacle of current knowledge and practice in sports medicine. At 1,270 pages, 67 chapters and over 1000 full colour images, the fourth edition has 25% more content than the best-selling third edition. All aspects of diagnosis and management of sports-related injuries and physical activity are covered, including the fundamental principles of sports medicine, diagnosis and treatment of sports injuries, enhancement of sports performance and dealing with special groups of participants. With a focus on clinical relevance, each chapter has been comprehensively revised and updated and there are 13 brand new chapters covering hot topics such as challenging hip pain, sudden death in sport, hamstring tear management, sideline emergency care, and the latest in pain science. Led by Peter Brukner (Head of Sports Medicine and Sports Science, Liverpool Football Club) and Karim Khan (Professor, University of British Columbia, Vancouver), the 100 strong author team, representing 14 countries around the world, are all renowned experts in their field and have an average of 15 years practical experience. Key Features: - New companion website featuring over 4 hours of assess-ment and treatment video and audio material which will be updated regularly - 12 months access with book purchase - Comprehensively reviewed and updated featuring an expert international author team - Expanded! Includes 13 new chapters covering topics such as hip pain, military medicine, prevention of sudden cardiac death and the integration of evidence into clinical practice - MORE illustrations than ever before with over 1000 colour photographs demonstrating techniques, exercises and sports injuries and purpose drawn full colour anatomical illustrations - Full colour text design greatly enhances readability of the content while clear colour differentiation for headings and figures ensures ease of use The fourth edition is enhanced by a new companion website featuring Clinical Sports Medicine Masterclasses Online. Readers will gain access to this secure site via a pincode included with the book. The site will include video clips of clinical examinations, interviews with leading experts and will be updated regularly. Brukner & Khan's Clinical Sports Medicine 4E provides excellent value as an authoritative clinical foundation for physiotherapists, medical practitioners, osteopaths, massage therapists, podiatrists, sports/athletic trainers, sports therapists, fitness leaders and athletes. It is widely adopted by students in sports physiotherapy, medicine, and human movement studies/kinesiology.

Illustrated with more than 400 full color illustrations and 120 photos, Clinical Guide to Sports Injuries is an outstanding guide to the diagnosis, treatment, and rehabilitation of sports injuries. See and learn how to evaluate and treat a wide range of sports injuries and to confidently handle each step in the injury management process. You'll also learn how to prescribe rehabilitation exercises to your patients. Clinical Guide to Sports Injuries is a well-organized, easy-to-understand, and richly illustrated text for general practitioners and sports medicine specialists - anyone who needs to know how to diagnose and treat sports injuries of all kinds.

Patient-based learning made simple! Understanding the anatomy of a sports injury is the key to unlocking the diagnosis for most clinicians. Unfortunately, anatomy is often poorly taught, is not clinically focused, and many anatomy textbooks are so complicated that searching for clinically useful information is difficult. In addition, multiple pathologies can present in an overlapping fashion, making the differentiation of the various possible causes of injury problematic. Clinical Sports Anatomy classifies structures according to their anatomical reference points to form a diagnostic triangle. Discriminant questions are coupled with the more useful clinical tests and diagnostic manoeuvres to direct the reader toward a definitive clinical diagnosis. This approach is firmly rooted in evidence-based medicine and includes a list of the most appropriate investigations required to confirm diagnosis. This book is a valuable tool for anyone training to work, or already working, in musculoskeletal medicine. Physical therapists, athletic trainers, primary care physicians and residents, orthopedists and residents, and sports physicians and residents will all find this work useful in training, refreshing their knowledge of anatomy, or as a means of training others. Features: A novel diagnostic approach to categorising differential diagnoses High quality anatomical diagrams and easy to read tables Case histories practically demonstrate the application of this approach

CLINICAL SPORTS MEDICINE: THE MEDICINE OF EXERCISE

A Thoughtful Guide

Brukner & Khan's Clinical Sports Medicine

The Olympic Textbook of Medicine in Sport

A Clinical Guide

Now in its Second Edition, The 5-Minute Sports Medicine Consult is a clinically oriented quick consult reference for sports medicine. Common sports-related problems faced by primary care practitioners are thoroughly and concisely presented in the famous fast-access 5-Minute Consult format. Chapters on musculoskeletal problems cover basics; diagnosis; acute treatment, including on-field management; long-term treatment, including rehabilitation and referrals, and commonly asked questions. Other chapters address the special populations of children, adolescents, females, geriatric athletes, and disabled athletes and general medical problems in athletic individuals. Appendices include musculoskeletal radiography, office rehabilitation, and joint and soft tissue injection.

Trauma and Psychosis provides a valuable contribution to the current understanding of the possible relationships between the experience of trauma and the range of phenomena currently referred to as psychosis. Warren Larkin and Anthony P. Morrison bring together contributions from leading clinicians and researchers in a range of fields including clinical psychology, mental health nursing and psychiatry. The book is divided into three parts, providing comprehensive coverage of the relevant research and clinical applications. Part I: Research and Theoretical Perspectives provides the reader with a broad understanding of current and developing theoretical perspectives. Part II: Specific Populations examines the relationship between trauma and psychotic experiences in specific populations. Part III: From Theory to Therapy draws together current knowledge and investigates how it might be used to benefit individuals experiencing psychosis. This book will be invaluable for clinicians and researchers interested in gaining a greater insight into the interaction between trauma and psychosis.

The cornerstone text on sports and exercise medicine Brukner & Khan's Clinical Sports Medicine is the world-leading title in sports and exercise medicine, providing an authoritative foundation for clinicians and students. This complete practical guide to physiotherapy and musculoskeletal medicine covers all aspects of diagnosis and contemporary management of sports-related injuries. This fifth edition has been expanded to accommodate a much higher level of evidence-based content. It reflects the huge amount of new research and significant changes in thinking since the fourth edition was published. For this volume, Injuries, all chapters have been comprehensively updated by sports physiotherapists and sports physicians at the top of their fields from around the world. There are more than 300 new figures and tables, as well as six new chapters including [Training programming and prescription [Return to play [Pain: the clinical aspects An ebook with linked masterclass videos is also available. For details go to www.mheducation.com.au

A Doody's Core Title! "Clinical Sports Medicine" has established itself as the authoritative reference for clinicians who treat musculoskeletal conditions and prescribe activity. New to this Edition: Currency: Includes six new chapters, with all others substantially revised; this edition successfully integrates research discoveries with the latest clinical developments in physiotherapy and medicine Full Color: Completely new art program, in full color, highlights key concepts in a visual and appealing manner Patient Education: A Bonus CD contains a comprehensive set of Patient Information Sheets for both common and rare sports injuries. Excellent for clinicians in consultations and forms an effective study tool for students "Clinical Sports Medicine" takes a multidisciplinary perspective and is designed for practicing clinicians including physiotherapists, general practitioners, and remedial massage therapists. It is essential reading for students in these fields. The Evidence Explains

Recommendations for Advancing the Field

Netter's Sports Medicine E-Book

Injuries, Fifth Edition

Lecture Notes: Orthopaedics and Fractures

Clinical sport psychology is a rapidly growing field that brings together research and clinical interventions from both clinical psychology and sport and performance psychology. Complementary to sports medicine and clinical sport psychiatry, clinical sport psychology addresses the mental health needs and psychological well-being of athletes, coaches, and other members of the sport community. It offers scientifically informed conceptualizations of psychological distress as it manifests in sport settings, as well as empirically supported clinical interventions tailored to the needs of sport populations. This volume addresses the latest research findings regarding mental health among athletes and other sport professionals, including epidemiological research concerning depression, anxiety, eating disorders, and conduct and interpersonal problems. In addition, it explores the unique etiology of mental health problems among athletes, including psychological sequelae of injury and trauma, as well as concise practice guidelines for conceptualizing and treating psychological distress in sport populations. Strategies for thorough yet efficient psychological assessment of athletes, coaches, and other sport professionals are also provided. A compendium of relevant empirical research and clinical best practices for assessment and treatment, this handbook charts the course that clinical sport psychology has taken since its inception as a distinct clinical specialty and highlights future directions for this rapidly growing practice domain. It offers essential reading for psychologists and other mental health professionals who provide clinical services in sport and performance settings.

A striking feature of Clinical Sports Medicine has always been the authors' relentless commitment to "clinical." This is a unique book." Dr Emma K Stokes, President, World Confederation for Physical Therapy This world-leading title in sport and exercise medicine is an authoritative and practical guide to physiotherapy and musculoskeletal medicine for clinicians and students. To accommodate the rapid advances in the professions, this fifth edition has been expanded into two volumes. This edition has been enhanced with a new companion website. Brukner & Khan's Clinical Sports Medicine 4th Edition is the complete practical guide to musculoskeletal medicine and physical therapy, covering all aspects of diagnosis and management of sports-related injuries and physical activity. Extensively revised and expanded by the world's leading sports physicians, this fourth edition continues to set the standard as the pinnacle of current knowledge and practice in sports medicine. At 1,270 pages, 67 chapters and over 1000 full colour images, the fourth edition has 25% more content than the best-selling third edition. All aspects of diagnosis and management of sports-related injuries and physical activity are covered, including the fundamental principles of sports medicine, diagnosis and treatment of sports injuries, enhancement of sports performance and dealing with special groups of participants. With a focus on clinical relevance, each chapter has been comprehensively revised and updated and there are 13 brand new chapters covering hot topics such as challenging hip pain, sudden death in sport, hamstring tear management, sideline emergency care, and the latest in pain science. Led by Peter Brukner (Head of Sports Medicine and Sports Science, Liverpool Football Club) and Karim Khan (Professor, University of British Columbia, Vancouver), the 100 strong author team, representing 14 countries around the world, are all renowned experts in their field and have an average of 15 years practical experience. Key Features: - New companion website featuring over 4 hours of assess-ment and treatment video and audio material which will be updated regularly - 12 months access with book purchase - Comprehensively reviewed and updated featuring an expert international author team - Expanded! Includes 13 new chapters covering topics such as hip pain, military medicine, prevention of sudden cardiac death and the integration of evidence into clinical practice - MORE illustrations than ever before with over 1000 colour photographs demonstrating techniques, exercises and sports injuries and purpose drawn full colour anatomical illustrations - Full colour text design greatly enhances readability of the content while clear colour differentiation for headings and figures ensures ease of use The fourth edition is enhanced by a new companion website featuring Clinical Sports Medicine Masterclasses Online. Readers will gain access to this secure site via a pincode included with the book. The site will include video clips of clinical examinations, interviews with leading experts and will be updated regularly. Brukner & Khan's Clinical Sports Medicine 4E provides excellent value as an authoritative clinical foundation for physiotherapists, medical practitioners, osteopaths, massage therapists, podiatrists, sports/athletic trainers, sports therapists, fitness leaders and athletes. It is widely adopted by students in sports physiotherapy, medicine, and human movement studies/kinesiology.

Illustrated with more than 400 full color illustrations and 120 photos, Clinical Guide to Sports Injuries is an outstanding guide to the diagnosis, treatment, and rehabilitation of sports injuries. See and learn how to evaluate and treat a wide range of sports injuries and to confidently handle each step in the injury management process. You'll also learn how to prescribe rehabilitation exercises to your patients. Clinical Guide to Sports Injuries is a well-organized, easy-to-understand, and richly illustrated text for general practitioners and sports medicine specialists - anyone who needs to know how to diagnose and treat sports injuries of all kinds.

Patient-based learning made simple! Understanding the anatomy of a sports injury is the key to unlocking the diagnosis for most clinicians. Unfortunately, anatomy is often poorly taught, is not clinically focused, and many anatomy textbooks are so complicated that searching for clinically useful information is difficult. In addition, multiple pathologies can present in an overlapping fashion, making the differentiation of the various possible causes of injury problematic. Clinical Sports Anatomy classifies structures according to their anatomical reference points to form a diagnostic triangle. Discriminant questions are coupled with the more useful clinical tests and diagnostic manoeuvres to direct the reader toward a definitive clinical diagnosis. This approach is firmly rooted in evidence-based medicine and includes a list of the most appropriate investigations required to confirm diagnosis. This book is a valuable tool for anyone training to work, or already working, in musculoskeletal medicine. Physical therapists, athletic trainers, primary care physicians and residents, orthopedists and residents, and sports physicians and residents will all find this work useful in training, refreshing their knowledge of anatomy, or as a means of training others. Features: A novel diagnostic approach to categorising differential diagnoses High quality anatomical diagrams and easy to read tables Case histories practically demonstrate the application of this approach

CLINICAL SPORTS MEDICINE: THE MEDICINE OF EXERCISE

A Thoughtful Guide

Brukner & Khan's Clinical Sports Medicine

The Olympic Textbook of Medicine in Sport

A Clinical Guide

Now in its Second Edition, The 5-Minute Sports Medicine Consult is a clinically oriented quick consult reference for sports medicine. Common sports-related problems faced by primary care practitioners are thoroughly and concisely presented in the famous fast-access 5-Minute Consult format. Chapters on musculoskeletal problems cover basics; diagnosis; acute treatment, including on-field management; long-term treatment, including rehabilitation and referrals, and commonly asked questions. Other chapters address the special populations of children, adolescents, females, geriatric athletes, and disabled athletes and general medical problems in athletic individuals. Appendices include musculoskeletal radiography, office rehabilitation, and joint and soft tissue injection.

Trauma and Psychosis provides a valuable contribution to the current understanding of the possible relationships between the experience of trauma and the range of phenomena currently referred to as psychosis. Warren Larkin and Anthony P. Morrison bring together contributions from leading clinicians and researchers in a range of fields including clinical psychology, mental health nursing and psychiatry. The book is divided into three parts, providing comprehensive coverage of the relevant research and clinical applications. Part I: Research and Theoretical Perspectives provides the reader with a broad understanding of current and developing theoretical perspectives. Part II: Specific Populations examines the relationship between trauma and psychotic experiences in specific populations. Part III: From Theory to Therapy draws together current knowledge and investigates how it might be used to benefit individuals experiencing psychosis. This book will be invaluable for clinicians and researchers interested in gaining a greater insight into the interaction between trauma and psychosis.

The cornerstone text

