

Beware Of The Dog Rugby S Hard Man Reveals All

Steve Davis was just a rookie from Plumstead, south London, learning how to play from an old book his snooker-obsessed father had given him, when an encounter with Barry Hearn changed his life forever. With his backing, Steve began touring the country in a clapped-out car as an amateur. Challenging established professionals and winning titles, supported by his loyal following the Romford Roar, it wasn't long before he progressed to the world's stage. By the eighties, Steve had helped transform a previously shady sport into a national obsession. He and a cast of legends such as Ray Reardon, Dennis Taylor and Alex Higgins, with other young guns like Jimmy White, were doing silent battle in front of huge audiences. Tens of millions of viewers would witness the nail-biting conclusions of his world championship finals; this was snooker's golden era. The man behind the 'boring' tag has always been the sport's smartest and sharpest man. With his cool, obsessive approach, Steve rewrote the rule book and became untouchably the best player in the world and the best paid sportsman in the country. Interesting lays it all bare: what it was like to win in those pressure-cooker situations; how to cope at the top, when everyone wants you to lose; and how you deal with the moment when a man comes along who is finally better than you. This is a memoir that closely evokes the smoke-filled atmosphere of those arenas, the intrigue behind the scenes and the personal psychology and sacrifice that is required to stay at the top of such an exacting sport.

Jonny Wilkinson's career has crossed three decades and four World Cups. He has accumulated phenomenal achievements, world points records, an impressive list of broken body parts, and a drop goal that will be remembered for ever. But the peculiar calmness with which he played the game masked a very different reality. In JONNY, he reveals the extraordinary psychology that he had to tame in order to be able to dominate his sport. For most of his life, he was driven by a quest for perfection and an obsession to be the best player in the world; here he shows how these two facets of his competitive mind took such a hold of him that they sent him to the top of the world, then swept him up and dragged him down into a spiral of despair. Jonny's career has spanned the far reaches: amazing highs and iconic moments, then a fight against injury that culminated in a battle with depression. Here he tells of the physical toll he knew his body was taking from rugby, even from his youth; he tells of how he never wanted to be a kicking fly-half but learned to adapt his natural game to play the style that Clive Woodward believed necessary to win a World Cup, and how he nearly walked out on Martin Johnson's England team 13 years later.

Money. Money. Money. Tons of it. In us dollars. And it's all being funnelled into a government tender snagged by family-owned Amalfi Civils. Which would be great for business if ceo Angela wasn't fighting with her cfo brother Rej. Where Angela sees corruption, Rej sees cabinet ministers, politicians, officials eager to lend a hand. For a fee. It's a big pot so he's happy to oblige. And if needs be he'll take out his sister to keep the lucre. There are other players in this game. The cia for one. The State Security Agency for another. And a black op using lawyer and spy Vicki Kahn as a honeytrap to ensnare Rej's middleman – the very same middleman that her lover, pi Fish Pescado, is investigating. With these stakes, it's only time before the killing starts.

"The holy grail for disillusioned cycling fans . . . The book's power is in the collective details, all strung together in a story that is told with such clear-eyed conviction that you never doubt its veracity. . . . The Secret Race isn't just a game changer for the Lance Armstrong myth. It's the game ender."—Outside NEW YORK TIMES

BESTSELLER • WINNER OF THE WILLIAM HILL SPORTS BOOK OF THE YEAR AWARD The Secret Race is the book that rocked the world of professional cycling—and exposed, at long last, the doping culture surrounding the sport and its most iconic rider, Lance Armstrong. Former Olympic gold medalist Tyler Hamilton was once one of the world's top-ranked cyclists—and a member of Lance Armstrong's inner circle. Over the course of two years, New York Times bestselling author Daniel Coyle conducted more than two hundred hours of interviews with Hamilton and spoke with numerous teammates, rivals, and friends. The result is an explosive page-turner of a book that takes us deep inside a shadowy, fascinating, and surreal world of unscrupulous doctors, anything-goes team directors, and athletes so relentlessly driven to win that they would do almost anything to gain an edge. For the first time, Hamilton recounts his own battle with depression and tells the story of his complicated relationship with Lance Armstrong. This edition features a new Afterword, in which the authors reflect on the developments within the sport, and involving Armstrong, over the past year. The Secret Race is a courageous, groundbreaking act of witness from a man who is as determined to reveal the hard truth about his sport as he once was to win the Tour de France. With a new Afterword by the authors. "Loaded with bombshells and revelations."—VeloNews "[An] often harrowing story . . . the broadest, most accessible look at cycling's drug problems to date."—The New York Times " 'If I cheated, how did I get away with it?' That question, posed to SI by Lance Armstrong five years ago, has never been answered more definitively than it is in Tyler Hamilton's new book."—Sports Illustrated "Explosive."—The Daily Telegraph (London)

Who's who in the Theatre

The Test

Rugby Tales of Life with the Lions

Publishers' circular and booksellers' record

Oxford Dictionary of Humorous Quotations

Loose Head

WINNER OF THE 2010 WILLIAM HILL SPORTS BOOK OF THE YEAR PRIZE. Brian Moore, or 'Pitbull' as he came

to be known during nearly a decade at the heart of the England rugby team's pack, established himself as one of the game's original hard men at a time when rugby was still an amateur sport. Since his retirement, he has earned a reputation as an equally uncompromising commentator, never afraid to tell it as he sees it and lash out at the money men and professionals that have made rugby into such a different beast. Yet, for all his bullishness on and off the pitch, there also appears a more unconventional, complicated side to the man. A solicitor by trade, Moore's love of fine wine, career experience as a manicurist and preference for reading Shakespeare in the dressing room before games, mark him out as anything but the stereotypical rugby player and in *Beware of the Dog* Moore lays open with astounding frankness the shocking events, both personal and professional, that have gone towards shaping him over the years. Presenting an unparalleled insight into the mind of one of British rugby's greatest players and characters, *Beware of the Dog* is a uniquely engaging and upfront sporting memoir, and a deserved winner of the William Hill Sports Book of the Year prize.

A young journalist expecting her first child attends the prenatal clinic in Gladstone Australia where she lives and by a quirk of fate discovers that all women the world over have stopped falling pregnant for no explicable reason. The story that she writes for her newspaper rocks the world to its core and spirals her personal life onto an unimaginable journey of hope and despair.

It is the summer of 1987. Jason Prosper is eighteen and on his way to Bellingham Academy, a school known for offering wayward privileged students a second chance - and Jason needs a second chance: ever since his best friend's suicide, his life has been badly adrift. At Bellingham, Jason joins the sailing team, and meets a compelling young woman called Aidan. His friends warn him off, saying she is 'damaged goods'. But Jason feels like damaged too, and the pair form an intense connection. But when a major hurricane gathers just off the coast, Jason's world begins to cloud over again. And when the full extent of the storm's damage is finally revealed, the truths it lays bare - and the secrets it dredges up - look set to alter the course of Jason's life forever.

Roars from the Back of the Bus is an absorbing, amusing and at times moving collection of tales that give a rare insight into the camaraderie that exists between players at the top of their game, showing that relationships forged through experiences on a Lions tour last a lifetime. From the first Tour in 1888, it showcases characters with immense personality who fought together in wars or on rugby pitches in foreign lands, and who shared a bond developed through touring as representatives of the home nations. Despite the changes to the game after the advent of professionalism, the experiences of Jamie Heaslip, Brian O'Driscoll and Joe Worsley are still similar in some ways to those of earlier intrepid tourists like Blair Mayne, Lewis Jones, Sir Carl Aarvold or David Rollo. Containing defining memories and private insights from across the tours and the decades, *Roars from the Back of the Bus* shows that the Lions ethos remains strong at the heart of every team.

The Autobiography

Janey the Vet

The Secret Race

Beyond the Horizon

The Hurt

Rugby Union For Dummies

All the fun of Portico's bestselling *Strangest* series, now in quiz form! Test your rugby knowledge with this handy quiz book, packed with challenging quiz questions based around the weirdest events from more than a century of rugby history.

John Daniell is a rugby mercenary. A brutal word for an often brutal game. In 1996, when Rugby Union turned professional, John emigrated to France where he played for a decade in top competitions. His team ricocheted between fear and ecstasy, as they battled to save the relegation and their careers from the scrap heap. Now he lifts the lid on the dark world of the journeyman player, where losing a home is considered a crime, coaches and club owners will do anything to win, and agents ruthlessly manipulate players. His compelling confession is both shocking and funny, taking you behind the scenes, onto the field and into the very heart of the scrum.

Willie John McBride is a rugby legend - the boy from Ballymena in Northern Ireland who became captain of the Ireland rugby team and part of the British Lions for their unbeaten tour against South Africa in 1974. He has remained at the centre of rugby life ever since. During his international career lasting from 1962-75, Willie John played 17 tests for the Lions and was capped 63 times (12 as captain) by Ireland. He was awarded the MBE for services to rugby football in 1971 and later coached and managed the Lions and Ulster. Willie John reveals a man behind his rugby, love, life, and loves to tell a good story. Despite his amazing success on the rugby field, his life was not always as happy and straightforward. He recounts and reveals details of his life from family tragedies to how he had to sleep with two bodyguards outside his home during the Troubles. The book also includes many of Willie John's wonderful stories, for which he is justly famous.

Bedded for the prince's pleasure When virgin waitress Holly is thrown into the playboy prince's arms, he lives up to his wicked reputation by bedding her—then casting her aside! Expecting the prince's love-child Holly is pregnant! Casper is furious; Holly's just a scheming gold digger. Royal protocol demands he make her his bride! Wedded by royal command Innocent Holly has the wedding of her dreams—and Casper's first duty as his convenient wife will be on their wedding night....

Rugby's Hard Man Reveals All

The Fighting Jew

Martin Johnson Autobiography

The Player and the Pixie

A sociocultural analysis

Confessions of an (un)professional Rugby Player

USA TODAY BESTSELLER How can someone so smokin' hot be so bad in bed? I mean, Sean Cassidy is absolute rubbish.

RUBBISH. He is the epitome of walking, talking false advertising and I want a refund! Plus he's an arsehole. So what is wrong with me that I can't stop thinking about him? **THE PIXIE** Lucy Fitzpatrick doesn't like rugby. As the little sister of Ireland's most infamous rugby player, Lucy can't seem to escape the championship-sized shadow cast by her big brother, or her mother's frequent attempts to micromanage her future. Her rainbow hair is as free-spirited as her quest for inner peace, yet overbearing expectations

keep bringing her down. And when she's down, her compulsive little problem lands her in seriously big trouble. THE PLAYER Sean Cassidy is a cold-hearted brute – or so he's been told. Frequently. By everyone. His blonde locks, baby blues, and rock hard bod make ladies all over the world drool with desire. As the rugby world's second most infamous player, he should be basking in his success. But Sean has never been content settling for second place, and his frequent confrontations with Lucy's big brother leave him cold. And when he's cold, his compulsive little problem lands him in the lap of Lucy Fitzpatrick. THE PLAN Sean has a problem only Lucy can solve. Lucy has a problem only Sean can fix. The solution seems obvious: you scratch my back, and I'll bail you out of jail. But when their business arrangement unexpectedly leaves Sean scorching hot and Lucy on the precipice of inner peace, can they convince the world – and Lucy's big brother in particular – that this is the real deal? Either way, both the Player and the Pixie are about to teach each other some pretty monumental lessons about family, life, but most importantly, love. The Pixie and the Player is a full-length, romantic comedy novel, can be read as a standalone, and is the second book in the Rugby Series.

As a Premiership, World Cup and Grand Slam winner, no one better embodies the charisma and the colour of English rugby's greatest era than Lawrence Dallaglio. He has some story to tell, not just of the formidable exploits on the field, but an extraordinary life off it. His only sister, Francesca, was the youngest to perish in the Marchioness disaster and her death at 19 remains the great sadness of his life. In addition to this and his much-talked about England exploits, he also led his club Wasps to the summit of European rugby, winning two Heineken Cups and three consecutive English Premiership titles. Full of drama, controversy and great sadness, Lawrence Dallaglio's story the last of the great World Cup heroes is the one every rugby fan has been waiting to read.

In 1905, Vic Cartwright's England rugby team lined up against Dave Gallaher's touring All Blacks at Crystal Palace - the first ever meeting of two national teams. Ensuing matches, in both the amateur and professional eras, have been dramatic and controversial, steeped in the historical rivalry of the traditional home of the game for the nation that has claimed rugby as its own. Men in white (such as Wakefield, Beaumont, Carling, Leonard and Johnson) versus men in black (Meads, Lochore, Fitzpatrick, Lomu, McCaw). Hakas drowned out by rousing renditions of 'Swing Low, Sweet Chariot'. Grinding forward tussles on cold, murky afternoons and sweeping back-line movements on sun-lit grounds. Thorny Encounters chronicles the first 40 Test matches between England and New Zealand, in which giants of the sport have measured themselves against each other. In the professional era, the match has become the clash of the hemispheres.

A player like Richie McCaw comes along once in a lifetime... The Open Side will define that player. Rarely has a New Zealand biography been so eagerly anticipated. Superbly crafted, brilliantly insightful, and set to inspire people for generations to come. From the time his father told him as a child that 'he would enjoy his rugby more if he got fitter', Richard Hugh McCaw never looked back. Captain of the All Blacks since 2006, he is the face of rugby in New Zealand and one of our best-known and most admired figures. He has been named International Player of the Year three times and is considered the greatest player of his generation, and quite possibly the finest loose forward of all time. But what do we know of Richie the person and what drives him? In The Open Side, he reveals his passions and motivations, on and off the field. Teamed with Greg McGee, one of our great contemporary writers – and a man who himself is no stranger to rugby culture – the two have produced an outstanding book. The Open Side delves into the inner McCaw, the defining events and people in his life, as well as providing insight into the modern game and its professional players and coaches – including frank comment on the Deans-Henry debate. Richie's leadership has had a huge impact on the team, and The Open Side traces his rise from fresh-faced Under 19 squad member in 1999 to hardened 100-cap veteran in 2011. As a participant in three Rugby World Cups, Richie describes the agony of defeat in 2007, and the four years of 'living in a tunnel' before clawing his way to 'the light' of a dramatic victory with the All Blacks in the 2011 final.

No Place to Hide

Drum

A nail biting gripping psychological thriller

How I Put The Black In The Union Jack

It's in the Blood

The Ex-Wife

Renowned English rugby player Brian Moore recalls his mischievous misadventures on tour, and provides hard-won tips to avoid trouble.

Richard Parks has what must be one of contemporary sport's most extraordinary and inspirational stories. Soon after he turned thirty, the professional career in rugby that had been his life for over a decade was cut short by injury, leaving him faced with an uncertain future. But unlike many other young athletes, Richard decided to tackle his fears, anxiety and depression head on, taking inspiration from Ranulph Fiennes and a line from his grandmother's eulogy - "The horizon is only the limit of our sight" and setting out on challenges that have become part of his everyday life. Richard created history with his first endeavour - the 737 Challenge - by becoming the first person to conquer the highest mountain on each of the world's continents and venture to both the North and South Poles within seven months. Then in 2013 he tackled three hugely challenging events - an ultramarathon through the Peruvian jungle, the world's highest mountain bike race, and a double iron man triathlon in Snowdonia - in preparation for an even more extraordinary challenge: to record the fastest solo, unsupported and unassisted journey to the South Pole. These three challenges and the Antarctic speed record quest that saw Richard ski 11 hours a day enduring perishing conditions, broken skis and spending Christmas and New Year alone on the ice, were all filmed for a major four-part series to be broadcast on Channel 5 later this year. Beyond the Horizon is an amazing, inspiring, and exciting story for armchair adventurers, extreme sports and mountaineering fans alike.

'They've kicked it away again, for God's sake!', 'You halfwit!', there's nothing traditional about Brian Moore's style of commentary but then there's not much that's traditional about the

man. Brian Moore made his name, of course, as a take-no-prisoners hooker at the heart of the England rugby team's pack, one of the game's original hard men at a time when rugby was still an amateur sport. And since his retirement he has earned a reputation as a similarly unforgiving pundit, never afraid to tell it like it is and give an earful to anyone unlucky enough to meet with his disapproval. In this controversial, funny and forthright collection of thoughts and writings, Brian Moore sets the world to rights in his own inimitable fashion. Ranging from the problems with the England rugby team today to the 'soap opera' that is the FA, the feeble state of British tennis and the threats posed by corruption and drug-taking, Brian shares his unique insights and not-so-unique frustrations about the world of sport and beyond. The Thoughts of Chairman Moore is an engaging and outspoken collection of articles from one of our most admired commentators.

'Janey is like a whirlwind of selflessness. A beautiful spirit in a beautiful country doing a beautiful thing. I encourage my children to be more 'Janey'. With more positive spirits like Janey, the world would be a better place.' - Ben Fogle In 2014 and in her mid-twenties, Janey Lowes had been a vet for just two years when she left her home in County Durham and went travelling. Visiting Sri Lanka, she was horrified to see the state of so many of the island's dogs, in particular the three million strays. Over 5,000 miles from home, Janey decided there and then that she was going to move to the island indefinitely and do everything within her power to help them. She raised £10,000 to get started, setting up a charity called WECare Worldwide, and began work. Frightened, determined and excited all at the same time, she found a local who was willing to work with her and began scouring the streets for dogs in need. Some she patched up as best she could at the roadside, others she brought back and treated in a makeshift surgery she had cobbled together in her new home. With very little equipment, she and her small team came up with new and ingenious ways to treat the animals. In this highly inspiring and heartfelt book full of challenges and adventure, Janey introduces us to her world and the tireless work she carries out. As she says, 'I feel as though all these dogs are my dogs and I have a responsibility to them.' In it, we meet many of the colourful characters who have come to offer help, along with innumerable street dogs who have suffered all sorts of trauma and injury, only to be scooped up by Janey and her team and saved.

Confessions of a Rugby Mercenary

Sexual Abuse in Youth Sport

Confessions of an (un)professional rugby player

A Magazine of Africa for Africa

Inside the Hidden World of the Tour de France

What Goes on Tour Stays on Tour

Cases of sport-related child sexual abuse have received increasing news coverage in recent years. This book documents and evaluates this important issue through a critical investigation of the research and theory on sexual violence and child sex offending that has emerged over the past thirty years. Based on life-history interviews with male and female 'survivors' of child sexual abuse in sport, this text offers a deeper appreciation for the experiences of those who are sexually victimized within sports and school-sport settings. Drawing on a wide range of sources, it also provides a new theoretical framework through which child sexual abuse in sport may be explored. Offering a critique spanning psychology, sociology and criminology, this book challenges existing theories of sex offending while advocating an alternative epistemology to help better understand and address this social problem. Presenting an original sociological approach to this field of study, Sexual Abuse in Youth Sport is important reading for any researcher, policy-maker or practitioner working in youth sport, physical education, sports coaching, sport policy, child protection or social work.

They've Got Nothing In Common... For animal behaviorist Emma Jenkins, romance has been at the bottom of her daily "to do" list since making it through a messy divorce. But everything changes the day six-foot-of-gorgeous Thomas Tobin walks into her office with a quivering Chinese Crested named Hairy, a canine that looks more like an underfed rodent than a dog. Sure Thomas is sending her mixed signals-but that charming smile just sent Emma's dormant sex drive through the roof... But Animal Attraction- Thomas isn't looking for a fling. In fact, he wants nothing to do with women. He just wants to know if Hairy witnessed his owner's murder. But something tells him that asking Emma to help him with the case will spell nothing but trouble-trouble in the form of serious temptation. And the Willingness To Take A Chance On Love Thomas knows that relying on Emma's expertise-and her soft touch with a weird dog that has somehow become his-may be a crazy way to track a killer. Especially when Emma's down-home warmth makes him want to believe that anything is possible-even true love.

In an era when even the finest rugby coaches have a drastically short shelf-life, Ian McGeechan's longevity and adaptability is staggering. In his 20 years at the highest level of the game he has been at the centre of almost every major story in UK rugby and

has worked alongside some of the greatest rugby figures of the era. McGeechan began his career as a player -- winning more than thirty caps for Scotland and twice touring with the Lions. As coach to the Scottish national team, he led his country to a famous Grand Slam victory in the 1990 Five Nations tournament. Continued success in management earned him an appointment as head coach to the Lions on four separate occasions, more than any other, and he will again take charge on their 2009 tour to South Africa. Most recently, as coach of Wasps, McGeechan has guided the team to complete dominance in the club game. Now, in this frank and engaging memoir, Ian McGeechan shares his unrivalled insight into the triumphs and tribulations of British rugby and of the progress of the sport over the past two decades. Lion Man offers a unique glimpse into the past, present and future of British rugby from one of the most influential figures in the history of the sport.

"The best-ever account of life on the PGA tour" (Golf Magazine): John Feinstein's bestselling classic is a must-read for anyone who loves the game of golf. Traveling with the golfers on the PGA Tour, Feinstein gets inside the heads of the game's greatest players as well as its struggling wannabes. Meet superstars like Nick Price, who nailed a fifty-foot putt at the seventeenth to win the British Open, and Paul Azinger, who marked his return from a bout with cancer with an emotional appearance at the Buick Open. Go behind the scenes for Davis Love III's unforgettable come-from-behind victory in the Ryder Cup. In golf, Feinstein eloquently relates, the line that separates triumph from disappointment is incredibly fine. "One week you've discovered the secret to the game; the next week you never want to play it again."

Thorny Encounters

The Trade Marks Journal

Jonny: My Autobiography

The Story of My Life

Roars from the Back of the Bus

Demography Day

The Peter Crouch of Rugby, How to Be a Footballer meets Brian Moore's Beware of the Dog The truth about being a rugby player from the horse's mouth. This book is not just about how a psychiatrist called Humphrey helped me get back on my horse and clippity-clop all the way to the World Cup semi-final in Japan. It's the story of how a fat kid who had to live up to the nickname Psycho grew up to play and party for over a decade with rugby's greatest pros and live weird and wonderful moments both in and out of the scrum. That's why I'm letting you read my diary on my weirdest days. You never know what you're going to get with me. From being locked in a police cell to singing Adele on Jonathan Ross (I'll let you decide which is worse), being kissed by a murderer on the number 51 bus to drug tests where clipboard-wielding men hover inches away from my naked genitalia, melting opponents in rucks, winning tackles, and generally losing blood, sweat and ears in the name of the great sport of rugby. This is how (not) to be a rugby player.

If you're new to the sport or you feel you could sharpen up your knowledge of the game, this guide is for you. Inside you'll find easy-to-understand advice on the basic rules and pitch positions, plus in-depth lessons on ball skills, fitness training, and techniques to outwit your opponents - all illustrated with entertaining stories from British and International rugby's back pages. In addition, you get a grounding in the local, national and international reaches of Rugby Union Rugby Union For Dummies 3rd Edition: Features an in-depth and up-to-date look at the Laws that form the beautiful game Covers all you will need to know about talking tactics and is perfect for anyone looking at swatting up on rugby for the World Cup and beyond Advises on all you will need to know to get stuck in and play Contains a new chapter on sevens as the sport will be a demonstration sport at London 2012 and a full sport at Rio 2016

'Rugby is great for the soul,' he writes, 'but terrible for the body.' Rugby hurts. It demands mental resilience and resistance to pain. It explores character, beyond a capacity to endure punishment. Dylan Hartley, one of England's most successful captains, tells a story of hard men and harsh truths. From the sixteen-year-old Kiwi who travelled alone to England, to the winner of ninety-seven international caps, he describes with brutal clarity the sport's increasing demand on players and the toll it takes on their mental health, as well as the untimely injury that shattered his dreams of leading England in the 2019 World Cup. The Hurt is rugby in the raw, a unique insight into the price of sporting obsession. 'Few have had more twists and turns in a pro rugby career' Robert Kitson, Guardian 'Anyone who cares about the game, in which he won 97 caps for England and played 250 times for Northampton, should read Hartley's book' Don McRae, Guardian

Martin Johnson is the towering second row forward who has come to set the standards of what a professional rugby player should do. His drive and physical presence mean that he is a natural leader on the pitch - and off it, too. In this, his long-awaited autobiography, he looks at the changing world of rugby. He explains why he led the England team to the brink of a strike in the autumn of 2000, and provides the definitive account of England's 2003 World Cup triumph, as well as Lions tours and all the goings-on that make rugby such a special sport. Hugely popular and respected, Martin Johnson has written vivid

autobiography and a remarkable portrait of modern rugby.

Interesting

The Starboard Sea

The Rabbit Hole

The Wit and Widsom of Brian Moore

Take a Chance on Me

Saving Sri Lanka's Street Dogs

Long recognized as the premier travel writer to the South Pacific, author David Stanley narrows and deepens his focus in Tonga-Samoa Handbook. Covering the lush, tropical Samoas, the ancient Kingdom of Tonga, and lonely little Niue, this book provides: -- Penetrating coverage of the unique histories, cultures, and mores of the region -- Practical tips on flights to Tonga-Samoa and interisland travel -- Extensive accommodations listings, from the colorful International Dateline Hotel in Nuku'alofa to low-budget guesthouses in Apia -- Tips on where and what to eat: traditional Samoan palusami, the gargantuan Tongan feasts of Vava'u, and the pizzerias and mountainous ice-cream cones of Pago Pago -- 32 detailed maps

SHORTLISTED FOR THE TELEGRAPH RUGBY BOOK OF THE YEAR The truth about being a rugby player from the horsey's mouth. This book is not just about how a psychiatrist called Humphrey helped me get back on my horse and clippity-clop all the way to the World Cup semi-final in Japan. It's the story of how a fat kid who had to live up to the nickname Psycho grew up to play and party for over a decade with rugby's greatest pros and live weird and wonderful moments both in and out of the scrum. That's why I'm letting you read my diary on my weirdest days. You never know what you're going to get with me. From being locked in a police cell to singing Adele on Jonathan Ross (I'll let you decide which is worse), being kissed by a murderer on the number 51 bus to drug tests where clipboard-wielding men hover inches away from my naked genitalia, melting opponents in rucks, winning tackles, and generally losing blood, sweat and ears in the name of the great sport of rugby. This is how (not) to be a rugby player. 'As my future crumbled before my eyes, I grasped for the rope. My entire life's struggle was ending here, in plain view of my enemies. How was it possible? How had I let things come to this?' This is not the story of a celebrity sportsman. It's not the story of a life covered in glory with its attendant cavalcade of famous friends, easy wins and glamorous encounters. Errol Christie may have been one of the most promising British boxers of his generation - a Fight Night poster boy, captain of the England boxing team, English and European champion, and a cocky, Ali-esque dancer with a reputation for devastating early knockouts - but this is not that story. This is a story about fighting. Coventry in the dying days of the Seventies was a tough place to grow up - especially if you were poor and black. At the same time as the young Errol Christie was raising the flag in the ring, his fists were seeing off skinhead tormentors and NF bootboys on the streets. Britain was sickening from a vicious racial divide, and even when the big time turned up Errol soon discovered that a black boxer who refused to play by the rules - white rules - would never be tolerated. In 1985, after a string of professional knockouts, Errol faced Mark Kaylor in a brutal bout that tore open the country's simmering racial enmities. In the eighth round he went down - and stayed down, the roar of the hard right in his ears. But the years that followed would see Errol square up against a far tougher adversary - as he found himself out in the cold, struggling to get by, and alone with only his own shattered confidence and no place to hide. Furnishes over five thousand quotations, including classic one-liners, quips, and put-downs from such personalities as Groucho Marx, Oscar Wilde, William Shakespeare, Tom Stoppard, Jane Austen, and Dorothy Parker.

Extreme Adventures at the Edge of the World

Moon Handbooks Tonga-Samoa

Beware of the Dog

The Life and Times of Daniel Mendoza, Champion Boxer

Lion Man

A Good Walk Spoiled

The first full-length popular biography of one of the first boxing superstars. Mendoza transformed boxing from a mere brawl into the sweet science, and was a master manipulator of publicity and shaping public opinion. He exploited the anti-Semitic feelings of the day and in doing so raised the social profile of Jews in Great Britain.

The bestselling autobiography of the greatest rugby player of our time: Brian O'Driscoll. Since 1999, when he made his international debut, there has been no greater player in world rugby than Brian O'Driscoll. In 2010 Rugby World magazine named him its world player of the decade - and since then the legend has only grown. Now, at the end of his amazing career - which culminated in fairy-tale fashion with Ireland's victory in the 2014 Six Nations championship - he tells his own story. Honest, gritty and thoughtful, Brian O'Driscoll's Autobiography is not just an essential sports book. It is an essential book about family, friends, hard work, courage and imagination. 'Honest, charming and revealing - a thoroughly good read' Rugby World 'A thoroughly enjoyable read ... After reading The Test I warmed even more to O'Driscoll as a player and a man. He stood for a new ethos in Irish sport that refused to accept mediocrity or glorious failure' Fergal Keane, Irish Times 'O'Driscoll's honesty ... takes the reader to a place they simply have not been before' Vincent Hogan, Irish Independent 'A must-read insight into the life and mind of Ireland's greatest rugby player' Irish Mail on Sunday 'There are fascinating insights into the lengths he was willing to go to perform at the highest level' Sunday Business Post

The Sunday Times Sports Book of the Year

1873

My Autobiography

Great Tales from My Rugby Travels

The Prince's Waitress Wife

book 1st. 1775-1797, Warwick, Rugby, Oxford, and Swansea