

## Read Online Between The Gates Lucid Dreaming Astral Projectio

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This Study Guide is based on a long awaited seminar on traditional magical teachings found in 'pow-wow' or Brauche of the Pennsylvania Germans. These practices include the traditional grimoires, as well as the teachings of Paracelsus and Agrippa, and the rare philosophical and visionary end of the spectrum of Jacob Boehme, Johannes Kelpius, and Conrad Beissel. Because the world view of the Renaissance magus (from which the braucher is a direct descendant) is somewhat different than what we see in many

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modern magical groups. Topics to include: -Offering prayers, the various classes of beings, and how to address them. -How to make traditional red protection cords, as well as black. -Traditional charms, their theory and practice. -A survey of the Three Books of Agrippa, the Fourth Book, and the Arbatel in practical magic. -A short course on defensive magic: eggs for cleansing and healing, prayer cloths, witch bottles, and using the SATOR Square. -How to write a Himmelsbrief (Letter from Heaven) -Various forms of Holy Water, Holy Oil, Brauche bags, and making more tools of the trade. -Psalm magic as found with The Sixth and Seventh Books of Moses, as well as in hoodoo. -Parting the Veil and Collecting Spirits:

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Summoning angelic, demonic, elemental, and humans to the edge of the circle. -Invocation without a circle, magic mirrors, etc. This book is a rare and unique opportunity to learn about the fundamentals of these teachings and their importance in modern life.

Shamanism is the oldest living path of spirituality and healing, dating back tens of thousands of years, yet many people don't know what it is or are confused about the practice. In *The Hollow Bone*, shaman, teacher, and author Colleen Deatsman unveils the mysterious world of Shamanism as it is still practiced today all around the world. Deatsman explains that shamanism is not a religion with a doctrine, dogma, or holy book. Rather, it is a spirituality rooted in the

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idea that all matter has consciousness and that accessing the spirit in all things is part of what keeps the world in balance and individuals healed and whole. The Hollow Bone examines shamanism's history, its core beliefs, and how it is practiced all around the world. It includes a glossary of terms, resources for finding and working with shamanic teachers, and over two dozen rare photographs and illustrations showing the magnificent range of shamanic tools, rituals, practitioners, and traditions. This comprehensive introduction answers many frequently asked questions such as: What is shamanism? Where is it practiced? What are the beliefs and understandings inherent to

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shamanism?Who are the shamans?What do shamans do?Can anyone train to be a shaman?Where can I learn more?

Wake up and dream. Imagine experiencing all the things that happen in dreams, but with one extraordinary difference: You are “lucid”--consciously, joyously in control. Not just an adventure (yes, you can fly), a lucid dream is a time ripe for creative thinking, healing, inspiration, and self-knowledge. This lively dream guide shows step-by-step how to become lucid, and then what to do once awake in the dream world. Here's how to reconnect with dreams, and the importance of keeping a journal and timing REM cycles. How to use simple reality

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checks to differentiate between waking and sleeping states. How to incubate a dream to solve a problem. With every dream we are washing up on the shores of our own inner landscape. Now, learn to explore this strange and thrilling world.

"Modern Healing Wisdom within an Ancient Spiritual Tradition" Too often our own health takes a back seat to the high priority of caretaking others, ultimately draining our energy and making personal wellness a distant goal. For healing practitioners and those seeking wellness for physical, emotional, and mental health, Kabbalah can be a powerful framework for employing energetic healing methods. With a simple, sustained practice-from fifteen minutes a day-health

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and wellness can be restored using: guided imagery techniques easy-to-implement exercises that build upon themselves approachable meditations, prayers, and rituals With a Kabbalistic approach to wellness, you'll find your search for a heightened state of consciousness happily balanced with the practical health and wholeness concerns of daily life. The practice of Kabbalah will enhance your entire life and can be used as an overall guiding force for body, mind, and spirit connection-essential for overall health and well-being.

The Astral Codex

The Spirituality of Daily Life

Lucid Dreaming, Astral Projection, and the Body of

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Light in Western Esotericism

How to Lucid Dream

The Path of Alchemy

Mercury's Children - Shamanic and Hermetic Practices

Why We Sleep

**Few figures in modern occultism have garnered as much admiration - and vitriol - as Dr. Joseph Charles Lisiewski. Born in the coal mining regions of Central Pennsylvania, Lisiewski came of age as religious orthodoxy was waning, but before the world of the 'Counter Culture Movement' had fully come full-term. After a terrifying magical evocation at the age of 17, he quickly found himself involved with two of the greatest occultists of the**



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**Twentieth Century - Israel Regardie and Frater Albertus. Having worked with both men for years, he detailed his unique relationship with them in - Israel Regardie and the Philosopher's Stone (2008). Having myself worked with Lisiewski, I tell the story of our decade- long friendship, the magical and alchemical projects we worked on together, the truth behind his academic claims, and details of the final ritual I performed for him: an exorcism for a ritual that went bad, and for which he claimed would ultimately take his life. A must book for anyone interested in one of best known, and least understood, figures of modern occultism.**

**The role of holiness, saintliness, and understanding the**

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**place of divinity in daily life has been lost on all but a few of the remaining schools of traditional western esoteric practices. Drawing upon Classical, Medieval, Renaissance, and early modern traditions, the role of spirituality in daily life from the perspectives of folk and formal esoteric practices will be examined, with emphasis on the roles of saint, healer, and prophet on the community level, the trials and tribulations this can bring to one's spiritual life, and how to overcome them.**

**Studies in Poltergeists, Obsession, & Possession is a groundbreaking exploration of modern and contemporary research into the bizarre and often terrifying realms of the paranormal. Using modern and traditional studies, the**

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**"causes and cures" of the more extreme of areas of hauntings, spirit presence, and even possession are explored in detail. Topics include: the famous 'Rain Man' Case, age and gender considerations, metaphysical and religious bias, geographical influences, media and governmental influence, and parallel concerns with UFO contacts. This monograph is ideal for anyone interested in areas of spirit contact, psychic research, practical occultism, as well as mental health professionals. Mind of Hermes - Visionary Experiences in Western Esotericism examines the nature of the mind in classical and modern hermeticism. The various methods of experiencing the 'Self' and how they relate to different**

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**schools of practice, including kabbalah (mystical and magical), alchemy, and general esotericism along with how to understand and utilize the visionary and psychic experiences they produce are the main area of focus. The importance of non-dualism and a detailed examination of some of the most important esoteric secrets of several modern initiatic and esoteric movements are explained. This is a very advanced set of teachings and can be justly called the pinnacle of occult work. In addition, the active aspects of psychic unfoldment, specifically, the relationship between dowsing, healing, creating talismans, and psychokinesis, and the importance of actively developing these skills as part of one's program of spiritual**

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**unfoldment are explored.**

**The Out of Body Experience**

**Dreamgates**

**Lucid Dreaming Advanced Level**

**A Field Guide to Lucid Dreaming**

**Egregores**

**Institute for Hermetic Studies Monograph Series**

**A Study Guide for Qabala, Alchemy, & Astrology**

A blueprint for how parents can stop worrying about their children's future and start helping them prepare for it, from the cofounder and CEO of one of America's most innovative public-school networks "A treasure trove of deeply practical wisdom that accords with everything I know about how

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children thrive.”—Angela Duckworth, New York Times bestselling author of Grit In 2003, Diane Tavenner cofounded the first school in what would become Summit Public Schools, which has since won national recognition for its exceptional outcomes: 99 percent of students are accepted to a four-year college, and its students graduate college at twice the national average. But in a radical departure from the environments created by the college admissions arms race, Summit students aren't focused on competing with their classmates for rankings or test scores. Instead, students spend their days solving real-world problems and developing the skills of self-direction, collaboration, and reflection, all of which prepare them to succeed in college, thrive in today's workplace, and lead a secure and fulfilled life. Through

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personal stories and hard-earned lessons from Summit's exceptional team of educators and diverse students, Tavenner shares the learning philosophies underlying the Summit model and offers a blueprint for any parent who wants to stop worrying about their children's future—and start helping them prepare for it. At a time when many students are struggling to regain educational and developmental ground lost to the disruptions of the pandemic, Prepared is more urgent and necessary than ever.

Lucid Death is the first work by Paloma Cabadas and is an international reference for people who seek their own transcendence. As the author reveals, Lucid Death is the natural consequence of having lived with lucidity, the discovery of the meaning of life and death as well as the loss

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of all one's fears and transforming beliefs into direct knowledge. In her book, *Lucid Death*, based on the experience of over twenty years of research, Paloma Cabadas explores fascinating topics such as: The interpretation and discovery of our dreams, premonitions and awareness experiences. To lose our fear of the unknown, fear of changes and the fear of losing our identity. To successfully achieve and evolutionarily benefit from out-of-body experiences and subtle consciousness experiences. To use knowledge of oneself as a self-healing method. To explore the knowledge of what life after death is like. *Light on the Path – A Study Guide for Qabala, Alchemy, and Astrology* from the Institute for Hermetic Studies is a self-paced program for the study and practice of Western



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esotericism. Using Hermetic Qabala as its core, individuals or groups can use this program to progressively study and apply the principles of ritual magic, practical alchemy (spagyrics and mineral) and astrology (natal, horary, and mundane). Designed as a four year course of study, each "Year" is approached in twenty-four bi-weekly sessions (for groups meeting twice a month) or can be done at your own pace. Each "Year" has two sets of twenty-five questions which can be used as quizzes or catechisms to test one's level of proficiency for review or before moving on to new material. Standard off-the-shelf sources are suggested for use throughout the course, making it easy to obtain the needed references. In addition, students are given: Instructions on How to Use this Manual Articles on studying the tarot, the

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essential Hermetic attitude for success, and the Path of Awakening. Suggestions for working with various schools as well as non-ritualistic approaches. A Concise Explanation of the Stages of the Path of Return – specifically written for this manual, outlining the stages of the Path and how to self-assess your progress on both an exoteric and esoteric level. Extensive Ritual Protocols to help guide groups working in a ritual setting. Some Advice to Group Leaders and Members – a summary of key points for running an effective spiritual study group – regardless of tradition or approach. Sample Ritual of Jupiter originally written and performed in the Great Hall of the Villa Saraceno, Vicenza, Italy for the Palladian Academy. Extensive monograph entitled, Introduction to Hermeticism: Its Theory and

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PracticeThe Liturgy of Hermes – In Praise of the Lord of Light, a ritual for solitary or group practice, used primarily as a hermetic retreat for encountering the spiritual focal point of the Hermetic traditions – the mind of Thoth-Hermes itself. Pietism, Pow-Wow, and the Magical Revival is a fast paced tour through the history of Pennsylvania German folk magic and mysticism and their role in the magical revival of the Twentieth Century. This book takes the reader on a fast paced mystical tour of the last three-hundred years of American spiritual history, up to and including aspects as diverse as the revival of ceremonial magic, Behminist Theosophy, the New Age Movement, and alternative healing practices.

The History and Science of Astral Travel

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Between the Gates

Voice of Hermes - Lessons from the Path

Developing Compassion in Western Esotericism & Khamael's  
Spear

Unlocking the Power of Sleep and Dreams

Drawing Down the Life of Heaven - An Introduction to  
Renaissance Magic

Pathology of the Sublime - Problems & Solutions on the  
Spiritual Journey

Between the Gates is a manual of self-initiation and liberation that takes the student through the basic methods of experiencing dream states and conscious astral projection, to the ultimate culmination of consciousness--creation of the Body of Light. Between the Gates is for anyone who has ever desired to experience the "afterlife" while

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still alive, or who has desired to rid themselves of the fear of death. While drawing upon traditional Qabalistic and alchemical sources, the methods presented are applicable to a variety of traditions and schools of thought. Between the Gates functions as an "A to Z" guide to psychic initiation toward higher consciousness, and ultimately, to preparation for the great transition beyond this life and this physical body.

Dear readers! After an unexpected success of my first book "Carlos Castaneda's doctrine: the practice of the Lucid Dreaming" I got so many letters of wishes to continue it. Thus, the book which you are holding in your hands right now is a logical continuation of the first book and it is dedicated to advanced study of a nature of the Lucid Dreaming. I really hope that this book will be helpful for the beginners and will not remain indifferent even the most experienced

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reader.

Bestselling author Carlos Castaneda introduces readers to the worlds that exist within their dreams.

In the Tibetan tradition the ability to dream lucidly is not an end in itself rather it provides an additional context in which one can engage in advanced and effective practices to achieve liberation.

Dream yoga is followed by sleep yoga also known as the yoga of clear light. It is a more advanced practice similar to the most secret Tibetan practices. The goal is to remain aware during deep sleep when the gross conceptual mind and the operation of the senses cease. The result of these practices is greater happiness and freedom in both our waking and dreaming states.

BeliefWorks

Light on the Path

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Sanctus

The Occult Entities That Watch Over Human Destiny

Exploring the Worlds of Soul, Imagination, and Life Beyond Death

A Field Guide to Shamanism

Mind of Hermes - Visionary Experiences in Western Esotericism

Many things can wrong on our spiritual journey, and in fact, they are supposed to if we are doing our practices correctly. An odd notion, but one deeply rooted in spiritual traditions including Qabala and Alchemy. For over twenty years the "pathology of the sublime" as some have called it, has been an integral part of the teachings and

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practices of the Institute for Hermetic  
Studies Topics covered include: \* Why It Gets Worse  
Before It Gets Better \* What's My Motivation?  
Balancing Service and Positive Self-Interest \*  
Problems With Authority - Invoking Authority  
Figures to Overcome Them \* Nightmares, Night  
Terrors, and Why You Think You Are Going Crazy  
and When You Really Are Going Crazy \*  
Spontaneous, and No So Spontaneous Awakenings  
(Yoga Instructors Take Note) \* Hauntings,  
Paranormal Phenomena, and Obsession, and  
Possession \* Mapping the Energy Flow - Why



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Tradition is Critical \* Keeping It Safe - The Great Marketing Lie of Modern Spirituality\* Initiation is Terror, Death, Not for the Weak, and How To Get Over It These teachings are ideal for those practicing or instructing others in yoga, meditation, psychotherapy, shamanism, healing energy modalities, and psychosomatic medicine, as well as psychic investigators. Referencing original research for the Philosophers of Nature (LPN-PON), the Institute for Hermetic Studies, Psychosynthesis, the works of Arthur Guirdham, M.D., M. Scott Peck, M.D., William Gray, Jacques Vallee and others,

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specific side-effects and pathologies as they relate to the effects of spiritual practices are explored along with why crisis is essential on the spiritual journey.

Voice of Hermes - Lessons from the Path is an anthology of writings reflecting over thirty years of experience in spiritual and psychological practice. Focusing on the practical, as well as often impractical ideals of spirituality in the modern world, Mark Stavish takes his readers through the mountains and valleys of daily life. Topics include dynamic discussions of the problems of evil, our

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motivation for the journey, the role of teachers, how to recognize that our path is no longer our own, why our personal happiness matters (and may be the only thing that matters), and when to leave spirituality behind. This is an exciting look at the hard learned lessons of life from a master writer and skilled spiritual teacher. This book is destined to become a classic.

Too often our health takes a back seat to our daily needs, ultimately draining our energy and making personal wellness a distant goal. For those seeking physical, emotional, and mental wellness, Kabbalah

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can be a powerful framework for employing energetic healing methods to restore balance in our lives. In this traditional approach to wellness training, Mark Stavish clarifies in detail the various schools of Kabbalah and how they can be applied in practical methods for healing and overall health. With simple, sustained practice - taking as little as fifteen minutes a day - you can restore your health and wellness using:

- Techniques of guided imagery
- Easy exercises that build upon one another
- Powerful meditations, prayers, and rituals

With a Kabbalistic approach to wellness, you'll find your

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search for a heightened state of consciousness happily balanced with the practical health and wellness in daily life.

The purpose of spiritual practices is to allow each of us to fully express our potential. Every person who enters the Path knows this on some level, as they are experiencing a level of discontent - for each person that discontent can take several forms depending on their stage in life. In the end, they all come down to the desire to experience health, wealth, wisdom, and happiness. Without health, life itself is a challenge. Without wealth or adequate

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resources at achieve our goals, life becomes frustration. Without wisdom life becomes sorry and misery or as at it is called, a journey through the Forest of Errors. Without happiness nothing matters. In this book we will examine various practices for enhancing the expansive powers within ourselves (and often attributed to the planet Jupiter by the ancients) so as to fulfill our goals by embracing them, having the resources to achieve them, the insight to guide us along the way, and joy of accomplishments that further us on the Path of Return. Topics include: - Jupiter as Teacher and

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Good Father in Mythology - Liturgy of Hermes and  
Spiritual Accomplishments - Four Levels of Spiritual  
Practice - Why Health, Wealth, Wisdom, and  
Happiness Matter - Organizing Your Sphere of  
Influence - The Secret Key  
The Twenty-four Hour Mind  
The Magical World of Dr. Joseph Lisiewski  
Introduction to Alchemy - a Golden Dawn  
Perspective  
Energetic Healing and the World of Natural Magic  
The Role of Sleep and Dreaming in Our Emotional  
Lives

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### Dreaming Yourself Awake

### How to Develop Your Psychic Abilities

This powerhouse of a book examines the experience of empathy from every imaginable angle, taking the reader on a philosophical and experiential journey of what it means to be empathic. Specifically written with the magickal or mystical practitioner in mind, the book introduces techniques, practices, and philosophies designed for empaths to get the most out of life's journey, including:

- How to function in society as an empath
- Psychic gifts related to empathy
- Rituals,



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meditations, spells, and spiritual exercises  
Stones, herbs, tools, plants, and deities for  
empaths Grounding, shielding, and protection  
techniques How to create personal boundaries  
and routines How to work with stress,  
anxiety, and depression Empathy in history,  
science, and metaphysics Emotional contagion  
and mirror neurons Absorptive versus  
projective empathy Ways to empower yourself  
as an empath Whether you experience empathy  
on a regular basis or simply want to know  
more about this fascinating topic, Esoteric  
Empathy provides much-needed answers about  
the emotional abilities that are ushering our

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species into a new phase of conscious evolution. Praise: "I admire Raven Digitalis. . . . His books are well written and reflect long observation and reflection on any particular subject. Esoteric Empathy is no exception. It promises to become the classic work on empathy. . . . A very worthwhile volume."—Raymond Buckland, author of Buckland's Complete Book of Witchcraft and Buckland's Book of Spirit Communications

A dream hacker explains how to learn and use liminal dreaming and lucid dreaming for creativity, healing, and consciousness exploration. At the edges of consciousness,

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between waking and sleeping, there's a swirling, free associative state of mind that is the domain of liminal dreams. Working with liminal dreams can improve sleep, mitigate anxiety and depression, help to heal trauma, and aid creativity and problem-solving.

Readers of Liminal Dreaming will learn step-by-step how to create a dream practice outside of REM-sleep states that they can incorporate into their lives in personally meaningful ways.

How To Develop Your Psychic Abilities examines the historical and scientific exploration of the hidden dimensions of the

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human mind. Looking at the role of psychic phenomena in the occult practices dating to Late Antiquity to the scientific laboratories of modern universities, clear instructions on how to awaken, experience, and strengthen psychic abilities are given. The role of meditation, visualization, concentration, sense training, and vocalization of various prayers and mantra are revealed. In addition, select papers from early 20th century occult investigators that will be of interest to students of Rosicrucianism, Martinism, esoteric Freemasonry, and the Hermetic Order of the Golden Dawn are provided. This is an

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ideal book for those both new to the study of the development of psychic phenomena as well as experienced researchers.

Active dreaming is a way of being fully of this world while maintaining constant contact with another world, the world-behind-the-world, where the deeper logic and purpose of our lives are to be found. This book offers three core areas of practice: talking and walking our dreams to bring energy and guidance from the dreamworld into everyday life; shamanic lucid dreaming; and, conscious living.

Jupiter in Daily Living

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The Art of Living Your Dreams

Journeying Beyond Self-Limitation to a Life  
of Wild Freedom

Pow-Wow: Traditional Folk and Grimoire Magic

Wisdom's Bliss

Using Dreams and Out-Of-Body Experiences on a  
Spiritual Journey

Mastering the Art of Oneironautics

Introducing the history and basic laws of alchemy  
and how they are linked to tarot, astrology, Qabala,  
and the four elements, this practical guide features  
safe, modern techniques for creating distillations,  
stones, tinctures, and elixirs for physical healing,

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spellwork, and much more. Original.

This book opens with the author's experience with the 'Lucid Light Stimulator' in Switzerland. This presents him with his first experience of 'Astral Travel'. From this he takes the reader on a historical, theological and mystical journey through the history of the 'out of body experience' in all its varieties and forms. The second half of the book discusses the science behind the experience. It reviews some of the latest research in the fields of psychology, neurology and neuro-chemistry. It then attempts a short explanation of why quantum physics may be

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the unlikely source of answers to the mystery of the out-of-body experience. The final section presents the author's new model of how exotic-sounding concepts such as Bose-Einstein Condensates, Einstein Rosen Bridges, Zero-Point Energy, microtubules and coherent light can be used to present a totally new explanation of how 'Astral Travel' really does involve a journey - into inner, not outer, space.

The first book to explore the history and influence of egregores, powerful autonomous psychic entities created by a collective group mind • Examines the



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history of egregores from ancient times to present day, including their role in Western Mystery traditions and popular culture and media • Reveals documented examples of egregores from ancient Greece and Rome, Tibetan Buddhism, Islam, modern esoteric orders, the writings of H. P. Lovecraft and Kenneth Grant, and the followers of Julius Evola and Aleister Crowley • Provides instructions on how to identify egregores, free yourself from parasitic and destructive entities, and destroy an egregore, should the need arise One of most important but little known concepts of Western

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occultism is that of the egregore, an autonomous psychic entity created by a collective group mind. An egregore is sustained by belief, ritual, and sacrifice and relies upon the devotion of a group of people, from a small coven to an entire nation, for its existence. An egregore that receives enough sustenance can take on a life of its own, becoming an independent deity with powers its believers can use to further their own spiritual advancement and material desires. Presenting the first book devoted to the study of egregores, Mark Stavish examines the history of egregores from ancient times to present

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day, with detailed and documented examples, and explores how they are created, sustained, directed, and destroyed. He explains how egregores were well known in the classical period of ancient Greece and Rome, when they were consciously called into being to watch over city states. He explores the egregore concept as it was understood in various Western Mystery traditions, including the Corpus Hermeticum, and offers further examples from Tibetan Buddhism, Islam, modern esoteric orders such as the Order of the Golden Dawn and Rosicrucianism, the writings of H. P. Lovecraft and Kenneth Grant, and the followers

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of Julius Evola and Aleister Crowley. The author discusses how, even as the fundamental principles of the egregore were forgotten, egregores continue to be formed, sometimes by accident. Stavish provides instructions on how to identify egregores, free yourself from a parasitic and destructive collective entity, and destroy an egregore, should the need arise. Revealing how egregores form the foundation of nearly all human interactions, the author shows how egregores have moved into popular culture and media--underscoring the importance of intense selectivity in the information

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we accept and the ways we perceive the world and our place in it.

A lucid dream is one in which you're aware that you're dreaming. To have a lucid dream means that you can dictate what happens in the dream. Think of a movie in which you're the main hero, a drama which you and only you dictate. It takes role-playing out of your computer or television screen and into your head where you can experience it full-on in 3-D surround sound complete with full-body sensations. Need inspiration for a book, project, or business? Want to know how it feels like to actually fly? Want to

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explore a scenario that you cannot do in real life? Want to have sex with someone (or a whole group of them) but know that your chances of actually doing so in the real world are virtually nil? Lucid dreaming makes all of the above and more possible. This book will explain the mechanics of sleep, when dreams occur, how to induce lucid dreams (and remember them), and how to maximize your overall dream experience.

Lucid Dreaming and Tibetan Dream Yoga for Insight  
and Transformation  
The Art of Dreaming

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The Hollow Bone

Liminal Dreaming

Esoteric Empathy

The Tibetan Yogas of Dream and Sleep

Revised and Updated

*A world-renowned authority on the history, uses, and power of dreaming, Robert Moss guides neophyte and experienced adventurers alike to open their own dreamgates. Through these gates await otherwise inaccessible realms of reality as well as soul remembering — the “recovering*

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*of knowledge that belonged to us before we came into this life experience.” Exercises, meditations, and the mesmerizing tales of fellow dream travelers outline Moss’s Active Dreaming technique, a kind of shamanic soul-flight that offers “frequent flyers” a passport between worlds. In this world beyond physical reality, Moss points to wellsprings of healing, creativity, and insight. As readers move into these different ways of seeing and knowing, they may also communicate with spiritual guides and departed loved ones in*



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*ways that transform their everyday lives. In The Twenty-four Hour Mind, sleep researcher Rosalind Cartwright brings together decades of research into the bizarre sleep disorders known as 'parasomnias' to propose a new theory of how the human brain works consistently throughout waking and sleeping hours, based upon research showing that one of the primary purposes of sleep is to aid in regulating emotions and processing experiences that occur during waking hours. The Renaissance was the high point of the*

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*Hermetic arts and sciences with astrology, alchemy, and qabala being the cornerstones of cultural, scientific, and philosophical development. From the palaces of princes to the chambers of Popes, magic was practiced in secret and in the open. Through the power of the imagination, in conjunction with the use of stones, herbs, talismans, and astrological timing it was thought that personal and collective ills could be healed, the rift between heaven and earth repaired, and that the Magi would reclaim their*

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*rightful place as mediator of the soul. In addition, the various schools of natural, demonic, and angelic magic of the Renaissance are the basis for many modern practices, as well as the precursors of contemporary alternative and holistic therapies that seek the "re-enchantment" of the world. This monograph is a thorough and complete overview this critical period in European magical and cultural development. Wisdom's Bliss and Khamael's Spear - Special Edition provides a unique and critical*

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*esoteric approach to the problems of our age. For the first time, combined as a single publication are the foundational monographs first issues by the Institute for Hermetic Studies. Wisdom's Bliss - Developing Compassion in Western Esotericism addresses the need for greater heart centered practices in many occult and magical organization, where Khamael's Spear - An Esoteric Response to War and Terrorism provides detailed instructions on how to influence and modify the psychic forces*

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*(egregores) of the world. Combined, these two texts provide substantial information for those seeking a better understanding of the so-called higher forces of the Tree of Life, as well as those looking for personal and direct initiation into the Sphere of Geburah and Chesed (6=5 and 7=4 in Golden Dawn based systems).*

*The Four Aims*

*Prepared*

*What Kids Need for a Fulfilled Life*

*Projection of the Astral Body*

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*Exploring Consciousness at the Edges of  
Sleep*

*Pietism, Pow-Wow, and the Magical Revival  
The Theory and Practice of Enochian Magic*

Mercury's Children - Shamanic and  
Hermetic Practices is a thorough  
overview of the common roots and  
practices of Shamanism and Hermeticism.  
Shamanism is the foundation of all  
religion, magic, initiation, and  
esotericism. Shamanism is about  
experiencing the physical world as

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filled with visible and invisible beings of wisdom and power with whom humans may interact if they chose, but to their detriment, often do not. Shamanism is magic in its most powerful, sensual, erotic and illusive sense. However, many modern Hermetic schools have often ignored their shamanic roots, and have removed themselves from a source of important experiences and power. The influence of shamanism on alchemy, and ceremonial

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practices of goetia, notions of demon and Elemental lovers, folk magic (Brauche and Pow-Wow of the Pennsylvania Germans), Rosicrucianism, and Freemasonic symbols of initiation and resurrection are explored. An extensive set of suggested methods for students of Hermeticism wishing to integrate Shamanism into their practices are provided.

Some of the greatest of life's adventures can happen while you're



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sound asleep. That's the promise of lucid dreaming, which is the ability to alter your own dream reality any way you like simply by being aware of the fact that you're dreaming while you're in the midst of a dream. There is a range of techniques anyone can learn to become a lucid dreamer—and this book provides all the instruction you need to get started. But B. Alan Wallace also shows how to take the experience of lucid dreaming beyond entertainment

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to use it to heighten creativity, to solve problems, and to increase self-knowledge. He then goes a step further: moving on to the methods of Tibetan Buddhist dream yoga for using your lucid dreams to attain the profoundest kind of insight.

This fascinating book contains the remarkable account of Sylvan Muldoor's out of body experience, scientifically edited by one of the world's foremost psychic researchers, Dr. Carrington.

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Including both the detailed account of Muldoor's experiences and instructions on the technique of projecting the astral body, this book is thoroughly recommended for inclusion on the bookshelf of anyone with an interest in the subject.

Introduction to Alchemy - A Golden Dawn Perspective is an overview of the history, theory, and practice of alchemy in the original Hermetic Order of the Golden Dawn (1888) and its

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successors. Topics include: the role of Israel Regardie, Frater Albertus, Joseph Lisiewski and others in modern GD alchemy; an analysis of the Z.2 Alchemy V and Flying Roll VII Alchemy documents; instructions on the creation of spagyric tinctures, and both fixed and unfixed tinctures of alchemy; instructions on meditation and ritual, the Rules of the Rosicrucian Fraternity; and the "Rite for Charging of a Planetary Elixir of Saturn" from

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the Sanctuary of Ma'at Order of the  
Golden Dawn for use by its 4=7 and  
higher members.

Kabbalah for Health and Wellness

Lucid Death

Active Dreaming

Your Guide to Mastering Lucid Dreaming

Techniques - ( How to Lucid Dream

Tonight )

Studies in Poltergeists, Obsession, and

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**Since its reception by Dr. John Dee and Edward Kelly in the 16th Century, Enochian magical theories and practices have been a source of fascination and at times fear among occultists. The central role Enochian has played in modern magical groups has made it a subject of intense academic**

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**and practical study. Yet, despite the many volumes currently available in Enochian studies many students still have problems understanding or working with the system. The Theory and Practice of Enochian Magic examines the various claims surrounding Enochian and suggests practical and meaningful ways of progressively studying Enochian magic so that it can become a meaningful aid in one's spiritual growth. The Theory and Practice of Enochian Magic does not repeat what is said in other works, but seeks to expand upon their ideas and synthesize them with various viewpoints thereby making Enochian easier to understand and use. Additional resources for the study and practice of Enochian magic and sample rituals**

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are provided.

**A Guide to Using Out-of-Body Experiences for Spiritual Development** The Astral Codex is an effective, practical, and comprehensive guide to what out-of-body experiences are, what to see and do in the astral plane, how it fits into the structure of life, and how to use it for spiritual development. Throughout history, seekers of spiritual wisdom have traveled beyond the body into other dimensions to explore a wider reality. Their experiences formed the basis of otherworldly accounts found in many of the world's sacred teachings. Drawing on decades of out-of-body experiences, Belsebuub explains how someone can use astral travel to seek out spiritual knowledge today. The



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**Astral Codex is based on the popular "A Course in Astral Travel and Dreams" by Belsebuub-a course created in 2001 that was studied online and in-person, and taken by tens of thousands of people worldwide. 67% of people surveyed who took the course reported having an out-of-body experience as a result of it. The Astral Codex includes sections with detailed Q&As from the course. Find out what lucid dreaming and astral projection is. Learn about the multi-dimensional nature of reality. Learn about what the astral plane is and how to travel there. Discover what dreams mean and how to remember them. Learn how to explore destinations in the astral plane. Discover how to become successful at astral**

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**projection. Overcome common obstacles to conscious astral travel. Find out how the mind and emotions affects our ability to perceive other dimensions. Learn about how we leave our body every night with sleep. Discover how dreams and the astral plane are connected. Learn about the different ways someone can have an out-of-body experience (OBE). Discover the stages and sensations of having an OBE. Learn exercises to help train the mind to stay focused on astral techniques. Find out why we have bad dreams and nightmares and where they come from. Discover the reasons why science is limited in its studies on OBEs. Learn how to use astral travel for gaining spiritual knowledge. Learn about the symbolic language of higher**

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**dimensions and how to interpret it. And much, much more... Mark Pritchard (writing with the name Belsebuub) is the author of a number of books on out-of-body experiences, dreams, self-discovery, and esoteric wisdom including A Course in Astral Travel and Dreams which became a bestseller in its genre, and Gazing into the Eternal which was a finalist in the Best Book Awards 2009 in spirituality. He has appeared on over 70 radio and television programs internationally, and writes from decades of spiritual and mystical experience. Visit <http://www.belsebuub.com> for more information.**

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